

National Coal Heritage Area



National Coal Heritage Area, West Virginia: Trail Plan for Greenways and Blueways





Welcome to the first National Coal Heritage Area Trail Plan for Greenways & Blueways!

We are pleased to present this trail assessment and plan for the National Coal Heritage Area, covering the thirteen West Virginia counties that are in the National Coal Heritage Area (NCHA). We undertook this project as a way to assess the current inventory of trails available within the area and to gain information from the community about sites for potential trails and linkages.

While the National Coal Heritage Area's primary focus is on preservation of historic resources and development of cultural heritage tourism, we know that cultural heritage tourists also appreciate opportunities to explore the landscape through hiking/biking activities and to get to know small towns through walking tours and in-town interpretive trails.

Through our partnership with the National Park Service's Rivers, Trails, and Conservation Assistance Program (RTCA), all of the current trails within the region - both motorized and non-motorized - were identified and mapped. A series of public meetings were held to gain information from the communities, and to identify potential trail corridors and linkages between existing trails and between trails and communities. Rich discussions and significant input from community members resulted in a map locating existing trails and proposed / potential trails to be considered for development.

These maps and this report will be used as a tool for the NCHA Authority and other public agencies and community groups in creating plans for the expansion of existing trails and the development of new ones.

It is our hope that this plan and the resource information within will create new energy around hiking and biking and encourage community groups, with technical assistance and support of the National Coal Heritage Area Authority, to include trails as a part of their efforts to expand the tourism offerings in their area and to enhance the quality of life for residents.

Special thanks go to Peggy Pings of the National Park Service RTCA Program, members of the steering committee who provided valuable guidance, and to Joshua and Candice Chastain of Cornerstone GIS for their outstanding technical work. Also thanks go to Debby Spencer of WMT Corporation, who brought her considerable knowledge of trail development to the task of writing and designing the final document. We also appreciate the assistance of the many public land managers throughout the region and State Trails Coordinator, Bill Robinson, who provided us with information regarding existing trails.

The plan could not have been completed without the input of all of the community members who attended the meetings and filled out trail survey forms indicating potential trail corridors that could be developed. These folks all have a passion, as well as great ideas, for improving their communities and are the ones we will depend on in implementing the recommendations in this plan.

We look forward to working with our friends and partners throughout the National Coal Heritage Area to expand the offering of trails in the region as we all continue to add activities for tourists to engage in, and to make all of our communities a better place to live, work, and play.

Christy Bailey, Executive Director
National Coal Heritage Area Authority
Beckley, West Virginia



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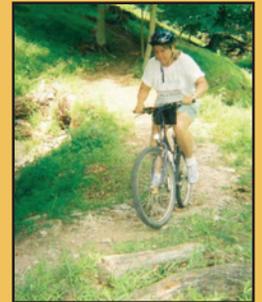
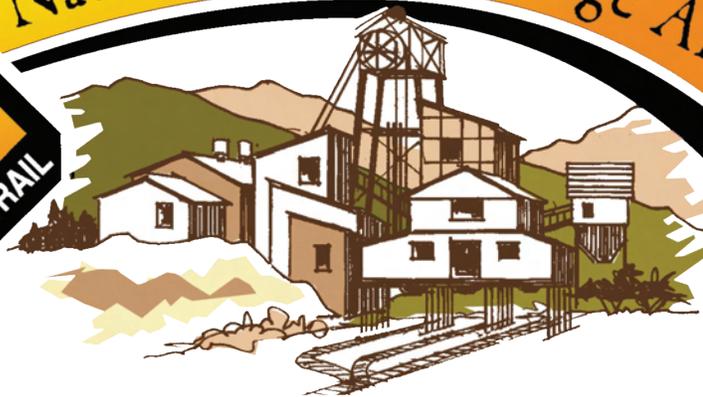
DISCLAIMER: Any incorrect or missing information in the Plan or companion maps is unintentional, and can be corrected over time in the online version of the Plan.
Please provide your corrections to the NCHA Trail Committee or Executive Director.

Acronyms

AASHTO - American Association of State Highway and Transportation Officials
ACA – American Canoe Association
AHS – American Hiking Society
ARC – Appalachian Regional Commission
ASLA – American Society of Landscape Architects
BLUE – Bluestone National Scenic River
CCI – Community Collaborative Incorporated
CCCWV – Citizens Conservation Corps of WV
CDBG – Community Development Block Grant Program
CDP – Community Development Partnership of WV
CED – Center for Excellence in Disabilities
CHT – Coal Heritage Trail (National Scenic Byway)
CHHA – Coal Heritage Highway Authority
CNCS – Corporation for National & Community Service
CSS – Context Sensitive Solutions
CVB – Convention & Visitors Bureau
EDC – Economic Development Corporation
EZ-EC - Empowerment Zones and Enterprise Communities
FHWA – Federal Highways Administration
FRN – Family Resource Network
GARI – Gauley River National Recreation Area
GET – Great Eastern Trail
GIS – Geographic Information Systems
GPS – Global Positioning System
HMRRRA – Hatfield-McCoy Regional Recreation Authority
HUD – US Department of Housing & Urban Development
IMBA – International Mountain Biking Association
ISTEA – Intermodal Surface Transportation Efficiency Act (1991)
LAB – League of American Bicyclists
LDD – Local Development District
LEED – Leadership in Energy and Environmental Design
LNT – Leave No Trace
LWCF – Land & Water Conservation Fund
MDIT – Mary Draper Ingles Trail
MPO – Metropolitan Planning Organization
NCCC – National Civilian Conservation Corps
NCHA – National Coal Heritage Area
NCHAA – National Coal Heritage Area Authority
NERI – New River Gorge National River

NPS– National Park Service
NRT – National Recreation Trail
OCCD – WV Office of Coalfield Community Development
RC&D – Resource Conservation & Development
RSVP – Retired Seniors Volunteer Program
RTI – Rahall Appalachian Transportation Institute
RTC – Rails to Trails Conservancy
RTCA – Rivers, Trails, and Conservation Assistance Program
SAFETEA-LU - Safe, Accountable, Flexible, Efficient Transportation Equity Act (2005)
SCORP – Statewide Comprehensive Outdoor Recreation Plan
SR2S – Safe Routes To School
SSI – Sustainable Sites Initiative
STB – Surface Transportation Board
STIP – State Transportation Improvement Plan
TE – Transportation Enhancement Program
TEA-21 - Transportation Equity Act for 21st Century (1998)
TIP- Transportation Improvement Plan
USACOE – US Army Corps of Engineers
VISTA – Volunteers In Service To America
WMA - Wildlife Management Area
WVCF – WV Cycling Foundation
WV-CNCS – WV Commission for National & Community Service
WVDO – WV Development Office
WVDNR – WV Division of Natural Resources
WVDOT – WV Department of Transportation
WVDOH – WV Division of Highways
WVHC – WV Horse Council
WVLMOA – WV Land & Mineral Owners Association
WVLT – WV Land Trust
WVMBA – WV Mountain Bike Association
WVOM – WV On the Move
WVRC – WV Rivers Coalition
WVRTC – WV Rails-to-Trails Council
WVRPA – WV Recreation & Park Association
WVSORO – WV Surface Owners Rights Organization
WVSTA – WV Scenic Trails Association
WVTRA - WV Therapeutic Recreation Association
WVWA – WV Wildwater Association
WV-WSA – WV Watershed Association

National Coal Heritage Area



The goal of the **Trail Plan** is to identify opportunities for community and regional linkages via hiking, biking, equestrian, all terrain vehicles (ATV) trails, recreation areas, and scenic byways.

The **Trail Plan** and companion **Maps of Existing and Proposed Trails** are meant to be used as a tool to support and stimulate community-based efforts on trail projects. These documents can be found at www.CoalHeritage.org.

EXECUTIVE SUMMARY

National Coal Heritage Area, West Virginia: Trail Plan for Greenways and Blueways.

HISTORY

In 1996, Congress passed the National Coal Heritage Area Act which recognizes southern West Virginia as a unique cultural region "where coal mining has played a significant role in our nation's history." The mission of the National Coal Heritage Area is to preserve, protect, and interpret lands, structures and communities associated with the coal mining heritage of West Virginia within the counties of Boone, Cabell, Fayette, Logan, Lincoln, McDowell, Mercer, Mingo, Raleigh, Summers, Wayne, Wyoming and the Paint Creek and Cabin Creek Watersheds in Kanawha County.

In 2002, the West Virginia Legislature created the National Coal Heritage Area Authority (NCHAA) as an economic development entity to manage the National Coal Heritage Area (NCHA) and to help build the tourism industry in southern West Virginia.

The NCHA Authority "is a public corporation and a government instrumentality existing for the purposes of providing direction to and assistance with state and federal historic preservation, economic development, and tourism projects in the National Coal Heritage Area and aiding in the development and implementation of integrated cultural, historical, and land resource management policies and programs in order to retain, enhance, and interpret the significant values of the lands, waters and structures in the National Coal Heritage Area."

The National Coal Heritage Area Authority depends on a strong network of partner organizations at the local, state and federal level.



The National Coal Heritage Area in West Virginia

EXECUTIVE SUMMARY



DEVELOPMENT OF THE TRAIL PLAN

A Steering Committee and Advisory Committee were formed to help guide the process, provide input, and to expand the reach of the project. An in-depth study was conducted between 2006-2009 to identify both existing and potential trails throughout southern West Virginia, and to identify successes, challenges, and solutions.

Six public input and mapping workshops were held with over 80 people in attendance. A survey of over 200 trail users, elected officials and public land managers was conducted to determine current use of trails, types of trails used, the condition of trails, and what kinds of trails were needed. The following recommendations came forth from the workshops, meetings, surveys as well as a review of other regional plans.



PRIORITY RECOMMENDATIONS

The Recommendations listed below are ideas, and are not aimed solely at the National Coal Heritage Area Authority and their staff for implementation. The ideas can be implemented by the entire community, which includes individuals, local, state, and federal governments, nonprofit organizations and civic groups. These and other recommendations are further explained in Chapter 6 of the document.



CIVIC ENGAGEMENT

ORGANIZATIONAL STRUCTURE

- Expand the reach of the NCHA by establishing and staffing 1-2 Field Offices scattered throughout the region. These offices would provide technical assistance related to trails, heritage/sustainable tourism & community development.
- Form an NCHA Trails Committee.
 - Staff this committee with a paid NCHA employee, to serve as NCHA Trails Coordinator.
 - Assist with the organization and coordination of local trail-focused groups within NCHA, focused on their smaller piece of the bigger vision.
 - Use VISTA volunteers to organize & work with Trail Clubs.
 - Identify the Vision, Mission, Goals of the Trails Committee.
 - Develop an Action Plan, based on the Trail Plan. What do you want to accomplish, and how will you accomplish it?



EXECUTIVE SUMMARY

COMMUNICATIONS

- Create a comprehensive stakeholder contacts database.
- Create a workable and sustainable communication system. Consider interactive websites, blogs, popular social networking sites, e-newsletters, phone trees, face-to-face meetings, conference calls, webinars, etc.
- Take an active role in encouraging and assisting communities to apply for trail grants.
- Coordinate with the WV State Trail Coordinator.
- Coordinate with WV Scenic Trail Association (WVSTA) and other regional trail groups.
- Host quarterly progress meetings of all trail-related groups and efforts, to share information, provide opportunities for mentoring, and cultivating working relationships.

COMMUNITY ASSISTANCE & CAPACITY BUILDING

- Assign an NCHA staff member to help communities, upon request, to create trails. This may include building local interest and support for the trail, finding funding, inventorying existing trails to determine maintenance needs, improving trailheads, developing maps, providing recommendations for signage, and coordinating the building of new or extended trails.
- Participate with existing organizational structures in your community or region. These could include: EZ-EC, WV Hub, RC & D, Chambers of Commerce, CVBs, Regional Planning & Development Councils, Family Resource Networks (FRN), and watershed groups.

TRAIL CLUBS - USER GROUPS

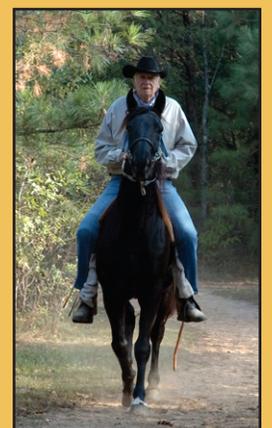
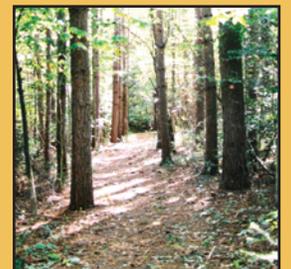
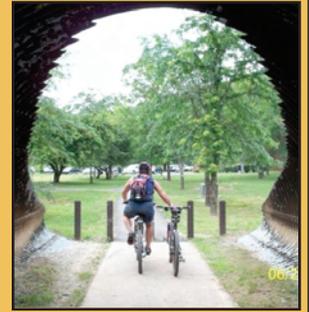
- Inventory the trail clubs and trail user groups.
- Support the development of Trail Clubs, to help keep the momentum going. Members can organize social events, use the trail together, help with maintenance, promotion, and fundraising.

VOLUNTEERS

- Recruit volunteers. Use Volunteerwv.org to post notices.
- Utilize National Service Programs.
- Develop / expand a Volun"tour"ism/Volunteer Vacations initiative.

TRAINING

- Participate in trail building training opportunities.



EXECUTIVE SUMMARY

OVERVIEW OF THE TRAILS WITHIN NCHA

There are 275 trails totaling 2,231.70 miles of trails within the NCHA 13-county study area.

- Only 59 of these trails (totaling 258.5 miles are overseen and managed by cities, counties, towns, private groups and or private organizations.)
- The remaining 219 trails totaling 1,835.9 miles are overseen, managed and, or most cases, maintained by state and federal agencies including the WV State Parks, WV Division of Forestry, WV Fish & Wildlife Resources, National Park Service, National Forest Service, U.S. Army Corps of Engineers and Hatfield-McCoy Regional Recreation Authority.

All 13 counties offer day hikes and multi-use trails; 6 counties offer motorized trails for all-terrain vehicles and dirt bikes; and 4 counties have access to a water trail.



PLANNING & DEVELOPMENT: Going from Ideas to Open for Business

MAPPING

- Purchase GPS units to equip and train a group of volunteers to gather GPS tracks for the trails.
- Make all GPS and GIS data accessible to the general public and the maps themselves posted on the www.coalheritage.org website.

PRIVATE LANDS

- Develop a plan / methodology to develop & maintain new trails on private land.
- Develop working relationships with members of the WV Land & Mineral Owners Association, WV Surface Owners Rights Organization, and any other land ownership groups. These organizations can help one to understand common concerns, and allows an opportunity to develop social ties with this critical community.

ACCESSIBILITY

- Develop 1-2 mile long handicapped-accessible trails in every community. This is a high priority need.
- Engage the disabled community in your trail planning work. The Center for Excellence in Disabilities is a good place to start.

FUNDING

- Develop a resource guide for funding trail projects.
- Create the "NCHA Trail Partners Program," a small grants program to seed community trail projects and clubs.

TRAIL AND GREENWAY DEVELOPMENT

- Based on the Trail Survey and Workshop results, identify those individuals or communities that are interested in getting started with trails of any kind. Make contact, and start the project.
- Develop trails that link communities with natural and cultural resources.
- Locate trailheads so they are more obvious and easy to find.
- Plan for amenities at the trailheads: trash cans, bathroom facilities, parking.

EXECUTIVE SUMMARY

PROMOTING AND USING THE TRAILS

PUBLIC RELATIONS & MARKETING

- Identify your marketable trail-related facilities and trailheads & make information about them accessible to the general public.
- Create and maintain an active website and social networking sites about trails and trail-related events.
- Update the NCHA website to include a map of the region, documents and publications, news stories, funding information, updates on numerous projects underway, etc.
- Apply for National Recreation Trail designation for trails with quality design.

ECONOMIC BENEFITS - TRAIL RELATED BUSINESS DEVELOPMENT

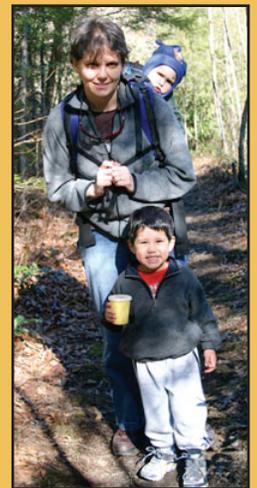
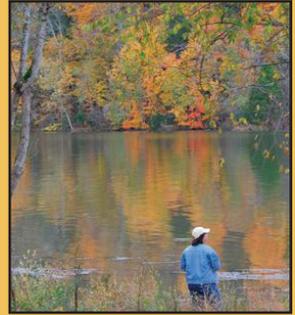
- Establish a Trail Towns program. <http://www.trailtowns.org/>
- Provide business information and maps at trailhead kiosks.

PROGRAMS - EVENTS - INTERPRETATION

- Create additional events to promote local use of trails and to tell the story of our region.
- Create a directory of local trail-related events in southern WV and keep it updated and accessible to the public.
- Combine heritage tourism events with trail events.
- Host an event for National Trails Day, always the 1st Saturday in June.
- Encourage walking programs, in partnership with County Health Departments and other groups.
- Expand the Volksmarching program in the NCHA region, and encourage membership.
- Explore opportunities for adding interpretation that tells the coal heritage story along existing trails and in developing new trails.

TRAIL MANAGEMENT AND MAINTENANCE/SAFETY

- Create an Adopt-A-Trail Program.
- Adopt and teach the "Leave No Trace" and "Tread Lightly" concepts.



EXECUTIVE SUMMARY



TRAIL RECOMMENDATIONS

This section lists some actions to take for specific trail types.

LAND TRAILS: MOTORIZED

- Support the creation of additional miles of sustainably-designed motorized public trails.

LAND TRAILS: NON-MOTORIZED

- Create trails/paths around new developments such as a subdivision or shopping center.
- Support the establishment of long-distance hiking trails through the NCHA region. These include the Great Eastern Trail and Mary Draper Ingles Trail.

RAIL-TRAILS

- Inventory, map, and analyze the abandoned or unused rail corridors in the NCHA Region for possible conversion for trail.
- Partner with the WV Brownfields Program for rail-trail projects.

ROADSIDE TRAILS

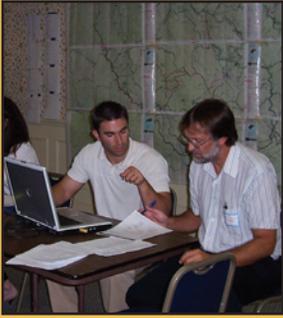
- Work with the WV Cycling Foundation to identify and map popular road routes in the NCHA.
- Participate on the "WV Bicycle Pedestrian Network" of the WV Trail.

WATER TRAILS

- Support community efforts to create water trails.
- Provide more public access points along the rivers for both fishing and paddling.

SCENIC BYWAYS

- Support the development of additional Byways and Backways.



ACKNOWLEDGEMENTS

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Much appreciation and congratulations goes out to all the Workshop attendees and Survey participants, for making the Plan your own! Thank you!



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Photo credits: NPS Rivers & Trails Program and numerous public websites.

The complete Plan can be found online at www.trailsrus.com/nchatrails or
www.CoalHeritage.org



National Coal Heritage Area



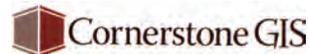
Rivers & Trails Program



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Cornerstone GIS, LLC

INTRODUCTION

NATIONAL COAL HERITAGE AREA AND TRAILS

From 1927 until 1973, West Virginia led the nation in coal production. In 1996, Congress passed the National Coal Heritage Area Act which recognizes southern West Virginia as a unique cultural region “where coal mining has played a significant role in our nation’s history”.

The mission of the National Coal Heritage Area (NCHA) is to preserve, protect, and interpret lands, structures and communities associated with the coal mining heritage of West Virginia within the counties of Boone, Cabell, Fayette, Logan, Lincoln, McDowell, Mercer, Mingo, Raleigh, Summers, Wayne, Wyoming and the Paint Creek and Cabin Creek Watersheds of Kanawha County.

In 2002, the West Virginia Legislature created the National Coal Heritage Area Authority and Coal Heritage Highway Authority as economic development entities to help build the tourism industry in southern West Virginia. To accomplish this, the two entities depend on a strong network of partner organizations at the local, state and federal level.

One of the goals of NCHA is to identify opportunities for community and regional linkages via hiking, biking, equestrian, all terrain vehicles (ATV) trails, recreation areas, and scenic byways. To this end, in 2008, an in-depth study was conducted to identify both existing and potential trails throughout southern West Virginia which included an in-depth user survey, public land manager’s survey and six workshops. See *CHAPTERS TWO & THREE for surveys and workshop results*. Based on this information and information obtained from a 2002 statewide trail plan as well as other sources, a trail plan was developed for the 13 county National Coal Heritage Area (NCHA). See *CHAPTER SIX: Recommendations*. There is also a publication featuring maps of both proposed and existing trails that serves as a companion component of this study featured in *APPENDIX C*.

Why a trails plan for the NCHA?

Trails offer a host of tourism opportunities including, but not limited to, nature-based tourism, sustainable tourism, adventure tourism, ecotourism, and heritage tourism. The National Trust for Historic Preservation lists the following as benefits of heritage and cultural tourism for the local communities involved:

- Builds closer, stronger communities;
- Protects historic, cultural, and natural resources in communities, towns, and cities;
- Educates residents and visitors about local/regional history and traditions; and
- Promotes economic and civic vitality of a community or region.

Developing a trail plan can assist NCHA in achieving its goal of creating linkages. Trails are one way we can experience our natural and cultural heritage. Trails provide an outdoor venue for people to recreate and exercise with family and friends, resulting in improved health and wellness. Trails can also connect people and places, providing a safe alternative mode of transportation. Trails make communities more desirable places to live, help to attract and retain businesses, and improve the quality of life.

ARTICLE 28 - §29-27-3 NATIONAL COAL HERITAGE AREA AUTHORITY

There is hereby created the “National Coal Heritage Area Authority” which is a public corporation and a government instrumentality existing for the purposes of providing direction to and assistance with state and federal historic preservation, economic development, and tourism projects in the national coal heritage area and aiding in the development and implementation of integrated cultural, historical, and land resource management policies and programs in order to retain, enhance, and interpret the significant values of the lands, waters and structures in the national coal heritage area

ARTICLE 28 - §29-27-3 COAL HERITAGE HIGHWAY AUTHORITY

There is hereby created the “Coal Heritage Highway Authority” which is a public corporation and a government instrumentality to promote economic development and tourism in areas along the national scenic byway, designated the coal heritage trail, and aid in the development, preservation, restoration or enhancement of roads, trails, lands and structures, including areas or structures associated with surface transportation, which have unique and significant historic, architectural or cultural importance associated with the area’s heritage of coal production and which are located in one or more of the counties of Fayette, Mercer, McDowell, Raleigh and Wyoming.

CHAPTER ONE: Creating the Plan

PUBLIC PARTICIPATION

A 19-member Steering Committee and 11-member Advisory Committee were created to help guide the Trail Plan process, to provide input to the content of the Trail Plan, and to extend the reach of the project to the general public through their extensive contacts. The National Park Service – Rivers, Trails & Conservation Assistance Program (NPS-RTCA) provided staff time to coordinate the project, to plan and facilitate the workshops, and to assist and guide the outcomes of the student workers and contractors.

Six (6) Public Input & Trail Mapping Workshops were held between October 2006 and August 2008 in which over 80 people attended representing nearly all 13 NCHA counties plus trail representatives from Kentucky, Ohio, and Tennessee. Results from these workshops are provided in *CHAPTER THREE* of this document.



Over 200 people also participated in an online trail survey and sixteen public elected officials representing nine of the thirteen NCHA counties were interviewed by telephone during the Summer of 2008. Telephone interviews were also conducted with managers of eleven public parks within the NCHA subject area while eight additional park managers completed online survey to obtain their input on what they would like to see included in a master trail plan for the region. In the following chapter is an overview obtained from the online-and/or telephone surveys. Samples of the survey instruments are provided in *APPENDIX A* with survey results provided in *APPENDIX B*.

OUTCOMES

The information obtained from both the workshops and surveys was a vital component for the recommendations brought forth in this study. From this information, a companion publication was created featuring a map of both existing and potential trails within the NCHA 13-county region.

In December 2009, WMTH Corporation was hired to assist NPS RTCA in providing an overview of the findings and, from that information, helping to create a trail plan for the National Coal Heritage Area. For this plan, all types of trails were examined including both motorized and non-motorized on land and water.



May, 2008 Meeting

WHAT IS A PUBLIC TRAIL?

A public trail is a linear corridor on land or water with public access for recreation or transportation. Trails can be used to preserve open space, provide a natural respite in urban areas, limit soil erosion in rural areas, and buffer wetlands and wildlife habitat along waterways.

Trails may be natural or surfaced with soil, asphalt, sand, clay, clam shells, rock, gravel or wood chips. Trails may follow a river, a ridgeline, a mountain game trail, an abandoned logging road, a state highway. They may link historic landmarks within a city. Public trails may be maintained by a federal, state or local agency, a local trails coalition or a utility company.



July, 2008 Workshop in Huntington, WV

CHAPTER ONE: Creating the Plan

EXISTING VERSES PROPOSED TRAILS

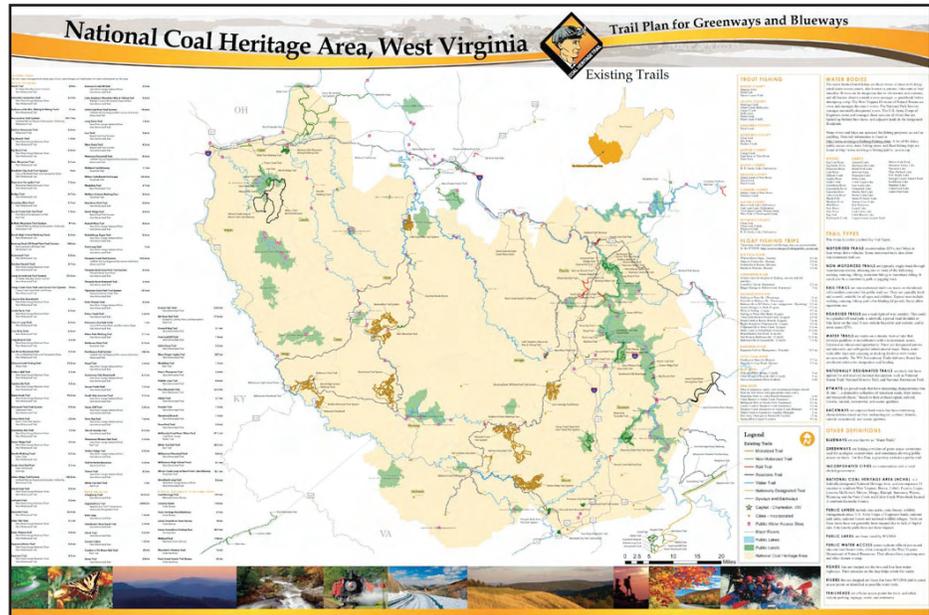
Existing trails are corridors that have been acquired for public use. Some sections may be officially open to the public, while other sections may be under construction.



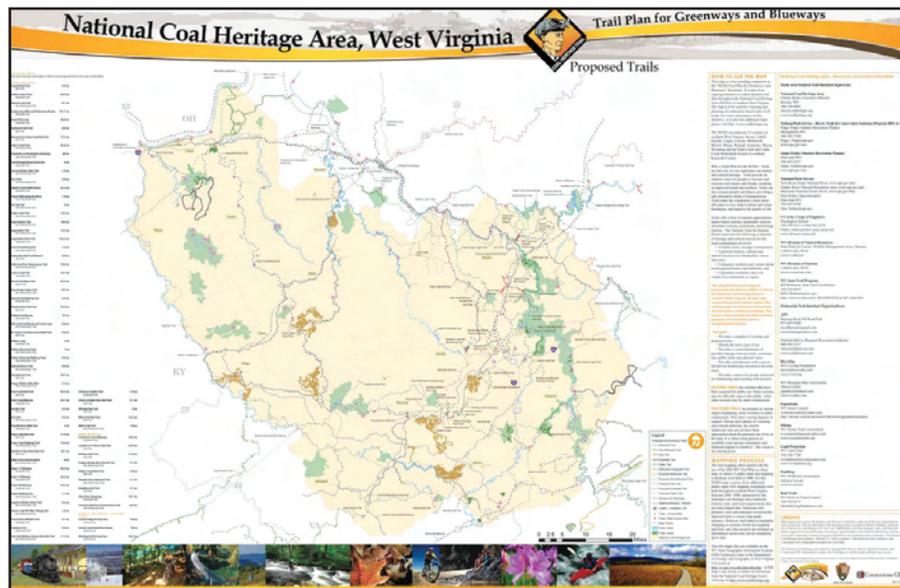
Proposed trails are projects in various stages of planning, from visionary to under construction. They have varying degrees of support. During early phases of visioning and concept planning, the current landowner may not yet have been approached about the potential use of his or her land. It is often a long process to establish a public trail and get community and financial support to sustain it. The vision is the starting point.

NCHA COMPANION PUBLICATION FEATURING A MAP OF BOTH EXISTING AND POTENTIAL TRAILS

Side 1 - Existing Trails side of publication (see APPENDIX C for larger version)



Side 2 - Other side of publication (see APPENDIX C for larger version)



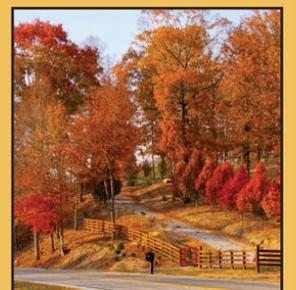
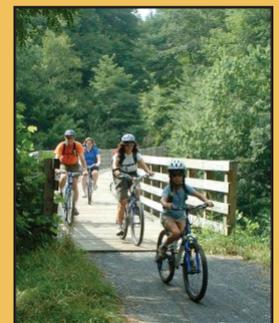
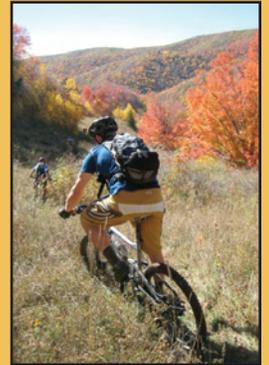
The above maps were created by Cornerstone GIS.
<http://www.cornerstonegis.net>

CHAPTER ONE: Creating the Plan

TYPES OF TRAILS

The following are definitions and descriptions of trail types:

- **Motorized trails** accommodate off-highway vehicles (OHV's) including, but not limited to, all-terrain vehicles (ATV's), dirt bikes or four-wheel drive vehicles. Some motorized trails also allow non-motorized trail use.
- **Non-motorized trails** in southern West Virginia are typically single-track through mountainous terrain, allowing one or more of the following: walking, running, hiking, mountain biking, or horseback riding. It could also be a community path or jogging path.
- **Rails-Trails** tend to be non-motorized multi-use trails on abandoned rail corridors converted for public trail use. They are typically level and smooth, suitable for all ages and abilities. Typical uses include walking, running, biking, and roller-blading (if paved). Some allow equestrian use.
- **Roadside trails** use a road right-of-way corridor. This could be a parallel off-road path, a sidewalk, a paved road shoulder or bike lanes on the road itself. Users include bicyclists and walkers, and in some cases motorcycles, ATV's and/or equestrian use.
- **Water trails** are routes on a stream, river or lake that provides paddlers or motorboaters with a recreational, scenic, historical or educational opportunity. There are designated put-ins and take-outs, and self-guided informational maps. Many water trails offer land-side camping or docking facilities with visitor services nearby. The West Virginia Recreational Trails Advisory Board has developed criteria for designation and funding.
- **Nationally designated trails** are trails that have applied for and received national designation such as National Scenic Trail, National Historic Trail, and National Recreation Trail. There are also National Scenic Waterways and Wild & Scenic River designations.
- **Scenic Byways** are paved roads that have interesting characteristics that fit into "a distinctive collection of American roads, their stories and treasured places", based on their archaeological, cultural, historic, natural, recreational and scenic qualities.
- **Scenic Backways** are unpaved back roads that have interesting characteristics based on their archaeological, cultural, historic, natural, recreational, and scenic qualities.



CHAPTER ONE: Creating the Plan



Other trail definitions include the following:

- **Blueways** are also known as “Water Trails”.
- **Greenways** are linking corridors of green space, sometimes used for ecological conservation and sometimes allowing public access via trails. For this plan, a greenway includes a public trail.
- **Incorporated** cities are communities with a local elected government.
- **National Coal Heritage Area (NCHA)** is a federally-designated National Heritage Area and encompasses 13 counties in southern West Virginia.
- **Public lands** include state parks, state forests, wildlife management areas, U.S. Army Corps of Engineer lands, national park systems, national forests and national wildlife refuges. Trails on these lands have not generally been mapped due to lack of digital data. Most city/county parks have also not been mapped.
- **Public water** access points indicate official put-in and take-out boat launch sites, often managed by the West Virginia Department of Natural Resources. They offer a parking area and often feature a ramp.
- **Trailheads** are official access points for trails and often include parking, signage, water and restrooms.



Example of a trailhead.

CHAPTER TWO: Trail Surveys

During the Summer of 2008, trail surveys were conducted by the National Coal Heritage Association in partnership with the National Park Service's River, Trails & Conservation Assistance Program. Over a two-month period, surveys were administered to representatives of the following four groups: trail users, elected officials, public land managers, and large land owners. Below are overviews of the findings from surveying each group.

TRAIL USER SURVEY

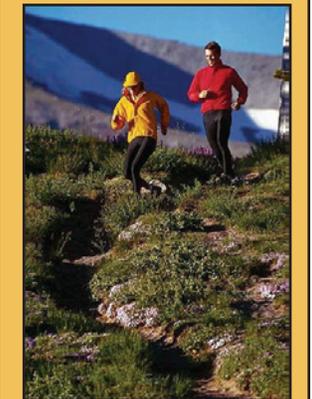
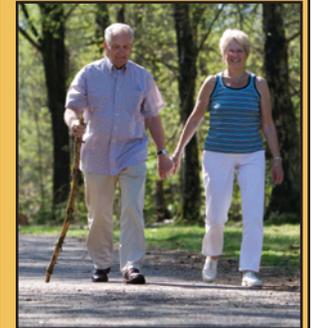
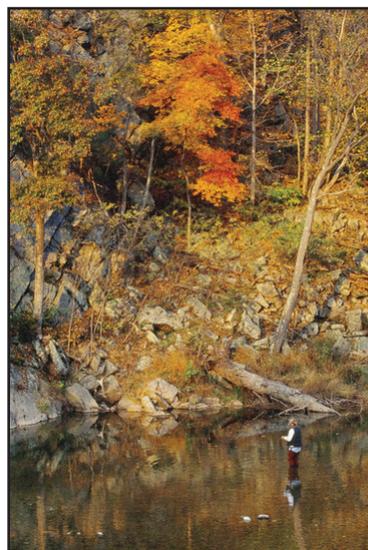
In July 2008, an **online survey** was conducted. See Appendix A for survey instrument. Two hundred and twenty-one people completed an online questionnaire. Their ages ranged between 22 and 76 with 51% of the respondents being males. Over 75% had incomes of \$40,000 or higher. In fact, 32% of those surveyed stated their incomes were between \$40,000 and \$70,000 while 43% had incomes over \$70,000. Over 80% had obtained at least a college degree and nearly 22% said they owned second homes. Ninety percent were from West Virginia although there were a few responses from people living in Kentucky or Virginia.

Over 90% of those surveyed rated their health as either good (54%) or very good (39%). Ninety-nine percent (99%) responded that they were physically active as a child growing up and 83% stated that their children are physically active outdoors. More than half responded that they participated in outdoor activities over 30 minutes every day with 77% citing that time constraints, shift work, and/or multiple jobs sometimes prevented them from exercising. Fifty-two percent also mentioned family responsibilities and schedules as a conflict.

Over 90% responded that they would walk, hike, bike, or run if trails were available in their neighborhood, community or region. In fact, 40% responded they walked or hiked daily/weekly although 70% stated they lived within 10 miles of a trail or pathway yet only 27% actually used the trails more than once a month with another 25% stating they used their trails once a week and 16% once a day.

The top 10 outdoor activities people engaged in were:

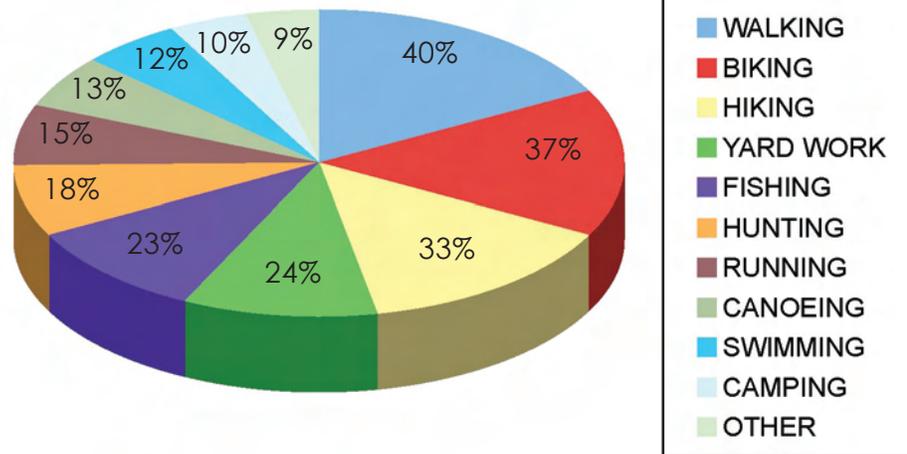
- Walking - 40%
- Biking - 37%
- Hiking - 33%
- Gardening and/or yard work - 24%
- Fishing - 23%
- Hunting - 18%
- Running - 15%
- Canoeing, kayaking or rafting - 13%
- Swimming - 12%
- Camping - 10%



CHAPTER TWO: Trail Surveys



Nine percent partook in either ATV riding, golf, or wildlife/bird viewing. Other activities included boating and jet skiing, snow skiing, picnicking, backpacking, playing sports, repelling, motorcycling, and horseback riding.

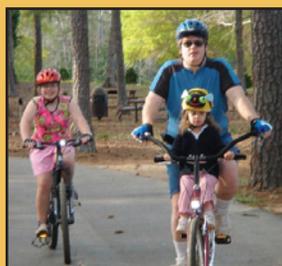


When asked how one would use a trail in their neighborhood, community or region if provided the opportunity, the following were the top responses:

- Walking/hiking for fun and exercise – 89%
- Bicycling for fun and exercise – 71%
- Paddling a canoe or kayak – 46%
- Walking or bicycling for transportation – 43%
- Birdwatching or nature study – 41%
- Events such as walks/runs/triathlons – 39%
- Fishing – 38%
- Jogging or running – 25%



Automobiles were the primary mode of travel for nearly 100% of the respondents although 47% responded they also walked, 37% biked, 7% rode ATV's, 5% caught rides, 4% rode the bus and 3% rode the train.



Sixty-four percent (64%) said they currently lived within 0 to 10 miles of a trail or pathway, 19% lived within 10 to 20 miles of a trail, and 5% within 20 to 30 miles of a trail. Asked what trails they were aware of near them, the Lewis McMannus Rail-Trail was mentioned most often. The Kanawha State Forest Trails were also mentioned multiple times. A total of eighty different trails were listed although a few of the trails mentioned were actually located in either Kentucky or Virginia. The distance of these trails from the respondents' homes varied from less than a mile to over 100 miles although a majority stated the trails were within six miles or less. Nearly all seemed to be familiar with at least one trail within a 15 mile radius of their homes.

CHAPTER TWO: Trail Surveys

Trail maintenance suggestions ranged from the need to add drinking fountains and restrooms to better lighting, better running surfaces and more gravel on the Rail-Trails although a number responded they felt the trails were well maintained. A large percentage responded that either they or people they knew were working on improving or developing trails. And a majority also responded positively on their overall impression of West Virginia.

APPENDIX B provides graphs for each of the questions asked in the survey and an overview of the responses. Many of the questions were open-ended and the written responses provide a wealth of information ranging from what volunteer organizations respondents belong to, trails that currently need maintenance, priority trail projects they would like to see addressed as well as additional people and/or organizations that should be included in any future meetings addressing trails.

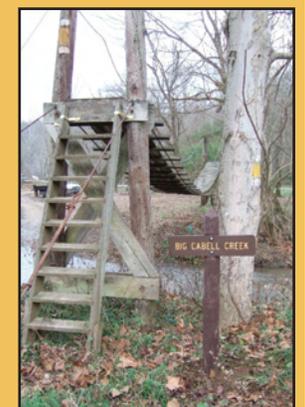
Due to a concern towards the amount of paper it would take to print all of the responses to each of the questions, the survey results, in its entirety, is posted on the websites www.trailsrus.com/nchatrails or www.CoalHeritage.org.

RECOMMENDATION: Please take a few minutes to review the written responses to the User Survey at www.trailsrus.com/nchatrails or www.CoalHeritage.org. Of particular interest are the responses to the following questions:

- **Question #17 – What trail maintenance, safety, or design needs do you want to tell us about?**
- **Question #21 – What current trail-related projects are you (or people you know) working on?**
- **Question #22 – What trail-related projects are being thought about?**
- **Question #23 – Who else should we talk to about trails?**
- **Question #26 – What else do you want to tell us about trails in your region?**

Two questions asked that do not particularly pertain directly to trails but people's responses were interesting all the same was Question #24 which asked: "What does West Virginia mean to you in 20 words or less?" and Question #25: "What is your county or town's brand phrase?"

Overall, the responses to the questionnaire revealed that the respondents had a very strong awareness and appreciation of the trails in their area.



CHAPTER TWO: Trail Surveys



ELECTED OFFICIALS SURVEY

In July and August 2008, a **phone survey of local elected officials** was conducted. Sixteen public officials responded, representing nine of the thirteen NCHA counties. The counties represented were Raleigh, McDowell, Mercer, Boone, Fayette, Lincoln, Logan, Cabell, Mingo plus Putnam. The marketing director for West Virginia Tourism and the executive director of CAEZ of West representing the counties of Clay, Braxton, Fayette, Nicholas and Roane also completed the survey.



When asked what the closest trail or pathway to their home, many responded the Hatfield-McCoy Trail. Other responses included Stevens Lake, Trail on Burke Mountain, Bluefield City Park Trail - just opened, Madison Walking Trail - looped trail, Rails to Trails Walking Path "which is seldom used", Valley Park Hiking/Biking Trail, Hamlin Walking Track - five miles away, Browning Fork ATV Trail (also part of the Hatfield-McCoy Trail System, Barboursville Community Park Lake Trail - used by a lot of people, Kanawha Boulevard – a downtown trail along the river but not a park setting, and Walback Lake – a fairly new trail.

