

APPENDIX A: Survey Instruments

Three different surveys were conducted during the research phase of the NCHA Trails Study. One questionnaire was designed for elected officials and user groups (general public). The other two questionnaires were administered to public land managers and land owners. The different instruments used are on the following pages.

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NCHA Trail Survey For Elected Officials and Steering Committee Members

Phone and Online Survey conducted between 7/1/08 - 8/30/08

The National Coal Heritage Area is in the process of developing a Regional Plan for Greenways, Blueways and Open Space for the southern 12 counties in WV (Boone, Cabell, Fayette, Kanawha (just Paint Creek & Cabin Creek Watersheds), Lincoln, Logan, McDowell, Mercer, Mingo, Raleigh, Summers, Wayne, Wyoming).

We would like to find out from you how you use trails, and how to improve legal recreational trail opportunities for both residents and tourists.

What is a TRAIL? "A trail is a linear corridor, on land or water, with protected status and public access for recreation or transportation. Trails can be used to preserve open space, provide a natural respite in urban areas, limit soil erosion in rural areas, and buffer wetlands and wildlife habitat along waterways. Trails may be surfaced with soil, asphalt, sand and clay, clam shells, rock, gravel or wood chips. Trails may follow a river, a ridge line, a mountain game trail, an abandoned logging road, a state highway. They may link historic landmarks within a city. Trails may be maintained by a federal, state or local agency, a local trails coalition, or a utility company." (Trails for All Americans, 1990) In addition, trails can allow either motorized or non-motorized uses.

1. How would you rate your health? (Check One)

- Very Good
- Good
- Fair
- Poor
- Very Poor
- Don't Know

2. As a child growing up, were you physically active outdoors?

- Yes
- No

3. If you have children now, are they physically active outdoors?

- Yes
- No

4. How much time do you spend each day participating in outside activities (leisure, recreation, exercise)?

- Less than 10 minutes
- 10-20 minutes
- 20-30 minutes
- Greater than 30 minutes

5. How often are you physically active outdoors for more than 30 minutes?

- Never
- Rarely
- Somewhat Often
- Often
- Very Often

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6. What items below discourage or prevent you from being more physically active? Check all that apply.

- Stress
- Time constraints, shift work, multiple jobs
- Family responsibilities, schedules
- Health problems
- Not in the habit, not a priority
- No companionship, no one to go with
- Lack of access or walkability (steep grades, no path or sidewalk, etc.)
- No trails or walks nearby
- Areas are unattractive, dirty, dilapidated
- Cost
- Crime in area
- No lighting or poor lighting
- Too crowded, too much traffic
- Lack of variety or choice of activities
- Lack of scenery, landscapign
- Area is uncomfortable, lacks amenities (no seating, poor or no restrooms)
- Easy to get lost, no wayfinding, or other signs
- Animal control
- Other, please specify: _____

7. What do you value about the out-of-doors in your community?

8. What kinds of activities do you do in the outdoors?

9. Please check all the ways you would use a trail if it was in your neighborhood, community, or region.

	You	Household
Walking/hiking for fun, exercise	_____	_____
Walking for transportation to school, store, church, etc.	_____	_____
Bicycle for fun, exercise	_____	_____
Bicycle for transportation to school, store, church, etc.	_____	_____
Running, jogging	_____	_____
Horse	_____	_____
ATV	_____	_____
Dirt Bike	_____	_____
4WD (jeep, hummer)	_____	_____
Cross County Skiing	_____	_____
Rollerblading	_____	_____
Pushing a baby stroller	_____	_____
Wheelchair/Walker	_____	_____
Events (walks/runs/triathlons)	_____	_____
Birdwatching/Nature Study	_____	_____
Paddling a canoe/kayak	_____	_____
Fishing	_____	_____
Hunting	_____	_____

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10. How often do you use trails? Place a check in the appropriate column.