When asked to list the trails they were familiar with and to provide the name, location and length, nearly half responded they were not that familiar with any trails. When asked what trails were within 15 miles, all provided answers. Keystone City Park was noted as needing maintenance work done. It was also mentioned that the mountain bike club helps maintain the trails at Barboursville Community Park and Beech Fork State Park and that lighting was needed along the trail at Walback Lake.



Current trail-related projects included 500 acres given to the Town of War for trails, new trails being developed in Bramwell, receiving a grant for a measured walking path in the Town of Smithers, access is being extended down into the City of Logan, and the Mountain Bike Club in Barboursville is working on a Trail expansion.

Trail projects being considered included the Coalfield Express, the extension of the National Coal Heritage Highway, fundraising for the Kanawha Trestle, and the extension of the Hatfield-McCoy Trail and the Madison Walking Trail.

All in all, this group showed a pretty good understanding and appreciation of the trails in their area.



CHAPTER TWO: Trail Surveys



PUBLIC LAND MANAGER SURVEY

Telephone interviews were conducted by a graduate student at WVU Recreation, Park & Tourism Resources Program. Key staff in the following public lands responded to a **survey specific for Land Managers**: (A copy of the survey instrument used is provided in APPENDIX A):

Babcock State Park/WV Div of Natural Resources

Bluestone WMA/WV Division of Natural Resources-Wildlife Section

Kanawha State Forest/WV Division of Natural Resources

Beech Fork Lake/US Army Corps of Engineers

Laurel Lake WMA/WV Division of Natural Resources-Wildlife Section

Plum Orchard Lake WMA/WV Division of Natural Resources-Wildlife Section

East Lynn Lake/US Army Corps of Engineers

Bluestone Lake/US Army Corps of Engineers

Pipestem Resort State Park/WV Div of Natural Resources

Kanawha River/US Army Corps of Engineers

Cabwaylingo State Forest/WV Division of Natural Resources

In addition, managers from the following parks responded to the **Online Public Survey**:

Bluestone National Scenic River

Bluestone State Park

Gauley River National Recreation Area

Hawks Nest State Park

Kanawha State Forest

Little Beaver State Park

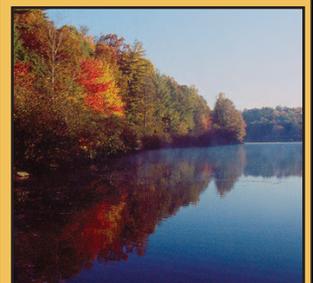
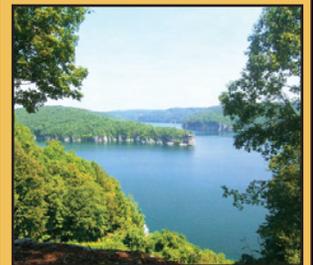
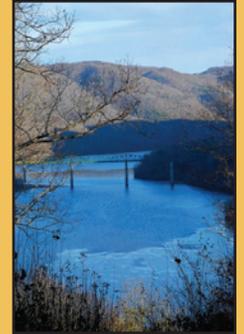
New River Gorge National River

Pinnacle Rock State Park

The amount of land the respondents to the survey managed ranged between 3,200 and 25,000 acres with the average being 10,695 acres. Their primary concerns or barriers they saw with planning, developing and managing public trails was lack of funding, vandalism, keeping all-terrain vehicles (ATV) off the main roads, ATV use on non-motorized trails, complying with established management objectives, and, in the case of a wildlife management area, preferring only hunters in the woods.

Their primary need was funding for trail maintenance and trail building. Almost all agreed they did not have enough funds in their budgets currently to maintain the trails they already managed. A number saw the study as a possible way to potentially reach out to volunteers interested in assisting with trail maintenance.

RECOMMENDATION: Assist the public land managers in recruiting volunteers, and overseeing volunteer trail maintenance work days, in close cooperation with the land manager's trail maintenance standards and plan.



CHAPTER TWO: Trail Surveys

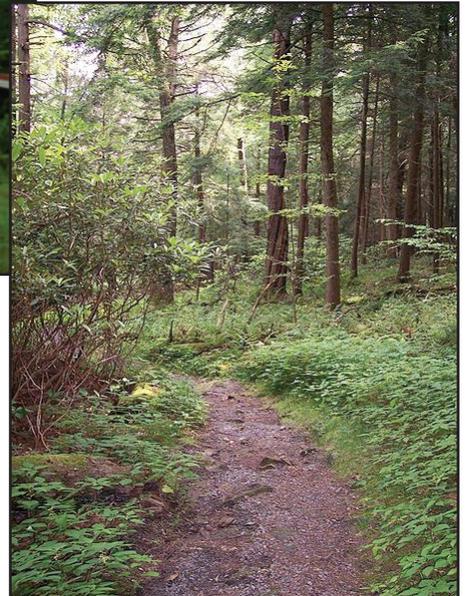
LARGE LANDOWNER'S SURVEY

A presentation about the Trail Plan was made at the annual meeting of the WV Land & Mineral Owners Association in May 2008. A folder of information was given to each person in attendance which included a **Trail Survey**. (See APPENDIX A for survey instrument). No surveys were returned even after multiple inquiries to the group's leadership.

While this may seem that there is no interest in trails, in reality, over half the group raised their hands when asked if they had agreements with the Hatfield-McCoy Regional Recreation Authority (HMRRA) to allow trails on their lands.

When speaking individually with various landowners, providing public access to their lands and trails are low on their priority list. The HMRRA agreements allow them to provide a public use without having to actively manage that activity. The agreements also take on the liability responsibilities in case someone were hurt on the trails. They suggested that requests for any additional single-use or non-motorized trails be routed through the HMRRA existing land agreements.

RECOMMENDATION: Follow up with HMRRA to discuss the potential of working with them on establishing land agreements with large landowners for non-motorized trails.



CHAPTER THREE: Workshops

THE WORKSHOPS

A total of six (6) **Public Input and Trail Mapping Workshops** were held in order to collect information for the Trail Plan. In October 2006, a workshop was held in conjunction with the Annual Gathering of the Appalachian Long Distance Hikers Association (ALDHA), at Concord University in Athens West Virginia.

In June 2007, a workshop was held in conjunction with the National Coal Heritage Area's conference at Chief Logan State Park Conference Center, near Logan WV.

In July and August 2008, the remaining four workshops were held in the southern sections of West Virginia. Anyone with an interest in trails was invited to attend one of the four workshops. The workshops were held in the following locations which were strategically set up in different sections of the NCHA Study Area at different times in the day to allow as many people as possible to attend.

- July 29th at Chief Logan Lodge and Convention Center in Logan WV
- July 30 that Rahall Appalachian Transportation Institute in Huntington WV
- August 12th at McDowell Public Library in Welch WV
- August 13th at Beckley/Raleigh County Convention Center in Beckley WV

Three primary themes were discussed at each of the six workshops. They were:

- What's currently working, what should we keep doing, and what should we do more of?
- What barriers and challenges are we facing in trail development and management?
- What are some solutions to the barriers?

On the following pages are the responses of those in attendance to each of the questions asked. The information gathered at these workshops was invaluable towards putting together the recommendations. See *CHAPTER SIX: Recommendations*.



Beckley Workshop



Chapmanville Workshop



GIS Mapping Team



"Magic Wall"



Welch Workshop

CHAPTER THREE: Workshops

Theme	What's Working, Keep Doing, Do More Of – Trail Development & Management	Date of Workshop
Civic Engagement - Coordination	Brainstorming sessions with public	7/29/2008
Civic Engagement - Coordination	Brainstorming	8/12/2008
Civic Engagement - Coordination	Networking with other land use / trail agencies	7/29/2008 7/30/2008
Civic Engagement - Coordination	Public interest - people are taking it upon themselves to create web pages about the trails	7/30/2008
Civic Engagement - Coordination	Keep it in the public eye	7/30/2008
Civic Engagement - Coordination	Opposition becomes advocate	7/30/2008
Civic Engagement - Coordination	Annual trail conferences	7/30/2008
Civic Engagement - Coordination	Gathering public input	8/12/2008
Civic Engagement - Coordination	Thinking regionally	8/13/2008
Civic Engagement - Coordination	Cooperation & Enthusiasm!	8/13/2008
Civic Engagement - Coordination	Public Discussion	8/13/2008
Civic Engagement - Coordination	Public Meeting, but need to address local meetings [ie WSA, existing groups' meetings]	8/13/2008
Civic Engagement - Coordination	Coal Heritage Trail Beautification / Clean up (Helen)	8/13/2008
Volunteers	Volunteer citizen groups in Kanawha that monitors and provides inventories	7/29/2008
Volunteers	Continuity of work crews	7/30/2008
Volunteers	Local help for construction & maintenance of trails	
Volunteers	Rely on own organization & users (ie BSA Troop 42), for pride, ownership, local control	7/30/2008
Volunteers	Volunteer WV	8/13/2008
Volunteers	Local groups doing clean ups - Little Beaver	8/13/2008
Private Land	Provide management service to land companies to get access to property (ie H-M Trail)	7/29/2008
Private Land	H-M inventories trails on private lands for their partners	7/29/2008
Private Land	Hatfield-McCoy blending public-private sectors	8/12/2008
Private Land	Public - private partnerships [H-M, Burning Rock]	8/13/2008
Private Land	Long-term agreements for public use (ie Big Ugly WMA, owner is Forest Land Trust)	7/29/2008
Private Land	H-M has management/license agreements with 400 landowners on 250K acres	7/29/2008

CHAPTER THREE: Workshops

Theme	What's Working, Keep Doing, Do More Of -- Trail Development & Management	Date of Workshop
Private Land	Working one on one closely with landowners	7/30/2008
Private Land	Boy Scout Camp open to the public, since lake was created in 1975 using public funds	7/30/2008
Private Land	Good relations with landowners	7/30/2008
Mapping	Athens County OH, GIS Department mapping	7/29/2008
Mapping	Contracting for GIS mapping services (ie H-M Regl Rec Authority)	7/29/2008
Mapping	H-M has 3 Backpack GPS units (\$5000 each), very accurate	7/29/2008
Mapping	Inventory & mapping	7/30/2008
Economic Benefits	Operating as a business (H-M) results in economic stimulus	7/29/2008
Economic Benefits	Motorized trail development in WV (ie H-M) - comty revitalization, economic impact, expanding to other counties	7/30/2008
On-the-Ground	Hatfield-McCoy Trails	7/29/2008
On-the-Ground	H-M Community Connectors	7/29/2008
On-the-Ground	ATV Free Trails [for locals]	8/12/2008
On-the-Ground	Trails on State Parks for biking, walking	7/29/2008
On-the-Ground	Chief Logan State Park - lots of hikers, walkers	7/29/2008
On-the-Ground	Pre-existing trails carved by loggers	7/29/2008
On-the-Ground	Former logging roads as trails	8/12/2008
On-the-Ground	Kanawha Trace - Boy Scouts pride	7/30/2008
On-the-Ground	Close to home trails	7/30/2008
On-the-Ground	Share the road & paved shoulders allowed by DOT	7/30/2008
On-the-Ground	Trails on Public Lands (State Parks, WMA, NatParks, COE) -- Trails with a Management Entity	8/12/2008
On-the-Ground	YMCA Sports Complex [Beckley]	8/13/2008
On-the-Ground	Panther State Park Trails	8/12/2008
On-the-Ground	Twin Falls State Park Trails	8/12/2008
On-the-Ground	Existing Park & Community Trail [ie Elkhorn Fishing Trail]	8/12/2008
On-the-Ground	Elkhorn Fishing Trail [drive along the road to fishing spots]	8/12/2008
On-the-Ground	Dry Fork Fishing Trail [drive along the road to fishing spots, located at lager where it meets Tug]	8/12/2008
On-the-Ground	Rail-trails [L.M.Memorial R-T Beckley, White Oak, T-M-Kaymoor]	8/13/2008
On-the-Ground	New ATV Trail (Burning Rock)	8/13/2008

CHAPTER THREE: Workshops

Theme	What's Working, Keep Doing, Do More Of -- Trail Development & Management	Date of Workshop
On-the-Ground	Ansted Rail-trail	8/13/2008
On-the-Ground	New River Park Trail [Beckley Exhibition Coal Mine, 1.5mile long]	8/13/2008
On-the-Ground	Trails on public lands (state park, new river)	8/13/2008
On-the-Ground	Urban Trails (ie Beckley Rail-trail, White Oak Rail-Trail)	8/13/2008
On-the-Ground	Walking parks being developed in communities (ie Sophia)	8/13/2008
On-the-Ground	Paint Creek Scenic Byway	8/13/2008
On-the-Ground	Allegheny Trail good example of well-marked trail, clear signs at intersections	8/13/2008
Programs - Events	Geocache locations at Pipestem, Canaan	7/29/2008
Programs - Events	State Park trail adopters [Adopt-a-Trail]	7/30/2008
Programs - Events	"Ultimate Death March" hike of all trails at Twin Falls State Park, Steve Clark pals	7/29/2008
Funding	In-place Funding programs (RTP, TE, TCSP, Sec Transp Sec 33, Health Dept, Bikes Belong, RC&D)	7/30/2008
Funding	Use own resources where possible (ie Eleanor Park, Putnam County group)	7/30/2008
Funding	County Park assistance	7/30/2008
Funding	Georgia Development Tax & trails required	7/30/2008
Funding	More grant \$\$\$	8/13/2008
PR	More access to trail info	7/30/2008
PR	Marketing of Coal Heritage Highway as Motorcycle "Trail"	8/12/2008
PR	IPlayOutside.com	8/13/2008
PR	Promoting heritage tourism	8/13/2008
PR	CHT promoting heritage tourism	8/13/2008
Trail Clubs - User Groups	WV MBA (WV Mountain Bike Assoc)	7/30/2008
Trail Clubs - User Groups	Private land managers, construction, maintenance (ie CVI, WVSTA, Kanawha Trace, PATC)	7/30/2008
Trail Clubs - User Groups	HealthyHuntington.org	7/30/2008
Trail Clubs - User Groups	Mercer County Horse Association	8/12/2008
Trail Clubs - User Groups	F.A.C.E.S. [and Cape Coalwood Restoration Association, CCC-WV]	8/12/2008
Trail Clubs - User Groups	Local Trail Orgs [ATV Riders, MtnBike-Mike McGraw]	8/12/2008
Trail Clubs - User Groups	Burning Rock ATV Club	8/13/2008
Trail Clubs - User Groups	Cycling Organization - built 25 mi trails 2007, 2 mi YMCA Youth Complex, Little Beaver	8/13/2008

CHAPTER THREE: Workshops

Theme	What's Working, Keep Doing, Do More Of -- Trail Development & Management	Date of Workshop
Trail Clubs - User Groups	Earth, Wind & Tire organization at Little Beaver	8/13/2008
Trail Clubs - User Groups	Earth, Wind & Tire organization at Lake Stephens	8/13/2008
Trail Clubs - User Groups	Watershed Organizations - Local Capacity	8/13/2008
Trail Clubs - User Groups	Developing stronger relationship with NPS [CCC contracts]	8/13/2008
Linkages	Connections across borders	7/30/2008
Trail Start-up & Development	Meadow River & Blue Creek Rail-trail projects from "early notices" responses	7/30/2008
Trail Start-up & Development	Abandoned roads expert is Harold Simmons, DOT	7/30/2008
Trail Start-up & Development	Thinking about historic rights-of-way	8/12/2008
Trail Start-up & Development	Youth Development [trail building, CCCWV]	8/13/2008
Trail Start-up & Development	Using older youth to build trails (with CCCWV)	8/13/2008
Management	"Managed" ATV-Motorized Off-road trails (Hatfield-McCoy Trails)	8/12/2008
Water Trails	DNR Public Access sites (rivers) -- [Mullens-Pineville, Welch-Mercer/McDowell Line]	8/12/2008
Water Trails	Removal of Sewage from Winding Gulf	8/13/2008
Water Trails	Helen has new sewer systems to clean streams	8/13/2008
Water Trails	CCC building boat ramp for NPS	8/13/2008
Planning	Develop Pinnacle Creek as premier trout fishing destination - [Mercer, McDowell, Wyoming Counties]	8/12/2008
Planning	Planning for accessible Boy Scout Camp open to public (using \$80K RTP)	7/30/2008
Planning	Mercer County Horse Park	8/12/2008
Planning	Hatfield-McCoy developing horse-only trails as managed system	8/12/2008
Planning	Twin Branch Recreation Facility & Hiking Trail [Development Phases for an additional 1.5 miles with 2 miles Interpreted. ATV Links.	8/12/2008
Planning	Pocohontas - Bluefield Jct R-w-T in progress - will be extended to Bramwell (eventually)	8/13/2008
Amenities - History - Culture	Local scenic places -- [Cemeteries, Twin Branch RR Tunnel, Ashland Co Store & Coal Camp Café, Big Creek HS, Coalwood Hickum house/clubhouse	8/12/2008
Amenities - History - Culture	Backways Motor Route [from VA to WV vistas, photo ops]	8/12/2008
Amenities - History - Culture	Historic preservation	8/12/2008
Amenities - History - Culture	Location, Location, Location (I-77, I-64)	8/13/2008
Amenities - History - Culture	Being located on Coal Heritage Trail	8/13/2008

CHAPTER THREE: Workshops

Theme	What's Working, Keep Doing, Do More Of -- Trail Development & Management	Date of Workshop
Amenities - History - Culture	Area rich in coal mining history	8/13/2008
Amenities - History - Culture	Miner's Memorial (Helen)	8/13/2008
Environment - Geography	Overlooks and vistas	8/12/2008
Environment - Geography	Linking Natural Resources [overlooks, fishing access] & Trails = Theme	8/12/2008
Environment - Geography	Using rivers as destination fishing resources adjacent / near Coal Heritage Highway	8/12/2008
Environment - Geography	Metal thieves taking scrap along roads (helping to clean up along highways)	8/13/2008
Models found elsewhere	Alaska Statute - dedicated bike paths and paved shoulders constructed with NEW highway construction. Possible in WV?	8/13/2008
Models found elsewhere	Rails with Trails are being developed in other parts of country	8/13/2008

CHAPTER THREE: Workshops

Theme	Barriers & Challenges to Trail Development & Management	Date of Workshop
Civic Engagement - Coordination	Don't know who is doing what	8/13/2008
Civic Engagement - Coordination	Communication (among and between groups)	8/13/2008
Civic Engagement - Coordination	County-wide orgs tend to focus on Welch (ie CofC)	8/12/2008
Civic Engagement - Coordination	Lack of interest & community involvement - how to get them interested in trails?	8/13/2008
Civic Engagement - Coordination	Hidden agendas by those opposing nearby trails	7/30/2008
Civic Engagement - Coordination	Communities unfriendly to walkers & bikers	7/29/2008
Civic Engagement - Coordination	Isolated communities without transportation routes for youth to safely use	7/29/2008
Civic Engagement - Coordination	Existing ATV riding groups - vocal opposition to linking to H-M; don't want to wear helmet, stop drinking beer	8/13/2008
Civic Engagement - Coordination	Coal Camp mentality - someone will come in & fix it	8/12/2008
Civic Engagement - Coordination	Challenge of taking complainers & turn to action	8/12/2008
Civic Engagement - Coordination	Changing local opinion (about positive aspects of tourism)	8/12/2008
Civic Engagement - Coordination	Need more local folks to show interest	8/12/2008
Civic Engagement - Coordination	Cooperation	3/18/2008
Volunteers	Difficult to develop volunteerism	8/12/2008
Volunteers	Need more volunteer workers	8/13/2008
Volunteers	Trained volunteers	7/30/2008
Private Land	Small RR abandonments are let go (due to resource, priority, time, value, local support)	7/30/2008
Private Land	Many rail Rights Of Way are being used - inactive ROWs are in same corridor.	8/13/2008
Private Land	Railroad Right-of-Way is off limits	3/18/2008
Private Land	Crossing River & Railroad is a challenge.	3/18/2008
Private Land	92% of land owned by major landowners (Pocahontas Land Company)	8/12/2008
Private Land	Uncooperative land companies (ie N-S, Poca, W.Poca)	7/29/2008
Private Land	Private property	7/29/2008
Private Land	Absent [corporate] Landowners - [hard to locate, ID them, approach them. ie timber investment groups]	8/12/2008

CHAPTER THREE: Workshops

Theme	Barriers & Challenges to Trail Development & Management	Date of Workshop
Private Land	Landowners need to be protected from liability of trail use on their property	8/12/2008
Private Land	Lawsuits	7/30/2008
Private Land	Development or Construction of gas lines and mines without mitigation (ie Kanawha Trace lawsuit of gas company damage to trail)	7/30/2008
Private Land	Development causes loss of open space	7/30/2008
Private Land	Private landowners can be sued for accidents on their lands	8/12/2008
Private Land	NIMBY - property control (but they do want trail access, but not next to their land)	7/30/2008
Private Land	Adjacent landowner safety concerns	8/13/2008
Private Land	Private property - legal access - heirships and unmanaged lands	7/30/2008
Private Land	Permission from landowners	8/12/2008
Private Land	Landowner cooperation	8/13/2008
Private Land	How to find landowner	8/13/2008
Private Land	Identify land owners	8/13/2008
Private Land	Simple way to ID property owners.	8/13/2008
Private Land	Patchwork land ownership in and near towns [+/-]	8/12/2008
Private Land	"Jeep trails" on topos closed off to public use (it is just a term/category -- they were actually farmer access route or old logging roads)	7/30/2008
Private Land	Blocked logging roads	8/12/2008
Private Land	Lack of public lands available for trails	8/12/2008
Private Land	Contaminated land	3/18/2008
Private Land	What recourse do Trailbuilders have when Landowners refuse to allow access on their land?	3/18/2008
Mapping	Scarcity of GIS mappers in S.WV - they get trained & then flight to other employers	7/29/2008
Mapping	Lack of digital maps	7/29/2008
Mapping	Standard for inventorying - it is online at DOT web	7/30/2008
On-the-Ground	Walking & biking to school is often discouraged, but should be encouraged	7/30/2008
On-the-Ground	Lack of local trails	7/30/2008
On-the-Ground	People walking on active rail corridors	8/13/2008
On-the-Ground	Local folks feel H-M trails are infringing on their rights (but landowners want this)	8/12/2008

CHAPTER THREE: Workshops

Theme	Barriers & Challenges to Trail Development & Management	Date of Workshop
On-the-Ground	Most Rights-of-ways being used [+/-]	8/12/2008
On-the-Ground	Trail closures, restrictions, and abandonments on Federal Lands	3/18/2008
On-the-Ground	Paint Creek Scenic Trail from Tamarack to Hansford	3/18/2008
Funding	No RTP/TE applications from southern WV	7/30/2008
Funding	No applications for Rec Trails \$ from S. WV (because it takes so long to get \$ - 5 years)	8/13/2008
Funding	Knowing what programs are available would be helpful	8/13/2008
Funding	WVDOT unwillingness to assist/support motorized trail opportunities	7/30/2008
Funding	Cash, funding	7/30/2008
Funding	Money	8/12/2008
Funding	Lack of Funding	8/13/2008
Funding	Lack of hotel tax in McDowell County	8/12/2008
Funding	Lack of funding to develop trails	8/12/2008
Funding	Funding options for Local Trails Coordinator	3/18/2008
PR	Lack of interpretive signs along highways	8/13/2008
PR	Current marketing focusing on narrow group of people & visitors	8/13/2008
PR	Trails not marked, or unknown to public	7/29/2008
PR	Casual users have hard time finding trailheads.	8/13/2008
PR	Need more publicity for trails	7/30/2008
PR	Lack of PR Coverage [3d/wk, not daily papers]	8/12/2008
PR	Promotion by newspapers is not effective	8/12/2008
PR	Newspapers not getting delivered as frequently (due to fuel costs, low # of readers)	8/12/2008
PR	Information is not accessible to all ["over the mountain", between areas]	8/12/2008
PR	Communities have no knowledge about opportunities in other communities	8/12/2008
PR	Lack of CVB in McDowell County	8/12/2008
PR	Major trails marketed to out of state visitors	8/12/2008
Trail Clubs - User Groups	Horses & ATVs don't mix - safety issue	8/12/2008
Trail Clubs - User Groups	Mountain bikes & ATVs don't mix (bikes too quiet & spook horses)	8/12/2008

CHAPTER THREE: Workshops

Theme	Barriers & Challenges to Trail Development & Management	Date of Workshop
Trail Clubs - User Groups	Lack of organized trail organizations [no local chapters]	8/12/2008
Trail Clubs - User Groups	Lack of cooperation [to forming associations]	8/12/2008
Trail Clubs - User Groups	Use conflicts (ex. Mtn bike vs. Horses)	8/13/2008
Trail Clubs - User Groups	Bike - Horse	8/12/2008
Trail Start-up & Development	Consensus on path route & use	7/30/2008
Trail Start-up & Development	Major trails made for out-of-state visitors, not locals	8/12/2008
Trail Start-up & Development	People now walking on highways - safety issue	8/12/2008
Trail Start-up & Development	Liability issues with DOT (ie not allowing bike lanes, nor trail designation of their abandoned roads)	7/30/2008
Trail Start-up & Development	Wayfinding: need obvious "starts" and multiple "exits" on trails, to suit different challenge levels (favors "loop" styled trails)	8/13/2008
Management	Littering along trails and roadways	8/13/2008
Management	Complicated public-private land use agreements & restrictions (ie WMA)	7/29/2008
Management	Passive land managers - too much acreage for one manager (ie SF/WMA)	7/29/2008
Management	Land managers do not know their exact boundary lines	7/29/2008
Management	Spotty land ownership - inholdings	7/29/2008
Management	Lack of staff to patrol trails [H-M & others, only 2 rangers on 600 mi H-M]	8/12/2008
Management	Lack of law enforcement presence	8/13/2008
Management	No enforcement on ATV free trails	8/12/2008
Management	Motorized users coming onto non-motorized trails & abandoned roads	7/30/2008
Management	People not staying on trails	8/12/2008
Management	Inconsiderate trail riders passing thru local areas - speeding, all hours of day & night	8/12/2008
Management	Garbage, logging, trees, landslides on trails - need maintenance	8/12/2008
Management	Illegal access & abuse of trails [ATVs cutting new trails, wetlands issue]	8/13/2008
Management	Clean up	3/18/2008
Management	Maintenance	3/18/2008
Management	County lacks the capacity for management/maintenance	3/18/2008
Management	Caring for the trail	3/18/2008

CHAPTER THREE: Workshops

Theme	Barriers & Challenges to Trail Development & Management	Date of Workshop
Management - Safety	Lack of signs to help EMS rescue injured users.	8/13/2008
Management - Safety	People not feeling safe on urban trails - concern about drug trafficking	8/13/2008
Management - Safety	Personal safety concerns	8/13/2008
Management - Safety	NPS law enforcement focusing on "drive-by" enforcement at trailheads - less law enforcement than in past.	8/13/2008
Management - Safety	Poor cell phone reception in mountains	8/13/2008
Management - Safety	Wildlife interactions (ie bear, snake)	7/29/2008
Management - Safety	Getting ATV off the non-motorized trails	3/18/2008
Management - Safety	Bike accidents on roads - need Share The Road	3/18/2008
Water Trails	Water Trails: Use of canoes & kayaks on Lake at Little Beaver State Park (currently state paddle-boats only)	8/13/2008
Water Trails	Bluestone Lake needs no-wake zones to be more canoe friendly.	8/13/2008
Water Trails	Water quality (e-coli)	3/19/2008
Planning	Disabled access	7/30/2008
Planning	Most subdivision requirements don't require sidewalks.	8/13/2008
Planning	Development of Horse Trails along ATV Trails [keep them separate trails]	8/12/2008
Planning	Acceptance of alternative transportation [Z-way planning in Beckley has none]	8/13/2008
Planning	Paint Creek Rail-trail had to give back fed \$ because of motorized use on trail.	8/13/2008
Planning	Trail development within state Wildlife Management Areas?	8/13/2008
Planning	Trail development within Nature Conservancy areas?	8/13/2008
Planning	Hazmats on abandoned RR R/W?	8/13/2008
Planning	Mined areas, "highwalls" (issues are: safety, and getting around them)	7/29/2008
Amenities - History - Culture	Losing historic markers along highways (from metal thieves)	8/13/2008
Amenities - History - Culture	Historical markers disappearing.	8/13/2008
Amenities - History - Culture	Lack of recognition of assets	8/13/2008
Amenities - History - Culture	Few restroom facilities for motorcycles	8/12/2008
Amenities - History - Culture	Need more places to stay	8/12/2008
Amenities - History - Culture	Lack of facilities along Coal Heritage Trail & S. WV [restrooms, restaurants, motels]	8/12/2008
Amenities - History - Culture	Need more service industries - hotels, restaurants.	8/13/2008

CHAPTER THREE: Workshops

Theme	Barriers & Challenges to Trail Development & Management	Date of Workshop
Amenities - History - Culture	Beckley's motels can't hold all tourists now.	8/13/2008
Amenities - History - Culture	Younger Population leaving area	8/12/2008
Amenities - History - Culture	Lack of healthy lifestyle - obesity epidemic	7/30/2008
Amenities - History - Culture	Most of population is getting old	8/12/2008
Amenities - History - Culture	McDowell County losing population [note: stone lantern near pond - Katsura Imperial Village]	8/12/2008
Environment - Geography	Topography - Is there anyplace that's flat? (ie river, lake, railroad)	7/29/2008
Environment - Geography	Narrow valleys/steep mountains [+/-]	8/12/2008
Environment - Geography	Spread out population centers [+/-]	8/12/2008
Environment - Geography	Coal mining is affecting water supply in many communities	8/13/2008
Environment - Geography	All of streams in McDowell County highly polluted (from untreated sewage)	8/12/2008
Economic Benefits	Locating all the local assets for a new trail project	3/18/2008

CHAPTER THREE: Workshops

Theme	Solutions to the Barriers	Date of Workshop
Civic Engagement - Coordination	Active involvement of County Commissions [need them to visit sites]	8/12/2008
Civic Engagement - Coordination	Create local chapters of existing organizations (ie Big Creek District Development Corp BCDDC - active committee)	8/12/2008
Civic Engagement - Coordination	Organize sub-regional groups within NCHA	8/12/2008
Civic Engagement - Coordination	Use NCHA's VISTAs to organize & work with trail committees in region	8/12/2008
Civic Engagement - Coordination	Give examples of successful local projects	8/12/2008
Civic Engagement - Coordination	Better communication.	8/13/2008
Civic Engagement - Coordination	NCHA stir up communities to apply for trail grants	7/30/2008
Civic Engagement - Coordination	Need to address local meetings [ie WSA, existing groups' meetings]	8/13/2008
Civic Engagement - Coordination	Go to existing local groups (ie watershed groups) to talk about trails.	8/13/2008
Civic Engagement - Coordination	Create directory of trails groups with contact information as part of plan.	8/13/2008
Civic Engagement - Coordination	Attend DNR annual Sportsmen Meetings in spring.	8/13/2008
Civic Engagement - Coordination	Cooperation	3/18/2008
Civic Engagement - Coordination	Trail user input at the beginning of the process	3/18/2008
Volunteers	Need "Tom Sawyer" effect to demonstrate success - "show me" mentality	8/12/2008
Volunteers	Volunteerwv.org - market the need for volunteers.	8/13/2008
Volunteers - Education	NCCC crew to maintain trails, 4-8 week stints	7/29/2008
Volunteers - Maintenance	Adopt-a-Trail (Girl Scouts, Boy Scouts)	7/29/2008
Volunteers - Training	Need to educate volunteers about funding - cycles, timeframe	8/12/2008
Volunteers - Training	Statewide sustainable trail training (in process) - for volunteer workers in return	7/30/2008
Education	Outdoor Ethics public education	3/18/2008
Education	Expertise	3/18/2008
Private Land	Work with railroad companies	7/30/2008
Private Land	Work with logging companies	8/12/2008
Private Land	Develop a Plan / Methodology to develop & maintain new trails on private land	7/29/2008
Private Land	Approach landowners with "Here to help" not "I need a favor" strategy	7/29/2008

CHAPTER THREE: Workshops

Theme	Solutions to the Barriers	Date of Workshop
Private Land	Landowners fear of lawsuits (they will want to give access to manage)	7/30/2008
Private Land	Need higher level (ie Governor) push to open dialogue about use of lands	8/12/2008
Private Land	Public education / cajoling (of benefits of trails to individuals & landowners)	7/30/2008
Private Land	Building relationships / trust with landowners & land managers.	8/13/2008
Mapping	Get with locals to ID trails	8/12/2008
Mapping	Buy GPS units	7/29/2008
Mapping	Trails need GPS points	7/29/2008
Mapping	Do GPS training for free - CCC, Mercer Vo Tech, Jason Roberts	8/12/2008
Mapping	CCC could do trail GPS mapping as service for other trails	8/12/2008
Mapping	Ongoing GIS-GPS submissions to NCHA and WV Trail Coordinator at DOH	7/30/2008
Mapping	Equip a group of volunteers to gather GPS coordinates	7/29/2008
Mapping	Map "free ATV riding trails" for safety & rescue	8/12/2008
Mapping	Organize a "Hike Your Community" or "Hike Your County" day -- do inventory, collect GPS points, ID gaps/links	7/29/2008
Mapping	Mark local trails with GPS & create maps	8/12/2008
Mapping	Officials ride trail with locals for GPS mapping	8/12/2008
Mapping	RTI to map trails on State Parks - state should pay them to do it	7/29/2008
Mapping	Inventory public lands trails digitally	7/29/2008
Mapping	Dept of Transportation has worksheet to use for inventory of facilities	8/12/2008
Economic Benefits	Establish a trail guide service	8/12/2008
Economic Benefits	Use trails as an economic development tool	3/18/2008
On-the-Ground	Prove we can do small projects	8/12/2008
On-the-Ground	Get something started - in the ground.	3/18/2008
On-the-Ground	Use more abandoned rail lines for trails	7/29/2008
On-the-Ground	Designate Hatfield-McCoy Trails	8/12/2008
On-the-Ground	Trails around Walmart - "walmart walkers"	7/30/2008
On-the-Ground	Create Paint Creek Rail-trail without federal grant funds (because it is also used as driveway and o/g access road)	7/30/2008
On-the-Ground	County / State purchase private property already being used for trails	7/30/2008

CHAPTER THREE: Workshops

Theme	Solutions to the Barriers	Date of Workshop
On-the-Ground	More "urban" trails	8/12/2008
On-the-Ground	Washington & Lee University has land which could be used for horse trails - War	8/12/2008
On-the-Ground	Hopefully HM & Burning Rock will relieve some of pressure from illegal ATV riding.	8/13/2008
On-the-Ground	Thru the park trail at New River Gorge.	8/13/2008
On-the-Ground	Paint Creek Scenic Byway needs grant-writing support for future development	3/18/2008
Programs - Events	Promote Trails Day with a sponsor (ie General Mills provided Trail mix to students)	7/29/2008
Programs - Events	Organize a "Hike Your Community" or "Hike Your County" day -- do inventory, collect GPS points, ID gaps/links	7/29/2008
Programs - Events	Prescription walking	7/30/2008
Programs - Events	County Health Dept should encourage walking programs	7/30/2008
Programs - Events	Volksmarch expansion	7/30/2008
Programs - Events	Irish Road Bowling (as a fun event on a trail)	7/30/2008
Programs - Events	Local marketing / events for heritage tourism	8/13/2008
Programs - Events	Need more efforts & events to promote local use of local trails.	8/13/2008
Programs - Events	Geocaching	3/18/2008
Funding	More money	7/30/2008
Funding	Mitigation where development occurs	7/30/2008
Funding	More use of the Safe Routes To School program	7/30/2008
Funding	Natural Resource taxes (Coal & Gas) to be used on trails & property purchases	7/30/2008
Funding	Create a Development Tax (like GA), requiring trails	7/30/2008
Funding	Reinstate LWCF fed/state funds to previous levels	7/30/2008
Funding	Special license plate for public trails	7/30/2008
Funding	Federal agency earmarks for trails (ie COE, FHWA \$300K Cheat & \$980K PawPaw)	7/30/2008
Funding	NCHA stir up communities to apply for trail grants	7/30/2008
Funding	Approach Cong. Rahall to help with trails funding	8/12/2008
Funding	CVB can get \$ from hotel tax for brochures & websites	8/12/2008
Funding	Public - private partnerships	7/30/2008
Funding	Grant-writing support for rural areas	3/18/2008

CHAPTER THREE: Workshops

Theme	Solutions to the Barriers	Date of Workshop
PR	Professor at Southern Comty College did inventory of local events	8/12/2008
PR	Promote trails with travel/trail writers	7/29/2008
PR	Do "Guerilla Marketing" to attract public attention (cheap/free PR)	7/29/2008
PR	Develop local tourism & marketing team [McDowell CVB]	8/12/2008
PR	ID Facilities & make information accessible	8/12/2008
PR	Do more marketing of Coal Heritage Trail	8/12/2008
PR	Create & distribute walking trail maps for Chief Logan SP	7/29/2008
PR	Talk to Wyoming County CVB to share information	8/12/2008
PR	Have new Visitor Center in Kimball	8/12/2008
PR	Trail maps in racks or info centers	7/29/2008
PR	Create directory of local events in southern WV - booklet for sale, NCHA web, Southern Comty College inventory	8/12/2008
PR	More PR that reaches people	8/12/2008
PR	Information about trails & points of interest can be posted on Public Interest Channel	8/12/2008
PR	Use local access TV channel to share info	8/12/2008
PR	NCHA website will have events calendar	8/12/2008
PR	Use web "links" - Don't "Reinvent" a trail network	8/12/2008
PR	Develop website and marketing tools	8/12/2008
PR	Make trail information accessible via web-based GIS application	7/29/2008
PR	Create a McDowell County CVB [\$, volunteer source]	8/12/2008
PR	ID Facilities [promote via signage, brochures, web, List with CVB & WV Tourism]	8/12/2008
PR	Promote NCHA - what it is, etc.	7/30/2008
PR	Share info from WV State Trails Plan.	8/13/2008
PR	Make trail information accessible.	8/13/2008
PR	Local websites should link to trails info.	8/13/2008
Trail Clubs - User Groups	Create & Sustain Local Trail Orgs [ATV Riders, MtnBike-Mike McGraw]	8/12/2008
Trail Clubs - User Groups	Create organizations that focus on trails	8/12/2008
Trail Clubs - User Groups	Have centralized trail org - to act as umbrella to bring in grants	8/12/2008

CHAPTER THREE: Workshops

Theme	Solutions to the Barriers	Date of Workshop
Trail Clubs - User Groups	Form McDowell County Tourism / Trails Coalition	8/12/2008
Linkages	Beckley (LM Mem RT) should be extended N to Cranberry/Bradley and S to Raleigh/Beaver	8/13/2008
Linkages	Connect small communities with bike/walking paths	8/12/2008
Linkages	Create branches from trails into communities.	8/13/2008
Linkages	Talk to trail users at trail, to ID & map trails, link up a system	8/12/2008
Linkages	Intermodal transportation systems.	3/18/2008
Trail Start-up & Development	Training in trail construction	7/30/2008
Trail Start-up & Development	Make trailheads more obvious, market them.	8/13/2008
Trail Start-up & Development	Develop informative information & signage for trails.	8/13/2008
Trail Start-up & Development	Top priority for trail signage should be trails for handicapped users.	8/13/2008
Trail Start-up & Development	Need better wayfinding signage on trails.	8/13/2008
Management - Safety	All trails need a coordinator or steward to manage them	7/29/2008
Management - Safety	Educate people on ATV safety	8/12/2008
Management - Safety	Individual safety / responsibility	8/12/2008
Management - Safety	Educational videos (ie "this is what you do if you cross paths with a bear, snake...")	7/29/2008
Management - Safety	Trails need better signage so people don't get lost	7/29/2008
Management - Safety	Loaner / rental GPS units for out of area trail users	8/12/2008
Management - Safety	Local training for GPS uses - Safety & Navigation	8/12/2008
Management - Safety	Track lost people on trails with cell signal (or radio transmitter)	7/29/2008
Management - Safety	Zoning & legislation	7/30/2008
Management - Safety	Promote trail usage (results in safer trail, more eyes on the trail)	7/30/2008
Management - Safety	need Share The Road	3/18/2008
Water Trails	Identify rivers that can be water trails (ie Guyandotte, Tug, Coal, Big Sandy)	7/29/2008
Water Trails	Rivers need more access points	7/29/2008
Water Trails	Create Little Beaver Lake Water Trail.	8/13/2008
Water Trails	ACOE has annual fishing & boating committee meetings (forum to discuss possible changes in no-wake zones)	8/13/2008
Planning	Tell people how to access the trail standards online	7/30/2008

CHAPTER THREE: Workshops

Theme	Solutions to the Barriers	Date of Workshop
Planning	Distinguish yourselves from H-M -- make a distinct niche	7/29/2008
Planning	Need more motorized trails in each county (so they stay off non-motorized trails)	7/30/2008
Planning	Coordinate trail development with highway construction projects	3/18/2008
Planning	Develop intermodal transportation systems	3/28/2008
Planning	Need for trail strategy for more rural areas.	8/13/2008
Planning	Need watchdog to ensure new roads & bridges have shoulders wide enough for walking & bicycling.	8/13/2008
Planning	Piggyback R.O.W. uses - ie trail on top of water line	8/12/2008
Planning	Build trails along with Development projects	7/30/2008
Planning	Look for opportunities to link trails & greenways and water supply issues.	8/13/2008
Planning	Help - What is the next step?	8/13/2008
Planning	Planning help & money to start.	8/13/2008
Planning	Apply for NPS-RTCA technical assistance	8/12/2008
Planning	For towns & counties having subdivision regulations, require mandatory design for, and construction of, sidewalks or paths for pedestrians & bicycles.	8/13/2008
Planning - Rail-Trails	Respond to Early Notice Alerts from RTC	7/30/2008
Planning - Rail-Trails	Consult very old RR maps - had branchlines up many forgotten hollows - grown up now	8/12/2008
Planning - Rail-Trails	Verify rail corridor status (active, unused, abandoned) - ask DOT	7/29/2008
Planning - Rail-Trails	Complete Railroad R.O.W. inventory for identifying candidate rail-trails (note 1948 map of RR Routes)	8/13/2008
Planning - Rail-Trails	1992 WV abandoned rail / rail-trail inventory - needs to be updated & Rail R/W's digitized.	8/13/2008
Planning - Rail-Trails	WV Brownfields Pgm a potential partner on rail R/W	8/13/2008
Planning - Rail-Trails	Create trail systems of water trails and rail-trails	3/18/2008
Amenities - History - Culture	Do more urban trails	8/12/2008
Amenities - History - Culture	Need local walking trails in communities - close by	8/12/2008
Amenities - History - Culture	Accessibility (even if only 1 mile path lengths nearby)	7/30/2008
Amenities - History - Culture	Podcasts: Provide MP3 downloads for hikers that will "read" to them oral histories of that area's residents, provide history of trail (like Mary Ingles)	7/29/2008
Amenities - History - Culture	Better Interpretation of Historic Sites [Stotesbury Comty Church, along trails]	8/13/2008
Amenities - History - Culture	Lewis McManus Rail-trail needs interpretive displays - old coal tipples.	8/13/2008

CHAPTER THREE: Workshops

Theme	Solutions to the Barriers	Date of Workshop
Amenities - History - Culture	Plan for amenities: trash cans, bathroom facilities, parking.	8/13/2008
Amenities - History - Culture	Pre-emptive planning: partnering with businesses to provide facilities & services.	8/13/2008
Amenities - History - Culture	At trailheads, let people know about restaurants, businesses, etc. nearby	8/13/2008
Amenities - History - Culture	Work with local businesses to help develop trailhead facilities.	8/13/2008
Amenities - History - Culture	Have destination points and points of interest associated with trails.	8/13/2008
Environment - Geography	Green infrastructure - planning	8/13/2008
Models found elsewhere	Create Metro Parks Authorities (ie Cleveland, Columbus) - have taxing authority to raise money & consistent revenue, but it is political & appointees	7/30/2008
Models found elsewhere	Rail with Trail	8/13/2008
Models found elsewhere	For more Scenic Byways: NJ Example - TDR's (transfer of development rights) between state parks or forests in aquifer/well recharge areas (concept Eastern Mountain Farmland Preservation)	8/13/2008
Models found elsewhere	Official designating body for use.	8/13/2008
Models found elsewhere	\$ from "Homeland Security" rationale for developing new trails, or trail connections for evacuation from floods, train wrecks, etc. [ie East bank in NYC on 9/11]	8/13/2008
Models found elsewhere	Development Mitigation Law	3/18/2008
Models found elsewhere	Green Initiatives	3/18/2008
Models found elsewhere	Linking Mon River Trail to PA Trails/ Cheat Lake Trail, Deckers Creek Trail to Preston & Cheat River Trails	3/18/2008

CHAPTER FOUR: Overview & Benefits of Trails

An inventory of all the trails within the NCHA study area reveals that there are 294 trails totaling 2,231.70 miles of trails. A complete list of trails thus far identified in alphabetical order are provided in APPENDIX E. Only 59 of these trails (totaling 258.5 miles) are overseen and managed by cities, counties, towns, private groups and or private organizations. The remaining 235 trails totaling 1,835.9 miles are overseen, managed and, in most cases, maintained by state and federal agencies including the West Virginia State Parks, West Virginia State Forest, West Virginia Fish & Wildlife Resources, National Park Service, National Forest Service, U.S. Army Corps of Engineers and West Virginia's Hatfield-McCoy Regional Recreation Authority.

As noted in the chart below, all thirteen counties offer day hikes and multi-use trails; six offer motorized trails for all-terrain vehicles and dirtbikes; and four of the counties have access to a water trail.

OVERVIEW OF THE NUMBER OF TRAILS AVAILABLE WITHIN THE 13 COUNTY NCHA AREA			
NON-MOTORIZED	279	1,103.8	All 13 counties offer day hikes and multi-use trails
MOTORIZED (off road)	7	541.3	Six of the 13 counties offer OHV trails for ATV and dirtbikes
Scenic Byways/ Backways	6	521	Four of the 13 counties offer scenic byways or backways
Water Trails	2	105.6	Four of the 13 counties offer water trails. Walhonde Trail & the Elkhorn Creek Fishing Trail
TOTAL	294	2,231.70	
Off-Road Trails Only	286	1,645.10	

WATER TRAILS

A **water trail** is a route on a stream, river or lake that provides paddlers or motorboaters with a recreational, scenic, historical or educational opportunity. There are designated put-ins and take-outs, and self-guided informational maps. Many water trails offer land-side camping or docking facilities with visitor services nearby. The West Virginia Recreational Trails Advisory Board has developed criteria for designation and funding.

The **Walhonde Water Trail** which travels 88 miles along the Big Coal, Little Coal, and Coal Rivers through the counties of Kanawha, Lincoln and Boone and the **Elkhorn Creek Fishing Trail** in McDowell County are the only recognized water trails within the NCHA Study area.

DRIVING TOURS INCLUDE SCENIC BYWAYS AND BACKWAYS

Scenic Byways are paved roads that have interesting characteristics that fit into "a distinctive collection of American roads, their stories and treasured places", based on their archaeological, cultural, historic, natural, recreational and scenic qualities. Scenic Backways are unpaved back roads that have interesting characteristics based on their archaeological, cultural, historic, natural, recreational, and scenic qualities. The NCHA Study area offer some of both. Included are the following:

CHAPTER FOUR: Overview & Benefits of Trails

- **Country Roads Scenic Byway**, a 139 mile driving tour through the counties of Boone, Logan and Mingo
- **Midland Trail National Scenic Byway** – A 138 mile driving tour through the counties of Cabell, Fayette, Kanawha
- **Paint Creek Scenic Trail Byway** – A 42 mile driving tour through the counties of Fayette, Kanawha and Raleigh
- **Lower Greenbrier River Byway** – An 18 mile driving tour through Summers County
- **Farm Heritage Road Backway** – A 27 mile driving tour through Summers County
- **Coal Heritage Trail National Scenic Byway** – A 157 mile driving tour through the counties of Mercer, McDowell, Wyoming, Raleigh, and Fayette

The Coal Heritage Trail and Midland Trail also have the designation of being one of the few **nationally designated trails**. These are trails that have applied for and received national designation such as National Scenic Trail, Wild & Scenic River designations or National Scenic Byway.

MOTORIZED AND NON-MOTORIZED TRAILS

Motorized trails accommodate off-highway vehicles (OHV's) including, but not limited to, all-terrain vehicles (ATV's), dirt bikes or four-wheel drive vehicles. Some motorized trails also allow non-motorized trail use. There are seven recognized motorized trails within the NCHA study area. Six of the trails are part of the Hatfield McCoy Trail System which includes:

- **Buffalo Mountain Trail System** – A 86.3 mile trail system in Mingo County
- **Bearwallow Trail System** – A 67 mile trail system in Logan County
- **Indian Ridge Trail System** – A 63 mile trail system in McDowell County
- **Little Coal Trail System** – A 54.5 mile trail system in Boone County
- **Pinnacle Creek Trail System** – A 71.6 mile trail system in Wyoming County
- **Rockhouse Trail System** – An 89.3 mile trail system in Logan and Mingo Counties

The trails above are managed by the **Hatfield-McCoy Regional Recreation Authority** which was created in 1993 by the West Virginia Legislature for this purpose. The other motorized trail is the **Burning Rock Trail System** in Raleigh County. It is a 100 mile trail system that is privately owned and operated.

Non-motorized trails in West Virginia are typically single-track through mountainous terrain, allowing one or more of the following: walking, running, hiking, mountain biking, or horseback riding. It could also be a community path or jogging track. **Non-motorized trails** are further broken down into rail-trails, day hikes and/or multi-use trails.



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RAIL-TRAILS

A **rail-trail** tends to be a non-motorized multi-use trail on abandoned rail corridors converted for public trail use. The rail-trails in the NCHA study area include the 7 mile White Oak Rail-Trail, the 3.4 mile Thurmond-Minden Rail-Trail, the 1.8 mile Hawks Nest Rail-Trail, all of which are located in Fayette County. There is also the Beckley Rail-Trail in Raleigh County and the Brush Creek Falls Rail-Trail in Mercer County.

A website featuring a list of **West Virginia Rail-Trails** at <http://www.wvrtc.org/trails/index.html> also noted that the Kaymoor Trail, the Glade Creek Trail and the Southside Junction to Brooklyn Trail as all being Rail-Trails although the NPS New River Gorge National River list of hiking trails did not reference them this way. All three of these trails are also located in Fayette County.

ROADSIDE TRAILS

A **roadside trail** is a trail which runs parallel to a road usually for foot and bicycle traffic, but can also be a bike lane or "Share the Road" with motorized vehicles. The road side trails in the region include the Midland Trail Bikeway in Fayette, the Millers Fork/Beech Fork Loop for both pedestrians and bicyclists in Wayne County, the Mullens Historic Walking Tour in Wyoming County, and the 30-mile Lower Greenbrier Driving Tour in Summers County specifically for bicycling.

BREAKDOWN OF TYPES OF TRAILS AND MILES BY COUNTY						
COUNTIES	MOTORIZED	BYWAY & BACKWAYS	WATER TRAILS	RAIL-TRAIL	ROADSIDE	DAY HIKES/MULTI-USE
Boone	(1) 54.5	(2) 296	(1) 48	0	0	(1) 1
Cabell	0	(1) 138	0	0	0	(11) 76.1
Fayette	0	(3) 633	0	(3) 12.2	(1) 1.7	(40) 101
Kanawha	0	(2) 180	(1) 48	(1) 1	0	(41) 58.8
Lincoln	0	0	(1) 48	0	0	(6) 10.4
Logan	(2) 156	(1) 139	0	0	0	(12) 21.2
McDowell	(1) 121	(1) 157	(1) 17.6	0	0	(12) 9
Mercer	0	(1) 157	0	(1) 1.9	0	(18) 70.9
Mingo	(2) 176	(1) 139	0	0	0	(4) 4
Raleigh	(1) 100	(2) 199	0	(1) 4	0	(23) 30.2
Summers	0	(2) 45	0	0	(1) 30.7	(28) 67.8
Wayne	0	0	0	0	(1) 23.4	(26) 60.1
Wyoming	(1) 71.6	(1) 157	0	0	(1) 0.5	(14) 27.1

Please Note: Rail-Trails, day hikes and/or multi-use trails are all non-motorized trails.

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OVERVIEW OF TRAILS DESIGNATED FOR DAY HIKES AND/OR MULTI-USE

There are 128 trails totaling 245.6 miles within the 13-county NCHA study area that have been designated specifically for day hiking. There are an additional 114 trails totaling 291 miles that are for multi-use which includes day hiking. Of the total 242 trails, six of them meet the American Disabilities Act guidelines for accessible trails. They are as follows:

- **Beechfork State Park's Physical Fitness Trail** in Cabell County
- **Glenwood Park Trail** in Mercer County
- **Spotted Salamander Trail** in Kanawha State Forest
- **Dunbar Parks and Recreation's Wine Cellar Nature Trail** in Kanawha County
- **Twin Oaks Trail** at Twin Falls State Park in Wyoming County
- NPS New River Gorge National River's **Sandstone Falls Boardwalk** in Summers County

Both the Spotted Salamander Trail and the Wine Cellar Nature Trail also offer interpretive displays and Glenwood Park Trail and the Physical Fitness Trail both offer fitness stops to engage the user in some extra physical activities such as stretching and bending.

There are also **eight multi-use trails** that are open to both day hiking and cross country skiing. Seven of the trails are located in Summers County. The other trail is located in Kanawha State Forest in Kanawha County. The names of these trails are provided in *CHAPTER FOUR: Inventory of Existing Trails by County*.

Below is an overview of the day hiking and/or multi-use non-motorized trails within the NCHA study area. Kanawha County has the greatest number of trails but the counties of Fayette, Cabell, Mercer, Summers and Wayne actually have more miles of trails.

TRAILS DESIGNATED FOR DAY HIKING IN NCHA STUDY AREA					
COUNTY	QUANTITY	TOTAL MILES	LONGEST	SHORTEST	AVERAGE
Boone	1.0	1.0	1.0	1.0	1.0
Cabell	11.0	76.1	22.4	0.3	11.4
Fayette	40.0	101.0	10.0	0.1	5.1
Kanawha	41.0	58.8	9.0	0.3	4.7
Lincoln	6.0	10.4	7.0	0.3	3.7
Logan	12.0	21.2	6.0	0.5	3.3
McDowell	12.0	9.0	1.0	0.5	0.8
Mercer	18.0	70.9	9.4	0.2	4.8
Mingo	4.0	4.0	2.5	0.2	1.4
Raleigh	23.0	30.2	4.6	0.3	2.5
Summers	28.0	67.8	7.2	0.2	3.7
Wayne	26.0	60.1	18.1	0.5	9.3
Wyoming	14.0	27.1	3.5	0.3	1.9
TOTAL	236.0	536.6	100.7	4.7	53.3
AVERAGE	18.2	41.3	7.6	0.4	4.1

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The longest day hiking trail is the Camp Arrowhead trail in Cabell County which is 22.4 miles long. The shortest trails are the Canyon Rim Boardwalk and the Kates Fall Trail. Both trails are just .1 miles long and are located within the NPS New River Gorge National River Trail System.

In conversations with park managers at numerous parks, the comments were not that more trails are needed. They discussed the need for funding to improve and better maintain the trails they already have.

RECOMMENDATION: On-site reviews of all the day hike/multi-use trails within the NCHA study area should be conducted and a priority list of maintenance needs developed.

INVENTORY OF EQUESTRIAN TRAILS IN NCHA STUDY AREA

There is only one designated equestrian trail noted on any of the state or federal park websites within the NCHA 13-county study area that is not part of a multi-use trail system. It is 10 miles long and is located within Camp Creek State Park in Mercer County and includes a 1-mile Horse By-Pass Trail connecting one area to another. The rest of the trails range from the shortest which is just 0.4 miles long and the longest of 6 miles.

TRAILS THAT ALLOW HORSEBACK RIDING IN NCHA STUDY AREA					
COUNTY	QUANTITY	TOTAL MILES	LONGEST	SHORTEST	AVERAGE
Boone	No Trails	0.0	0.0	0.0	0.0
Cabell	No Trails	0.0	0.0	0.0	0.0
Fayette	No Trails	0.0	0.0	0.0	0.0
Kanawha	No Trails	0.0	0.0	0.0	0.0
Lincoln	No Trails	0.0	0.0	0.0	0.0
Logan	12.0	21.2	6.0	0.5	3.3
McDowell	No Trails	0.0	0.0	0.0	0.0
Mercer	5.0	20.8	10.0	1.3	5.7
Mingo	No Trails	0.0	0.0	0.0	0.0
Raleigh	10.0	10.0	2.1	0.4	1.3
Summers	4.0	9.8	5.3	0.4	2.9
Wayne	No Trails	0.0	0.0	0.0	0.0
Wyoming	No Trails	0.0	0.0	0.0	0.0
TOTAL	31.0	61.8	23.4	2.6	13.2
AVERAGE		15.5	5.9	0.7	3.3

A recent survey by the Virginia Horse Council asked 822 horseback riders what they felt were the ideal length of trails for a day ride and for what they would prefer when taking multiple day trail rides. Out of approximately 695 respondents, over one-third (35.8%) indicated that 10-15 miles would be ideal for day trips. A nearly equal number (35.7%) indicated 5-10 miles would be ideal. See *Virginia Equestrian Trail Tourism Survey* at www.virginiahorsecouncil.org/trails.html.

Over 50% responded that the minimal length for an equestrian trail was 5 -10 miles. Anything less was not worth the time loading their horses into a trailer and transporting them to a trail. A majority of 26.4% agreed on the ideal trail length of 20-30 miles for multiple day trail rides. Trails of 15-20 miles were a close runner up (22.8%).

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Of the 697 respondents, 691 (or 99.6%) identified that they took trips within the State of Virginia. However, 555 (or 79.6%) respondents identified they also took out of state riding trips. One would seriously doubt any of these riders are riding the trails in West Virginia's NCHA study area since very few of these trails which allow horseback riding actually meet the minimum requirements for length. In fact, only 4 of the 31 trails noted for equestrian use in the NCHA study area actually meet the minimum recommended length for a day trip.

Riders who responded to the survey also expressed they often have concerns about water access for the horses on the trail (77.4%); length of trail (78.1%); quality of riding facility (70.4%); lack of effective signage (65.6%); lack of maps (63.4%); and vehicle safety (60.4%). Riders also indicated that they are more concerned about finding a safe place to stay for their horse than for themselves.

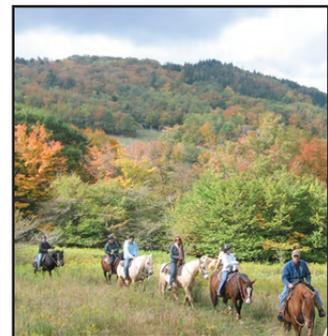
Riders were then asked what were the most important features or amenities for an equestrian trail. Over 660 people answered this question, offering 2351 responses that fell into 66 distinct categories. Their top preferences are listed below in order of importance.

Water, Bathroom, Diverse/Variety Trails - overall safety (horses, trailers), Ample Parking, Adequate parking for trailers, Attractive scenery, Shade, Loop options, Adequate markings, Available Maps, Adequate footing for people/horses, Cleared trails, Long trails, Limited vehicular/bike traffic

Equestrian Trails in West Virginia: Situation Analysis

Only 4 of the 31 trails noted for equestrian use in the NCHA study area actually meet the minimum recommended length for a day trip. Only the 6-mile Wilderness Trail at Chief Logan State Park in Logan County, the 5-mile Bear Wallow Trail and the 10-mile Turkey Loop Trail at Camp Creek State Park in Mercer County and the 5.3 mile River Trail at Pipestem Resort State Park in Summers County even meet the minimal length. The other 27 noted equestrian trails range between 0.4 miles and 3 miles in length. In fact, over half are less than 1 mile long.

RECOMMENDATION: A group of interested equestrian riders in the area along with horse clubs and state and national equestrian organizations should be sought out and asked to help critique the existing trails to determine which ones actually are suitable for horseback riding. It should also be determined if there is a need or desire for additional trails. If so, this group could identify existing trails that might be extended to an optimum length for horseback riding and/or assist in locating potential areas in which to establish additional equestrian trails that provide amenities that meet the needs of both the horse and its rider.



Currently in the "Works": There are plans and funding appropriated to add 30 to 50 miles of equestrian trails at Camp Creek State Park in Mercer County.

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INVENTORY OF MOUNTAIN BIKING TRAILS IN NCHA STUDY AREA

There are no designated mountain biking trails within the NCHA 13-county study area that are not part of a multi-use trail system. Of the 94 multi-use trails that allow mountain biking, only seven have lengths of 5 miles or more. In fact, over 65% are 2 miles or less in length which is a very short bike ride for most riders.

TOTAL NUMBER AND MILES OF TRAILS IN EACH COUNTY THAT ALLOW MOUNTAIN BIKING IN NCHA STUDY AREA					
COUNTY	QUANTITY	TOTAL MILES	LONGEST	SHORTEST	AVERAGE
Boone	No Trails	0.0	0.0	0.0	0.0
Cabell	5.0	10.4	4.6	0.5	2.1
Fayette	9.0	43.1	10.0	0.2	4.8
Kanawha	24.0	40.8	5.0	0.3	1.7
Lincoln	No Trails	0.0	0.0	0.0	0.0
Logan	12.0	18.2	6.0	0.5	1.5
McDowell	1.0	1.0	1.0	1.0	1.0
Mercer	11.0	39.0	10.0	1.3	3.5
Mingo	2.0	1.8	1.3	0.5	0.9
Raleigh	15.0	26.8	5.5	0.4	1.7
Summers	7.0	18.7	7.2	0.3	2.7
Wayne	6.0	9.6	4.5	0.8	1.6
Wyoming	2.0	6.3	3.3	3.0	3.2
TOTAL	94.0	215.7	58.4	8.8	24.7
AVERAGE	8.5	19.6	5.3	0.8	2.2

It is not suggested that these multi-use trails within the NCHA study no longer be designated for mountain bikers. The beginner cross country riders enjoy relatively wide, smooth, short trails which most of these appear to be. But as their skill levels improve, riders will quickly lose interest in these basic trails and look for dedicated bike paths that are more challenging. Avid cross country riders seek trails that let them cover 10 to 100 miles. Desirable trails feature several connecting loops with natural obstacles. Right now there does not appear to be many, if any that would meet these criteria.

RECOMMENDATION: A group of interested mountain bikers in the area along with possible members of IMBA or other mountain biking clubs or organizations should be sought out and asked to help critique the existing trails to determine which ones might be improved or expanded upon to add elements to make the trails more inviting to those who enjoy mountain biking.

A phone interview with IBMA staff at the Boulder Colorado office agreed that a 2-mile trail was really not long enough to be classified as a mountain biking trail unless possibly it was a looped trail system in which one could ride the trail multiple times. And even so, this short of a trail would probably only interest a mountain biker if the trail was challenging or offered different elements that might make it worth repeating the trail more than one time in order to hone one's skill or master a particular portion of the trail. Some favorite locations in the NCHA region are: Chief Logan State Park, Twin Falls State Park, Lake Stephens. These trails while short are linked together and the National Park Service is planning a stacked loop trail system with IMBA. <http://parkplanning.nps.gov/projectHome.cfm?parkId=259&projectId=28775>.

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BECOMING THE BEST OF THE BEST: MOUNTAIN BIKER'S "EPIC" TRAILS

"As mountain biking evolves, the 'best in mountain biking' continues to get better" notes the IMBA website. To this end, the IMBA staff are continually reviewing trails throughout the world to find the best of the best which are known as "Epic" trails.

There are forty-six trails that have been identified across the country as epic trails by members of the International Mountain Bicycling Association (IMBA). A few of those located fairly close to West Virginia include the **Southern Traverse Trail** in Harrisonburg VA (http://www.imba.com/epics/harrisonburg_va.html), the **Roth Rock Ride** in State College PA (http://www.imba.com/epics/state_college_pa.html), the **Tanasi Trails** in Ocoee TN (<http://www.imba.com/epics/tanasi.html>) and the **Forks Area Trail System** in Sumter National Forest (http://www.imba.com/epics/forks_area_trail_system.html), SC. There are only two identified epic trails in West Virginia. They are the **Gauley Headwaters Trail** in Slatyfork, WV and the **Spruce-Knob Seneca Rock Trail** in Seneca WV. For a complete list of all the epic trails, visit the website http://www.imba.com/epics/rays_indoor_bike_park.html

TWO EPIC TRAILS IN WEST VIRGINIA

The **Gauley Headwaters Epic Trail** in Slatyfork, WV is 37 miles in length with an elevation level of 2,700 to 4,200 and offering technical rocky singletrack, long descents and water crossings. The **Monongahela National Forest's Spruce Knob Seneca Rocks National Recreation Area** in eastern West Virginia offers anywhere from 10 to 50 miles of mountain biking trails depending on the route one chooses (*The trails include both singletrack and doubletrack and are technically challenging with extensive rock gardens, hike-a-bike sections and wet slippery conditions. Elevation levels start at 2,000 feet and climb to as high as 4,800 in sections.*) Descriptions of both trails are provided on the following websites:

http://www.imba.com/epics/slatyfork_wv.html and
http://www.imba.com/epics/spruce_knob_seneca_rocks.html



Gauley Headwaters Epic Trail

Not all trails can be Epic trails but it is good for one to visit some of the trails which mountain bikers consider to be excellent in order to help improve and develop trails of your own that will attract many levels of users.



Spruce Knob Seneca Rocks Recreation Area

RECOMMENDATION: Visit an Epic trail or other trails recognized by mountain bikers as being "good trails" to gain better understanding of how the trails in your area might be improved to better appeal to those who like to ride trails.

The International Mountain Bicycling Association (IMBA) was founded in 1988 by a group of California mountain bike clubs concerned about the closure of trails to cyclists. These pioneering clubs believed that mountain biker-education programs and innovative trail management solutions should be developed and promoted.

IMBA's mission has always been to protect, create, and enhance quality trail experiences for mountain bikers worldwide. ... actively promote responsible mountain biking, support volunteer trailwork, assist land managers with trail management issues, and improve relations among trail user groups.

IMBA members annually contribute more than one million hours to trailwork projects on public land. To date, these volunteers have created more than 5,000 (8,000 km) miles of new trails worldwide.

IMBA continues to bring out the best in mountain biking through education, trail construction, volunteer support, management advice, cash and grants for trail improvement, and worldwide leadership.

Taken from IMBA's official website at:

imba.com/about/history.htm

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WHY DEVELOP DEDICATED MOUNTAIN BIKING TRAILS?

Dedicated bike trails, if properly developed, can bring new revenue into communities.

The following section is an excerpt from a Fall 2009 trails study conducted for the Southwest Regional Recreation Authority of Virginia.

THE ECONOMIC IMPACT OF BIKING

Sixty million Americans (18 years and older) bicycle each year. Whether they are bicycling for family recreation, transportation, or competition, the American bicyclist spends money, creates jobs and supports local economies.

- Bicycling contributes \$133 billion to the U.S. economy
- Supports nearly 1.1 million jobs across the U.S.
- Generates 17.7 billion in annual federal and state tax revenue
- Produces 53.1 billion annually in retail sales and services
- \$6.2 billion in bicycling gear sales and services
- \$46.9 billion in bicycling trip-related expenditures
- Provides sustainable growth in rural communities

Bringing this a little closer to home, the South Atlantic States (DE, DC, FL, GA, MD, NC, SC, VA, and WV) is home to more than 10 million bicyclists who contribute more than \$11.3 billion to the regional economy, generating more than \$1.6 billion in annual state and federal tax revenues and over \$9.6 billion in retail sales and services.

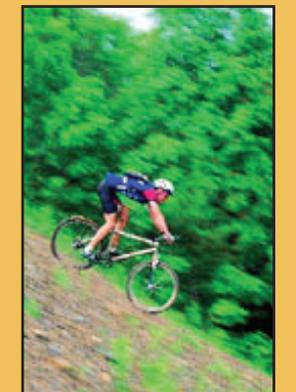
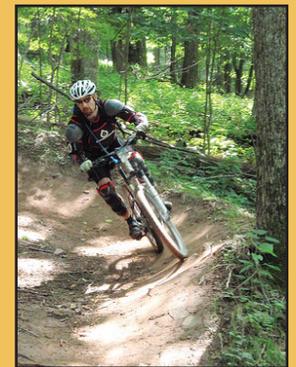
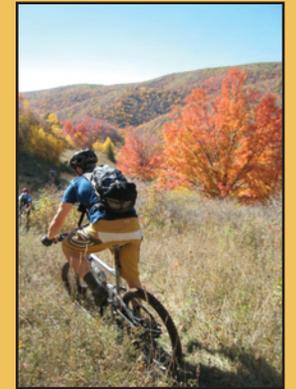
ECONOMIC BENEFIT OF OFF-ROAD BICYCLE TRAILS



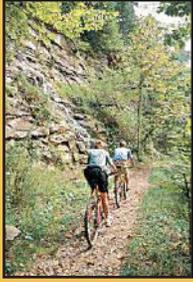
Definition: A bicycle trail is one that tends to wind through the woods and across the land on softer surfaces such as gravel or dirt and is used primarily with mountain bikes rather than street bikes.

All across the country, bicycle and pedestrian trails are bringing new dollars and economic growth to the communities in which they pass attracting and revitalizing businesses and downtown areas, creating jobs and increasing public revenue. They also have a positive effect on nearby properties as home buyers and business owners realize the benefits.

According to a 2006 study by the Outdoor Industry Foundation, one in five Americans 16 years and older mountain bike. It also reported that there are as many people who mountain bike as there are those who watch or feed birds. And the National Golf Foundation in 2006 reported that there are more mountain bikers than golfers (50 million bikers to 29 million golfers). It is much less expensive to maintain miles and miles of trails than it is to maintain one golf course. (The Active Outdoor... 2006)



CHAPTER FOUR: Overview & Benefits of Trails



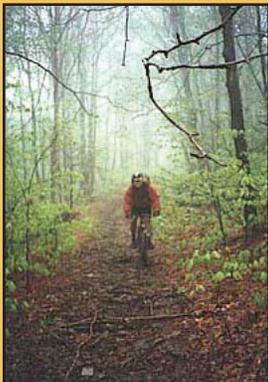
RAIL-TRAILS MEAN BUSINESS FOR COMMUNITIES*

The downtown area of Dunedin, Florida was suffering a 35 percent storefront vacancy rate in the early 1990's until the Pinellas Trail came into town. Now, storefront occupancy is 100 percent and business is booming.

Peak-season hotel rooms along Wisconsin's Eloy-Sparta State Park Trail are booked up to a year in advance.

A study of the trail revealed that the average visitor travels 228 miles to experience it. After biking the Youghiogheny River Trail in southwestern Pennsylvania, Robert Bennis and his wife purchased a rundown trailside building and converted it into the River's Edge Café which now serves over 1000 meals a day.

** Excerpt taken from a National Bicycle and Pedestrian Clearinghouse Brief, September, 1995.*



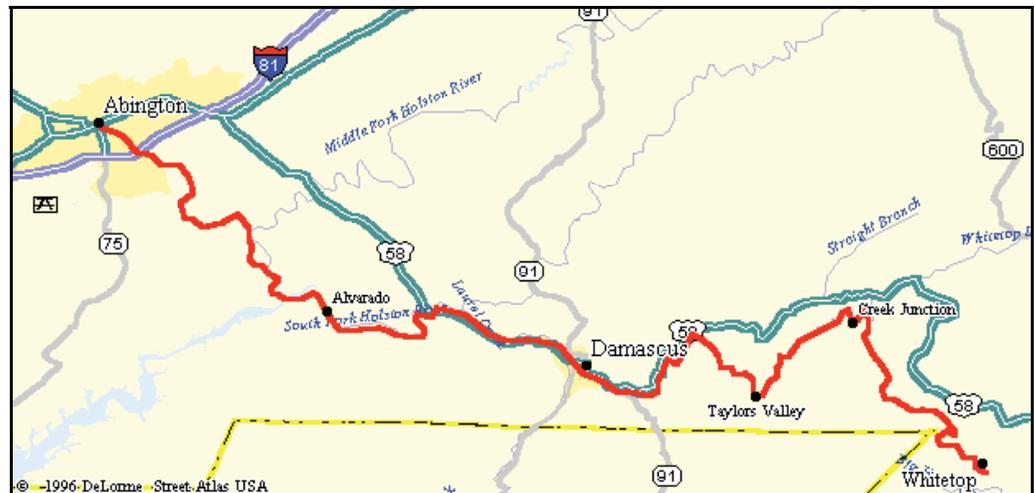
THE VIRGINIA CREEPER TRAIL HAS BROUGHT MONEY AND JOBS TO SOUTHWEST VIRGINIA

The Virginia Creeper Trail (VCT) in Southwestern Virginia is one of the most renowned bike trails in the United States. Although this 34 mile rail-trail is open to both foot travel and horseback riding, it is most popular with bicyclists. In fact, the Virginia Creeper Trail has become to mountain bikers what the Hatfield – McCoy Trails have become to off-highway vehicle enthusiasts. It is THE place to come to ride. There are very few mountain bikers who have not heard about the Virginia Creeper Trail and many others from across the East who have actually experienced it.



Background: Once a rail line for the Norfolk & Western connecting White Top to Abingdon, the rail was abandoned in 1977. The eastern section of the railbed through Virginia was purchased by the USDA Forest Service and became part of the Mount Rogers National Recreation Area, the western section was purchased by Damascus from funding received from Virginia Commission for Outdoor Recreation. The trail opened in 1984 with trailheads located in Abingdon and Whitetop Station ending at the North Carolina state line.

Please Note: Efforts have been made to continue the Virginia Creeper Trail into North Carolina but that portion of rail reverted back to the original landowners who are unwilling to relinquish ownership. There is a valuable lesson to be learned: acquire the corridor as soon as it is abandoned.



MAP OF THE VIRGINIA CREEPER TRAIL

The Town of Damascus has become known as Trail Town U.S.A. It is the halfway point on the Virginia Creeper Trail. Also, the Appalachian Trail, the Transcontinental Bike Route, the Iron Mountain Trail, and the Daniel Boone Trail all intersect in Damascus.

CHAPTER FOUR: Overview & Benefits of Trails

ECONOMIC IMPACT OF THE VIRGINIA CREEPER TRAIL



In a 2004 study of the Creeper Trail (*Virginia Creeper, 2005*), it was estimated that a total of 130,172 people used the trail with 47% of them locals and the other 53% coming from outside the area. Local users (those working or living within Washington or Grayson County) traveled on average 7.8 miles with an average travel time of 15 minutes while the non-local users traveled on average 260 miles with an average travel time of 4.6 hours drawing people from as far away as Knoxville TN, Charlotte NC, Asheville WV, Charlottesville SC, Roanoke VA & Washington DC, with nearly 23% reporting that they visited five times or more each year. 72% of the Virginia Creeper Trail users were in the area for the primary purpose of visiting the trail with over 75% of the non-locals planning to bike.

- The estimated total economic impact of the Virginia Creeper Trail to the State of Virginia is \$2.5 million with over \$1.5 million dollars spent in the local economy (Washington and Grayson counties).
- An estimated 27.4 jobs were created due to the increased visitors to the area.
- A week long festival know to honor hikers known s "Trail Days" brings approximately 25,000 visitors to Damascus in May of each year raises the town's population of 900 by nearly 300%

Other comparable trails noted in a 1995 study by Siderelis and Moore had similar findings:

Trail Name	In 1995	Adjusted to 2003 dollars
• Lafayette/Moraga Trail	\$1.9 million	\$2.3 million
• Heritage Trail	\$4 million	\$5 million
• St. Mark's Trail	\$8.5 million	\$10.6 million

What has been the economic impact of all of this to the community?

Business Tax Revenues: In 2003, business license fees collected were \$23,000. In 2005, this number grew to \$45,000. And in 2008, when most towns were experiencing a downturn and businesses were closing, Damascus experienced an increase to \$52,000 for a 56% increase in just five years. Even today this number continues to grow. Revenues for 2009 have already surpassed \$55,000.

Restaurant/Lodging Tax Revenues: Meal and lodging tax revenues have also seen a continual increase in the past few years from \$42,000 in 2001/2002 to \$80,000 in 2003/2004 and to \$104,150 in 2007/2008. This is a 60% increase in just six years.

Tourism-related Businesses that have opened: Damascus, a town of 9,000 has seven (7) bike rentals and shuttle services, twenty-one (21) lodging facilities within the corporate limits including an RV Park, an additional 19 lodging facilities within 2 to 17 miles of the town plus seven (7) restaurants.

Please Note: There are no chain hotels or restaurants in Damascus. In fact, all are Mom & Pop businesses. This is great for the small entrepreneurs and insures that the money made within the community actually stays in the community, something those in the NCHA region may want to keep in mind as their areas begin to develop.



CHAPTER FOUR: Overview & Benefits of Trails

A STACKED LOOP TRAIL SYSTEM IS BECOMING VERY POPULAR

The following information was taken from the website
<http://raystown.nab.usace.army.mil/Activities/agt.htm>



The Allegrippis Trail System, managed by the Friends of Raystown Lake in Huntingdon County PA, is a popular 30+ mile single track trail system designed by mountain bikers, primarily for mountain bikers, but with opportunities available for hiking and other nature based outdoor recreation. The Allegrippis Trail System was designed in a stacked loop format, which means that small trail loops exist close to the access point with trail spurs joining onto those loops to create longer, more difficult trail opportunities. Similar stacked looped bike trails are recommended for the NCHA project area.

This trail construction project is a multi-partner project being coordinated by the Friends of Raystown Lake.* It's considered a model trail system by IMBA with future consideration of becoming an IMBA Ride Center.

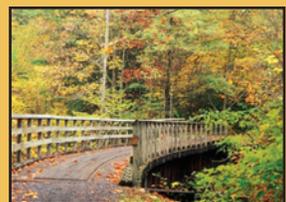
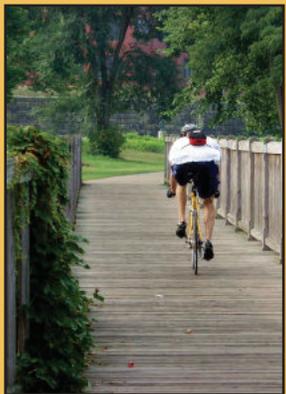
A stacked, looped trail system is preferred by horseback riders, ATV and dirtbike riders, mountain bikers and often hikers. The New River has lots of trails that allow bikes and link together for longer rides. The NPS at New River are planning a stacked loop trail system for the near future.



A popular stacked looped trail system in Huntingdon, PA.

“When the project started, it was a ‘build it and they will come’ proposition. Now there’s a bike shop in town, and the Raystown Mountain Bike Association, which didn’t exist 18 months ago, has more than “500” active members,” said Frank Maguire IMBA Mid-Atlantic Region Director. “Interest in the Allegrippis is already spreading beyond the regional level. This is going to have a huge impact on the economy in the area.”

“To date, more than 100 volunteers have donated more than 2,300 volunteer hours toward the construction and maintenance of the Allegrippis Trail System,” said Ron Rabena, President FORL. “The end result is a unique trail system that will benefit the region and community for years to come, including an additional estimated \$1.2 million in annual revenue into Huntingdon County.”



CHAPTER FOUR: Overview & Benefits of Trails

OTHER TRAIL SYSTEM SUCCESS STORIES

ATV TRAIL SYSTEM

In 2006, the economic impact of the Hatfield-McCoy ATV Trail System located within six NCHA counties in the southern region of West Virginia exceeded \$7.7 million dollars generating over \$2.7 million in income, creating over 146 jobs and \$622,752 in tax revenues.

http://trailsheaven.com/about/hatfield_mccoy_trail_economic_impact_report.aspx

The Town of Gilbert which serves as the trailhead to one of the six Hatfield-McCoy Trail Systems has a population of 400 people. Yet, in 10 short years since their trail opened, the town now boasts 130 lodging rooms and building more, two car washes, four pharmacies, seven restaurants, a movie theater and a full service campground.

HORSE TRAIL SYSTEM

In the Fall of 2006, Knott County Kentucky held their first annual horse trail ride which attracted 500 people and 250 horses. In 2008, the event attracted over 5,000 riders from as far away as Utah and Texas resulting in a \$649,700.00 economic impact on the region. At the 2009 event, the number of riders and horses doubled creating an economic impact of well over \$1 million dollars.

<http://trailsrus.com/swvirginia/finalreport/volume2/equestrian.pdf>

WILDLIFE VIEWING AND BIRDING

Canadian Texas began marketing birdwatching in their community. Within five years, 160 new jobs were created including 12 B&B's, four new restaurants, renovation of 29 commercial buildings (16 of which were historic buildings) plus a 28% increase in sales tax. Phone interview with previous economic development director of Canadian Texas, July 14, 2009. <http://trailsrus.com/swvirginia/finalreport/volume2/wildlife.pdf>

CANOE TRAIL

The Elkhorn Creek in Frankfort Kentucky attracts 400 boaters while the Meramec River in Missouri has been known to have as many as 8,000 on the river in a given weekend. Restaurants, shuttle services, canoe rentals, campgrounds, hotels, cabins, outfitter stores and more have opened in both locations. *(Telephone interviews with outfitters, July 2009)*

LONG DISTANCE TRAILS

There are a number of examples of long distance trails creating positive economic impact for those communities along the routes.

The Great Allegheny Passage is a 132-mile rail-turned-trail from that has become a main thoroughfare for trail users seeking a wilder experience. Attracting both national and international visitors, the Passage generated over \$12 million in direct spending in 2007, up from \$7.3 million in 2002. Towns all along the trail serve as centers of commerce for trail users seeking food and other supplies. <http://atatrail.org/about/reports.cfm>. The 2175 mile Appalachian Trail hikers user study can be found at: <http://nps.gov/appa/parkgmt/publicinvolvement.htm>.

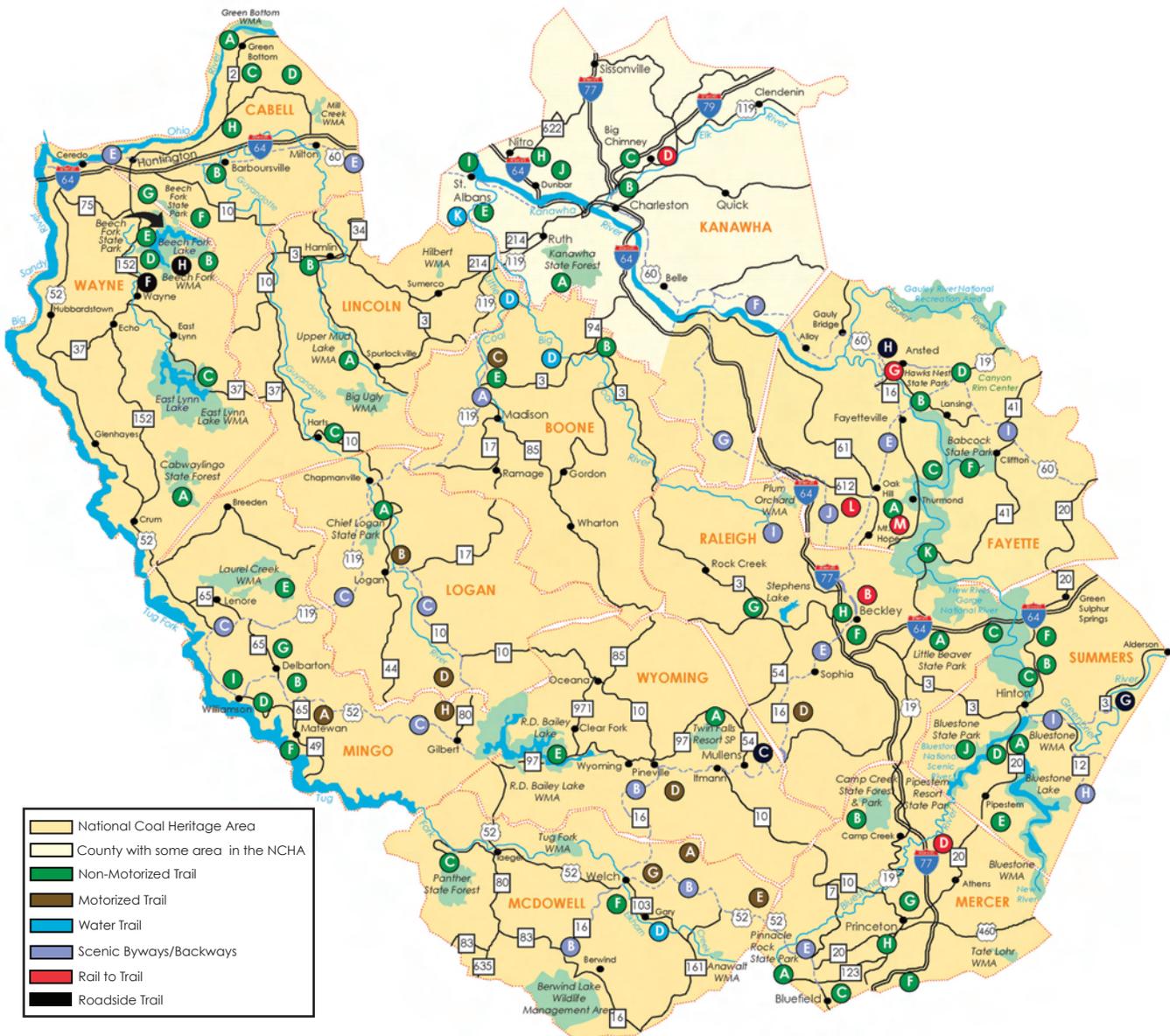
For sources and more information on this subject visit:
<http://www.trailsrus.com/swvirginia/finalreport/vol2.htm>
References also provided in Appendix G, pages 189-190.