	Daily/weekly	Monthly/Seasonal	Rarely	Never
Walking/hiking (fun, exercise)	_____	_____	_____	_____
Walking for transportation to school, store, church, etc.	_____	_____	_____	_____
Bicycle (fun, exercise)	_____	_____	_____	_____
Bicycle for transportation to school, store, church, etc.	_____	_____	_____	_____
Running, jogging	_____	_____	_____	_____
Horse	_____	_____	_____	_____
ATV	_____	_____	_____	_____
Dirt Bike	_____	_____	_____	_____
4WD (jeep, hummer)	_____	_____	_____	_____
Cross Country Skiing	_____	_____	_____	_____
Rollerblading	_____	_____	_____	_____
Pushing a baby stroller	_____	_____	_____	_____
Wheelchair/Walker	_____	_____	_____	_____
Events (walks/runs/triathlons)	_____	_____	_____	_____
Birdwatching/Nature Study	_____	_____	_____	_____
Paddling Canoe/Kayak	_____	_____	_____	_____
Fishing	_____	_____	_____	_____
Hunting	_____	_____	_____	_____

11. How many miles do you live from the closest trail or pathway?

- 0-10 miles
- 10-20 miles
- 20-30 miles
- > 30 miles
- Don't know

12. Please write the name of the closest trail/pathway to your home?

Name of Trail: _____
 Length of Trail: _____

13. I use this trail: (check the closest estimate)

- Once a day
- Once a week
- Once a month
- Once a year
- Never

14. Please tell me more about this trail. What do you want me to know about it and/or your use of it?

15. Please list the trails that you are familiar with. (name - location - length)

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16. What parks/trails are within 15 miles of your home?

17. What trail maintenance, safety, or design needs do you want to tell us about?

18. Transportation - how do you get around?

- Car
- Bike
- Walk
- Catch Rides
- Cab
- Bus
- Train
- ATV

19. What organizations do you belong to?

20. How many hours a month do you do volunteer work?

21. What current trail-related project(s) are you (or people you know) working on?

22. What trail-related projects are being thought about?

23. Who else should we talk to about trails?

24. What does West Virginia mean to you, in 20 words or less?

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25. What is your county or town's brand phase? (for example Fayetteville: Coolest Small Town. West Virginia: Wild and Wonderful)
- _____
26. What else do you want to tell us about trails in your region?
- _____
27. What year were you born? (example 1960) _____
28. What is the 5 digit ZIP CODE for your neighborhood? _____
29. Do you have a second home/house? ___ Yes ___ No
30. If yes, what town, state is your second home located? _____
31. What is your gender? ___ Male ___ Female
32. Please select your household income range:
- ___ Below \$10,000
 - ___ \$10,000 to \$20,000
 - ___ \$20,000 to \$40,000
 - ___ \$40,000 to \$70,000
 - ___ Higher than \$70,000
33. Please select the highest level of education completed.
- ___ Less than high school
 - ___ High School Diploma/GED
 - ___ Some college, other technical training
 - ___ College graduate
 - ___ Graduate Degree, or higher
34. Finally, we'd like to invite you and your friends to attend one of the four (4) public Trail Planning Workshops. Light refreshments will be served.

Tuesday, July 29th, 5:30 - 9:00 pm
Chief Logan State Park Lodge and Conference Center, Logan, WV 25601
(304) 855-6100 or (800) CALL-WVA www.chiefloganlodge.com

Wednesday, July 30, 12:30 - 4:00 pm
Rahall Appalachian Transportation Institute
1900 Third Avenue, West Wing, Huntington, WV 25755
(304) 696-7098 www.njrati.org

Tuesday, August 12, 5:30 - 9:00 pm
McDowell Public Library, Welch, WV 24801
(304) 436-3070 mcdowell.lib.wv.us

Wednesday, August 13, 12:30 - 4:00 pm
Beckley-Raleigh County Convention Center (Old Raleigh Co. Amory)
Beckley, WV 25801 (304) 252-7361 www.raleighcoarmory.com

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This survey was administered by telephone interview by WVU graduate student Candice Riley.

Public Land Managers: Trail Survey

July 1, 2008

Hello. This is _(name)_, and I'm working with the National Park Service's Rivers & Trails Program, located up in Morgantown. I'd like to invite you all to a Trail Workshop for the National Coal Heritage Area, and to ask some questions about trails.

.....Could I please speak with the outdoor recreation planner or trail manager? (Once you have the right person on the phone.....)

.....Would you be willing to answer some questions about trails?