CHAPTER FIVE

Trail Inventory By County

Below is a map created by WMTH Corporation featuring the locations of the public parks, major rivers and lakes and multi-county trail systems within the National Coal Heritage Area. A larger print out of the map is provided on the following page which includes the locations of the smaller trail systems throughout the 13-county region.

A listing and detailed information of all known public trails within the National Coal Heritage Area in alphabetical order is provided in APPENDIX E of this document.



WMTH Corporation also created individual maps for each of the thirteen NCHA counties featuring the location of all known public trails within each of the counties along with charts listing the names of each of the trails. Also included on the charts are the land managers for each trail, the trail length, type of trail, description of the trail itself and websites featuring information on either the trail or the land manager for that particular trail system.

CHAPTER FIVE: Trail Inventory By County

When available, website addresses of detailed maps of the individual trails were also noted on the charts.

Individual maps and charts similar to those featured below were created for the counties of Boone, Cabell, Fayette, Kanawha, Lincoln, Logan, McDowell, Mercer, Mingo, Raleigh, Summers, Wayne, Wyoming and are included in this chapter.

FAYETTE COUNTY, WV Existing Trails

LEGEND

- Motorized
- Non-Motorized
- Rail to Trail
- Feasible Trail
- Bikeway
- Byways/Backways

TYPE	NAME OF TRAIL	LAND MANAGER	LENGTH	LOCATION	USERS	WEBSITE	DESCRIPTION
Non-Motorized A1	Arbuckle Connector Trail	New River Gorge National River	0.2 miles	Fayette	Day Hike	nps.gov/nr/pariyovisit/visit/npa/npa.gov/nr/pariyovisit/upload/trainewster-2009c.pdf	This trail has steep & rocky terrain making it difficult to pass an abandoned coke ovens & other stonework from an abandoned turn-of-the-century coal mining operation.
Non-Motorized B1	Bridge Trail	NPS-New River Gorge	0.7 miles	Fayette	Day Hike	nps.gov/nr/pariyovisit/visit/npa/npa.gov/nr/pariyovisit/upload/trainewster-2009c.pdf	
Non-Motorized C1	Brooklyn Mine Trail	NPS-New River Gorge	2.7 miles	Fayette	Day Hike & Mtn Biking	nps.gov/nr/pariyovisit/visit/npa/npa.gov/nr/pariyovisit/upload/trainewster-2009c.pdf	
Non-Motorized B2	Burnwood Nature Trail	NPS New River Gorge	1.5 miles	Fayette	Day Hike	nps.gov/nr/pariyovisit/visit/npa/npa.gov/nr/pariyovisit/upload/trainewster-2009c.pdf	
Non-Motorized B3	Butcher Branch Trail	New River Gorge National River	0.7 miles	Fayette	Hiking & Biking	nps.gov/nr/pariyovisit/visit/npa/npa.gov/nr/pariyovisit/upload/trainewster-2009c.pdf	
Non-Motorized A2	Church Loop Trail	NPS-New River Gorge	0.2 miles	Fayette	Day Hike & Mtn Biking	nps.gov/nr/pariyovisit/visit/npa/npa.gov/nr/pariyovisit/upload/trainewster-2009c.pdf	
Non-Motorized D1	Cliffside Trail	Hawks Nest SP	2 miles	Fayette	Day Hike	nps.gov/nr/pariyovisit/visit/npa/npa.gov/nr/pariyovisit/upload/trainewster-2009c.pdf	This offers excellent opportunity for exam of panoramic view from the forest ecosystem. Trail is average in difficulty with some steep slopes and sturdy shoes recommended.
Byways/Backways	Coal Hillings Trail National Scenic Byway	WV Dept. of Transportation	18.7 miles	Fayette, Lincoln, Mercer, Raleigh	Driving Tour	www.wv.gov/transportation/10140	Provides remarkable industrial heritage. History & outlook of coal industry and its impact. Coal company towns to visit and mining lands.
Non-Motorized B5	Emerg Branch Trail	New River Gorge National River	9.5 miles	Fayette		nps.gov/nr/pariyovisit/visit/npa/npa.gov/nr/pariyovisit/upload/trainewster-2009c.pdf	
Non-Motorized B6	Endless Wall Trail	New River Gorge National River	2.2 miles	Fayette	Day Hike	nps.gov/nr/pariyovisit/visit/npa/npa.gov/nr/pariyovisit/upload/trainewster-2009c.pdf	Trail along overlook off the trail. Views are located in the New River Gorge. Inaccessible (no motor).
Non-Motorized B7	Fayette Co. Park Trails	Fayette Co. Park	10 miles	Fayette	Day Hike & Mtn Biking	www.fayettecountywv.com/county_info	

continued

WYOMING COUNTY, WV Existing Trails

LEGEND

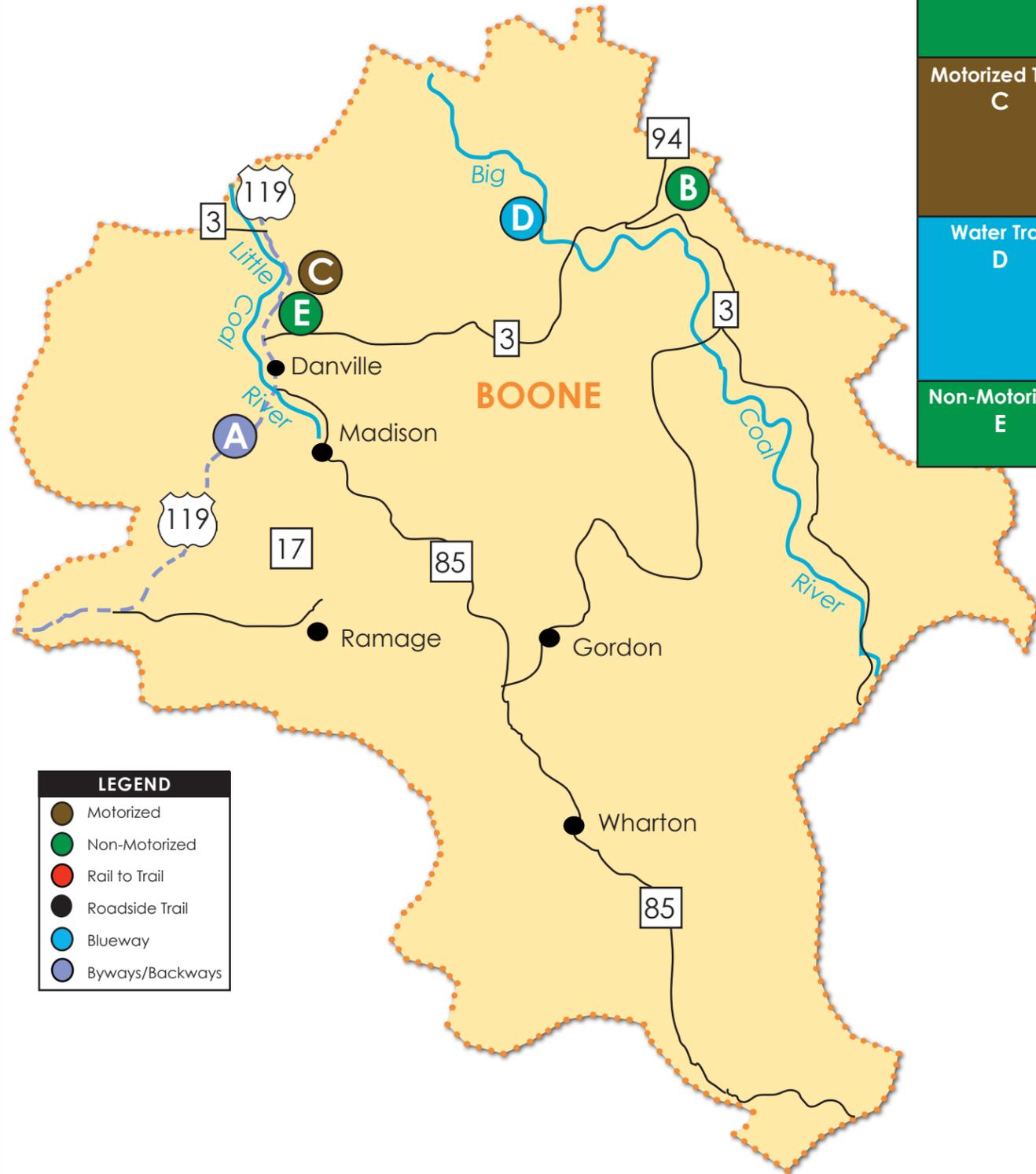
- Motorized
- Non-Motorized
- Rail to Trail
- Feasible Trail
- Bikeway
- Byways/Backways

TYPE	NAME OF TRAIL	LAND MANAGER	LENGTH	LOCATION	USERS	WEBSITE*	DESCRIPTION
Non-Motorized A1	Buck Run	Twin Falls SP	0.8 miles	Wyoming	Day Hike	twinfallsstatepark.com	
Non-Motorized A2	CRR Side Trail	Twin Falls SP	3 miles	Wyoming County	Day Hike	twinfallsstatepark.com	
Byways/Backways	Coal Heritage Trail National Scenic Byway	WV Dept. of Transportation	18.7 miles	Wyoming, Mercer, Raleigh, Fayette Co.	Driving Tour	www.wv.gov/transportation/10140	
Non-Motorized A3	Falls Trail	Twin Falls SP	0.8 miles	Wyoming County	Day Hike	twinfallsstatepark.com	
Non-Motorized A4	Hemlock Trail	Twin Falls SP	2 miles	Wyoming County	Day Hike	twinfallsstatepark.com	
Non-Motorized A5	Horsepen Knob Trail	Twin Falls SP	3.5 miles	Wyoming County	Day Hike	twinfallsstatepark.com	
Non-Motorized A6	Huckleberry Trail	Twin Falls SP	1.3 miles	Wyoming County	Day Hike	twinfallsstatepark.com	
Non-Motorized A7	Moonshiner's Trail	Twin Falls SP	3.3 miles	Wyoming County	Day Hike & mtn biking	twinfallsstatepark.com	
Roadside Trail C	Mullens Historic Walking Tour	Downtown Mullens	0.5 miles	Wyoming County	Day Hike	twinfallsstatepark.com	
Non-Motorized A8	Nature Trail	Twin Falls SP	1.3 miles	Wyoming County	Day Hike	twinfallsstatepark.com	
Non-Motorized A9	FullMender Trail	Twin Falls SP	2.5 miles	Wyoming County	Day Hike	twinfallsstatepark.com	
Motorized Trail D	Pinnacle Creek Trail System	Hartfield McCoy Reg. Authority Trail System	71.6 miles	Wyoming County	ATV and Dirtbikes	halloway.com/pariyovisit/npa/npa.gov/nr/pariyovisit/upload/trainewster-2009c.pdf	Known for its breathtaking scenic views and is located less than one hour from world class whitewater rafting and a snow skiing resort.
Non-Motorized A10	Poke Hollow Trail	Twin Falls SP	3.5 miles	Wyoming County	Day Hike	twinfallsstatepark.com	
Non-Motorized A11	Rocky Road Trail	Twin Falls SP	3 miles	Wyoming County	Day Hike & Mtn Biking	twinfallsstatepark.com	
Non-Motorized A12	Sill Run Ridge	Twin Falls SP	2.5 miles	Wyoming County	Day Hike	twinfallsstatepark.com	
Non-Motorized A13	Twin Oaks	Twin Falls SP	0.3 miles	Wyoming County	Day Hike ADA	twinfallsstatepark.com	
Non-Motorized E1	Fishing Trail	USACE-RD Bailey Dam	0.5 miles	Wyoming County	Day Hike	ph.usace.army.mil/projects/lakes/rdb	Located at Salt River Ridge Top and Justice Falls
Non-Motorized E2	Justice Trail	USACE-RD Bailey Dam	0.8 miles	Wyoming County	Day Hike	ph.usace.army.mil/projects/lakes/rdb	Located at Salt River Ridge Top and Justice Falls
Non-Motorized E3	Salt River Trail	USACE-RD Bailey Dam	1 mile	Wyoming County	Day Hike	ph.usace.army.mil/projects/lakes/rdb	Located at Salt River Ridge Top and Justice Falls

*Some of the websites provide information on the land managers of particular trails but not detailed information of the trails themselves.

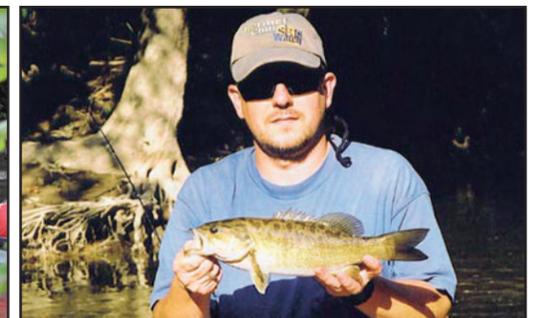
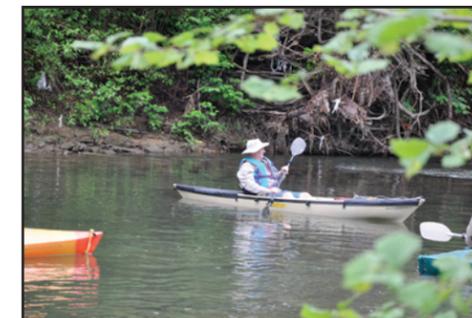
BOONE COUNTY, WV

Existing Trails



LEGEND	
	Motorized
	Non-Motorized
	Rail to Trail
	Roadside Trail
	Blueway
	Byways/Backways

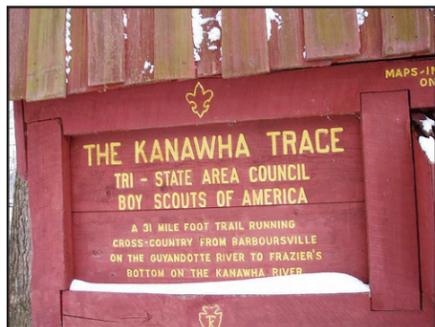
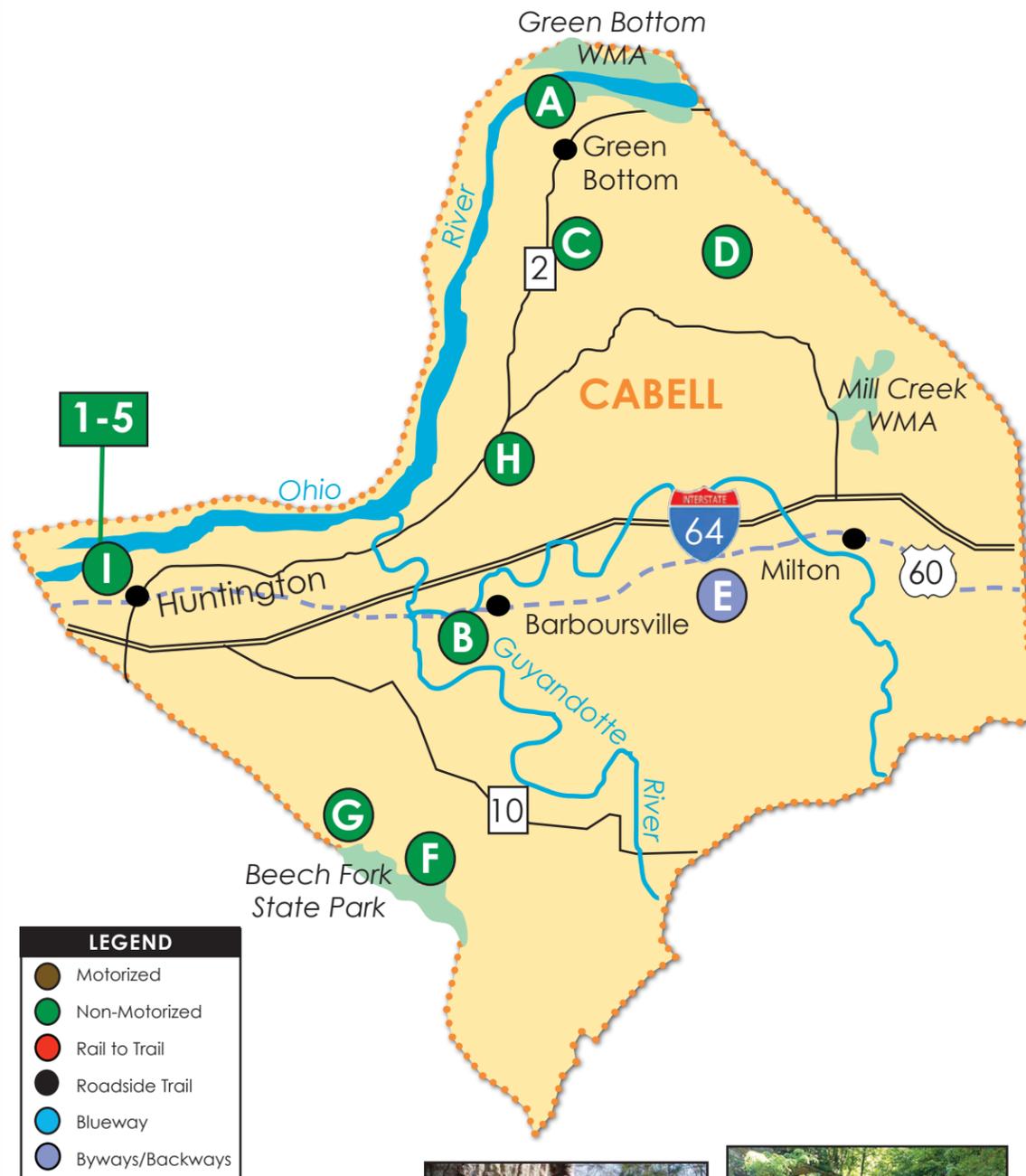
TYPE	NAME OF TRAIL	LAND MANAGER	LENGTH	LOCATION	USERS	WEBSITE*	DESCRIPTION
Byways/ Backways A	Country Road Byway		139 miles	Boone, Logan, Mingo Co.	Driving Tour		
Non-Motorized B	John Slack Park Walking Trail	Boone County Commission		Racine	Day hike		Pool, shelters, mini-golf, access for watercraft, playground equipment, softball field, restrooms, tennis courts, basketball & volleyball court, walking track
Motorized Trail C	Little Coal River Trail	Hatfield- McCoy Reg. Recreation Authority	54.5 miles	located off Hwy 119 near Danville and Madison in Boone Co.	ATV Dirtbikes	trailheaven.com/playyourtrip/ chooseatrail/littlecoal/default. aspx (Map) trailheaven.com/ playyourtrip/chooseatrail/ littlecoal/map.aspx	Little Coal is most commonly known for its high percentage of green trails. Access to lodging and family summer season activities.
Water Trail D	Walhonde Water Trail (Coal River)	Coal River Group	88 miles	Boone, Lincoln, Kanawha Co.	Water Trail	coalrivergroup.com/P/11/ Walhonde_Water_Trail.aspx or www.paddling.net/places/ showReport.html?1664	88 mile water trail on the Big, Little and Coal Rivers. The region offers rugged terrain coupled with beautiful paddling conditions for most of the year.
Non-Motorized E	Boone County Walking Trail	Boone County		Boone Co. Waterpark	Day Hike	coalrivergroup.com offers a Walhonde Trail Guide and printable map	



*Some of the websites provide information on the land managers of particular trails but not detailed information of the trails themselves.

CABELL COUNTY, WV

Existing Trails



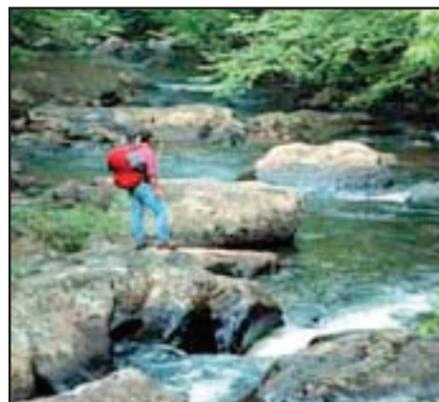
TYPE	NAME OF TRAIL	LAND MANAGER	LENGTH	LOCATION	USERS	WEBSITE*	DESCRIPTION
Non-Motorized A	Adahi Trail	Tri-State Area Boy Scout Council	20 miles	Cabell, Mason Co.	day hike and back packing	http://webpages.marshall.edu/~kyle4/index.html	17 mile multi user trail crossing over private land
Non-Motorized B	Barboursville Mtn. Biking & Hiking Trail		21 miles	Cabell	day hike & mtn biking		
Non-Motorized C	Camp Arrowhead Trail	Tri-State Area Boy Scout Council	22.4 miles	Cabell			
Non-Motorized D	Kanawha Trace		31.68 miles	Cabell		http://webpages.marshall.edu/~kyle4/index.html	Foot trail running from Barboursville WV at the confluence of Mud and Guyandotte Rivers to Frazier's Bottom, WV on the Kanawha River. With the exception of public roads, the trail is located in its entirety on private property.
Byways/Backways E	Midland Trail National Scenic Byway		138 miles	Cabell, Fayette, Kanawha & other counties		http://midlandtrail.com	Route 60 winds across WV's midsection offering a drive filled with fabulous vistas, world-class rafting, outdoor fun, art and artisan treasures & pioneer history.
Non-Motorized F	Physical Fitness Trail	Beech Fork State Park	0.8 miles	Cabell	day hike, fitness, mtn biking, ADA	mountaintravelguide.com/Hiking%20Trails/WestVirginia/cabell/PhysicalFitnessTrail.htm	Challenging series of exercise stations to test fitness. Pleasurable walking path.
Non-Motorized G	Prices Creek Trail		2.6 miles	Cabell, Wayne Co.			
Non-Motorized H	The Ol' Bauldy Trail		0.5 miles	Cabell			5 mile loop
Non-Motorized I-1	Ritter Walking Trail	Greater Huntington Park & Rec	6 miles	Cabell	day hike, mtn biking	http://www.ghprd.org/parks.html#1	Numerous lengthy walking trails, restroom facilities, picnic tables, shelters, playground, 1000 seat amphitheater, Rose Garden for special occasions
Non-Motorized I-2	Rotary Park	Greater Huntington Park & Rec	0.5 miles	Cabell	day hike & mtn biking	http://www.ghprd.org/parks.html#1	
Non-Motorized I-3	Spicebush Trail	Huntington Museum of Art	0.3 miles	Cabell	day hike	http://www.hmoa.org/pages/aa-nature.html	located behind museum
Non-Motorized I-4	Tulip Tree	Huntington Museum of Art	1 mile	Cabell	day hike	http://www.hmoa.org/pages/aa-nature.html	located behind museum
Non-Motorized I-5	YMCA-Kennedy Outdoor Rec. Trail	Huntington YMCA	1 mile	Cabell	day hike & mtn. biking	huntingtonymca.org/kennedy_facilities.php	Pool, walking trail, exercise facility for members

FAYETTE COUNTY, WV

Existing Trails



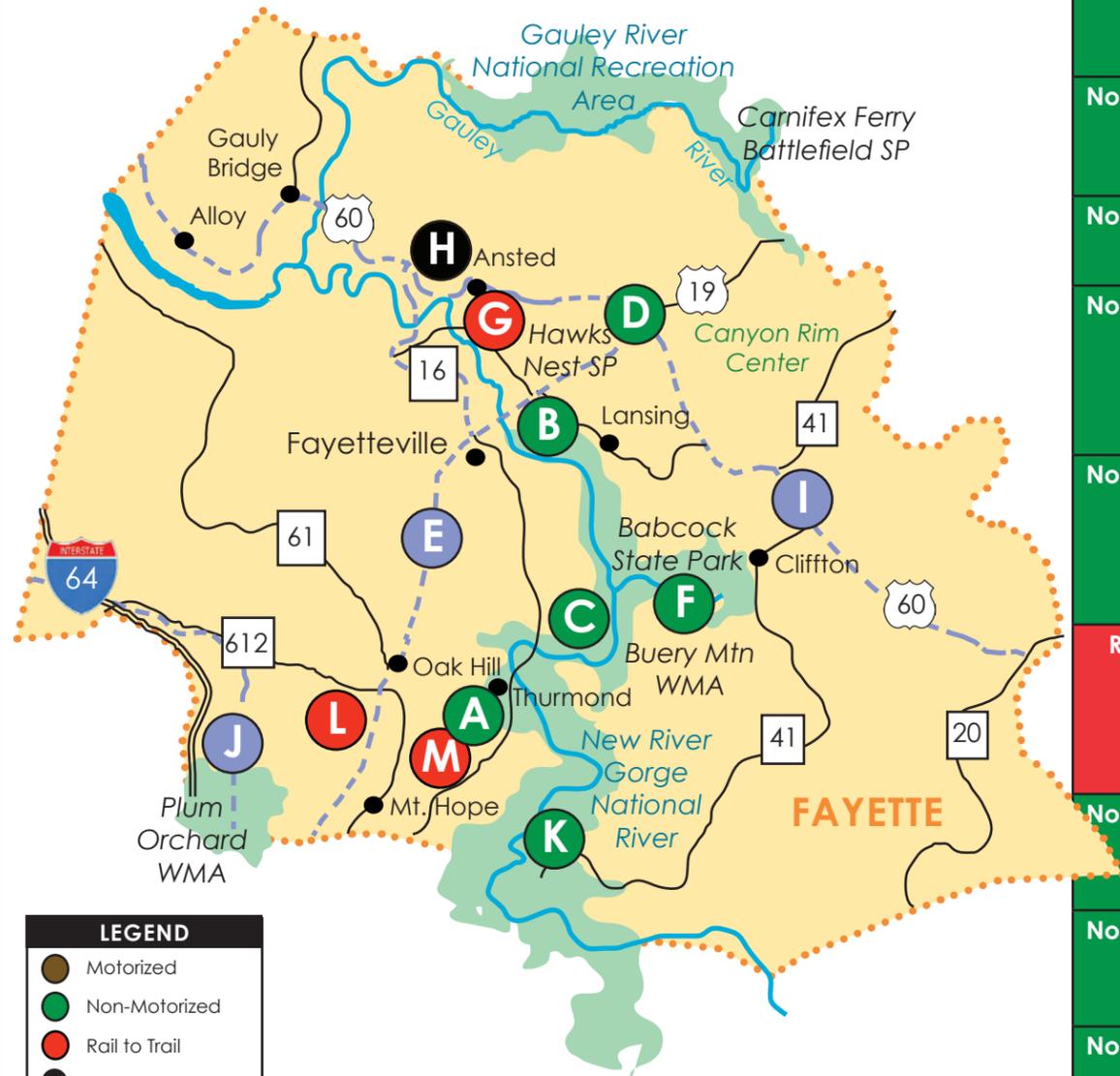
LEGEND	
	Motorized
	Non-Motorized
	Rail to Trail
	Roadside Trail
	Blueway
	Byways/Backways



TYPE	NAME OF TRAIL	LAND MANAGER	LENGTH	LOCATION	USERS	WEBSITE*	DESCRIPTION
Non-Motorized A1	Arbuckle Connector Trail	New River Gorge National River	0.2 miles	Fayette	Day Hike	nps.gov/neri/planyourvisit/hiking.htm (MAP) nps.gov/neri/planyourvisit/upload/Trail-newsletter-2009c.pdf	This trail has steep & rocky terrain making it difficult. It passes an abandoned coke ovens & other stonework from an abandoned turn-of-the-century coal mining operation.
Non-Motorized B1	Bridge Trail	NPS-New River Gorge	0.7 miles	Fayette	Day Hike	nps.gov/neri/planyourvisit/hiking.htm (MAP) nps.gov/neri/planyourvisit/upload/Trail-newsletter-2009c.pdf	
Non-Motorized C1	Brooklyn Mine Trail	NPS-New River Gorge	2.7 miles	Fayette	Day Hike & Mtn Biking	nps.gov/neri/planyourvisit/hiking.htm (MAP) nps.gov/neri/planyourvisit/upload/Trail-newsletter-2009c.pdf	
Non-Motorized B2	Burnwood Nature Trail	NPS-New River Gorge	1.2 miles	Fayette	Day Hike	nps.gov/neri/planyourvisit/hiking.htm (MAP) nps.gov/neri/planyourvisit/upload/Trail-newsletter-2009c.pdf	
Non-Motorized B3	Butcher Branch Trail	New River Gorge National River	0.7 miles	Fayette	Hiking & Biking	nps.gov/neri/planyourvisit/hiking.htm (MAP) nps.gov/neri/planyourvisit/upload/Trail-newsletter-2009c.pdf	
Non-Motorized B4	Canyon Rim Boardwalk	New River Gorge National River	0.1 miles	Fayette		nps.gov/neri/planyourvisit/hiking.htm (MAP) nps.gov/neri/planyourvisit/upload/Trail-newsletter-2009c.pdf	Descends into the gorge on a wooden boardwalk. Has 2 observation decks with view of longest steel arch span and the gorge. Accessible ramp with access to upper observation deck.
Non-Motorized A2	Church Loop Trail	NPS-New River Gorge	0.2 miles	Fayette	Day Hike & Mtn Biking	nps.gov/neri/planyourvisit/hiking.htm (MAP) nps.gov/neri/planyourvisit/upload/Trail-newsletter-2009c.pdf	
Non-Motorized D1	Cliffside Trail	Hawks Nest SP	2 miles	Fayette	Day Hike	hawksnestsp.com/recreation.htm	Trail offers excellent opportunity for exam of geology and New River forest ecosystem. Trail is average in difficulty with some steep slopes and sturdy shoes recommended.
Byways/Backways E	Coal Heritage Trail National Scenic Byway		157 miles	Fayette, McDowell, Wyoming, Mercer, Raleigh	Driving tour	byways.org/explore/byways/10346	Showcases remarkable industrial heritage. History & culture of coal industry and its impact. Coal company towns to reclaimed mining lands.
Non-Motorized B5	Craig Branch Trail	New River Gorge National River	2.3 Miles	Fayette		nps.gov/neri/planyourvisit/hiking.htm (MAP) nps.gov/neri/planyourvisit/upload/Trail-newsletter-2009c.pdf	
Non-Motorized B6	Endless Wall Trail	New River Gorge National River	2.2 miles	Fayette	Day Hike	newriverwv.com/recreation_hiking_trails_endles_wall_trail.php (MAP) nps.gov/neri/planyourvisit/upload/Trail-newsletter-2009c.pdf	Trail along unbroken cliff line that follows the rim of the New River Gorge. Incredible panoramas.
Non-Motorized B7	Fayette Co. Park Trails	Fayette Co. Park	10 miles	Fayette	Day Hike & Mtn Biking	wvexp.com/indix.php/Fayette_County_Park	

FAYETTE COUNTY, WV

Existing Trails continued



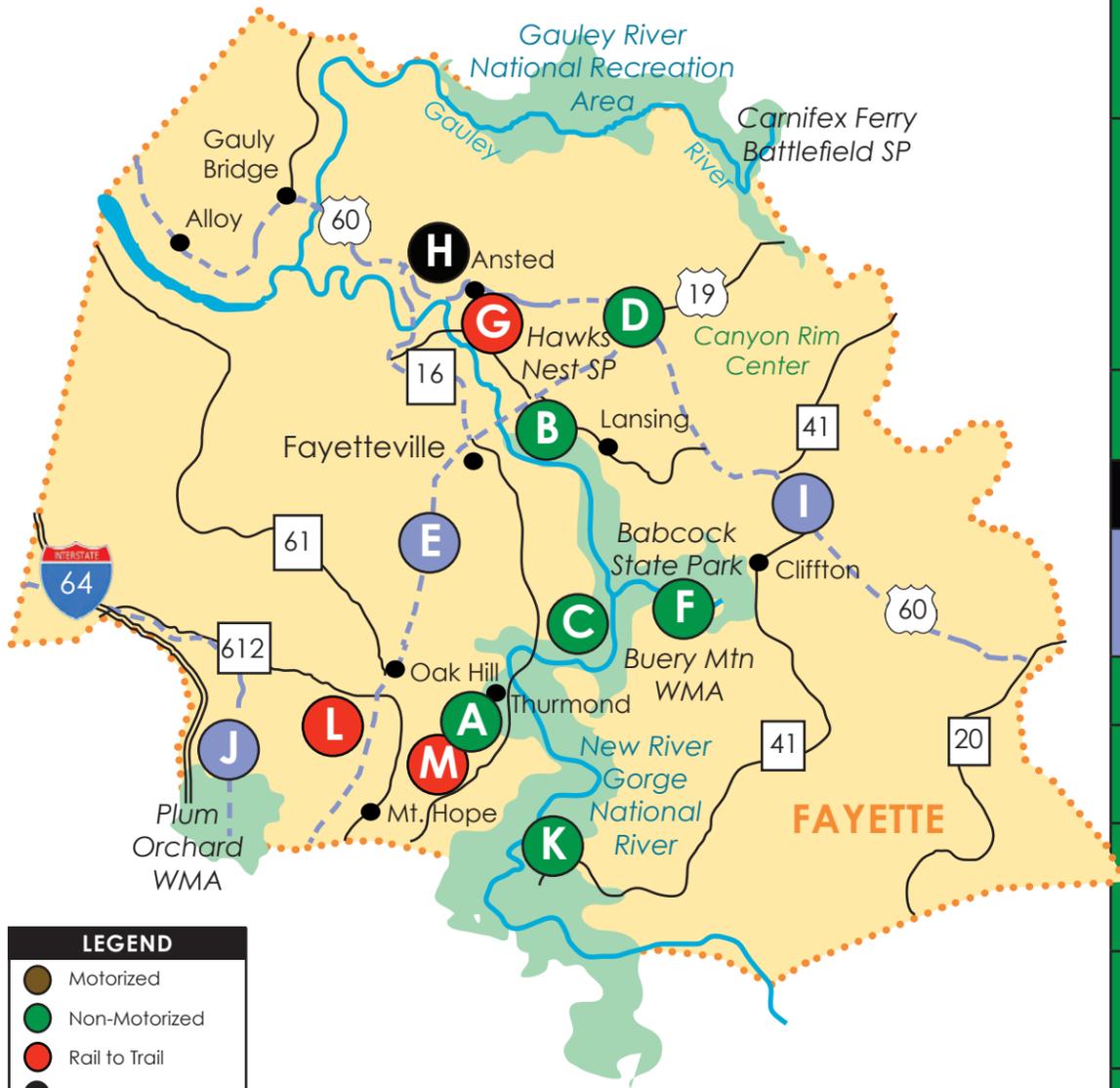
LEGEND	
	Motorized
	Non-Motorized
	Rail to Trail
	Roadside Trail
	Blueway
	Byways/Backways



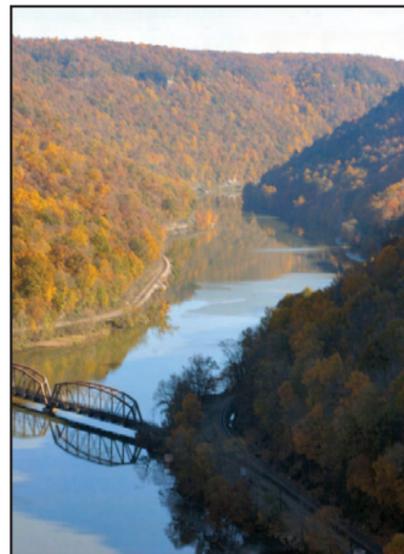
TYPE	NAME OF TRAIL	LAND MANAGER	LENGTH	LOCATION	USERS	WEBSITE*	DESCRIPTION
Non-Motorized B8	Fayetteville Trail	New River Gorge National River	3.9 miles	Fayette	Day Hike & Mtn. Biking	nps.gov/neri/planyourvisit/hiking.htm (MAP) nps.gov/neri/planyourvisit/upload/Trail-newsletter-2009c.pdf	Made up of many trails. Most popular Fayetteville Town Park. Access to playground, paved walking track, baseball-softball field
Non-Motorized D2	Fisherman's Trail	Hawks Nest SP	1 mile	Fayette	Day Hike	hawksnestsp.com/recreation.htm	Start at public boaters access. Trail provides access for fishing & vantage points to see Hawks Nest Dam.
Non-Motorized F1	Fisherman's Trail	Babcock SP	2 miles	Fayette	Day Hike	babcocksp.com/recreation.html (MAP) babcocksp.com/babcock.pdf	Short trail following river edge. Fishing, view of dam.
Non-Motorized B9	Glade Creek Trail	New River Gorge National River	10.3 miles	Fayette	Day Hike	nps.gov/neri/planyourvisit/hiking.htm (MAP) nps.gov/neri/planyourvisit/upload/Trail-newsletter-2009c.pdf	Sections are old railbed. See www.wvrtc.org/trails/index.html . Hemlock forests and thickets of rhododendron along with numerous waterfalls mark this trail.
Non-Motorized D3	GYSP Trail	Hawks Nest SP	1.5 miles	Fayette	Day Hike	hawksnestsp.com/recreation.htm	Provides an excellent hike to the river through a beautiful mature forest. Hikers can purchase a pass on tramway to hitch-hike back up mtn. Great place to view wildlife.
Rail-to-Trail G	Hawks Nest Rail-Trail	Town of Ansted Rail-to-Trail	1.8 miles	Fayette	Day Hike	hawksnestsp.com/recreation.htm	One way trail is an easy walking, gravel trail featuring two trestles & many waterfall vantage points. Great place for a stroll or connect to the river via bike.
Non-Motorized B10	Junkyard Trail	New River Gorge National River	0.2 miles	Fayette	Day hike	nps.gov/neri/planyourvisit/hiking.htm (MAP) nps.gov/neri/planyourvisit/upload/Trail-newsletter-2009c.pdf	
Non-Motorized B11	Kates Falls Trail	New River Gorge National River	0.1 miles	Fayette	Day Hike	nps.gov/neri/planyourvisit/hiking.htm (MAP) nps.gov/neri/planyourvisit/upload/Trail-newsletter-2009c.pdf	View scenic Kates Falls while hiking on steep, rocky trail to connect to Kates Plateau Trail.
Non-Motorized B12	Kates Plateau Trail	New River Gorge National River	4.9 Miles	Fayette	Day Hike	nps.gov/neri/planyourvisit/hiking.htm (MAP) nps.gov/neri/planyourvisit/upload/Trail-newsletter-2009c.pdf	Beautiful experience following a old logging road through the woods. Wetlands found just off the trail.
Non-Motorized B13	Kaymoor Miners Trail	New River Gorge National River	0.6 miles	Fayette	Day Hike	nps.gov/neri/planyourvisit/hiking.htm (MAP) nps.gov/neri/planyourvisit/upload/Trail-newsletter-2009c.pdf	Harshes trail as it descends 1,000 ft down the face of the gorge. Great views of the gorge along with old mining ruins & coke ovens.
Non-Motorized C2	Kaymoor Trail	New River Gorge National River	8.3 miles	Fayette	Day Hike & Mtn Biking	nps.gov/neri/planyourvisit/hiking.htm (MAP) nps.gov/neri/planyourvisit/upload/Trail-newsletter-2009c.pdf	Sections are old railbed. See www.wvrtc.org/trails/index.html . Trail leads down to coke ovens along with the ruins of town's mining past.
Non-Motorized B14	Keeneys Creek RR Trail	New River Gorge National River	3.3 miles	Fayette		nps.gov/neri/planyourvisit/hiking.htm (MAP) nps.gov/neri/planyourvisit/upload/Trail-newsletter-2009c.pdf	
Non-Motorized F2	Lakeview Trail	Babcock SP	1 mile	Fayette	Day Hike	babcocksp.com/recreation.html (MAP) babcocksp.com/babcock.pdf	

FAYETTE COUNTY, WV

Existing Trails continued



LEGEND	
	Motorized
	Non-Motorized
	Rail to Trail
	Roadside Trail
	Blueway
	Byways/Backways



TYPE	NAME OF TRAIL	LAND MANAGER	LENGTH	LOCATION	USERS	WEBSITE*	DESCRIPTION
Non-Motorized B15	Long Point Trail	New River Gorge National River	1.6 miles	Fayette	Day Hike & Mtn Biking	nps.gov/neri/planyourvisit/hiking.htm (MAP) nps.gov/neri/planyourvisit/upload/Trail-newsletter-2009c.pdf	Hiking here is not recommended for those afraid of heights! Large rock outcropping with the best view of the Gorge. Caution should be used.
Non-Motorized D4	Lover's Leap Trail	Hawks Nest SP	0.3 miles	Fayette	Day Hike	hawksnestsp.com/recreation.htm	Starts at the tram upper station and travels down a steep grade of wood steps and a series of grade changes to a rock outcropping. Trail is rigorous exercise traveling along uneven wood and rock surfaces.
Non-Motorized F3	Manns Creek Gorge	Babcock SP	2 miles	Fayette	Day Hike	babcocksp.com/recreation.html (MAP) babcocksp.com/babcock.pdf	
Roadside Trail H	Midland Trail Bikeway		1.7 miles	Fayette	Road Bikes		
Byways/Backways I	Midland Trail National Scenic Byway		138 miles	Fayette, Kanawha, Cabell & other		midlandtrail.com	
Non-Motorized F4	Mountain Health Trail	Babcock SP	0.3 miles	Fayette	Day Hike	gis.wvdot.com/gti/Trails/trail_usg_pdfs/Fayette.pdf	
Non-Motorized F5	Narrow Gauge Trail	Babcock SP	3.5 miles	Fayette	Day Hike & Mtn Biking	babcocksp.com/recreation.html babcocksp.com/babcock/pdf	Sections are old railbed. See www.wvrtc.org/trails/index.html
Non-Motorized C3	New River Bridge	NPS-New River Gorge (Kaymoor Area)	1.6 miles	Fayette	Day Hike	nps.gov/neri/planyourvisit/hiking.htm (MAP) nps.gov/neri/planyourvisit/upload/Trail-newsletter-2009c.pdf	
Non-Motorized B16	Nuttall Mine Trail	New River Gorge National River	0.4 miles	Fayette		nps.gov/neri/planyourvisit/hiking.htm (MAP) nps.gov/neri/planyourvisit/upload/Trail-newsletter-2009c.pdf	coalcampususa.com/sowv/river/nuttalburg/nutalburg.htm
Non-Motorized B17	Nuttallburg Tipple Trail	New River Gorge National River	0.4 miles	Fayette		nps.gov/neri/planyourvisit/hiking.htm (MAP) nps.gov/neri/planyourvisit/upload/Trail-newsletter-2009c.pdf	coalcampususa.com/sowv/river/nuttalburg/nutalburg.htm
Byways/Backways J	Paint Creek State Scenic Trail		42 miles	Fayette, Kanawha, Raleigh Co.		paintcreekscenictrail.com/	Winding its way for 44 miles through breathtaking scenery, visitors can learn about the natural, historic, and cultural heritage of Paint Creek
Non-Motorized B18	Polls Plateau Trail	New River Gorge	4.5 miles	Fayette	Day Hike	nps.gov/neri/planyourvisit/hiking.htm (MAP) nps.gov/neri/planyourvisit/upload/Trail-newsletter-2009c.pdf	Cross several creeks on this looped trail. Passes through an upland forest and past an old farm. Places where trail becomes ambiguous. Topo maps are recommended.
Non-Motorized F6	Rocky Trail	Babcock SP	0.5 miles	Fayette	Day Hike	babcocksp.com/recreation.html babcocksp.com/babcock/pdf	

FAYETTE COUNTY, WV

Existing Trails continued



LEGEND	
	Motorized
	Non-Motorized
	Rail to Trail
	Roadside Trail
	Blueway
	Byways/Backways

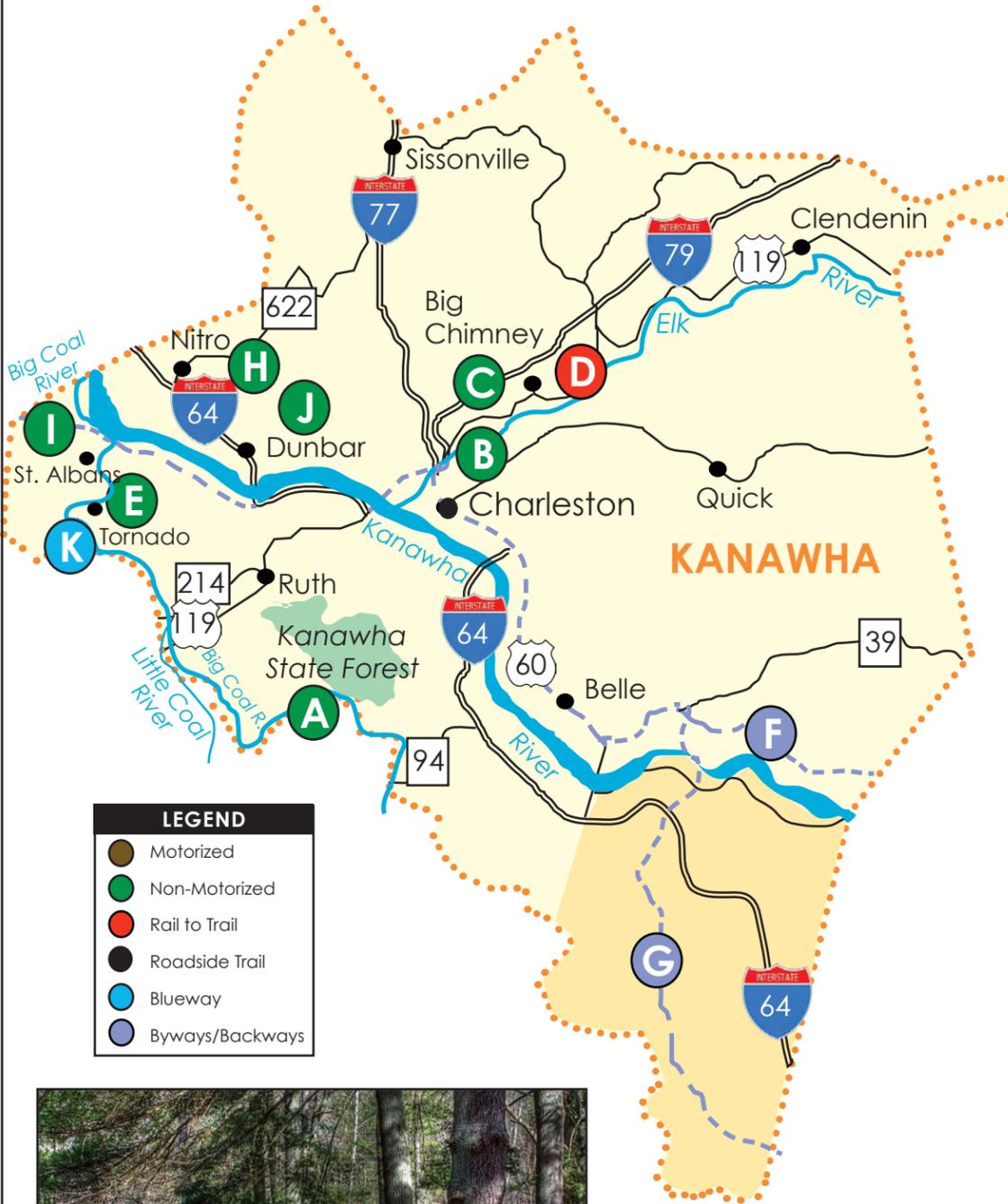


TYPE	NAME OF TRAIL	LAND MANAGER	LENGTH	LOCATION	USERS	WEBSITE*	DESCRIPTION
Non-Motorized F7	Skyline Trail	Babcock SP	2 miles	Fayette	Day Hike	babcocksp.com/recreation.html babcocksp.com/babcock/pdf	
Non-Motorized A3	South Side Junction Trail	New River Gorge	5.2 miles	Fayette	Day Hike & Mtn Biking	nps.gov/neri/planyourvisit/hiking.htm (MAP) nps.gov/neri/planyourvisit/upload/Trail-newsletter-2009c.pdf	Sections are old railbed. See www.wvrtc.org/trails/index.html Most popular mountain bike trail within the park and is a favorite with hikers and fishermen. Never more than 100 yards from the river, this trail follows an abandoned railroad line along the left bank of the new River below the town of Thurmond. Pay attention to railroad ties and roots.
Non-Motorized K	Stone Cliff Trail	New River Gorge	2.8 miles	Fayette	Day Hike & Mtn Biking	nps.gov/neri/planyourvisit/hiking.htm (MAP) nps.gov/neri/planyourvisit/upload/Trail-newsletter-2009c.pdf	Fairly rugged trail offers bountiful hiking and biking as it straddles the banks of the New River. It is an old roadbed and offers its own challenges.
Non-Motorized F8	Wilderness Trail	Babcock SP	2.5 miles	Fayette	Day Hike	babcocksp.com/recreation.html babcocksp.com/babcock/pdf	
Non-Motorized B19	Timber Ridge Trail	New River Gorge	0.9 miles	Fayette		nps.gov/neri/planyourvisit/hiking.htm (MAP) nps.gov/neri/planyourvisit/upload/Trail-newsletter-2009c.pdf	Moderate hiking/biking trail along an old roadbed provides access to Wolf Creek.
Rail-To-Trail L	White Oak Rail-Trail		7 miles	Fayette			
Rail-To-Trail M	Thurmond-Minden Rail Trail	New River Gorge	3.4 miles	Fayette	Day Hike & Mtn Biking	nps.gov/neri/planyourvisit/hiking.htm (MAP) nps.gov/neri/planyourvisit/upload/Trail-newsletter-2009c.pdf	See www.wvrtc.org/trails/index.html Easy grade and wide smooth trail. Great for hikers and a great start for beginning mountain bikers. Good views of Dunloup Creek, the New River and historic community of Thurmond.

KANAWHA COUNTY, WV

Existing Trails

This map reflects all existing trails within the County of Kanawha not just those in the NHCA area.

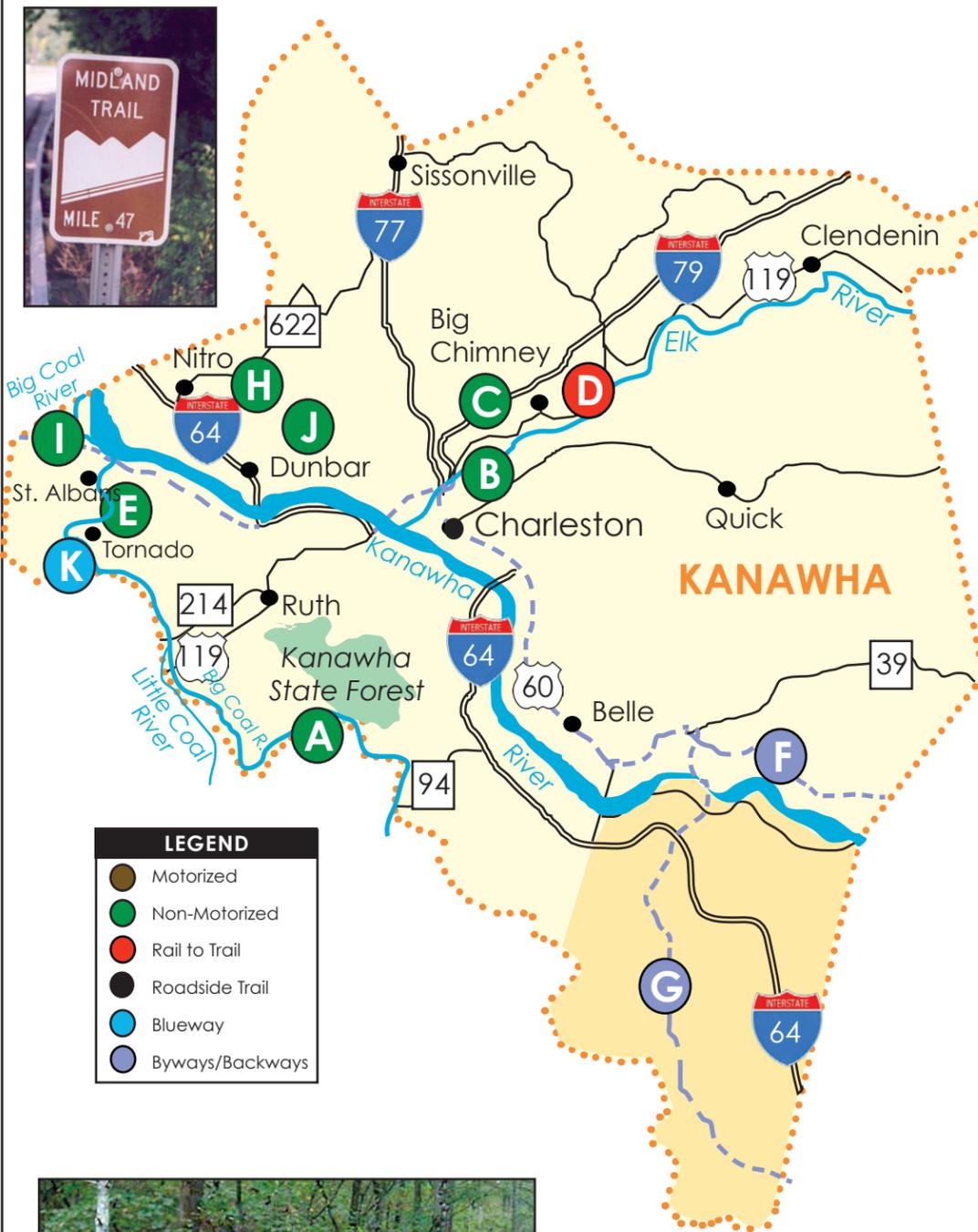


Map creation and trail details compiled by WMTH Corporation
www.trailsrus.com

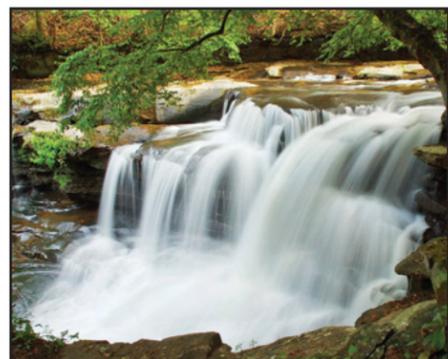
TYPE	NAME OF TRAIL	LAND MANAGER	LENGTH	LOCATION	USERS	WEBSITE*	DESCRIPTION
Non-Motorized A1	#1 Store	Kanawha State Forest	0.3 miles	Kanawha	day hike, mtn biking	kanawhastateforest.com/hiking.html (MAP) kanawhastateforest.com/kanawhastate.pdf	Short trail starting near the bathhouse in the campground and ending on Pine Ridge Trail. Non campers park at campground entrance & hike to this trail. Moderate.
Non-Motorized A2	Alligator Rock Trail	Kanawha State Forest	0.5 miles	Kanawha	day hike, mtn biking	kanawhastateforest.com/hiking.html (MAP) kanawhastateforest.com/kanawhastate.pdf	Steep trail beginning on Shrewsbury Hollow Road above the pool and ending on Middle Ridge Rd. Moderate to difficult.
Non-Motorized A3	Ballard	Kanawha State Forest	1.5 miles	Kanawha	day hike, mtn biking	kanawhastateforest.com/hiking.html (MAP) kanawhastateforest.com/kanawhastate.pdf	
Non-Motorized I3	Barnette Conservation Preserve Trail	Barnette Conservation Preserve	1+ miles	Kanawha	day hike, biking, equestrian	(INFO & MAP) www.coalrivergroup.com/P/3/Barnette_Preserve.aspx	Trail built by the volunteers of the Coal River Group. www.coalrivergroup.com
Non-Motorized A4	Beech Glen Trail	Kanawha State Forest	1.5 miles	Kanawha	day hike, mtn biking	kanawhastateforest.com/hiking.html (MAP) kanawhastateforest.com/kanawhastate.pdf	Starts in Polly Hollow and ascends to Wildcat Ridge Trail. Moderate.
Non-Motorized A5	Black Bear Mountain Bike Trail	Kanawha State Forest	1 mile	Kanawha	day hike, mtn biking	kanawhastateforest.com/hiking.html (MAP) kanawhastateforest.com/kanawhastate.pdf	
Non-Motorized A6	CCC Snipe Trail	Kanawha State Forest	0.8 miles	Kanawha	day hike, mtn biking	kanawhastateforest.com/hiking.html (MAP) kanawhastateforest.com/kanawhastate.pdf	Interpretive trail starts at the group camp area behind the pool and ends at Shrewsbury Hollow and Mossy Rock Trail. Easy.
Non-Motorized B1	Charleston Riverfront Trail	Charleston Parks & Rec	5 miles	Kanawha	day hike, mtn biking	cityofcharleston.org/government/city-departments/parks-recreation	
Non-Motorized B2	Coonskin Fitness Trail	Kanawha Co. Parks & Rec	1 mile	near Charleston, Kanawha Co	Day hike, fitness	www.kcprc.com maps are available at park	Located at Coonskin Park
Non-Motorized C1	Coonskin Nature Trail	Kanawha Co. Parks & Rec	1.5 miles	Big Chimney Kanawha Co	day hike, inter. center	www.kcprc.com maps are available at park	Located at Coonskin Park
Non-Motorized C2	Cougar Trail	Kanawha Co. Parks & Rec	1.4 miles	Coonskin Kanawha Co	day hike	www.kcprc.com maps are available at park	Located at Coonskin Park with portions crossing onto private land.
Non-Motorized C3	Cub Trail	Kanawha Co. Parks & Rec	0.4 miles	Coonskin Kanawha Co	day hike	www.kcprc.com maps are available at park	Located at Coonskin Park
Non-Motorized C4	Davis Creek	Kanawha Co. Parks & Rec	2.5 miles	Coonskin Kanawha Co	day hike, mtn biking	kanawhastateforest.com/hiking.html (MAP) kanawhastateforest.com/kanawhastate.pdf	
Rail to Trail D	Elk River Rail to Trail	Kanawha Co. Parks & Rec	1 miles	Kanawha	day hike, mtn biking	wvrtc.org/trails/index.html Maps available at park	
Non-Motorized C5	Fern Trail	Kanawha Co. Parks & Rec	0.2 miles	Coonskin Kanawha Co	day hike	www.kcprc.com maps are available at park	Located at Coonskin Park
Non-Motorized C6	Fire Trail	Kanawha Co. Parks & Rec	0.7 miles	Coonskin Kanawha Co	day hike	www.kcprc.com maps are available at park	Located at Coonskin Park
Non-Motorized E	Fitness Greenway Trail	City of Tornado		Meadow Wood Park	day hike, handicap accessible	(INFO) www.kcprc.com/meadowood_park.htm (no map)	Riverfront walking trail built by Coal River Group volunteers

KANAWHA COUNTY, WV

Existing Trails - Continued



Davis Creek Trail



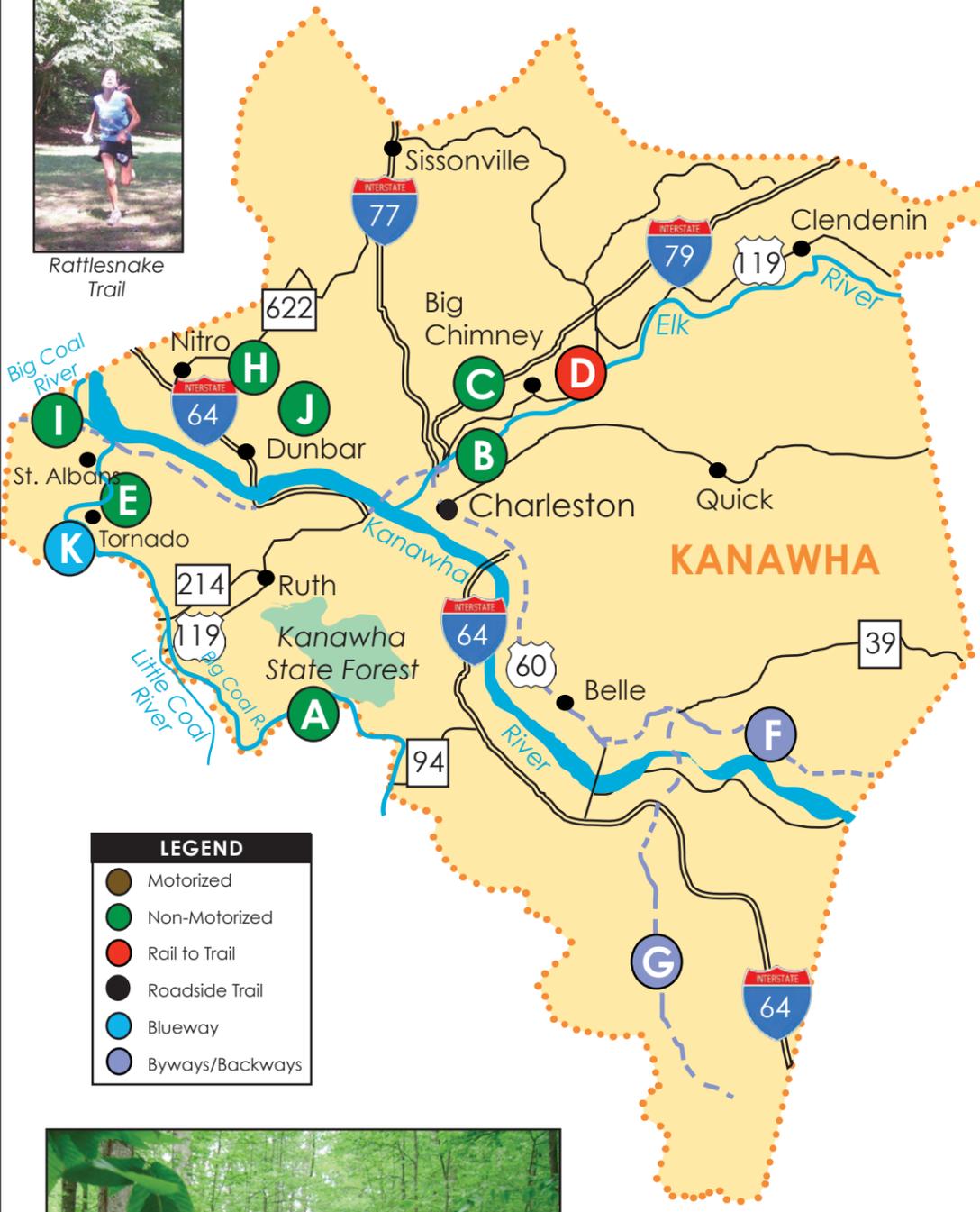
TYPE	NAME OF TRAIL	LAND MANAGER	LENGTH	LOCATION	USERS	WEBSITE*	DESCRIPTION
Non-Motorized B3	Garden Trail of the Five Senses	Charleston Parks & Rec	0.5 miles	Kanawha	day hike	cityofcharleston.org/government/city-departments/park-recreation	
Non-Motorized A7	Hemlock Falls Trail	Kanawha State Forest	0.8 miles	Kanawha	day hike, mtn biking	kanawhastateforest.com/hiking.html (MAP) kanawhastateforest.com/kanawhastate.pdf	follows an old gas well road out of Polly Hollow to Boundary Rd. Moderate difficulty.
Non-Motorized C7	Hemlock Trail	Kanawha State Forest	0.5 miles	Kanawha	day hike	kcprc.com Maps available at the park	Located in Coonskin Park
Non-Motorized A8	Johnson Hollow Trail	Kanawha State Forest	0.8 miles	Kanawha	day hike, mtn biking	kanawhastateforest.com/hiking.html (MAP) kanawhastateforest.com/kanawhastate.pdf	Trail starts behind Shelter #7 and ends at Middle Ridge Rd.. Easy to moderate.
Non-Motorized A9	Lindy Trail	Kanawha State Forest	0.5 miles	Kanawha	day hike, cross county skiing	kanawhastateforest.com/hiking.html (MAP) kanawhastateforest.com/kanawhastate.pdf	Steep trail ascends from the shooting range road up to Middle Ridge Rd. near the top of Alligator Rock Trail. Moderate to difficult.
Non-Motorized A10	Logtown Hollow Trail	Kanawha State Forest	0.8 miles	Kanawha	day hike	kanawhastateforest.com/hiking.html (MAP) kanawhastateforest.com/kanawhastate.pdf	Begins behind Shelter#3 and ends of Middle Ridge Road. Easy to moderate.
Non-Motorized A11	Mary Draper Ingles Trail	Mary Ingles Trail Blazers/WV Scenic Trails Assoc.	10 miles	Kanawa - being developed	Majority is still under development	maryinglestrailblazers.homestead.com/index.html (MAP) kanawhastateforest.com/kanawhastate.pdf	
Non-Motorized A12	Middle Ridge Trail	Kanawha State Forest	3 miles	Kanawha	Day hike, mtn biking	kanawhastateforest.com/hiking.html (MAP) kanawhastateforest.com/kanawhastate.pdf	
Byways & Backways F	Midland Trail National Scenic Byway		138 miles	Kanawha, Cabell, Fayette and other co.	Driving Tour	www.midlandtrail.com	
Non-Motorized A13	Mossy Ridge Trail	Kanawha State Forest	0.8 miles	Kanawha	day hike, mtn biking	kanawhastateforest.com/hiking.html (MAP) kanawhastateforest.com/kanawhastate.pdf	
Non-Motorized A14	Mossy Rock Trail	Kanawha State Forest	0.8 miles	Kanawha	day hike, mtn biking	kanawhastateforest.com/hiking.html (MAP) kanawhastateforest.com/kanawhastate.pdf	
Non-Motorized B4	Northgate Business Park	Charleston Parks & Rec	0.8 miles	Kanawha	day hike, mtn biking		
Non-Motorized A15	Oak Rock Trail	Kanawha State Forest	1.5 miles	Kanawha	day hike, mtn biking	kanawhastateforest.com/hiking.html (MAP) kanawhastateforest.com/kanawhastate.pdf	
Non-Motorized C8	Oak Trail	Kanawha Co. Parks & Rec	0.3 miles	Kanawha	day hike	kcprc.com Maps available at Park	Located in Coonskin Park
Non-Motorized A16	Overlook Rock Trail	Kanawha State Forest	1.5 miles	Kanawha	day hike	kanawhastateforest.com/hiking.html (MAP) kanawhastateforest.com/kanawhastate.pdf	Steep trail starts just south of the pool and ends in #2 Store Hollow. Follow blazes. Follows an access road then south. Moderate to difficult.

KANAWHA COUNTY, WV

Existing Trails - Continued



Rattlesnake Trail



LEGEND	
	Motorized
	Non-Motorized
	Rail to Trail
	Roadside Trail
	Blueway
	Byways/Backways



Hemlock Trail



Kanawha Parks & Rec

TYPE	NAME OF TRAIL	LAND MANAGER	LENGTH	LOCATION	USERS	WEBSITE*	DESCRIPTION
Byways & Backways G	Paint Creek State Scenic Byway		42 miles	Kanawha, Raleigh, Fayette	Driving Tour		
Non-Motorized A17	Pigeon Roost Trail	Kanawha State Forest	0.8 miles	Kanawha	day hike, mtn biking	Not listed on website	
Non-Motorized A18	Pine Ridge Trail to Dunlap Hollow	Kanawha State Forest	1.5 miles	Kanawha	day hike, mtn biking	kanawhastateforest.com/hiking.html (MAP) kanawhastateforest.com/kanawhastate.pdf	
Non-Motorized A19	Polecat Trail	Kanawha State Forest	1.5 miles	Kanawha	day hike, mtn biking	kanawhastateforest.com/hiking.html (MAP) kanawhastateforest.com/kanawhastate.pdf	
Non-Motorized A20	Polly Trail	Kanawha State Forest	1.5 miles	Kanawha	day hike, mtn biking	kanawhastateforest.com/hiking.html (MAP) kanawhastateforest.com/kanawhastate.pdf	Starts in Dunlop Hollow Picnic Area. Moderate with steep sections.
Non-Motorized A21	Rattlesnake Trail	Kanawha State Forest	1 mile	Kanawha	day hike, mtn biking	kanawhastateforest.com/hiking.html (MAP) kanawhastateforest.com/kanawhastate.pdf	Starts near main road at mouth of Rattlesnake Hollow. Moderate to difficult.
Non-Motorized H	Ridenour Lake	Ridenour Park	1 mile	City of Nitro, Kanawha	day hike	Nitro Ridenour Park (304) 755-0705	Along with walking trail, there is a playground and picnic area.
Non-Motorized A22	Rocky Ridge Trail	Kanawha State Forest	2 miles	Kanawha	day hike, mtn biking	kanawhastateforest.com/hiking.html (MAP) kanawhastateforest.com/kanawhastate.pdf	Shelter #5. Portion of the trail follows a ridgetop gas well road. Moderate with steep sections.
Non-Motorized A23	Spotted Salamander	Kanawha State Forest	1 mile	Kanawha	day hike, interpretive ADA	kanawhastateforest.com/hiking.html (MAP) kanawhastateforest.com/kanawhastate.pdf	Wheelchair accessible trail across the road from the riding stables
Non-Motorized I1	St. Albans Bike Trail	St. Albans City Park	0.5 miles	Kanawha	walking/ bicycle trail	stalbanswv.com/parks.shtml	
Non-Motorized I2	St. Albans Nature Trail	St. Albans City of Park	0.5 miles	Kanawha	day hike	stalbanswv.com/parks.shtml	
Non-Motorized A24	Teaberry Trail	Kanawha State Forest	1.5 miles	Kanawha	day hike, mtn biking	kanawhastateforest.com/hiking.html (MAP) kanawhastateforest.com/kanawhastate.pdf	
Non-Motorized A25	White Hollow Trail	Kanawha State Forest	2 miles	Kanawha	day hike, mtn biking	kanawhastateforest.com/hiking.html (MAP) kanawhastateforest.com/kanawhastate.pdf	Starts on the southern end of Davis Creek Trail and ends across from Dunlop Hollow. Moderate.
Non-Motorized A26	Wildcat Ridge Trail	Kanawha State Forest	2 miles	Kanawha	day hike, mtn biking	kanawhastateforest.com/hiking.html (MAP) kanawhastateforest.com/kanawhastate.pdf	
Non-Motorized J	Wine Cellar Nature Trail	Dunbar Parks & Rec	0.6 miles	Kanawha	day hike, interpretive, mtn biking, ADA	cityofdunbarwv.com/node/11	Trail is located in Wine Cellar Park
Water Trail K	Walhonde Water Trail	Coal River Group	88 miles	Kanawha, Boone, Lincoln	water trail	coalrivergroup.com/P/11/Walhonde_Water_Trail.aspx	Floating, fishing, GPS read by the Bring Life Back to the Coal Rivers Group.

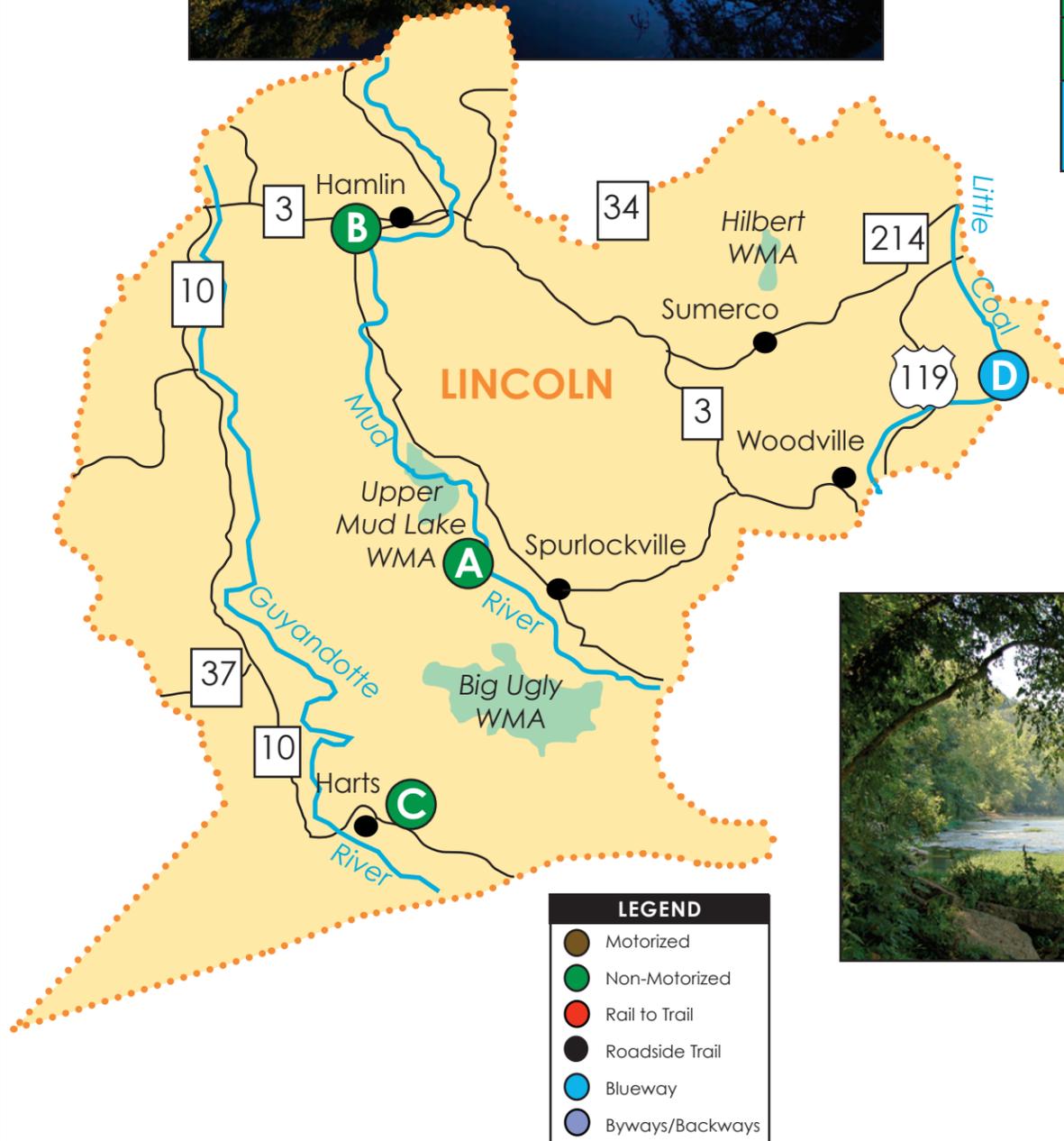
LINCOLN COUNTY, WV

Existing Trails



TYPE	NAME OF TRAIL	LAND MANAGER	LENGTH	LOCATION	USERS	WEBSITE*	DESCRIPTION
Non-Motorized A1	Boat Launch Trail	Upper Mud WMA	0.5 miles	Lincoln	Day Hike	wvdnr.gov/hunting/D5WMAareas.shtm#67d5	2 boat ramps game fish - largemouth bass, bluegill, channel catfish
Non-Motorized A2	Dog Pool Ridge Trail	Upper Mud WMA	1.2 miles	Lincoln	Day Hike	wvdnr.gov/hunting/D5WMAareas.shtm	game fish - largemouth bass, bluegill, channel catfish
Non-Motorized B1	Fitness Trail	Lincoln Primary Care Center	0.3 miles	Lincoln Co, Hamlin	Walking, Fitness Trail		
Non-Motorized B2	Hamlin Walking Track & Fitness Trail	Lions Club	0.7 miles	Lincoln Co, Hamlin	Walking, Fitness Track	lincolnprimarycare.com	
Non-Motorized C	Harts Fitness Trail	City of Harts	0.3 miles	Lincoln	Walking, Fitness Track		
Non-Motorized A3	Mid Lake Ridge Trail	Upper Mud WMA	7 miles	Lincoln	Day Hike, Backpacking	wvdnr.gov/hunting/D5WMAareas.shtm	
Non-Motorized A4	Picnic Area Trail	Upper Mud WMA	0.7 miles	Lincoln	Day Hike	wvdnr.gov/hunting/D5WMAareas.shtm	
Water Trail D	Walhonde Water Trail	Coal River Group	88 miles	Lincoln, Kanawha, Boone	Water Trail	coalrivergroup.com/P/11/Walhonde_Water_Trail.aspx	

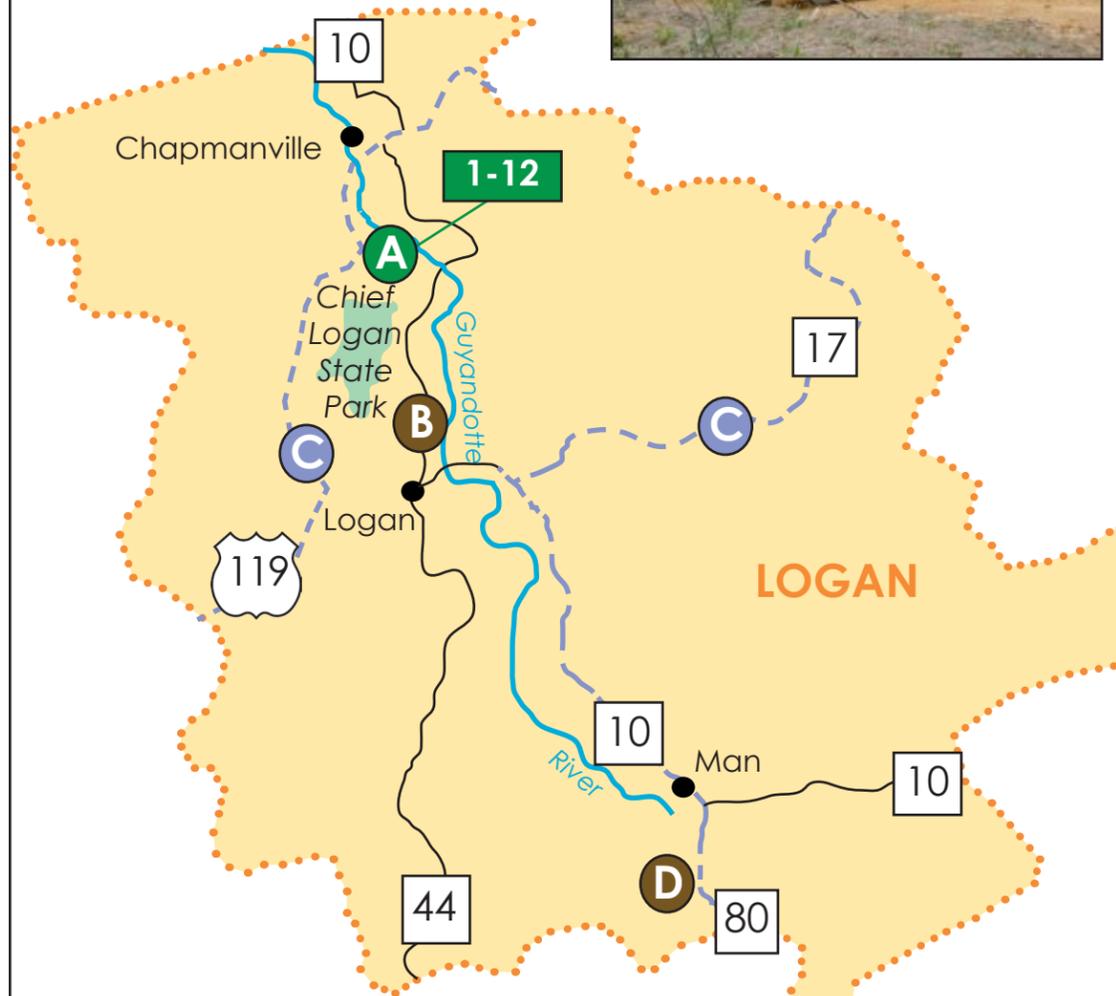
*Some of the websites provide information on the land managers of particular trails but not detailed information of the trails themselves.



LOGAN COUNTY, WV

Existing Trails

LEGEND	
	Motorized
	Non-Motorized
	Rail to Trail
	Roadside Trail
	Blueway
	Byways/Backways



TYPE	NAME OF TRAIL	LAND MANAGER	LENGTH	LOCATION	USERS	WEBSITE*	DESCRIPTION
Non-Motorized A1	Backbone	Chief Logan State Park	3.0 miles	Logan	Day Hike, Mtn Biking, Equestrian	chiefloganstatepark.com	Moderate. Starting Point near park office.
Motorized Trail B	Bearwallow Trail System	Hatfield McCoy Reg Rec Authority	67 miles	Logan	ATV & Dirtbikes	trailsheaven.com/planyourtrip/chooseatrail/bearwallow/default.aspx (MAP) trailsheaven.com/planyourtrip/chooseatrail/bearwallow/map.aspx	Known for it's difficult single track and most difficult level trails. Has direct access to food, gas and lodging in Logan.
Non-Motorized A2	Buffalo Trail	Chief Logan State Park	2.2 miles	Logan	Day Hike, Mtn. Biking, Equestrian	chiefloganstatepark.com	Moderate. Starting point is near shelter 1. Short but steep climb
Non-Motorized A3	Cliffside Trail	Chief Logan State Park	1.1 miles	Logan	Day Hike, Mtn Biking, Equestrian	chiefloganstatepark.com	Easy. Begins with a short climb then levels off.
Non-Motorized A4	Coal Mine Trail	Chief Logan State Park	0.8 miles	Logan	Day Hike, Mtn. Biking, Equestrian	chiefloganstatepark.com	Moderate. Follows a mine tram road passing old mine openings and tippie site. Steep drops - children must have supervision.
Byways & Backways C	Country Roads State Byway		139 miles	Logan, Mingo, Boone			
Non-Motorized A5	Fitness Trail	Chief Logan State Park	1 mile	Logan	Day Hike, Mtn. Biking, Equestrian	chiefloganstatepark.com	Multiple exercise stations set up
Non-Motorized A6	Guyandotte Beauty Trail	Chief Logan State Park	1.1 mile	Logan	Day Hike, Mtn Biking, Equestrian	chiefloganstatepark.com	Diffidult. Endangered wildflowers, abandoned coal mines
Non-Motorized A7	Lake Shore Trail	Chief Logan State Park	1.1 mile	Logan	Day Hike, Mtn Biking, Equestrian	chiefloganstatepark.com	Easy. Many spring wildflowers. Begin at lower end of the lake
Motorized D	Rockhouse Trail System	Hatfield McCoy Reg Rec Authority	89.3 miles	Logan, Mingo	ATV, Dirtbikes	trailsheaven.com/planyourtrip/chooseatrail/rockhouse/default.aspx (MAP) trailsheaven.com/planyourtrip/chooseatrail/rockhouse/map.aspx	Located between the towns of Gilbert and Man. Largest total mileage of any of the 6 Hatfield trails and offers a wide variety of trails for all difficulty levels.
Non-Motorized A8	Shawnee Trail	Chief Logan State Park	0.5 miles	Logan	Day hike, Mtn Biking, Equestrian	chiefloganstatepark.com	Easy. Start at the amphitheater. Great location for spring wildflowers.
Non-Motorized A9	Wild Turkey	Chief Logan State Park	1.3 miles	Logan	Day hike, Mtn Biking, Equestrian	chiefloganstatepark.com	Moderate. Follows an old timber road and intersects with Wilderness Trail. Construction was paid for by the Nat. Wild Turkey Federation.
Non-Motorized A10	Wilderness Trail	Chief Logan State Park	6 miles	Logan	Day hike, Mtn Biking, Equestrian	chiefloganstatepark.com	Moderate. Begins at campground. Mostly easy walking but due to length is considered Moderate.

LOGAN COUNTY, WV

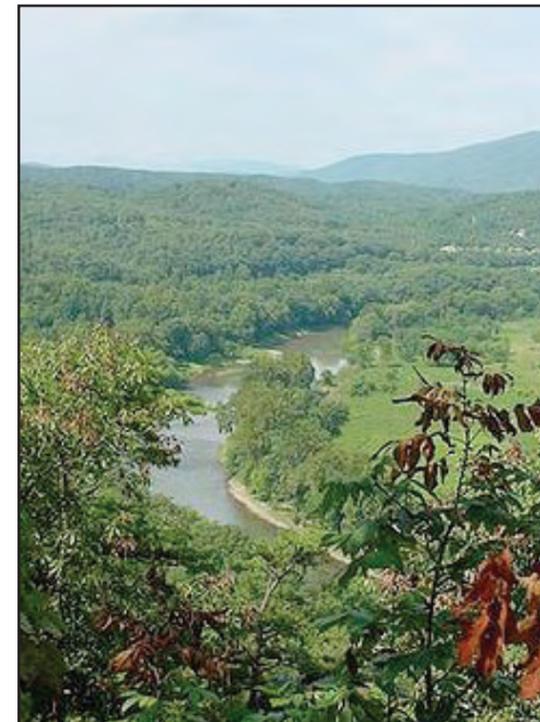
Existing Trails - Continued

LEGEND	
	Motorized
	Non-Motorized
	Rail to Trail
	Roadside Trail
	Blueway
	Byways/Backways



TYPE	NAME OF TRAIL	LAND MANAGER	LENGTH	LOCATION	USERS	WEBSITE*	DESCRIPTION
Non-Motorized A11	Woodpecker Trail	Chief Logan State Park	2.3 miles	Logan	Day hike, Mtn Biking, Equestrian	chiefloganstatepark.com	Easy. Begin at the first parking area on the right after the park office. Many spring wildflowers can be found here.
Non-Motorized A12	Waterfall Trail	Chief Logan State Park	0.8 miles	Logan	Day hike, Mtn Biking, Equestrian	chiefloganstatepark.com	Moderate. Begins at the first bridge on the left after the office and makes a loop. During the rainy season, one can see a small natural waterfall.