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Name: _____ Position: _____

Address: _____

Phone: _____

Email: _____

Website: _____

What is the name of your public land? _____

Acreage? _____

ABOUT TRAILS

Do you have trails, or old roads, on your property? Yes No

Names of Roads _____

Map to send? Yes No

Do you have a Trail Guide or Map? Yes No

If yes, is it available online? Yes No

Website: _____

Can you also fax it or map it to: FAX (304) 293-2441, atten. Peggy Pings
MAIL: P.O. Box 6125, Morgantown, WV 26506-6125

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We are creating a digital map of existing trails in West Virginia. Are any of your trails available as electronic files? Yes No

If YES, could you please share them with us for this project?
 Yes No If YES, send to: mpings@wvu.edu

TYPE OF TRAIL USE	NUMBER OF TRAILS	MILES OF TRAILS
Hiking		
Biking		
- Mtn bike (hilly, single track)		
- Multi-use (flatter, wilder)		
- Road bike		
In-line Skating		
Horse		
Cross Country Skiing		
Multiple Use (list uses)		
Paddling or Motorboating		
ATV or Dirtbike		
Handicapped Accessible		

What do you like about your trail system?

What do you see as benefits of your trails?

What is your wish list regarding trails? (needs, improvements to make, etc)

What are your issues, concerns, or barriers with planning, developing, and managing public trails?

What are some possible solutions to these problems?

Are there any plans to change or expand the trail system?

Yes No

What are they? _____

Are there any opportunities to link to trails or communities outside your boundaries?

What are they? _____

Are there any opportunities for designation of a Scenic Byway or Backway?

Yes No

If Yes, what roads? _____

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ABOUT YOUR PARK

What is the closest town with visitor facilities (restaurant, lodging, gas, etc.)? _____
How far away? _____ (miles)

How many visitors/park users do you have per year? _____

Have you ever conducted a user survey? Yes No
If Yes, can you please share this with us? Yes No

Do you have a "Friends" group? Yes No
If Yes, name of group _____
Contact info _____

Do you use volunteers? Yes No
If Yes, how many do you have access to: _____
What kind of work do they do? _____

How many staff do you have? Permanent Seasonal
 Full-time Part-time

Do you conduct programming, such as events or interpretive walks?
 Yes No
Examples: _____

Who else should we talk to about trails?

What does WV mean to you, in 20 words or less.

Anything else you want to tell us?

I'd like Finally, I'd like to invite you and your staff and volunteers to attend one of the 4 public Trail Planning Workshops. Light refreshments will be served.

May we please email you an invitation with an agenda?
Email: _____

Thank you!
Please return this survey to:
Peggy Pings, Outdoor Recreation Planner, NPS-Rivers & Trails Program,
P.O. Box 6125, Morgantown, WV 26506-6125.
Fax: 304-293-2441. Phone: 304-293-2941 x 2446.
Email: mpings@wvu.edu.

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This survey was provided to the WVLMOC annual meeting, and then emailed out as a follow up.

Landowner Survey

WV Land & Mineral Owners Council

May 15, 2008

The National Coal Heritage Area is in the process of developing a Regional Plan for Greenways, Blueways and Open Space for the southern 12 counties in WV (Boone, Cabell, Fayette, Kanawha (just Paint Creek & Cabin Creek Watersheds), Lincoln, Logan, McDowell, Mercer, Mingo, Raleigh, Summers, Wayne, Wyoming). We would like to work closely with private landowners to improve legal recreational opportunities for both residents and tourists.

1. What counties / states do you own land in? What is the estimated acreage in each?
2. Do you currently own land near existing parks or recreational facilities? If yes, which ones?
3. What are your issues / concerns regarding non-motorized public trail use on your property?
4. What are some ways to resolve landowner issues/concerns about public use of their property, or possible solutions?
5. What are some possible benefits of allowing public trails and river access on your private property?
6. Would you be interested in allowing non-motorized public trail use on your property, if your concerns were met? If not, why not? If so, let's start the process!
7. Anything else you want to tell us?
8. If you would like someone to contact you, please provide your contact info.

Name _____ Company _____

Address _____ City _____ State _____ Zip _____

Phone(s) _____

Email _____ Website _____

Thank you!

Please return this survey to Peggy Pings at the meeting, or mail/fax to Peggy Pings, Outdoor Recreation Planner, NPS-Rivers & Trails Program, P.O. Box 6125, Morgantown, WV 26506-6125. Fax: 304-293-2441. Contact Peggy at 304-293-2941 x2446, mpings@wvu.edu.