*Some of the websites provide information on the land managers of particular trails but not detailed information of the trails themselves.



MCDOWELL COUNTY, WV

Existing Trails

LEGEND	
	Motorized
	Non-Motorized
	Rail to Trail
	Roadside Trail
	Blueway
	Byways/Backways



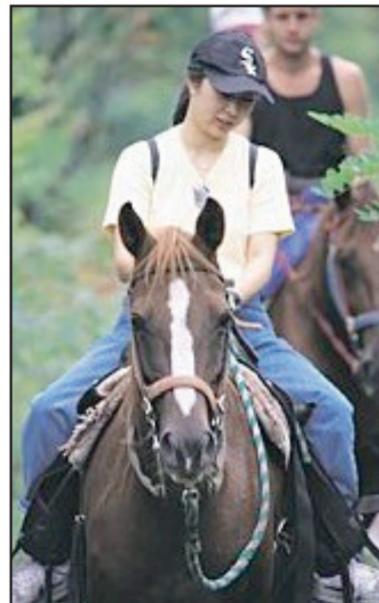
TYPE	NAME OF TRAIL	LAND MANAGER	LENGTH	LOCATION	USERS	WEBSITE*	DESCRIPTION
Motorized Trail A	Belcher Mountain Trail		4.6 miles	McDowell	ATV, dirt bikes		
Byways & Backways B	Coal Heritage Trail National Scenic Byway		157 miles	McDowell, Wyoming, Mercer, Raleigh, Fayette	Driving Tour	byways.org/explore/byways/10346	Showcases America's industrial heritage. Region commemorates the history and culture of the coal industry. Coal company towns, tipples, railroad structures and reclaimed coal lands.
Non-Motorized C1	Crane Branch	Panther WMA	0.5 miles	McDowell	day hike	pantherstateforest.com/recreation.html (MAP) pantherstateforest.com/Panther_map.pdf	looped trail featuring Buzzard Roost Overlook
Non-Motorized C2	Drift Branch	Panther State Forest	1.5 miles	McDowell	day hike	pantherstateforest.com/recreation.html	Difficult. Picnic area to fire tower at forest's highest point. Oak forest. Steep grades reward hikers w/panoramic view of VA, KY, WV.
Water Trail D	Elkhorn Creek Fishing Trail	New River Gorge National River	17.6 miles	McDowell	water trail	http://sites.google.com/site/mcdowellcountywvtourism/Home/hunting-and-fishing-in-mcdowell-county/fishing-information-for-mcdowell-county	Most prolific rainbow trout stream in WV
Non-Motorized C3	Fire Tower Trail	Panther WMA	0.3 miles	McDowell	day hike	pantherstateforest.com/recreation.html (MAP) pantherstateforest.com/Panther_map.pdf	featuring a fire tower located at 2100 ft elevation
Non-Motorized C4	George's Fork Trail	Panther State Forest	0.5 miles	McDowell	day hike	mountaintravelguide.com/hiking%20trails/westvirginia/mcdowell/georgesforktrail.htm	Trail leads to Buzzard's Roost Overlook.
Non-Motorized C5	Hurricane Branch Trail	Panther State Forest	1.3 miles	McDowell	day hike	pantherstateforest.com/recreation.html	
Motorized E	Indian Ridge Trail System	Hatfield-McCoy Reg Rec Authority	120.8 miles	McDowell	ATV, dirt bikes	trailsheaven.com/planyourtrip/chooseatrail/indianridge/default.aspx (MAP) trailsheaven.com/planyourtrip/chooseatrail/indianridge/map.aspx	Has 1 trailhead with a 2-acre parking area and restrooms. Offers a nice variety of trails for all difficulty levels. Offers community access to Norfolk and Keystone.
Non-Motorized C6	Loop Trail	Panther State Forest	1.5 miles	McDowell	day hike	pantherstateforest.com/recreation.html	
Non-Motorized F	McDowell County Trail	Gary	1 mile	McDowell	day hike, mtn biking		
Non-Motorized C7	Twin Rocks	Panther State Forest	1 mile	McDowell	day hike	pantherstateforest.com/recreation.html	
Motorized G	Trail to Burke Mountain		4.6 miles	McDowell	ATV, dirt bikes		
Non-Motorized C8	White Oak Trail	Panther State Forest	1 mile	McDowell	day hike	pantherstateforest.com/recreation.html	

*Some of the websites provide information on the land managers of particular trails but not detailed information of the trails themselves.

MERCER COUNTY, WV

Existing Trails

LEGEND	
	Motorized
	Non-Motorized
	Rail to Trail
	Roadside Trail
	Blueway
	Byways/Backways



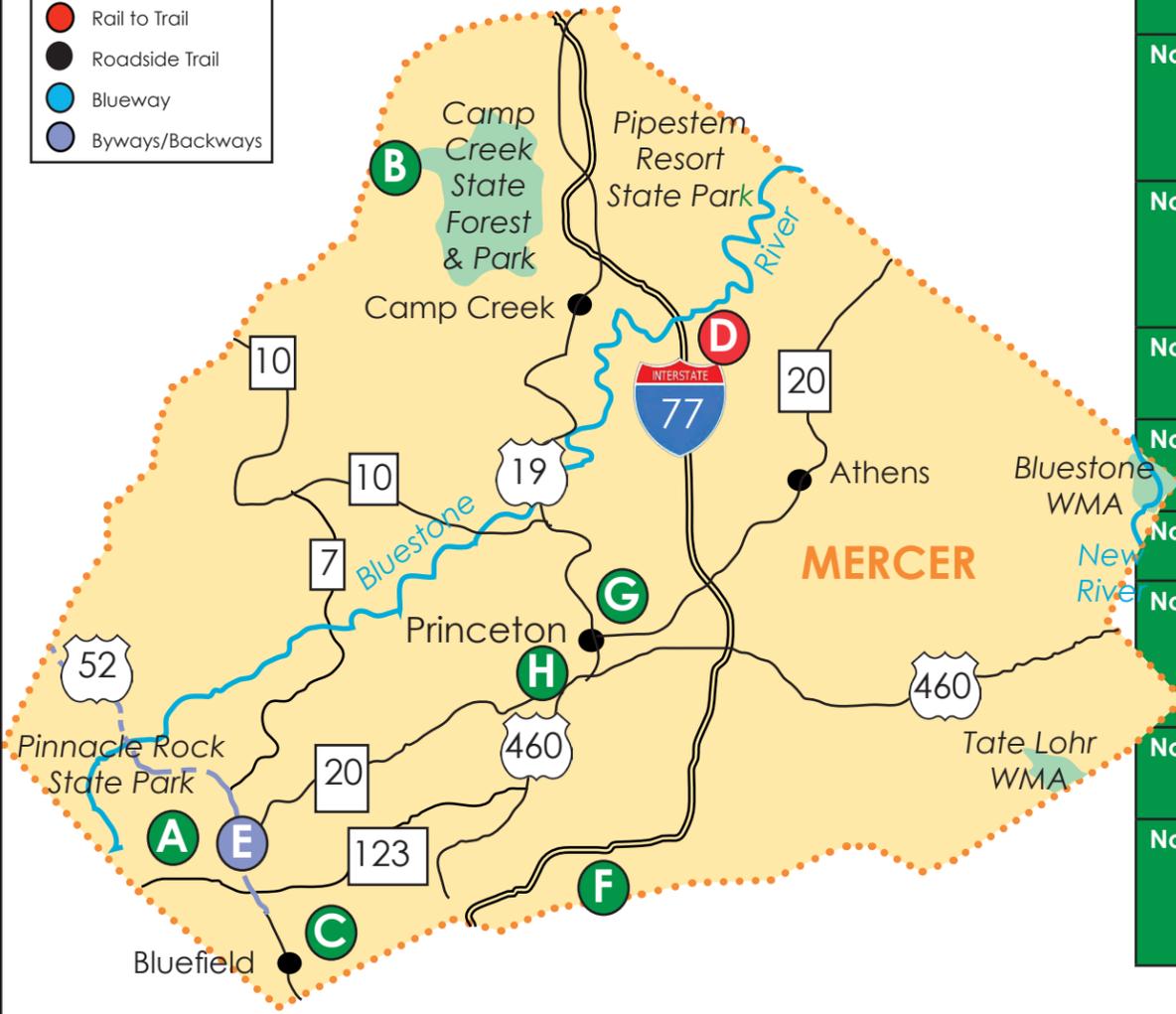
TYPE	NAME OF TRAIL	LAND MANAGER	LENGTH	LOCATION	USERS	WEBSITE*	DESCRIPTION
Non-Motorized A1	Acorn Ridge Trail	Pinnacle Rock SP	2 miles	Mercer	Day hike, mtn biking	pinnaclerockstatepark.com (MAP) pinnaclerockstatepark.com/pinnaclerock.pdf	
Non-Motorized B1	Bearwallow Road and Trail	Camp Creek SP	5 miles	Mercer	Day hike, mtn biking, equestrian	campcreekstatepark.com/recreation.html (MAP) campcreekstatepark.com/Camp%20Creek%20State%20Forest%20Trails.pdf	
Non-Motorized B2	Blue Jay Ridge Road & Trail	Camp Creek SP	1.8 miles	Mercer	day hikes	campcreekstatepark.com/recreation.html (MAP) campcreekstatepark.com/Camp%20Creek%20State%20Forest%20Trails.pdf	
Non-Motorized B3	Blue Jay Spur Trail	Camp Creek SP	0.7 miles	Mercer	day hikes	campcreekstatepark.com/recreation.html (MAP) campcreekstatepark.com/Camp%20Creek%20State%20Forest%20Trails.pdf	
Non-Motorized C1	Bluefield City Park Hiking & Biking Trail	Bluefield Parks & Rec	5.5 miles	Mercer	day hikes, mtn biking, bicycling	cityofbluefield.com/index.php?option=com_content&task=view&id=64&Itemid=72	
Rail to Trail D	Brush Creek Falls Rail to Trail	Nature Conservancy of WV	1.9 miles	Mercer	Day Hike		
Non-Motorized B4	Camp Creek SP & Forest Trail System	Camp Creek SP	40 miles	Mercer		campcreekstatepark.com/recreation.html (MAP) campcreekstatepark.com/Camp%20Creek%20State%20Forest%20Trails.pdf	
Byways & Backways E	Coal Heritage Trail National Scenic Byway		157 miles	Mercer, McDowell, Wyoming, Raleigh, Fayette	Driving Tour	byways.org/explore/byways/10346	
Non-Motorized B5	Deer Crossing	Camp Creek SP	1.2 miles	Mercer	day hike, mtn biking, equestrian	campcreekstatepark.com/recreation.html (MAP) campcreekstatepark.com/Camp%20Creek%20State%20Forest%20Trails.pdf	
Non-Motorized F	East River Mountain Trail		0.2 miles	Mercer	day hike		
Non-Motorized B6	Farley Branch	Camp Creek SP	1.4 miles	Mercer	day hike	campcreekstatepark.com/recreation.html (MAP) campcreekstatepark.com/Camp%20Creek%20State%20Forest%20Trails.pdf	
Non-Motorized B7	Farley Ridge	Camp Creek SP	2.3 miles	Mercer	day hike, mtn biking, equestrian	campcreekstatepark.com/recreation.html (MAP) campcreekstatepark.com/Camp%20Creek%20State%20Forest%20Trails.pdf	
Non-Motorized G	Glenwood Park Trail System	Princeton, Glenwood Rec Park	9.4 miles	Mercer	day hikes, fitness, mtn biking, ADA	glendwoodparkwv.com	
Non-Motorized A2	Homestead Trail	Pinnacle Rock SP	4 miles	Mercer	day hike, mtn biking	pinnaclerockstatepark.com (MAP) pinnaclerockstatepark.com/pinnaclerock.pdf	

MERCER COUNTY, WV

Existing Trails - Continued

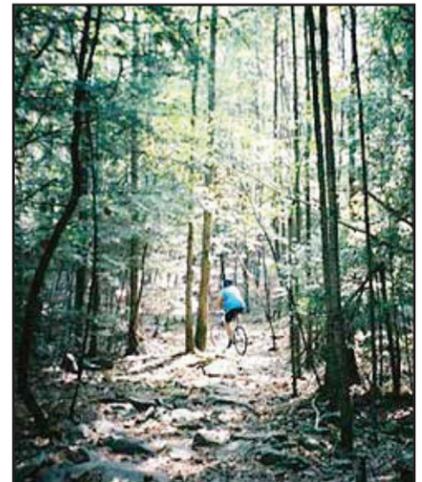
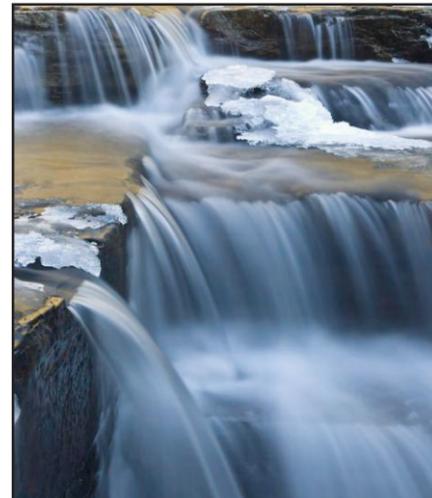
LEGEND

- Motorized
- Non-Motorized
- Rail to Trail
- Roadside Trail
- Blueway
- Byways/Backways



TYPE	NAME OF TRAIL	LAND MANAGER	LENGTH	LOCATION	USERS	WEBSITE*	DESCRIPTION
Non-Motorized B8	Horse By-Pass	Camp Creek SP	1 mile	Mercer	equestrian	campcreekstatepark.com/recreation.html (MAP) campcreekstatepark.com/Camp%20Creek%20State%20Forest%20Trails.pdf	
Non-Motorized C2	Lofito City Park Trail	Bluefield	0.8 miles	Mercer	day hike, mtn biking		
Non-Motorized B9	Neely Knob Road & Trail	Camp Creek SP	2 miles	Mercer	day hike	campcreekstatepark.com/recreation.html (MAP) campcreekstatepark.com/Camp%20Creek%20State%20Forest%20Trails.pdf	
Non-Motorized B10	Piney Ridge Trail	Camp Creek SP	1.5 miles	Mercer	day hike	campcreekstatepark.com/recreation.html (MAP) campcreekstatepark.com/Camp%20Creek%20State%20Forest%20Trails.pdf	
Non-Motorized A3	Pinnacle Rock Bramwell Trail	Pinnacle Rock SP	2.4 miles	Mercer	day hike	pinnaclearockstatepark.com (MAP) pinnaclearockstatepark.com/pinnaclearock.pdf	
Non-Motorized A4	Pinnacle Rock SP Trail	Pinnacle Rock SP	6.5 miles	Mercer		pinnaclearockstatepark.com (MAP) pinnaclearockstatepark.com/pinnaclearock.pdf	
Non-Motorized H	Princeton City Park Trails	Princeton, Parks & Rec	1 mile	Mercer	day hike, mtn biking	cityofprinceton.org/recreation%20Department.2007-2008.htm	
Non-Motorized B11	Turkey Loop Trail	Camp Creek SP	10 miles	Mercer	Day hike, mtn biking, equestrian	campcreekstatepark.com/recreation.html (MAP) campcreekstatepark.com/Camp%20Creek%20State%20Forest%20Trails.pdf	
Non-Motorized A5	Turkey Rock Trail	Pinnacle Rock SP	2 miles	Mercer	day hike, mtn biking	pinnaclearockstatepark.com (MAP) pinnaclearockstatepark.com/pinnaclearock.pdf	
Non-Motorized B12	White Oak Trail	Camp Creek SP	1.3 miles	Mercer	day hike, mtn biking, equestrian	campcreekstatepark.com/recreation.html (MAP) campcreekstatepark.com/Camp%20Creek%20State%20Forest%20Trails.pdf	

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MINGO COUNTY, WV

Existing Trails



Backpacking on the Trails

LEGEND

- Motorized
- Non-Motorized
- Rail to Trail
- Roadside Trail
- Blueway
- Byways/Backways



TYPE	NAME OF TRAIL	LAND MANAGER	LENGTH	LOCATION	USERS	WEBSITE*	DESCRIPTION
Motorized Trail A	Buffalo Mountain Trail	Hatfield-McCoy Reg. Rec Authority	86.3 miles	Mingo	ATV & Dirtbikes	trailsheaven.com/planyourtrip/chooseatrail/buffalomountain/default.aspx (MAP) trailsheaven.com/planyourtrip/chooseatrail/buffalomountain/map.aspx	Has 2 trailheads, one south of Williamson and the other in Matewan (which also connects to Delbarton). Most historic trail and has the most single track mileage with over 20 new miles.
Non-Motorized B	Burch High School Walking Track		0.2 miles	Mingo	Walking Track		
Byways/Backways C	Country Roads State Scenic Byway		139 miles	Minto, Boone, Logan			
Non-Motorized D	Flood Wall Path	Williamson	1.3 miles	Mingo	Day Hike & Mtn Biking		
Non-Motorized E	Lakeside Trail	Laurel Lake WMA	1.5 miles	Mingo	Day Hike	laurellakewma.com/recreation.html	
Non-Motorized F	Matewan Floodwall Trail	Hatfield-McCoy Reg. Rec Authority	0.4 miles	Mingo	ATV & Dirtbikes	www.mcra-wv.org/?q=node/6 www.matewan.com	Offers beautiful views of the Tug River, historic graphics embedded in the floodwall. Brochure available at Visitor Center.
Non-Motorized G	Robinson Drive Trail		0.5 miles	Mingo	Walking & Biking		
Motorized H	Rockhouse Trail System	Hatfield-McCoy Reg. Rec Authority	89.3 miles	Logan, Mingo	ATV & Dirtbikes	trailsheaven.com/planyourtrip/chooseatrail/rockhouse/default.aspx	Trail ranges from easiest to extremely difficult. Direct access to Man and Gilbert, WV.
Non-Motorized I	Williamson High School Track	Williamson High School	1 mile	Mingo			

*Some of the websites provide information on the land managers of particular trails but not detailed information of the trails themselves.



Buffalo Mountain Trail



Matewan Floodwall Trail



Rockhouse Trail

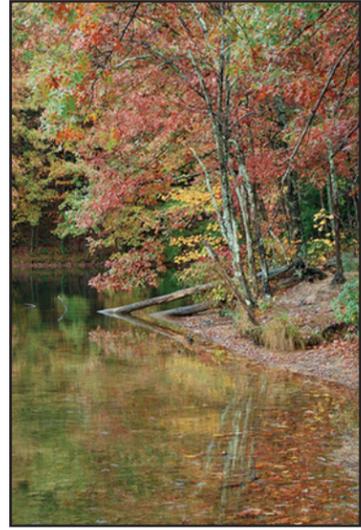


Fishing Opportunities at Laurel Lake WMA

RALEIGH COUNTY, WV

Existing Trails

Map creation and trail details compiled by WMTH Corporation www.trailsrus.com



Stephens Lake



Burning Rock Off Road Trail System

TYPE	NAME OF TRAIL	LAND MANAGER	LENGTH	LOCATION	USERS	WEBSITE*	DESCRIPTION
Non-Motorized A1	Beaver Creek Trail	Little Beaver SP	0.5 miles	Raleigh	day hikes, mtn bikes, equestrian	littlebeaverstatepark.com/recreation.html	Many seasonal wildflowers and a stand of virgin pine and oak are features of this half-mile trails that encircles a portion of Beaver Creek.
Rail to Trail B	Beckley Rail	Beckley	4 miles	Raleigh	day hikes, mtn bikes, ADA		Also known as the Lewis McManus Trail
Non-Motorized C1	Big Buck Trail	New River Gorge National River	0.8 miles	Raleigh	day hikes	nps.gov/neri/planyourvisit/hiking.htm (MAP) nps.gov/neri/planyourvisit/upload/trail-newsletter-2009c.pdf	
Non-Motorized A2	Billy's Goat Gruff Trail	Little Beaver SP	0.6 miles	Raleigh	day hikes, mtn bikes, equestrian	littlebeaverstatepark.com/recreation.html	Challenging bike trail full of rocks and steep inclines. Extreme 0.6 mile challenge.
Motorized Trail D	Burning Rock Off-Road Park Trail System	Burning Rock Off-Road Park System	100 miles	Raleigh	ATV, dirt bikes	burningrockwv.com	Trails are open 365 days/year. Short drive from McKinney Mountain Exit of the Coalfield Expressway. Trailhead amenities inc. on-site parking, permit & souvenir sales and restrooms.
Non-Motorized C2	Canyon Rim Trail	NPS-New River Gorge Nat River	1.6 miles	Grandview Visitor Center-Raleigh	Day hike		
Non-Motorized C3	Castle Rock Trail	New River Gorge National River	0.5 miles	Raleigh	day hike	nps.gov/neri/planyourvisit/hiking.htm (MAP) nps.gov/neri/planyourvisit/upload/trail-newsletter-2009c.pdf	
Byways & Backways E	Coal Heritage Trail National Scenic Byway		157 miles	Raleigh, McDowell, Wyoming, Mercer, Fayette	Driving Tour	byways.org/explore/byways/10346	
Non-Motorized A3	Creek Bed	Little Beaver SP	0.4 miles	Raleigh	day hike, mtn bikes, equestrian	littlebeaverstatepark.com/recreation.html	moderate .4 miles of wooded trail for bikers and hikers
Non-Motorized A4	Deer Loop	Little Beaver SP	0.4 miles	Raleigh	day hike, mtn biking, equestrian	littlebeaverstatepark.com/recreation.html	Open trail with .4 miles of changing terrain. Trail changes from an open field to a steep wooded incline.
Non-Motorized A5	Deer Trail	Little Beaver SP	0.8 miles	Raleigh	day hike, mtn biking, equestrian	littlebeaverstatepark.com/recreation.html	Open trail with .8 miles of changing terrain. Trail changes from open field to steep wooded incline.
Non-Motorized F1	Fitzpatrick Trail	Raleigh Co Rec Authority	1.3 miles	Raleigh near Beckley	day hike		
Non-Motorized C4	Grandview Rim Trail	New River Gorge Nat River System	1.5 miles	Raleigh	day hike	nps.gov/neri/planyourvisit/hiking.htm (MAP) nps.gov/neri/planyourvisit/upload/trail-newsletter-2009c.pdf	
Non-Motorized C5	Island Loop Trail	New River Gorge Nat River System	0.6 miles	Raleigh	day hike	nps.gov/neri/planyourvisit/hiking.htm (MAP) nps.gov/neri/planyourvisit/upload/trail-newsletter-2009c.pdf	

RALEIGH COUNTY, WV

Existing Trails - Continued

LEGEND	
	Motorized
	Non-Motorized
	Rail to Trail
	Roadside Trail
	Blueway
	Byways/Backways



Tunnel Trail (left)



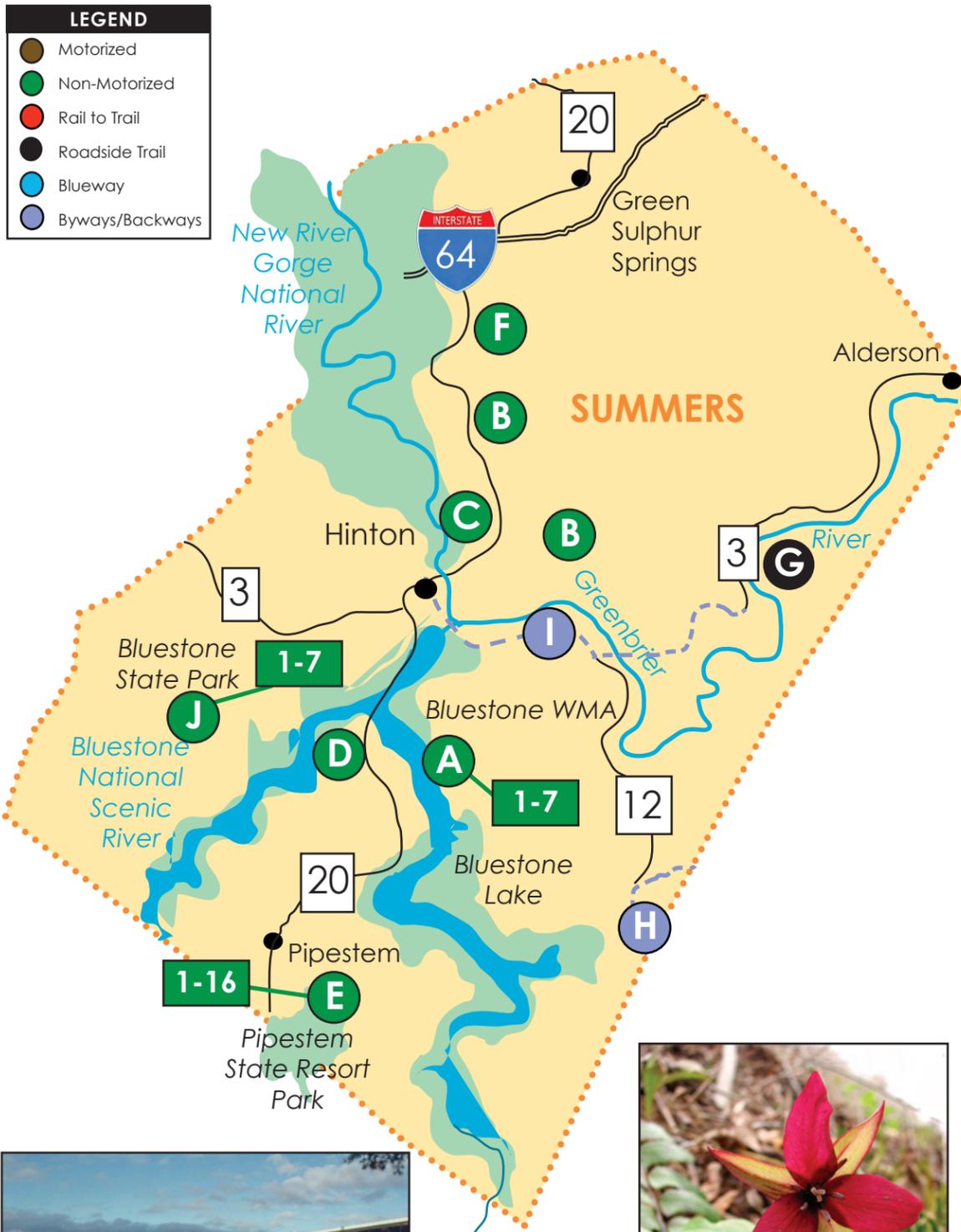
Little Beaver State Park (right)

TYPE	NAME OF TRAIL	LAND MANAGER	LENGTH	LOCATION	USERS	WEBSITE*	DESCRIPTION
Non-Motorized G	Lake Stephens Mtn Bike & Hiking Trail	Raleigh Co. Rec Authority	4.6 miles	Raleigh	day hike, mtn biking	earthwindandtire.us	Gary Morefield - Earth, Wind & Tire Cyclone (304) 673-5002.
Non-Motorized A6	Laurel Creek Crossing	Little Beaver SP	1.8 miles	Raleigh	day hike, mtn biking, equestrian	littlebeaverstatepark.com/recreation.html	Scenery ranges from deep woods to open meadows. Gentle loop trail that follows Laurel Run Creek.
Non-Motorized A7	Nature Ridge Trail	Little Beaver SP	0.8 miles	Raleigh	day hike, mtn biking, equestrian	littlebeaverstatepark.com/recreation.html	Has an incline, sometimes steep that follows the ridge above the lake.
Non-Motorized H	New River Park Trail		0.6 miles	Raleigh			
Byway & Backways I	Paint Creek State Scenic Byway		42 miles	Raleigh, Fayette, Kanawha	Driving Tour		
Non-Motorized C6	Park Loop Trail	New River Gorge River	1 mile	Raleigh		nps.gov/neri/planyourvisit/hiking.htm (MAP) nps.gov/neri/planyourvisit/upload/trail-newsletter-2009c.pdf	
Non-Motorized A8	Railroad Grade	Little Beaver SP	1.95 miles	Raleigh	day hike, mtn biking, equestrian	littlebeaverstatepark.com/recreation.html	Scenery ranges from deep woods to open meadows. Gentle loop trail follows Laurel Run Creek
Non-Motorized A9	Rhododendron Run Trail	Little Beaver SP	2.5 miles	Raleigh	day hike, mtn biking, equestrian	littlebeaverstatepark.com/recreation.html	Longest in the park. Follows park boundary with extreme terrain challenges to bikers and hikers.
Non-Motorized C7	Royal Trail	New River Gorge Nat. River	2.6 miles	Raleigh		nps.gov/neri/planyourvisit/hiking.htm (MAP) nps.gov/neri/planyourvisit/upload/trail-newsletter-2009c.pdf	
Non-Motorized F2	Soccer Fields Trail	Beckley	1.5 miles	Raleigh	day hike		
Non-Motorized C8	Terry Top Trail	New River Gorge National River	1.6 miles	Raleigh		nps.gov/neri/planyourvisit/hiking.htm (MAP) nps.gov/neri/planyourvisit/upload/trail-newsletter-2009c.pdf	
Non-Motorized A10	Topper's Ridge	Little Beaver SP	0.6 miles	Raleigh	day hike, mtn biking, equestrian	littlebeaverstatepark.com/recreation.html	Rocky trail. Considered to be a moderate to extreme trail for bikers.
Non-Motorized C9	Tunnel Trail	New River Gorge Nat. River	0.3 miles	Raleigh	day hike	nps.gov/neri/planyourvisit/hiking.htm (MAP) nps.gov/neri/planyourvisit/upload/trail-newsletter-2009c.pdf	
Non-Motorized C10	Turkey Spur	New River Gorge Nat. River	2 miles	Raleigh	day hike	nps.gov/neri/planyourvisit/hiking.htm (MAP) nps.gov/neri/planyourvisit/upload/trail-newsletter-2009c.pdf	
Non-Motorized C11	Woodland Loop	New River Gorge Nat. River	0.6 miles	Raleigh	day hike	nps.gov/neri/planyourvisit/hiking.htm (MAP) nps.gov/neri/planyourvisit/upload/trail-newsletter-2009c.pdf	

*Some of the websites provide information on the land managers of particular trails but not detailed information of the trails themselves.

SUMMERS COUNTY, WV

Existing Trails



New River Bridge in Fog (left)

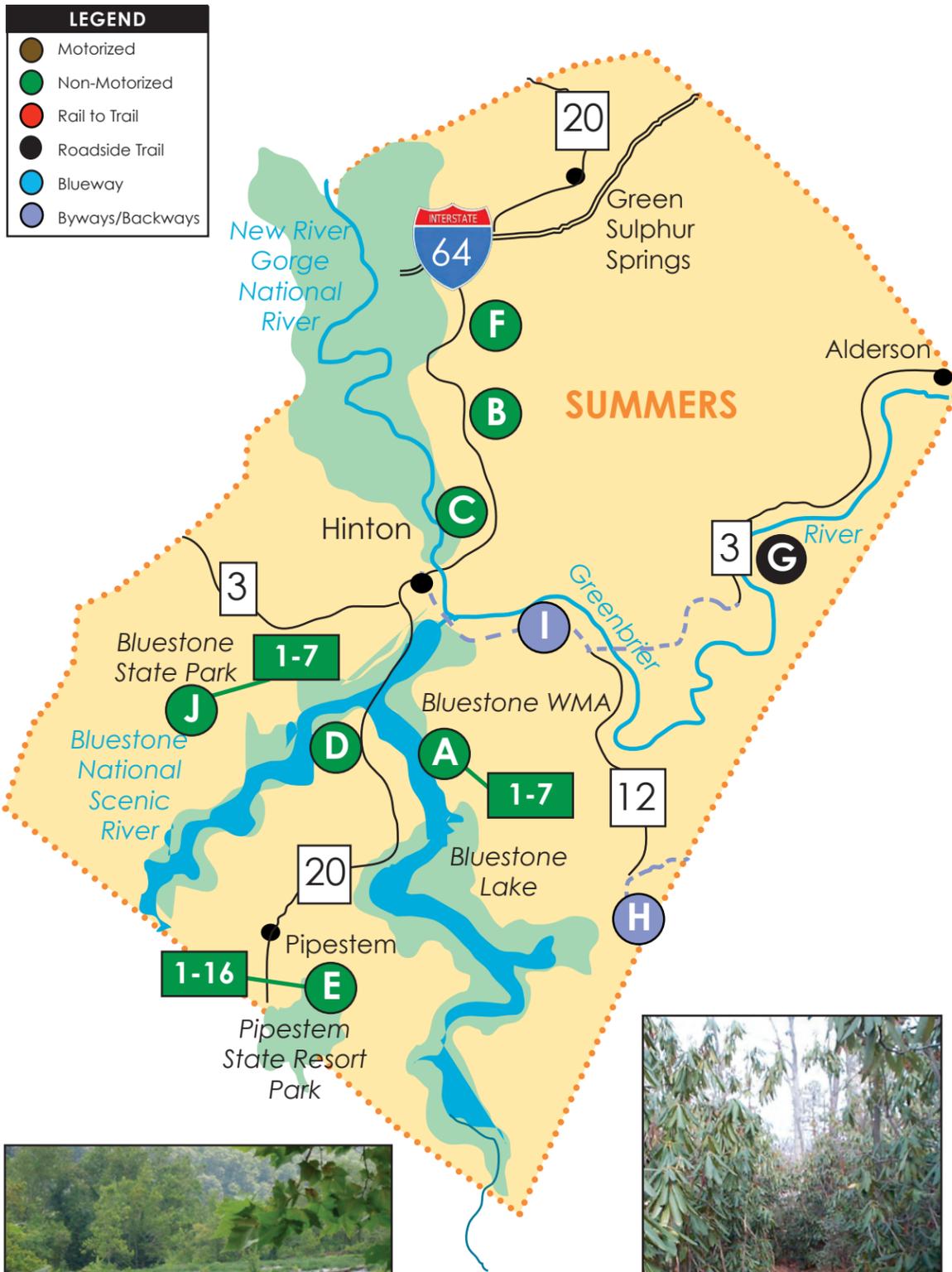
Example of wildflowers in area (right)



TYPE	NAME OF TRAIL	LAND MANAGER	LENGTH	LOCATION	USERS	WEBSITE*	DESCRIPTION
Non-Motorized A1	Barton Ridge Trail	Bluestone WMA	1.3 miles	Summers	Day Hike	bluestonewma.com/recreation.html	
Non-Motorized A2	Bertha Trail	Bluestone WMA	1.3 miles	Summers	Day Hike	bluestonewma.com/recreation.html	
Non-Motorized B1	Big Branch Loop Trail	NPS-New River Gorge	2 miles	Summers Co.- Sandstone	Day Hike		
Non-Motorized C	Big Branch Trail	New River Gorge National River Trail	1.9 miles	Summers	Day Hike	nps.gov/neri/planyourvisit/hiking.htm (MAP) nps.gov/planyourvisit/upload/Trail-newsletter-2009c.pdf	
Non-Motorized D	Bluestone Turnpike Trail	NPS-Bluestone Nat. Scenic River	7.2 miles	Summers	Day Hike, backpacking, mtn biking		
Non-Motorized A3	Buffalo Creek Trail	Bluestone WMA	2.8 miles	Summers	Day Hike	bluestonewma.com/recreation.html	
Non-Motorized E1	Canyon Rim Trail	Pipestem SRP	0.7 miles	Summers	Day Hike		
Non-Motorized A4	Cedar Branch Trail	Bluestone WMA	1.5 miles	Summers	Day Hike	bluestonewma.com/recreation.html	Campgrounds but not specific trails.
Non-Motorized E2	Cottage Trail	Pipestem SRP	0.2 miles	Summers	Day Hike, Cross Country Skiing		
Non-Motorized E3	County Line Trail	Pipestem SRP	1.9 miles	Summers	Day Hike, Mtn Biking, Equestrian		
Non-Motorized A5	Crumps Bottom Road Trail	Bluestone WMA	5 miles	Summers	Day Hike	bluestonewma.com/recreation.html	Campgrounds but not specific trails
Non-Motorized E4	Den Tree Trail	Pipestem SRP	0.6 miles	Summers	Day Hike	pipestemresort.com	
Non-Motorized E5	Dogwood Trail	Pipestem SRP	0.6 miles	Summers	Day Hike	pipestemresort.com	
Non-Motorized E6	Farley Loop	Pipestem SRP	3 miles	Summers	Day Hike	pipestemresort.com	
Non-Motorized F	Gwinn Ridge Trail	New River Gorge National River	3 miles	Summers	Day Hike	nps.gov/neri/planyourvisit/hiking.htm (MAP) nps.gov/neri/planyourvisit/upload/Trail-newsletter-2009c.pdf	Loop trail descending through a rocky forest. scenic views of the gorge.
Non-Motorized E7	Lake Shore Trail	Pipestem SRP	2.2 miles	Summers	Day Hike, Mtn Biking, Equestrian, Cross Country Skiing	pipestemresort.com	
Non-Motorized E8	Lakeview Trail	Pipestem SRP	0.4 miles	Summers	Day Hike, Mtn Biking, Equestrian, Cross Country Skiing	pipestemresort.com/forms/pipestem_Park_map.pdf	
Non-Motorized E9	Law Hollow Trail	Pipestem SRP	0.5 miles	Summers	Day Hike, Mtn Biking, Equestrian, Cross Country Skiing	pipestemresort.com/forms/pipestem_Park_map.pdf	
Non-Motorized E10	Lick Hollow Trail	Pipestem SRP	1.6 miles	Summers	Day Hike, cross country skiing	pipestemresort.com/forms/pipestem_Park_map.pdf	

SUMMERS COUNTY, WV

Existing Trails - Continued



Sandstone Falls (left)



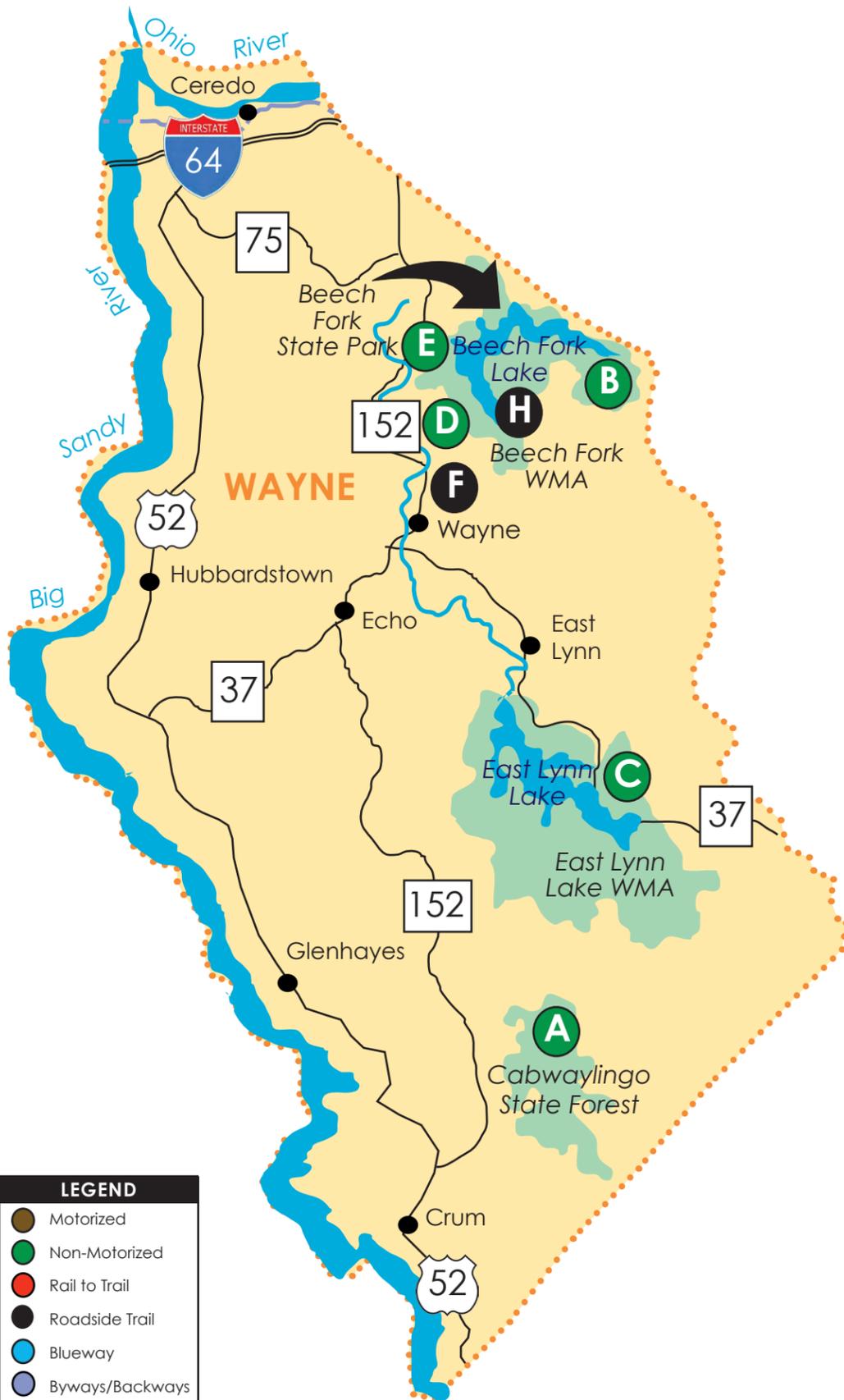
Long Hollow Trail (right)

TYPE	NAME OF TRAIL	LAND MANAGER	LENGTH	LOCATION	USERS	WEBSITE*	DESCRIPTION
Non-Motorized E11	Long Branch Trail	Pipestem SRP	0.3 miles	Summers	Day Hike, mtn biking	pipestemresort.com/pipestemresort.com/forms/pipestem_Park_map.pdf	
Roadside Trail G	Lower Greenbrier Driving Tour		30.7 miles	Summers	Bicycling		
Byway & Backways H	Farm Heritage Road Backway		27 miles	Summers and others	Driving Tour		
Byways & Backways I	Lower Greenbrier River Byway		18 miles	Summers	Driving Tour		
Non-Motorized E12	North Side Trail	Pipestem SRP	0.5 miles	Summers	Day hike, cross country skiing	pipestemresort.com/pipestemresort.com/forms/pipestem_Park_map.pdf	
Non-Motorized E13	Pipestem Knob	Pipestem SRP	19.5 miles	Summers	Day hike	pipestemresort.com/pipestemresort.com/forms/pipestem_Park_map.pdf	
Non-Motorized A6	Red Sulphur Turnpike	Bluestone WMA	2 miles	Summers	Day Hike, Mtn Biking	bluestonewma.com/recreation.html	
Non-Motorized E14	River Trail	Pipestem SRP	5.3 miles	Summers	Day Hike, mtn biking, equestrian	pipestemresort.com	
Non-Motorized B2	Sandstone Falls Boardwalk	New River Gorge National River	0.2 miles	Summers - Sandstone	Day Hike ADA	nps.gov/neri/planyourvisit/hiking.htm (Map) nps.gov/neri/planyourvisit/hiking.htm (MAP) nps.gov/neri/planyourvisit/upload/Trail-newsletter-2009c.pdf	
Non-Motorized E15	South Side Trail	Pipestem SRP	0.6 miles	Summers	Day hike, cross country skiing	pipestemresort.com	
Non-Motorized E16	Turkey Spur Trail	Pipestem RSP	0.4 miles	Summers	Day hike, cross country skiing	pipestemresort.com	
Non-Motorized A7	Upper Shanklin's Ferry Trail	Bluestone WMA	1.5 miles	Summers	Day Hike, Mtn biking	bluestonewma.com/recreation.html	
Non-Motorized J1	Big Pine Trail	Bluestone SP	1.7 miles	Summers	day hike	bluestonewma.com/recreation.html	
Non-Motorized J2	Boundary Trail	Bluestone SP	2 miles	Summers	day hike	bluestonewma.com/recreation.html	
Non-Motorized J3	Cabin Trail	Bluestone SP	0.4 miles	Summers	day hike	bluestonewma.com/recreation.html	
Non-Motorized J4	Giles, Fayette & Kanawha Turnpike	Bluestone SP	1 miles	Summers	day hike	bluestonewma.com/recreation.html	
Non-Motorized J5	Overlook Trail	Bluestone SP	0.5 miles	Summers	day hike	bluestonewma.com/recreation.html	
Non-Motorized J6	Rhododendron Trail	Bluestone SP	0.8 miles	Summers	day hike	bluestonewma.com/recreation.html	
Non-Motorized J7	Riverview Trail	Bluestone SP	1.6 miles	Summers	day hike	bluestonewma.com/recreation.html	

*Some of the websites provide information on the land managers of particular trails but not detailed information of the trails themselves. Page 73

WAYNE COUNTY, WV

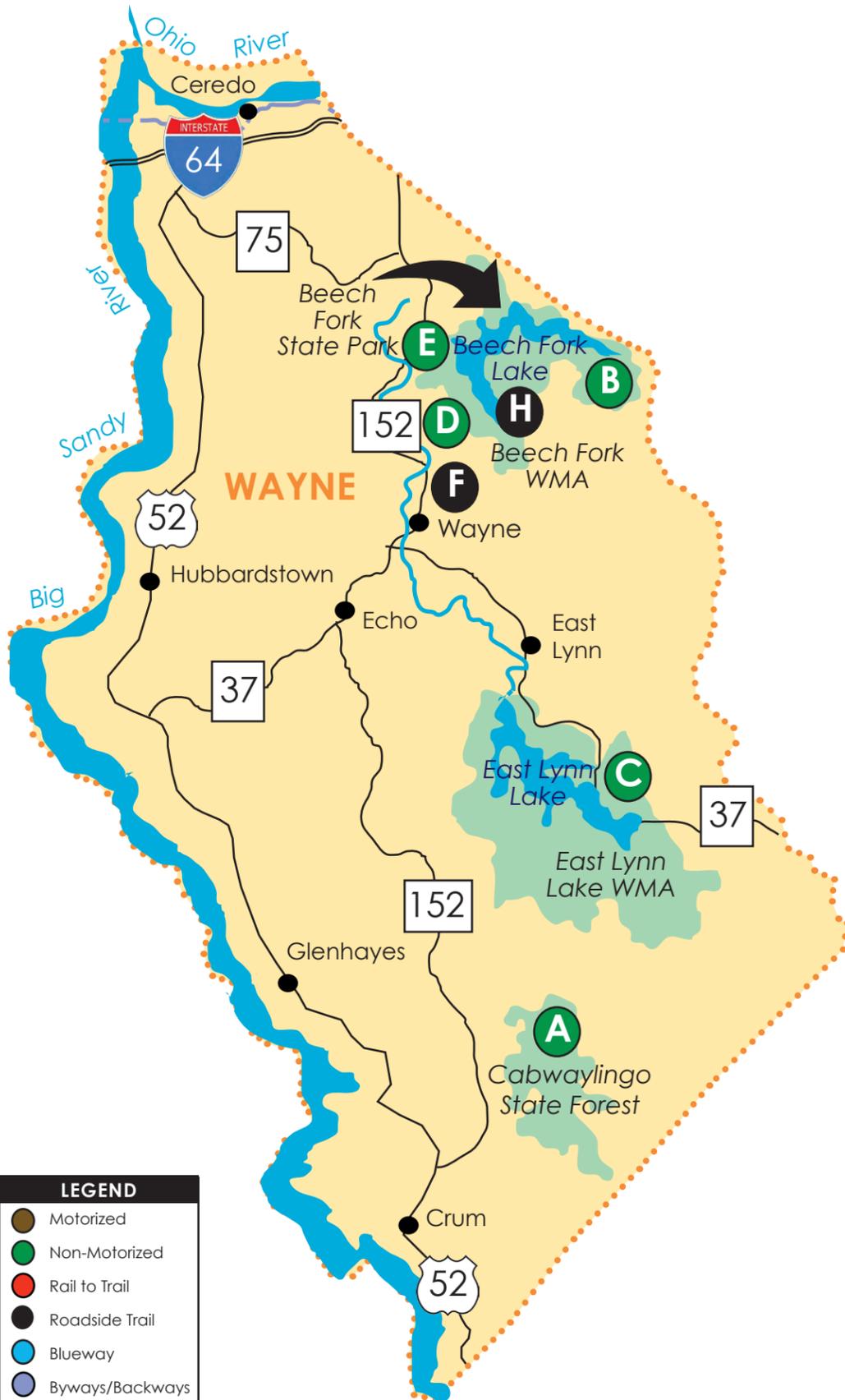
Existing Trails



TYPE	NAME OF TRAIL	LAND MANAGER	LENGTH	LOCATION	USERS	WEBSITE*	DESCRIPTION
Non-Motorized A1	Ash Branch Trail	Cabwaylingo State Forest	1 mile	Wayne	day hike	www.cablingo.com	
Non-Motorized B1	Beaver Pond Trail	USACE-Beech Fork Lake	1.3 mile	Wayne	day hike		
Non-Motorized A2	Beech Ridge	Cabwaylingo State Forest	2 miles	Wayne	day hike	www.cablingo.com	
Non-Motorized C1	Below Dam Trail	USACE-East Lynn Lake	0.5 miles	Wayne	day hike	corpslakes.usace.army.mil/visitors/projects.cfm?id=H105190#Activity	
Non-Motorized D1	Coal Mine Trail	Beech Fork SP	0.5 miles	Wayne	day hike		
Non-Motorized A3	Copely Trail	Cabwaylingo State Forest	3 miles	Wayne	day hike	www.cablingo.com	
Non-Motorized C2	East Fork Trail	USACE-East Lynn Lake	2 miles	Wayne	day hike	lrh.usace.army.mil/projects/lakes/elt/	Moderate terrain, creek crossings, rocky terrain, mowed portions
Non-Motorized B2	Goose Neck Trail	Beech Fork SP	2 miles	Wayne	day hike		
Non-Motorized A4	Indian Trail	Cabwaylingo State Forest	3 miles	Wayne	day hike	www.cablingo.com	
Non-Motorized C3	Lakeside Trail	USACE-East Lynn Lake	1.8 miles	Wayne	day hike	lrh.usace.army.mil/projects/lakes/elt/	
Non-Motorized D2	Lost Trail	Beech Fork P	2.8 miles	Wayne	day hike, mtn biking	(MAP) beechforksp.com/beechnfork.pdf	Also connects to Mary Davis Trail
Non-Motorized A5	Martin Ridge Trail	Cabwaylingo State Forest	1.5 miles	Wayne	day hike	www.cablingo.com	
Non-Motorized E	Mary Davis Trail	Wayne Co. Commission	4.5 miles	Wayne	day hike, mtn biking, backpacking		
Roadside Trail F	Millers Fork/ Beech Fork Loop		23.4 miles	Wayne			
Non-Motorized D3	Nature Trail	Beech Fork SP	0.8 miles	Wayne		(MAP) beechforksp.com/beechnfork.pdf	
Non-Motorized D4	New Trail	Beech Fork SP		Wayne	day hike	(MAP) beechforksp.com/beechnfork.pdf	
Non-Motorized D5	North Ridge Trail	Beech Fork Trail System	0.6 miles	Wayne			
Non-Motorized A6	Overlook Rock Trail	Cabwaylingo State Forest	1.5 miles	Wayne	day hike, mtn biking		
Non-Motorized D6	Overlook Trail	Beech Fork SP	1 mile	Wayne		(MAP) beechforksp.com/beechnfork.pdf	
Non-Motorized C4	Overlook Trail	USACE-East Lynn Lake	1.5 miles	Wayne	day hike	lrh.usace.army.mil/projects/lakes/elt/	overlook area and lakeside. Moderate difficulty
Non-Motorized D7	Physical Fitness Trail	Beech Fork SP	0.8 miles	Wayne	day hike, mtn biking, fitness ADA		
Non-Motorized G	Prices Creek Trail		2.6 miles	Wayne, Cabell	day hike		

WAYNE COUNTY, WV

Existing Trails - continued



TYPE	NAME OF TRAIL	LAND MANAGER	LENGTH	LOCATION	USERS	WEBSITE*	DESCRIPTION
Non-Motorized B3	Rock Hollow Trail	USACE-Beech Fork Lake	0.5 miles	Wayne	day hike	lrh.usace.army.mil/projects/lakes/BBF/	
Non-Motorized A7	Sleepy Hollow Trail	Cabwaylingo State Forest	2 miles	Wayne	day hike	www.cabwaylingo.com	
Non-Motorized B4	Spillway Trail	USACE-Beech Fork Lake	1.4 mile	Wayne	day hike	lrh.usace.army.mil/projects/lakes/BBF/	
Non-Motorized A8	Spruce Creek Trail	Cabwaylingo State Forest	1 mile	Wayne	day hike	www.cabwaylingo.com	
Non-Motorized B5	Twin Coves Trail	USACE-Beech Fork Lake	3 miles	Wayne	day hike	lrh.usace.army.mil/projects/lakes/BBF/	
Roadside Trail H	Wilson Creek Loop	Beech Fork Lake Bikeway		Wayne	bicycling	lrh.usace.army.mil/projects/lakes/BBF/	

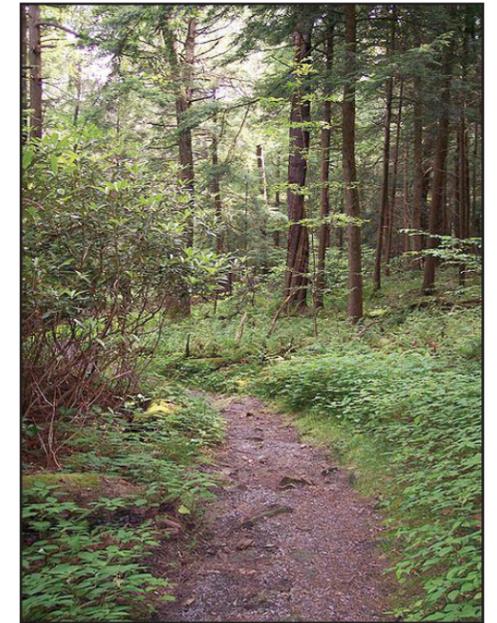
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Beech Fork Lake Triathlon Competition



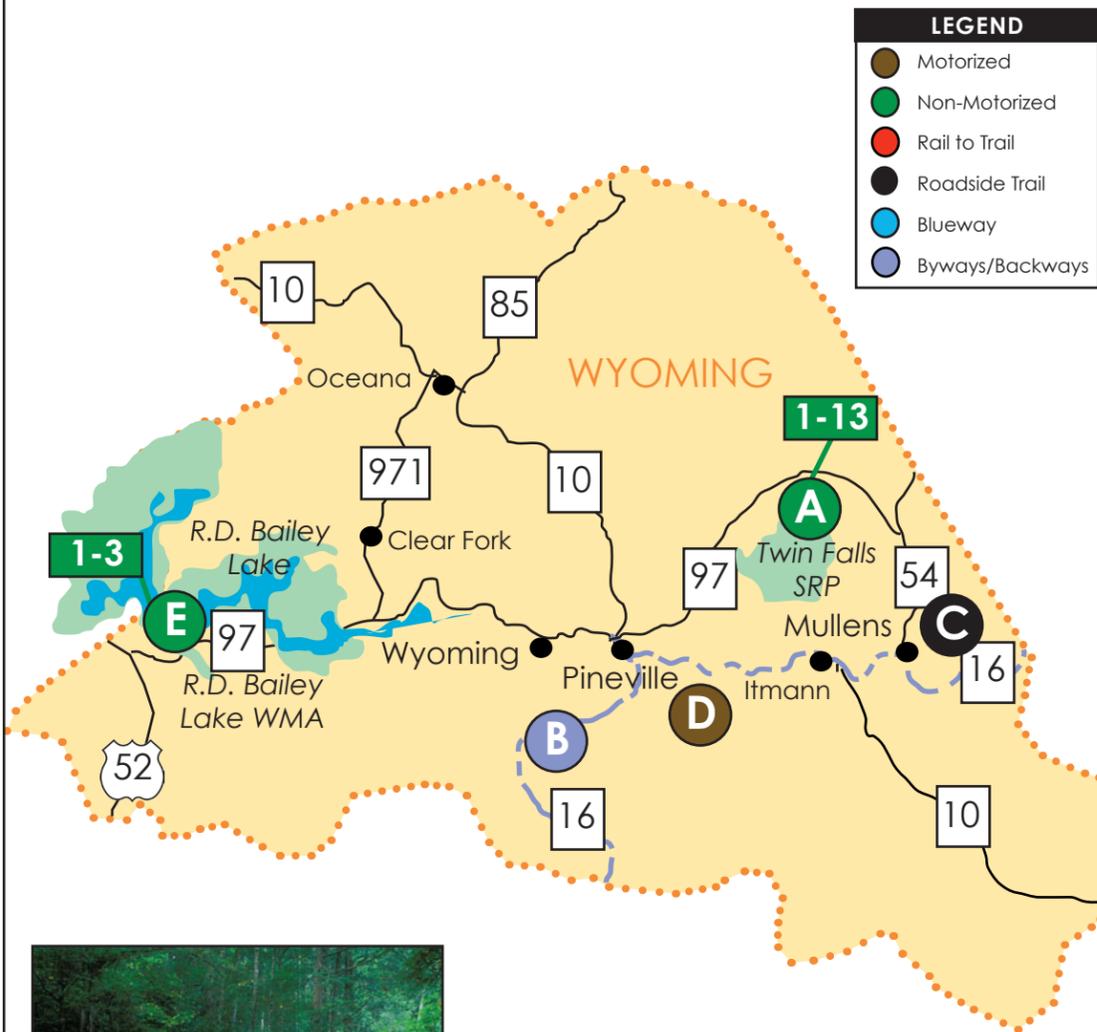
Forest Trail



Cabwaylingo State Forest

WYOMING COUNTY, WV

Existing Trails



Twin Falls State Resort Park



Pinnacle Creek Trail System

TYPE	NAME OF TRAIL	LAND MANAGER	LENGTH	LOCATION	USERS	WEBSITE*	DESCRIPTION
Non-Motorized A1	Buck Run	Twin Falls SP	0.8 miles	Wyoming	Day Hike	twinfallsresort.com/recreation.html (MAP) twinfallsresort.com/TwinFallsStateParkTraileGuide.pdf	
Non-Motorized A2	Cliff Side Trail	Twin Falls SP	3 miles	Wyoming County	Day Hike	twinfallsresort.com/recreation.html (map) twinfallsresort.com/TwinFallsStateParkTraileGuide.pdf	
Byways/Backways B	Coal Heritage Trail National Scenic Byway		157 miles	Wyoming, McDowell, Mercer, Raleigh, Fayette Co.	Driving Tour	byways.org/explore/byways/10346	
Non-Motorized A3	Falls Trail	Twin Falls SP	0.8 miles	Wyoming County	Day Hike	twinfallsresort.com/recreation.html (map) twinfallsresort.com/TwinFallsStateParkTraileGuide.pdf	
Non-Motorized A4	Hemlock Trail	Twin Falls SP	2 miles	Wyoming County	Day Hike	twinfallsresort.com/recreation.html (map) twinfallsresort.com/TwinFallsStateParkTraileGuide.pdf	
Non-Motorized A5	Horsepen Knob Trail	Twin Falls SP	3.5 miles	Wyoming County	Day Hike	twinfallsresort.com/recreation.html (map) twinfallsresort.com/TwinFallsStateParkTraileGuide.pdf	
Non-Motorized A6	Huckleberry Trail	Twin Falls SP	1.3 miles	Wyoming County	Day Hike	twinfallsresort.com/recreation.html (map) twinfallsresort.com/TwinFallsStateParkTraileGuide.pdf	
Non-Motorized A7	Moonshiner's Trail	Twin Falls SP	3.3 miles	Wyoming County	Day Hike & mtn biking	twinfallsresort.com/recreation.html (map) twinfallsresort.com/TwinFallsStateParkTraileGuide.pdf	
Roadside Trail C	Mullens Historic Walking Tour	Downtown Mullens	0.5 miles	Wyoming County	Day Hike		
Non-Motorized A8	Nature Trail	Twin Falls SP	1.3 miles	Wyoming County	Day Hike	twinfallsresort.com/recreation.html (map) twinfallsresort.com/TwinFallsStateParkTraileGuide.pdf	
Non-Motorized A9	Pathfinder Trail	Twin Falls SP	2.5 miles	Wyoming County	Day Hike	twinfallsresort.com/recreation.html (map) twinfallsresort.com/TwinFallsStateParkTraileGuide.pdf	
Motorized Trail D	Pinnacle Creek Trail System	Hatfield McCoy Reg Rec Authority Trail System	71.6 miles	Wyoming County	ATV and Dirtbikes	trailsheaven.com/planyourtrip/chooseatrail/pinnaclecreek/default.aspx (map) trailsheaven.com/planyourtrip/chooseatrail/pinnaclecreek/map.aspx	Known for its breathtaking scenic views and is located less than one hour from world class whitewater rafting and a snow skiing resort.
Non-Motorized A10	Poke Hollow Trail	Twin Falls SP	3.5 miles	Wyoming County	Day Hike	twinfallsresort.com/recreation.html (map) twinfallsresort.com/TwinFallsStateParkTraileGuide.pdf	
Non-Motorized A11	Rocky Road Trail	Twin Falls SP	3 miles	Wyoming County	Day Hike & Mtn Biking	twinfallsresort.com/recreation.html (map) twinfallsresort.com/TwinFallsStateParkTraileGuide.pdf	
Non-Motorized A12	Still Run Ridge	Twin Falls SP	2.5 miles	Wyoming County	Day Hike	twinfallsresort.com/recreation.html (map) twinfallsresort.com/TwinFallsStateParkTraileGuide.pdf	
Non-Motorized A13	Twin Oaks	Twin Falls SP	0.3 miles	Wyoming County	Day Hike ADA	twinfallsresort.com/recreation.html (map) twinfallsresort.com/TwinFallsStateParkTraileGuide.pdf	
Non-Motorized E1	Fishing Trail	USACE-RD Bailey Dam	0.5 miles	Wyoming County	Day Hike	lrh.usace.army.mil/projects/lakes/rdb	Located at Salt River, Ridge Top and Justice Trails
Non-Motorized E2	Justice Trail	USACE-RD Bailey Dam	0.8 miles	Wyoming County	Day Hike	lrh.usace.army.mil/projects/lakes/rdb	Located at Salt River, Ridge Top and Justice Trails
Non-Motorized E3	Salt River Trail	USACE-RD Bailey Dam	1 mile	Wyoming County	Day Hike	lrh.usace.army.mil/projects/lakes/rdb	Located at Salt River, Ridge Top and Justice Trails

*Some of the websites provide information on the land managers of particular trails but not detailed information of the trails themselves.

CHAPTER SIX: Recommendations

The following Recommendations are to be drawn upon for the development of an Action Plan.

The Recommendations in this chapter are based on the 2006-2008 Public Input Workshops, the 2008 Trail Surveys, review of Regional Plans, and 2002 WV Trail Plan, and the 2009 Statewide Comprehensive Outdoor Recreation Survey (SCORP). The Recommendations are very grassroots driven, reflecting the input of "the people who showed up". A few additional recommendations are provided in both Chapters Two and Four.

The Recommendations listed below are ideas, and are not aimed solely at the National Coal Heritage Area Authority and their staff for implementation. The ideas can be used by the entire community, which includes individuals, local, state and federal governments, nonprofit organizations and civic groups. **The highlighted recommendations are identified as priorities for the first two years and are included in the Executive Summary.**

CIVIC ENGAGEMENT

ORGANIZATIONAL STRUCTURE

- **Expand the reach of the NCHA by establishing and staffing 1-2 Field Offices scattered throughout the region. These offices would provide technical assistance related to trails, heritage/sustainable tourism & community development.**
- **Form an NCHA Trails Committee:**
 - The Trails Committee shall be made up of representatives from throughout the region. The Trail Plan Steering Committee and Advisory Committee may be tapped to serve. County governments may be asked to appoint a representative who will agree to be an active participant.
 - Staff this committee with a paid NCHA employee, to serve as NCHA Trails Coordinator.
 - Assist with the organization and coordination of local trail-focused groups within NCHA, focused on their smaller piece of the bigger vision.
 - Use VISTA volunteers to organize & work with Trail Committees in region.
 - Identify the Vision, Mission, Goals of the Trails Committee.
 - Develop an action plan based on the trail plan. What do you want to accomplish and how will you accomplish it?
- Create local chapters of existing organizations rather than forming a new nonprofit each time. It is often more efficient, powerful & sustainable to tag onto an existing structure than to create a new one, and there are only a limited number of people to go around. These local groups would focus on local on-the-ground projects. *One example is the Big Creek District Development Corporation (BCDDC) in War, WV who have active committees working on trail and tourism projects.*
- Consider the development of a staffed, centralized trail organization for the NCHA Region that can act as an umbrella to support local groups, and to bring in grants, coordinate volunteers, manage multi-municipality trail systems, provide liability insurance for volunteer-managed trails and other needed roles.



"The world is run by the people who show up."
- Benjamin Franklin



CHAPTER SIX: Recommendations

COMMUNICATIONS

- **Create a comprehensive stakeholder contacts database.**
 - Include people at federal, state, county and local levels.
 - Include all trail-related user groups, recreation departments and facilities, planners, tourism groups, economic development entities, chambers of commerce, civic groups, churches, youth groups, senior centers, heritage groups, environmental groups, volunteer groups (ie VISTA, Americorps, RSVP, SCORE), coordination groups (ie WV Hub), schools, school clubs that have an outdoors/sports/environmental focus, colleges, libraries, health departments, hospitals, community medicine offices/programs, health & fitness clubs, elected officials, media, consultants (designers, engineers, landscape architects), large landowners, natural resources & extraction industry, ecotourism & trail-related businesses (ie bike/gear shops, lodging), funders, etc.
 - Start with the database created by this planning process. It includes over 800 names of individuals interested in trails. *A list is available upon request.*
 - Keep the contacts database updated regularly, yearly at a minimum.
- **Create a workable and sustainable communication system. Consider interactive websites, blogs, popular social networking sites, e-newsletters, phone trees, face-to-face meetings, conference calls, webinars, etc.**
- Send out quarterly e-blasts with updates about trail-related projects.
- **Take an active role in encouraging and assisting communities to apply for trail grants.**
 - Address local meetings of existing groups to get the message out and get people informed and involved. Don't expect them to attend your meetings.
 - Attend a Watershed Association's existing meeting.
 - Attend the WV-DNR annual Sportsmen meetings in the Spring.
 - Invite County Commissioners and other elected officials to visit your project site. Conduct "familiarization tours" for them, answer their questions, and ask for their support.
 - Give examples of successful local projects and "lessons learned". Collect various case studies from within the NCHA or very close by.
 - Be sure to get trail user input at the beginning of the trail planning process.
- **Coordinate with WV State Trail Coordinator.**
- **Coordinate with WV Scenic Trail Association (WVSTA) and other regional trail groups.**
- **Host quarterly progress meetings of all trail-related groups and efforts, to share information, provide opportunities for mentoring, & cultivating working relationships.**
- **Host a Regional Trails Summit or Annual Meeting every year, open to the public. This is an opportunity to share successes, solve problems, network, and get needed training on trail related topics.**



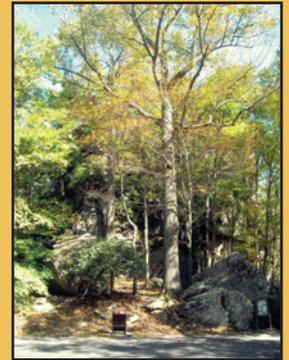
CHAPTER SIX: Recommendations

COMMUNITY ASSISTANCE & CAPACITY BUILDING

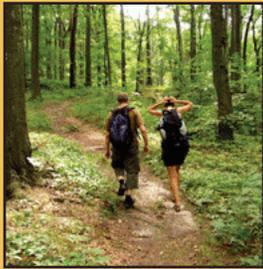
- **Assign an NCHA staff member to help communities, upon request, to create trails.** This may include building local interest and support for the trail, finding funding, inventorying existing trails to determine maintenance needs, improving trailheads, developing maps, providing recommendations for signage, and coordinating the building of new or extended trails.
- Use the NPS-RTCA as a model of technical assistance. Assist the group for 1-2 years to develop their project concept and to become self-sustaining, and then move on to other needy projects.
- Apply for staff help from the National Park Service's Rivers & Trails Program (NPS-RTCA). Applications are due August 1. www.nps.gov/rtca.
- **Participate with existing organizational structures in your community or region.** These could include: EZEC, WV Hub, RC & D, Chambers of Commerce, CVB's, Regional Planning & Development Councils, Family Resource Networks (FRN) and watershed associations.
- Participate in your county Family Resource Network (FRN).
 - FRN's provide a networking forum to bring your trail idea forward in the community.
 - While providing a focus on social services, physical activity and quality of life amenities such as access to trails & paths are important aspects to a wholesome family lifestyle, FRN's can help with planning walking events, to help get families moving together.
 - Initially, Family Resource Networks grew out of The Governor's Cabinet on Children and Families, which was formed out of Senate Bill 1 (SB1) in 1990 with the charge of developing family-centered structures throughout the state. Most are funded by grants from the WV Department of Health and Human Resources (WVDHHR).
 - FRN's are a one-stop for planning and coordinating of resources in the area. They can assist with needs assessment, surveys and strategic planning.
 - FRN's are meant to provide:
 - A planning body that assists to coordinate services and minimize duplication of services.
 - A way to share information about resources in the community.
 - An avenue to critically review the community's needs and what can be done to meet those needs and address service gaps.
 - A body to collaborate with other agencies and citizens to help improve services for recipients.
 - A way to bring recipients of services and providers together to review what works and what doesn't and look at changes in the delivery system.
- Participate in the WV Community Development Hub.
 - The Hub came about as the result of a September 2008 merger of two similar statewide nonprofit organizations, Community Collaborative Inc. (CCI) and the Community Development Partnership of West Virginia (CDP).



The possibilities are endless when people come together, services are combined, and communities collaborate.



CHAPTER SIX: Recommendations



NCHA communities involved in the Hub include the cities of Huntington, Beckley, Bluefield; the smaller communities of Ansted, Mullens, Williamson and Winding Gulf; and the Fayette County group.



- Hub officials are currently working with leaders in 20 communities who were previously involved with either the CCI or the CDP through the Sustainable Communities Training Program (SCTP) of the Federal Home Loan Bank's Blueprint Communities Program.
- The Hub is not a direct provider of funds or services but rather the connector between various stakeholders in the network. Hub organizers said their model ultimately will help communities develop strategies for improvement and connect them with the tools and support necessary to see projects through to completion.

- Get help from, and participate with, your regional RC & D.

- The Resource Conservation and Development (RC&D) was established by Congress as a unique program to ultimately empower rural people to help themselves. These organizations are set up by local citizens to help people improve the quality of life in rural communities through development of human and natural resources.

- RC & D's are self-directed, locally led regional grassroots rural development organizations. It is important to note that such a group is not a unit of government.

- The USDA Natural Resources Conservation Service supports the RC&D with personnel, office space and equipment, and sometimes financial and technical assistance for projects.
- Each location is governed by a local council which defines problems and set priorities for assistance.
- These councils provide direction, planning and implementation of selected projects within their boundaries. In southern WV, RC & D's provide small grants of \$500 - \$1000 to help a project.

- Request the planning assistance of the WV Office of Coalfield Community Development (OCCD).

- As of July 1, 2009, counties with surface-mined properties are required to produce a Land Use Master Plan for coal operators to use for post-mine development within their mining permits. The legislation requires the OCCD to assist in the creation of these plans and to review them to ensure they meet certain criteria. Trails and recreation are possible post-mine land uses to include in the Plan.

- The OCCD office will provide assistance in the following four ways:

- The office has gathered information for each coalfield county that will help initiate this partnership. Upon request, the office will provide a representative to assist in evaluating this information.
- Upon request, the office will assist with research, study and information gathering.
- A partnership between the Office and the Brownfields Assistance Centers at Marshall and West Virginia universities is another benefit provided to county development officials for Land Use Master Planning as well as for evaluating uses for individual surface mines.
- The OCCD website will be the repository for information helpful in the planning process.

CHAPTER SIX: Recommendations

- Ask for help from the Empowerment Zones/Enterprise Communities (EZEC) programs in upper Kanawha, Fayette, McDowell Counties.
 - In the Upper Kanawha EC, the strategic plan includes: "Recreation, Entertainment & Tourism-create great regional entertainment, outdoor recreational, meeting and conference center complex for year-round use, develop the Deepwater site, develop "vest-pocket" and linear parks, trails, and greenways".

TRAIL CLUBS - USER GROUPS

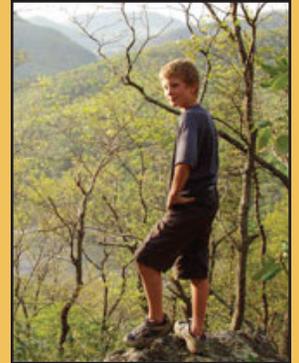
- **Inventory the trail clubs and trail user groups.**
 - Create an interactive online database of trail clubs in the NCHA and support ongoing updating.
Identify areas that are not served by a local group.
- **Support the development of Trail Clubs, to help keep the momentum going.** Members can organize social events, use the trail together, help with the maintenance, promotion, and fundraising.
- Cooperate and collaborate between groups. Get to know each other and find common ground to work together.

VOLUNTEERS

- Make it fun and get things done. Volunteers don't want to participate in a project that is full of strife or infighting. They are giving of their leisure time, and to keep them, the project needs to be enjoyable and have small successes that build up over time.
- **Utilize National Service programs.**
 - Apply for AmeriCorps VISTA volunteers through the intermediary organizations Coal Heritage Highway Authority or the Appalachian Coal Country Watershed Team.
 - Apply for AmeriCorps members through the WV Commission for National & Community Service
 - Apply for AmeriCorps NCCC crew (National Civilian Conservation Corps) to maintain trails, working 4-8 week stints. NCCC is a full-time, team-based residential program for men and women age 18-24. For our region, members are assigned to a campus in Maryland, and trained teams of 8-12 are then assigned to projects over an intensive 10-month period.
<http://www.americorps.gov/about/programs/nccc.asp>.
 - The programs are a bit confusing, so just give it a quick look to get the general basic understanding. Then, save some time and talk directly with the Program Coordinator. They will guide you to the right program and paperwork.



"The club that has fun, gets stuff done."
- Collins, IMBA Trail Care Crew



"Which came first - the great trails or the great clubs? It kind of weaves in together."
- Collins, IMBA Trail Care Crew, Fayetteville Social

CHAPTER SIX: Recommendations



"I hear and I forget. I see and I remember. I do and I understand."
- Confucius

- Apply to become an AmeriCorps member or VISTA volunteer. You could stay right in your community to do the service, or you could relocate. Members do get living stipends, and an education award at the end of their term.
 - AmeriCorps State and National is for anyone over age 17, who want to work with local communities on education, environment, public health and safety, or disaster response.
 - AmeriCorps VISTA is for anyone at least 18 who is a self-starter and organizer and wants to stay a full year to help a low-income community establish a new program or enhance an existing program, and may not see immediate results.
 - AmeriCorps NCCC is for people between 18-24 years old, who want hands-on work in a close-knit team, doing a variety of projects in many different locations.
- **Develop/expand a Volun"tour"ism/Volunteer Vacations Initiative.**
 - An ever-increasing number of tourists are environmentally and socially conscious, and would be willing to volunteer as part of their vacation. Make it easy for them, and provide opportunities for them to assist your trail.
 - American Hiking Society has Volunteer Vacations.
<http://www.americanhiking.org/Get-Involved/Volunteer-Vacations/>
 - Ace Adventure Resort has a volunteer vacation option called "Trail Maintenance Weekends", in exchange for trailwork, you will receive 2 nights free lodging in a cabin with a private hot tub.
- Volunteer at one of the local National Parks and learn by doing. The National Park Service has a volunteer program, often paying stipends.
<http://www.nps.gov/getinvolved/volunteer.htm>

CHAPTER SIX: Recommendations

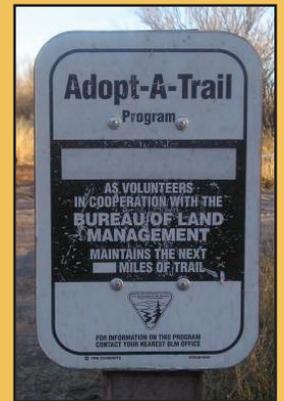
- **Recruit volunteers.** Examples of volunteer jobs and descriptions are provided below from the website. <http://www.nps.gov/neri/supportyourpark/volunteer-opportunities.htm>. Use Volunteerwv.org to post notices.
 - Park Ambassador requires a commitment of two to six months of volunteer service providing interpretive and educational services to park visitors at our visitor centers, day use areas, and while roving trails.
 - Adopt-A-Trail requires a commitment to hike adopted trail a minimum of 4 times/year to perform waterbar and drainage maintenance, trail trimming, to report on hazards/conditions, and provide hikers with information and promote Leave No Trace skills/ethics.
 - Trail Patroller
 - Trail Maintenance
 - Adopt-A-Stream requires a commitment to visit adopted stream area 4 times/year to pick up and remove litter and trash from stream/river banks and riparian zone.
 - Information Assistant provides orientation, information, and interpretation to visitors on a one-to-one or group basis that will facilitate a safe and informed visit.
 - Oral History Interviewer contacts park neighbors to set up oral history interviews and conducts interviews following the park Oral History Standard Operating Procedures.
 - River Patrol volunteers assist the river patrol rangers with river operations within New River Gorge National River, Gauley River National Recreation Area, and the Bluestone National Scenic River.
 - Education Program Presenter serves as a member of the park's education program helping with developing, coordinating, and presenting pre-, on-, and post-site educational activities related to park themes.
 - Natural Resource Management Intern performs various technical and non-technical tasks in natural resource management including monitoring and data collection, recording of data collected, and supporting the Long Term Ecological Monitoring System project.
 - Cultural Resource Management Assistant works out of the Glen Jean office performing a variety of duties including organizing of cultural records, maps, reports, and files, cataloging museum artifacts, and conducting archeological site reconnaissance.



*Adopt-a-Stream
work on New River*



*Education Program
Presenter NPS*



*Adopt-A-Trail
Sign*



*Information Assistant
- NPS*



*Natural Resource
Mgt. Intern - NPS*

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TRAINING

- Participate in Trails Conferences.
 - Attend the WV Trail Conferences, organized by the WV Trails Program
 - Attend the National Trails Symposium held every other year.
 - Attend the annual American Volkssport Association Conference, which includes daily walks. <http://www.ava.org/clubs/ava2011convention/index.asp>
- **Participate in trail building training opportunities.**
 - Bring the Sustainable Trail Building training to the region, in return for a commitment of volunteer hours. This program is under development now by the WV Trails Program.
 - Bring the IMBA Trail Care Crew to each county for 3-4 day hands-on trail building workshops.
 - Learn by doing. The Fayetteville FreeRide Park is being built, and calling for volunteer help. Check out: <http://www.marathonbikes.com> for details.
- Conduct fund-raising training.
 - Provide hands-on training for trail grant applications. Apply general training to a specific and real application. Help communities understand all the steps involved, and provide hand-holding support for them at the beginning
 - Provide training to volunteers on grant-writing and funding, including cycles, time frames, etc.
- Provide environmental ethics training. Teach Outdoors Ethics in the public school system, such as "Leave No Trace", or "Tread Lightly".
- Train local people to be travel and trail writers for your local resources.
- Make available educational videos about how to handle emergencies while out on the trail (ie "this is what you do if you cross paths with a bear, snake...").
- Provide local training for GPS uses - such as safety and navigation while on the trail.



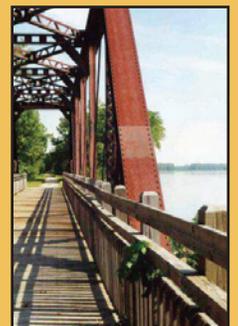
CHAPTER SIX: Recommendations

ADVOCACY

- Create and maintain an active and strong organization to get the support of elected officials at all levels. Political leaders will not want to stick their necks out to help a project unless there is strong grassroots community support.
- Support trail proposals and participate in their process.
- Help support the continuation or establishment of government funding programs that assist communities or trail development. Grassroots efforts can make this happen.
 - The US Department of Housing & Urban Development: Empowerment Zone and Renewal Community (EZ/RC) programs were almost cut, but due to grassroots support, the Obama administration extended the program through fiscal year 2010.
 - The federal Surface Transportation Bill is passed every 6 years, and funds the Bike/Ped, Rec Trails, TE, and other grant programs. Grassroots support is needed to ensure funding for these important community-based programs.
- Participate in Hike the Hill Trail Advocacy Week.
 - Sponsored annually by American Hiking Society, this is a good opportunity to get trained on how to talk with your legislators, and then set up appointments to meet with them, to tell them about your trail project in their district.
<http://www.americanhiking.org/Our-Work/Policy-Advocacy/Hike-the-Hill/>
- Most trail and environmental non-profits now have Action Alert programs to inform the public. Sign up and take action.
 - American Trails
 - Rails to Trails Conservancy
 - International Mountain Bike Association
 - WV Rivers Coalition
 - WV Cycling Foundation
- Participate in the Context Sensitive Solutions National Dialog regarding Transportation design. For details, visit <http://www.cssnationaldialog.org/>
- Consider zoning and legislation to encourage or require development and walkability in communities.
- Participate in the DOT planning process and “watchdog” to ensure new roads & bridges have shoulders or other appropriate bike/ped accommodations.



In Fayette County, the National Park Service is looking for public input for a proposed trail network at New River Gorge National River, one of the premier recreational areas in the Mid-Atlantic. The proposal includes the construction of two new stacked-looped mountain bike trail systems and the reclassification of certain existing trails to be open to bicycles. This has the potential of creating a network of more than 100 miles of trails in the region.



CHAPTER SIX: Recommendations

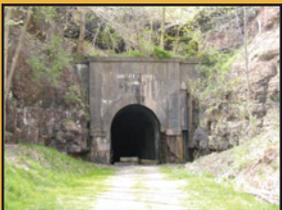
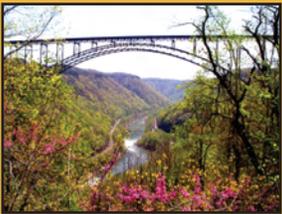
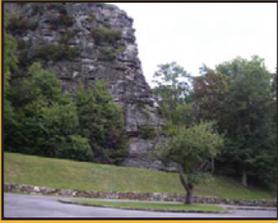
PLANNING & DEVELOPMENT: Going from Ideas & Visions to Open for Business

MAPPING

- **Buy GPS units, equip and train a group of volunteers to gather GPS coordinates for the trails.**
 - Contract with CCCWV, Mercer County VoTech, Regional Planning Councils or RTI to provide the GPS training.
 - Acquire and use the WV Dept of Transportation worksheet for inventory of trail facilities.
 - Work with the local community to identify trails.
 - Organize a “Hike Your Community” or “Hike Your County” day -- Do inventory, collect GPS points, ID gaps/links.
 - Invite agency and elected officials to ride the trail with locals during GPS mapping.
 - Expand the existing NCHA trail map, by GPSing all the existing trails in the region, formal and informal. All trails need GPS points for wayfinding, rescue, and accurate mapping.
 - Volunteers can do some mapping, if it is coordinated with quality control.
 - Contract some mapping out if there is no volunteer group.
 - Inventory public lands digitally. Contract with Rahall Transportation Institute (RTI).
 - Create all maps using GIS as the base layers. Maps are easier to update this way.
- Share ongoing GPS/GIS digital information freely with WV-DOH Trail Coordinator, NCHA, other public agencies and rescue organizations.

- **Make all GPS and GIS data accessible to the general public and the maps themselves posted on the www.coalheritage.org website.**

- Migrate existing trail data to an online Interactive Map Site similar to the one Cornerstone GIS designed for Mercer County CVB. In an effort to continue this trail project, there is value in contracting the migration of all trail data from its existing format in GIS and hard copy maps to an online interactive map site for use by visitors and patrons of the trails. Interactive online mapping is a resource that provides information to users including the length, difficulty, and trail use. As new trail data becomes available or data becomes obsolete, online interactive maps can be quickly updated. More information is available at http://cornerstonegis.net/inter_map.html.

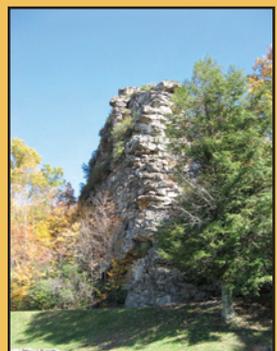
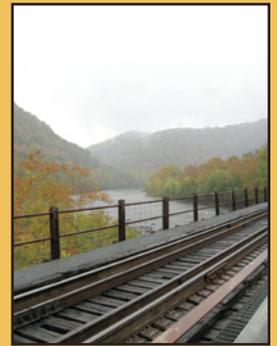
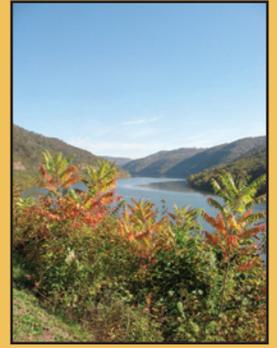


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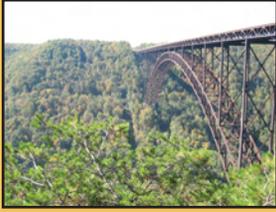
PRIVATE LANDS

Guide for “How to Start Working with Private Landowners.”

- **Develop a plan / methodology to develop & maintain new trails on private land.**
- Identify the location of the trail route that you are envisioning, and document the landowners. You will have to get permission from any landowner that your trail will cross over.
- Gain local and political interest, support and buy-in for the trail project before knocking on landowner's doors. Approach the project as an established organization, not as a single individual.
- Develop fact sheets that document the benefits of trails to individuals and landowners. Be prepared to discuss the facts, and provide case examples of successful projects.
- **Develop working relationships with members of the WV Land & Mineral Owners Association, WV Surface Owners Rights Organization, and any other land ownership groups.** These organizations can help you understand common concerns, and allows an opportunity to develop social ties with this critical community.
- Identify the right messenger, and the right person in the land company to work together. Perhaps there is someone who likes to hike with their kids. Good communication starts with a common ground. Be amenable and friendly.
- Approach landowners with “Here to help” not “I need a favor” strategy. Take time to build trust cultivate relationships, and understand the concerns of landowners before asking for use of their land. Every land owner or manager has their goals, issues, concerns. If you want to build a trail across someone's land, you need to be able to respond to their concerns.
- Ask landowners what their trail routing concerns are, and what trail route would be most acceptable to them. Provide an overview of the trail project, and what end points you are trying to connect. Do not draw a firm line. Ask the landowner to guide the route to the best option.
- Provide boundary and trail corridor survey work to the landowner as part of your negotiating efforts for a legal agreement.
- Ask the landowner what level of land agreement they are amenable to. Attempt to get a trail easement agreement that attaches to the deed, or an outright purchase of the land. If that is not possible, a license agreement with as long of a termination/relocation notice as possible (ie 6 months is better than 30 days). A handshake agreement has nothing written down, and is the last resort, but is one way to start.
- Landowners may want to retain the right to change the route in order to appease future Lessee operations. This would make them much more comfortable.
- Work with WV Land Trust to work toward the consideration of conservation easements as an option for tax advantages. www.wvlandtrust.org



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- With license agreements or handshake agreements, be prepared to offer in writing what your group will do to address landowner concerns, such as protecting the landowner from liability, managing and maintaining the trail. A good track record and management practices may satisfy any fear of lawsuits.
- Provide a copy of the Recreational Use Statute, when negotiating with the landowners about liability. They will need to see the actual law, not just your interpretation of it, and be able to understand who it protects. The Statute is found in the WV Code, Chapter 19, Article 25. "Limiting Liability of Landowners" available online at <http://www.legis.state.wv.us/WVCODE/ChapterEntire.cfm?chap=19&art=25>.
- Make it clear the position of your group regarding condemnation. For example, the Great Eastern Trail Association (GETA) & WV Scenic Trails Association (WVSTA) do not support condemnation of private property now and will not support it in the future.
- The county/state should purchase private property already being used for trails informally.
- Work with railroad companies, logging companies, coal companies & land companies.

ACCESSIBILITY

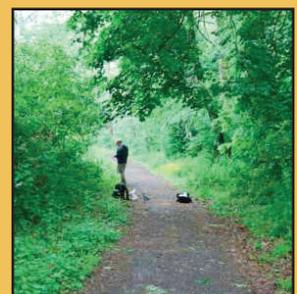
- **Develop 1-2 mile long handicapped accessible trails in every community. This is a high priority need.**
- Review, and consider adopting, the design principles recently drafted by the U.S. Access Board for outdoor areas, with adjustments to fit the southern WV terrain. The Draft Final Accessibility Guidelines for Outdoor Developed Area is available at <http://www.access-board.gov/outdoor/draft-final.htm>
- **Engage the disabled community in your trail planning work. The Center for Excellence in Disabilities is a good place to start.**
- Participate in the WV Therapeutic Recreation Association. Most people will have some kind of injury or disability at some point in their lives, and this group helps the transition back to physical activity.

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FUNDING

There never seems to be enough readily available money. WVDOH says that very few trail applications are received from southern WV counties. Your project will never get funded if you don't apply for the grants. Be aware that when the grants are received, that's when your work and record-keeping really ramps up, so be ready to handle the pressure, and know that you will learn-on-the-job.

- **Develop a resource guide for funding trail projects.** It should include a comprehensive database of grants and other funding that can be used for trail-related projects.
- Apply for grants found on the WVDOT State Trail Program website, such as Recreational Trails Program, Transportation Enhancement Program, Safe Routes to School Program, and others. http://www.transportation.wv.gov/highways/programplanning/grant_administration/Pages/default.aspx
- **Create the "NCHA Trail Partners Program," a small grants program to seed community trail projects and clubs.**
 - The program should be structured similar to the WV Stream Partners Program.
 - Each year, there is \$100,000 to divide up in \$5,000 maximum grants. The applications/reporting requirements are simple. <http://www.wvca.us/stream.cfm>
 - Connect with the nine (9) agencies in the WV Department of Commerce, for help with your trail and community-based planning and development projects. These are: Development Office; Energy; Forestry; Geological & Economic Survey; Miners' Health, Safety & Training; Labor; Natural Resources; Tourism; Workforce WV; www.wvcommerce.org.
 - Get help from and participate with your regional RC & D.
 - The Resource Conservation and Development (RC&D) was established by Congress as a unique program to ultimately empower rural people to help themselves. These organizations are set up by local citizens to help people improve the quality of life in rural communities through development of human and natural resources.
 - RC & D's are self-directed, locally led regional grassroots rural development organizations. It is important to note that such a group is not a unit of government. The USDA Natural Resources Conservation Service supports the RC&D with personnel, office space and equipment, and sometimes financial and technical assistance for projects.
 - Each location is governed by a local council which defines problems and sets priorities for assistance. These councils provide direction, planning, and implementation of selected projects within their boundaries.
 - In southern WV, RC&D's provide small grants of \$500-\$1000 to help a project.
 - Apply for WV On the Move's "Schools on the Move" mini-grants of up to \$5,000.
 - Since 2005, WVOM has awarded 35 SOM grants in 18 WV counties.
 - Awarded projects have included school walking tracks, a climbing wall, bicycling club activities, and family fun and exercise nights.

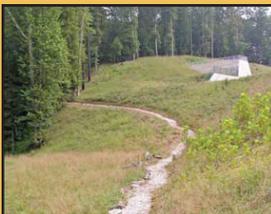


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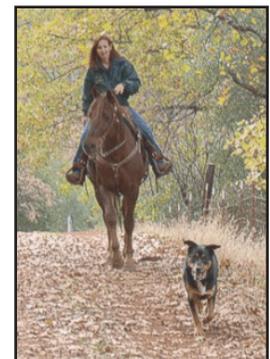


In Derry PA, an annual "Race for A Cause" fundraiser for the American Association for Lost Children (AALC) is held on National Missing Children's Day, near the home town of the organization's founder. In 2009, there were 66 finishers, age 15-62, and the information was posted online.

You can find out more by going to www.aafic.org or www.iPlayOutside.com.



- Host fundraising trail-related events. Fun Runs/Walks are a good way to engage a broad cross-section of the community.
- Apply for a grant from the Bikes Belong Foundation to help with your advocacy work. <http://bikesbelong.org/foundation>
- Seek to use mitigation fees, or in lieu fee mitigation where development occurs. Explore the opportunities for using this funding, for wetland restoration, possibly river access, and green infrastructure measures. Mitigation banks, consultants, and state agencies are resources for more information. <http://www.russellresourcesolutions.com/Articles/mitigation.pdf>.
- WV State could create a Development Tax (like Georgia) which can be used for trails and walkable communities. Research good models in Appalachian states to emulate in WV.
- Use Natural Resources Taxes (Coal & Gas) on trails & property purchases.
- Utilize the Land & Water Conservation Fund, through the WV Development Office.
- Create a special license plate for public trails. Use those proceeds for matching funds to federal grants.
- Engage your legislators about your trail project, and ask them to help you find funds for it. This funding could come through an earmark in a federal agency's budget. In the past few years, our WV Senators and Congressmen have been successful in agency earmarks for trails (ie USACOE planning/development, FHWA \$300K Cheat River Rail-Trail & \$980K PawPaw Trail).
- Use local funds from the Convention & Visitors Bureau (CVB) for brochures and websites. These funds can be acquired from the hotel/motel taxes.
- Develop public-private partnerships, and get business sponsorships for trail projects.
- Start an NCHA Trails Fund. This fund will be able to accept private donations that are tax-exempt. The fund could be used for matching federal or state grants.



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TRAIL & GREENWAY DEVELOPMENT

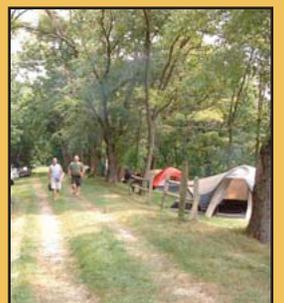
How does a person get trails started and maintained in areas and communities without them? How do you get your trail idea to rise to the local and regional priority list? Much of the NCHA is a rural, poverty area. Trails are often considered lesser priority to traditional infrastructure and economic initiatives such as water/sewer/roads/jobs. There is a huge need for close-to-home and/or community based trails/paths/tracks for walking, running, cycling (people-powered physical activity) to help attack the obesity/overweight crisis, and to improve community and personal health and wellness.

- **Based on the Trail Survey and Workshop results, identify those individuals or communities that are interested in getting started with trails of any kind. Make contact and start the project.**
- Prove you can do small projects. Get something started - in the ground.
- Make linkages. Think regionally, work locally. Start small with a focus on making future linkages. Create branches from rural or mountain trails into communities.
- Talk to trail users at the trail to identify & map trails, and link up a system.
- Distinguish yourselves from Hatfield-McCoy trails - make a distinct niche.
- Create intermodal transportation systems. Work with the Bike/Ped planners of the Regional Planning & Development Councils to develop alternative transportation systems. For example, Beckley is planning an Intermodal Transportation Center.
- Coordinate trail development with other development projects, such as utilities, highway construction, housing and commercial development construction, post-mine land use planning.
- Share utility corridors (water, sewer, gas, electric) with trails.
- For towns & counties having subdivision regulations, require mandatory design for, and construction of, sidewalks or paths for pedestrians & bicycles.
- Develop sustainable trail development and management principles, based on existing policies in other regions and found in various trail manuals.
 - Tell people how to access the trail standards online.
- Develop a trail strategy for more rural areas.
- Develop more "urban" trails in the populated areas. People want close-to-home access to trails.
- **Develop trails that link communities and natural and cultural resources.**



Somehow the message needs to get out - that getting trails IN a community - makes the community more attractive for investment/development and to attract people to move there or continue to live there.

Trail infrastructure & promotion builds momentum for attractive community development. We can learn from the more urban, trail-friendly towns such as Fayetteville, WV, a gateway community to the New River Gorge National River and Gauley River National Recreation Area. With more access to trails in this area, physically active people are attracted to move into the community. This results in more people with more energy for creating more trails & activities/events around the trails. A vibrant community results with vibrant leadership.



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Ashland Company Store & KOA Campground in McDowell County are serving the Hatfield-McCoy Trail users.



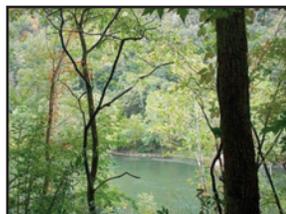
Engage with your Economic Development Corporations, and see how they can participate in your trail project and how businesses might benefit.



Mon River Trails Conservancy hosts an annual Half-Marathon on the Deckers Creek Rails-Trails, with a party at the end at Riverfront Park. The event has grown to over 200 people, and is a fine fundraiser for the organization.
(web)



- Provide regional training sessions for developing walkable communities.
- Plan for destination points and points of interest associated with trails.
- Connect small communities with bike/walking paths.
- **Locate trailheads so they are more obvious and easy to find.**
- **Plan for amenities at the trailheads: trash cans, bathroom facilities, parking, signage.**
- Conduct Green Infrastructure planning and identify hub/spoke opportunities for green spaces and ecosystem benefits.
- Learn about and participate in the Sustainable Sites Initiative (SSI).
<http://www.sustainablesites.org/report> or www.sustainablesites.org/faqs
 - SSI is an interdisciplinary partnership of the American Society of Landscape Architects, the Lady Bird Johnson Wildflower Center, and the US Botanic Garden.
 - The services people enjoy from health ecosystems are the unobtrusive foundation of daily life. Yet people often underestimate or simply ignore the values from these “ecosystem services” when making land-use decisions - only to realize later how difficult, expensive, and sometimes impossible it is to replicate services once they are lost.
 - The central message of the SSI is that any landscape—whether the site of a large subdivision, a shopping mall, a park, an abandoned rail yard, or even one home—holds the potential both to improve and to regenerate the natural benefits and services provided by ecosystems in their undeveloped state.
 - SSI has developed guidelines for sustainable land practices that are grounded in rigorous science and can be applied on a site-by-site basis nationwide.
 - The impetus for creating the guidelines came from the recognition that although buildings have national standards for “green” construction, little existed for the space beyond the building skin. Modeled after the LEED® (Leadership in Energy and Environmental Design) Green Building Rating System™ of the U.S. Green Building Council, the Initiative’s rating system gives credits for the sustainable use of water, the conservation of soils, wise choices of vegetation and materials, and design that supports human health and well-being.
 - Pilot Projects will test the guidelines over the next 2 years (thru March 2012).



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PROMOTING AND USING THE TRAILS

Once a trail is established, it is important to let people know that it exists, and how to get to it. If the trail is community-based, it will likely be used immediately by numerous walkers and fitness/wellness advocates.

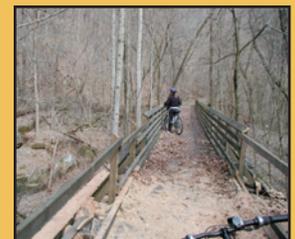
- The sure-fire way to ensure that people know and care about the trail is to involve a broad sector of the community or trail groups in the creation of the trail.
- Encourage a sense of ownership by the individuals and their families, businesses, and civic organizations. The rest will happen organically.

PUBLIC RELATIONS & MARKETING

- Develop website and marketing tools.
- **Identify your marketable trail-related facilities and trailheads & make information about them accessible to the general public in a variety of ways.**
- Identify all the ways that a project or event could be marketed, and develop a site-specific marketing plan.
- Promote NCHA - what it is and is not, and what it does and does not do. More people need to learn that they live within a National Heritage Area, and what they can do to improve their community.
- Coordinate trail marketing with other tourism marketing.
- **Create and maintain an active website and social networking sites about trails and trail-related events.**
 - Create a currently online events calendar for NCHA website.
 - Use web "links" to each other's projects. Don't "re-invent" a trail network. Local websites should link to trails information.
 - Make trail information accessible via web-based GIS application. Mercer County CVB and traillink.com are two good sources.
- **Update the NCHA website to include a map of the region, documents and publications, news stories, funding information, updates on numerous projects underway, etc. Post the Trail Plan and Maps.**
- Do "Guerilla Marketing" (cheap/free PR) to attract public attention to your project or event.
 - Promote your trails with travel and trail writers. Find writers at various conferences, or through your Division of Tourism or CVB's. Acquire copies of the books and stories for distribution.
 - Create a poster to hang in public places.



Boy Scouts of America selects West Virginia as site for the National Scouting Center. The Boy Scouts of America (BSA) announced plans to build a multimillion dollar high adventure base in southern West Virginia. After reviewing 80 proposals from 28 states, the BSA has entered into an agreement with Meadow Creek Coal Corporation to purchase more than 10,000 acres in Fayette County. In its press release, BSA said West Virginia offers Scouts unique opportunities to experience some of the best whitewater rafting, rappelling, mountain biking, and other activities not found anywhere else. Source: Governor Joe Manchin's August 2009 "Open for Business" Report, page 2.



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Mercer County's CVB contracted with Cornerstone GIS, LLC to develop the state's first interactive map site featuring local trail systems, which can be viewed at visitmercercounty.com/map.



This website is an excellent example of what can be designed for the NCHA's trail inventory data to provide an outlet for getting the trail information to the public in an online format while also serving as the basis for a statewide comprehensive interactive map system.



- Create user-friendly trail maps and place them in display racks or info centers.
- Ensure your trails are reflected accurately in regional and statewide marketing efforts.
- Post information about trails & points of interest can be posted on the Public Interest Channel on TV.
- Register your events.
 - Register your tourism/trail-related facility and events in WV Division of Tourism's "Travel Planner" online database. The easy fill-in form is online at <http://tourism.listings@wv.gov> <http://www.wvcommerce.org/travel/industryinformation> or call 1-800-call-wv.
 - Submit events and stories to WVDOT's State Trail Coordinator for their website at: http://www.transportation.wv.gov/highways/programplanning/grant_administration/wvtrails/
 - Market your events on iPlayOutside website. <http://www.iplayoutside.com>
 - Contribute information to AASHTO's e-news, about your bike/ped/byway transportation campaigns, events or other activities. Contact Sherry Conway Appel, AASHTO's national transportation campaign marketing manager at <http://sappel@ashto.org>
- Ensure that each NCHA county is covered by a Convention & Visitors Bureau (CVB), or some kind of local marketing team. McDowell County needs one.
- Create a new Visitor Center in Kimball.

Talk to your CVBs to share information.
- Conduct honest marketing. Make sure your marketing materials make clear to the visitor what they should expect when visiting the facility. For example, on the Coal Heritage Trail or Paint Creek Scenic Trail publications, the front cover should clearly state that this is a Driving Route or Scenic Byway, so they do not get the impression that it is a hiking or biking trail.
- Improve and expand the signage for trails.
 - Create and install trail signage that gives the trail user interesting information about the region.
 - Provide better wayfinding signage on trails. People are afraid of getting lost.
- **Apply for National Recreation Trail designation**, for trails with quality design and management. This designation provides national marketing benefits. In the NCHA, only 2 trail systems have been designated: the Hatfield-McCoy Trail System (2004) and the Huntington Museum of Art Trail (1984). Updates to the online database need to be made. Applications are due Nov 1. <http://www.americantrails.org/nationalrecreationtrails/>
- Develop a "one-stop shop" for NCHA trails, through an online Interactive Map Site that includes all trail data for the NCHA, similar to the one created for Mercer County CVB by Cornersone GIS.

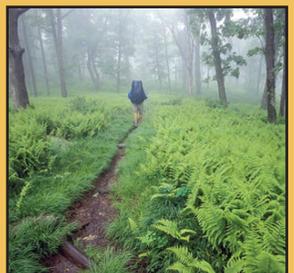
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ECONOMIC BENEFITS - TRAIL RELATED BUSINESS DEVELOPMENT

- Use trails as an economic development tool.
- **Establish a Trail Towns program.** <http://www.trailtowns.org/>
- Build the "Trails Economy" in WV by encouraging entrepreneurship for trail-related businesses.
- EDC's work to attract and retain businesses in their region. They can assist trail-related business development. Trails provide an important quality of life aspect, and should be part of the economic development program of the business community.
- Establish additional trail guide services where needed.
- Plan ahead to develop partnerships with businesses to provide facilities & services to trail users.
- Encourage the development of a local walking adventures business in the NCHA, based on the model of this family business. <http://www.walkingadventures.com/>
- **Provide business information and maps at trailhead kiosks, attractively designed, to let trail users know about what is nearby, such as restaurants, gas, lodging, stores.**
- Create an inventory of all trail-related businesses in the NCHA.

PROGRAM - EVENTS - INTERPRETATION

- **Create additional events to promote local use of trails, and to tell the story of our region.**
- **Create a directory of local trail-related events in southern WV, and keep it updated and accessible to the public. Locate the Professor at Southern Community College that already created an event inventory, and work off that list. Include: bike races, running races, such as half marathon, marathon, triathlons, fun run/walks, paddling trips, fundraising walks/runs, trail festivals.**
- **Combine heritage tourism events** with trail events. (Have fun runs/walks at events.)
- **Host an event for National Trails Day, always the 1st Saturday in June, with trail events happening the entire month.** Support is provided by American Hiking Society. <http://www.americanhiking.org/NTD.aspx>



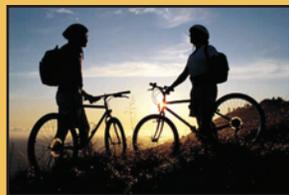
CHAPTER SIX: Recommendations



In 2008, an event called "Ride, Hike and Bike the Park Day!" was held at Twin Falls State Park in Wyoming County. Hikers and bikers shared and enjoyed the trails on Twin Falls State Park. Both the hikes and bike rides had guides. The mountain bike rides were arranged by riders' abilities and skill levels.



Fayetteville New River Gorge Heritage Festival



- Support National Trails Day events through a sponsor or underwriter (ie General Mills provided "Trail Mix" to students)
- Create geocaching sites, and promote them online.
- Work with health care providers to create "Prescription Walking" – walk two miles /day and see me in a month.
- **Encourage walking programs, in partnership with County Health Departments and other groups.**
- **Expand the Volksmarching program in the NCHA region, and encourage membership.** Develop the youth program "Walk Together". Walk with the clubs and walkers of the American Volkssport Association for fun, fitness, and friendship. There is only one AVA Club in WV, and it could easily be expanded. www.ava.org
- Create an Irish Road Bowling event (as a fun event on a trail). Irish Road Bowling is ideal for young athletes or seniors who are looking to enjoy a scenic walk on a country road, combined with an ancient and exciting, but not overly strenuous, sport! <http://www.wvirishroadbowling.com/>
- **Explore opportunities for adding interpretation that tells the coal heritage story along existing trails and in developing new trails.**
- Provide opportunities for self-guided learning along trails. Historic sites should be interpreted, such as the Statesbury Community Church, old coal tipples.

Create "podcasts" (MP3 audio downloads) for hikers that will "read" to them oral histories of that area's residents and provide a history of trails (like Mary Ingles).

TRAIL MANAGEMENT/MAINTENANCE & SAFETY

- Ensure that each trail has a coordinator or steward to manage it.
- **Create an Adopt-a-Trail Program.**
 - Recruit youth groups (such as Girl Scouts, Boy Scouts, and Church Groups), civil clubs, businesses, etc.
- Use best management practices in designing and building the trail for the use intended.
- Promote trail usage. It results in safer trail, because there are more eyes on the trail.
- Prepare educational kiosks/bulletin boards at the trailheads, on trail ethics.
- **Adopt and teach the "Leave No Trace" and "Tread Lightly!" concepts.**
- Educate people on ATV safety.

CHAPTER SIX: Recommendations

- Educate people on individual safety and responsibility. Ensure that trail users are provided information on trail conditions at the trailhead kiosks.
- Provide access to loaner/rental GPS units for trail users, with pre-loaded map of the trails, and an easy-to-use system. Some people are afraid of getting lost on the trails.
- Track and rescue lost people on trails with a cell signal (or radio transmitter).

TRAIL TYPES

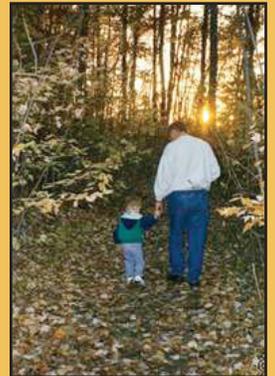
This section lists some actions to take for specific trail types.

LAND TRAILS: Motorized

- **Support the creation of additional miles of sustainably-designed public motorized trails.** This should relieve some of the pressure from illegal ATV riding, an so that the riders will hopefully then stay off non-motorized trails.
- Balance the number of motorized trails in your community with safe non-motorized opportunities such as walking.
- Develop educational / training programs for all ATV/dirt bike riders. This should cut down on the accidents.

LAND TRAILS: Non-Motorized

- **Create trails/paths around new developments such as a subdivision or a shopping center.**
 - There are already “Walmart walkers” indoors. This will give them an outdoor walking area for the nice days. This kind of initiative is currently taking place at the Highlands Business Park (Cabellas) in Wheeling.
- Create & distribute walking trail maps for communities.
- Contact Washington & Lee University about building horse trails on their land in War.
- Create a Through-the-Park Trail at New River Gorge, which would establish a large segment of the proposed Mary Draper Ingles Trail system.
- **Support the establishment of long-distance hiking trails through the NCHA region. These include the Great Eastern Trail and Mary Draper Ingles Trail.**

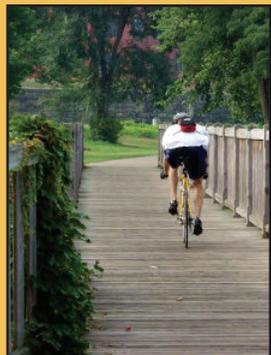
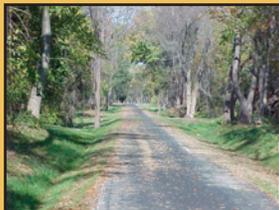


CHAPTER SIX: Recommendations



RAIL-TRAILS

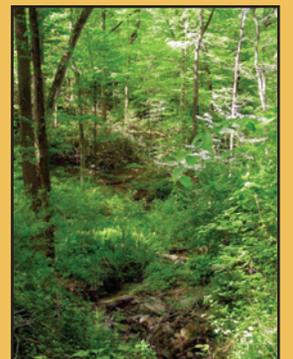
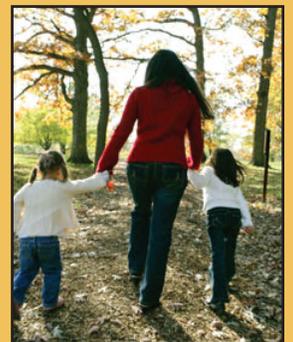
- Use more abandoned rail lines for trails, and create a system of rail-trails. This is land recycling.
- **Inventory, map, and analyze the abandoned or unused rail corridors in the NCHA Region for possible conversion for trail.**
 - Complete a Railroad Right-of-Way inventory for identifying candidate rail-trails.
 - Consult the 1948 Railroad maps – there were branch lines up many forgotten hollows, most are grown up now with vegetation and hard to see.
 - Verify rail corridor status (active, unused, abandoned) - ask WVDOT State Rail Authority.
 - Consult, update, and digitize the 1992 WV Abandoned Rail Assessment, conducted by WV Rails to Trails Council and Rails to Trails Conservancy using an ISTEA grant. A hard copy may be available from RTC or WV Trails Coordinator.
- Develop a strategy to acquire and convert the corridors to handicapped-accessible trails.
- Expand contact list for the Rails to Trails Conservancy (RTC) Early Warnings alerts, to include trail users / groups / advocates.
- Respond to Early Notice Alerts from RTC.
- **Partner with the WV Brownfields Program for rail-trail projects. There could be toxins on the corridor.**
- Consider Rail With Trail opportunities.
- Create Paint Creek Rail-Trail without federal grant funds (because it is also used as driveway and Oil/Gas access road)
- Extend the Lewis McManus Memorial Honor Trail in Beckley north to Cranberry/Bradley and south to Raleigh/Beaver.



CHAPTER SIX: Recommendations

ROADSIDE TRAILS

- Road bikers and walkers need improvements along roadways.
- Install "Share The Road" signs along appropriate roads.
- **Work with the WV Cycling Foundation to identify and map popular road routes in the NCHA.**
- **Participate on the "WV Bicycle Pedestrian Network" of the WV Trail Coordinator**
 - This is an e-mail list group formed in December 2008 by the WV Trail Program Coordinator / Bike Ped Coordinator in the WVDOH. The purpose is to provide local information on bicycle/pedestrian usage as it pertains to West Virginia Division of Highways (WVDOH) projects, such as roadway and bridge development/maintenance, and ensure that bike/ped is included where needed now or in the foreseeable future. The WVDOH is tasked by the Federal Highway Administration to consider bike/ped on Federal Aid projects.
- Participate on your Regional Planning & Development Council, or Metropolitan Planning Organization (MPO) to ensure that bike/ped projects are included in their Transportation Improvement Plans (TIP). These TIPs are incorporated into the State Transportation Improvement Plan (STIP) every year, and are referred to when determining priorities of funding resources.
- Learn about alternative transportation and transportation design, and encourage its use in WV. For example, Context Sensitive Solutions (CSS) is an approach to the process and outcomes of transportation decision making. Key aspects of CSS include:
 - Addressing a purpose and need that is agreed to by a full range of stakeholders
 - Open, honest, early and continuous communication with stakeholders and meaningful opportunities for stakeholders to shape outcomes
 - A flexible approach to design that preserves and enhances natural and community resources.
 - Only one WV project is listed on their website as a case study, and it pertains to accessible pedestrian signals in Morgantown. CSS projects can include other bike/ped accommodation. Learn more at: www.contextsensitivesolutions.org



CHAPTER SIX: Recommendations



WATER TRAILS

- Consult the Water Trail designation guidelines, available on the WV DOH State Trail Program website.
- Identify rivers that can be water trails (ie Guyandotte, Tug, Coal, Big Sandy).
- **Support community efforts to create water trails.**
- Create Little Beaver Lake Water Trail.
- **Provide more public access points along the rivers, for both fishing and paddling.**
- Participate in the US Army Corps of Engineers (USACOE) annual fishing & boating committee meetings (forum to discuss possible changes in no-wake zones).

SCENIC BYWAYS

- Conduct more marketing of the Coal Heritage Trail Byway.
- Develop a support structure for Paint Creek Scenic Trail Byway to be sustainable and conduct grant-writing for future development.
- **Support the development of additional Byways and Backways.** Possible candidates include the Guyandotte Byway in Wyoming County, and the Coal River Backway in Lincoln & Boone Counties.
- Develop recommendations regarding the naming of Byways and Backways to distinguish them from hiking/biking trails.
 - Name any new Byways or Backways using one of these words at the end. Do not use the word "Trail" – a "trail" should be reserved for off-road alternative transportation.
 - Consider renaming the Byways that are using the word "Trail." It is confusing to the visitor. Replace the word "Trail" with "Byway" or "Backway."
- Apply for National Scenic Byways Program funds for projects related to officially designated Byways and Backways. This is an 80% federal, 20% local reimbursement grant program that may recognize "in-kind" matches for the local share.
http://www.transportation.wv.gov/highways/programplanning/grant_administration/Pages/default.aspx

APPENDIX A: Survey Instruments

Three different surveys were conducted during the research phase of the NCHA Trails Study. One questionnaire was designed for elected officials and user groups (general public). The other two questionnaires were administered to public land managers and land owners. The different instruments used are on the following pages.

APPENDIX A: Survey Instruments

NCHA Trail Survey For Elected Officials and Steering Committee Members

Phone and Online Survey conducted between 7/1/08 - 8/30/08

The National Coal Heritage Area is in the process of developing a Regional Plan for Greenways, Blueways and Open Space for the southern 12 counties in WV (Boone, Cabell, Fayette, Kanawha (just Paint Creek & Cabin Creek Watersheds), Lincoln, Logan, McDowell, Mercer, Mingo, Raleigh, Summers, Wayne, Wyoming).

We would like to find out from you how you use trails, and how to improve legal recreational trail opportunities for both residents and tourists.

What is a TRAIL? "A trail is a linear corridor, on land or water, with protected status and public access for recreation or transportation. Trails can be used to preserve open space, provide a natural respite in urban areas, limit soil erosion in rural areas, and buffer wetlands and wildlife habitat along waterways. Trails may be surfaced with soil, asphalt, sand and clay, clam shells, rock, gravel or wood chips. Trails may follow a river, a ridge line, a mountain game trail, an abandoned logging road, a state highway. They may link historic landmarks within a city. Trails may be maintained by a federal, state or local agency, a local trails coalition, or a utility company." (Trails for All Americans, 1990) In addition, trails can allow either motorized or non-motorized uses.

1. How would you rate your health? (Check One)

- Very Good
- Good
- Fair
- Poor
- Very Poor
- Don't Know

2. As a child growing up, were you physically active outdoors?

- Yes
- No

3. If you have children now, are they physically active outdoors?

- Yes
- No

4. How much time do you spend each day participating in outside activities (leisure, recreation, exercise)?

- Less than 10 minutes
- 10-20 minutes
- 20-30 minutes
- Greater than 30 minutes

5. How often are you physically active outdoors for more than 30 minutes?

- Never
- Rarely
- Somewhat Often
- Often
- Very Often

APPENDIX A: Survey Instruments

6. What items below discourage or prevent you from being more physically active? Check all that apply.

- Stress
- Time constraints, shift work, multiple jobs
- Family responsibilities, schedules
- Health problems
- Not in the habit, not a priority
- No companionship, no one to go with
- Lack of access or walkability (steep grades, no path or sidewalk, etc.)
- No trails or walks nearby
- Areas are unattractive, dirty, dilapidated
- Cost
- Crime in area
- No lighting or poor lighting
- Too crowded, too much traffic
- Lack of variety or choice of activities
- Lack of scenery, landscapign
- Area is uncomfortable, lacks amenities (no seating, poor or no restrooms)
- Easy to get lost, no wayfinding, or other signs
- Animal control
- Other, please specify: _____

7. What do you value about the out-of-doors in your community?

8. What kinds of activities do you do in the outdoors?

9. Please check all the ways you would use a trail if it was in your neighborhood, community, or region.

	You	Household
Walking/hiking for fun, exercise	<input type="checkbox"/>	<input type="checkbox"/>
Walking for transportation to school, store, church, etc.	<input type="checkbox"/>	<input type="checkbox"/>
Bicycle for fun, exercise	<input type="checkbox"/>	<input type="checkbox"/>
Bicycle for transportation to school, store, church, etc.	<input type="checkbox"/>	<input type="checkbox"/>
Running, jogging	<input type="checkbox"/>	<input type="checkbox"/>
Horse	<input type="checkbox"/>	<input type="checkbox"/>
ATV	<input type="checkbox"/>	<input type="checkbox"/>
Dirt Bike	<input type="checkbox"/>	<input type="checkbox"/>
4WD (jeep, hummer)	<input type="checkbox"/>	<input type="checkbox"/>
Cross County Skiing	<input type="checkbox"/>	<input type="checkbox"/>
Rollerblading	<input type="checkbox"/>	<input type="checkbox"/>
Pushing a baby stroller	<input type="checkbox"/>	<input type="checkbox"/>
Wheelchair/Walker	<input type="checkbox"/>	<input type="checkbox"/>
Events (walks/runs/triathlons)	<input type="checkbox"/>	<input type="checkbox"/>
Birdwatching/Nature Study	<input type="checkbox"/>	<input type="checkbox"/>
Paddling a canoe/kayak	<input type="checkbox"/>	<input type="checkbox"/>
Fishing	<input type="checkbox"/>	<input type="checkbox"/>
Hunting	<input type="checkbox"/>	<input type="checkbox"/>

APPENDIX A: Survey Instruments

10. How often do you use trails? Place a check in the appropriate column.

	Daily/weekly	Monthly/Seasonal	Rarely	Never
Walking/hiking (fun, exercise)	_____	_____	_____	_____
Walking for transportation to school, store, church, etc.	_____	_____	_____	_____
Bicycle (fun, exercise)	_____	_____	_____	_____
Bicycle for transportation to school, store, church, etc.	_____	_____	_____	_____
Running, jogging	_____	_____	_____	_____
Horse	_____	_____	_____	_____
ATV	_____	_____	_____	_____
Dirt Bike	_____	_____	_____	_____
4WD (jeep, hummer)	_____	_____	_____	_____
Cross Country Skiing	_____	_____	_____	_____
Rollerblading	_____	_____	_____	_____
Pushing a baby stroller	_____	_____	_____	_____
Wheelchair/Walker	_____	_____	_____	_____
Events (walks/runs/triathlons)	_____	_____	_____	_____
Birdwatching/Nature Study	_____	_____	_____	_____
Paddling Canoe/Kayak	_____	_____	_____	_____
Fishing	_____	_____	_____	_____
Hunting	_____	_____	_____	_____

11. How many miles do you live from the closest trail or pathway?

- 0-10 miles
- 10-20 miles
- 20-30 miles
- > 30 miles
- Don't know

12. Please write the name of the closest trail/pathway to your home?

Name of Trail: _____
 Length of Trail: _____

13. I use this trail: (check the closest estimate)

- Once a day
- Once a week
- Once a month
- Once a year
- Never

14. Please tell me more about this trail. What do you want me to know about it and/or your use of it?

15. Please list the trails that you are familiar with. (name - location - length)

APPENDIX A: Survey Instruments

16. What parks/trails are within 15 miles of your home?

17. What trail maintenance, safety, or design needs do you want to tell us about?

18. Transportation - how do you get around?

- Car
- Bike
- Walk
- Catch Rides
- Cab
- Bus
- Train
- ATV

19. What organizations do you belong to?

20. How many hours a month do you do volunteer work?

21. What current trail-related project(s) are you (or people you know) working on?

22. What trail-related projects are being thought about?

23. Who else should we talk to about trails?

24. What does West Virginia mean to you, in 20 words or less?

APPENDIX A: Survey Instruments

25. What is your county or town's brand phase? (for example Fayetteville: Coolest Small Town. West Virginia: Wild and Wonderful)
- _____
26. What else do you want to tell us about trails in your region?
- _____
27. What year were you born? (example 1960) _____
28. What is the 5 digit ZIP CODE for your neighborhood? _____
29. Do you have a second home/house? ___ Yes ___ No
30. If yes, what town, state is your second home located? _____
31. What is your gender? ___ Male ___ Female
32. Please select your household income range:
- ___ Below \$10,000
 - ___ \$10,000 to \$20,000
 - ___ \$20,000 to \$40,000
 - ___ \$40,000 to \$70,000
 - ___ Higher than \$70,000
33. Please select the highest level of education completed.
- ___ Less than high school
 - ___ High School Diploma/GED
 - ___ Some college, other technical training
 - ___ College graduate
 - ___ Graduate Degree, or higher
34. Finally, we'd like to invite you and your friends to attend one of the four (4) public Trail Planning Workshops. Light refreshments will be served.

Tuesday, July 29th, 5:30 - 9:00 pm
Chief Logan State Park Lodge and Conference Center, Logan, WV 25601
(304) 855-6100 or (800) CALL-WVA www.chiefloganlodge.com

Wednesday, July 30, 12:30 - 4:00 pm
Rahall Appalachian Transportation Institute
1900 Third Avenue, West Wing, Huntington, WV 25755
(304) 696-7098 www.njrati.org

Tuesday, August 12, 5:30 - 9:00 pm
McDowell Public Library, Welch, WV 24801
(304) 436-3070 mcdowell.lib.wv.us

Wednesday, August 13, 12:30 - 4:00 pm
Beckley-Raleigh County Convention Center (Old Raleigh Co. Amory)
Beckley, WV 25801 (304) 252-7361 www.raleighcoarmory.com

APPENDIX A: Survey Instruments

This survey was administered by telephone interview by WVU graduate student Candice Riley.

Public Land Managers: Trail Survey

July 1, 2008

Hello. This is _(name)_, and I'm working with the National Park Service's Rivers & Trails Program, located up in Morgantown. I'd like to invite you all to a Trail Workshop for the National Coal Heritage Area, and to ask some questions about trails.

.....Could I please speak with the outdoor recreation planner or trail manager? (Once you have the right person on the phone.....)

.....Would you be willing to answer some questions about trails?

The National Coal Heritage Area is in the process of developing a Regional Plan for Greenways, Blueways and Open Space for the southern 12 counties in WV (Boone, Cabell, Fayette, Kanawha (just Paint Creek & Cabin Creek Watersheds), Lincoln, Logan, McDowell, Mercer, Mingo, Raleigh, Summers, Wayne, Wyoming). We would like to work closely with public land managers to improve legal recreational trail opportunities for both residents and tourists.

Name: _____ Position: _____

Address: _____

Phone: _____

Email: _____

Website: _____

What is the name of your public land? _____

Acreage? _____

ABOUT TRAILS

Do you have trails, or old roads, on your property? Yes No

Names of Roads _____

Map to send? Yes No

Do you have a Trail Guide or Map? Yes No

If yes, is it available online? Yes No

Website: _____

Can you also fax it or map it to: FAX (304) 293-2441, atten. Peggy Pings
MAIL: P.O. Box 6125, Morgantown, WV 26506-6125

APPENDIX A: Survey Instruments

We are creating a digital map of existing trails in West Virginia. Are any of your trails available as electronic files? Yes No

If YES, could you please share them with us for this project?
 Yes No If YES, send to: mpings@wvu.edu

TYPE OF TRAIL USE	NUMBER OF TRAILS	MILES OF TRAILS
Hiking		
Biking		
- Mtn bike (hilly, single track)		
- Multi-use (flatter, wilder)		
- Road bike		
In-line Skating		
Horse		
Cross Country Skiing		
Multiple Use (list uses)		
Paddling or Motorboating		
ATV or Dirtbike		
Handicapped Accessible		

What do you like about your trail system?

What do you see as benefits of your trails?

What is your wish list regarding trails? (needs, improvements to make, etc)

What are your issues, concerns, or barriers with planning, developing, and managing public trails?

What are some possible solutions to these problems?

Are there any plans to change or expand the trail system?

Yes No

What are they? _____

Are there any opportunities to link to trails or communities outside your boundaries?

What are they? _____

Are there any opportunities for designation of a Scenic Byway or Backway?

Yes No

If Yes, what roads? _____

APPENDIX A: Survey Instruments

ABOUT YOUR PARK

What is the closest town with visitor facilities (restaurant, lodging, gas, etc.)? _____
How far away? _____ (miles)

How many visitors/park users do you have per year? _____

Have you ever conducted a user survey? Yes No
If Yes, can you please share this with us? Yes No

Do you have a "Friends" group? Yes No
If Yes, name of group _____
Contact info _____

Do you use volunteers? Yes No
If Yes, how many do you have access to: _____
What kind of work do they do? _____

How many staff do you have? Permanent Seasonal
 Full-time Part-time

Do you conduct programming, such as events or interpretive walks?
 Yes No
Examples: _____

Who else should we talk to about trails?

What does WV mean to you, in 20 words or less.

Anything else you want to tell us?

I'd like Finally, I'd like to invite you and your staff and volunteers to attend one of the 4 public Trail Planning Workshops. Light refreshments will be served.

May we please email you an invitation with an agenda?
Email: _____

Thank you!
Please return this survey to:
Peggy Pings, Outdoor Recreation Planner, NPS-Rivers & Trails Program,
P.O. Box 6125, Morgantown, WV 26506-6125.
Fax: 304-293-2441. Phone: 304-293-2941 x 2446.
Email: mpings@wvu.edu.

APPENDIX A: Survey Instruments

This survey was provided to the WVLMOC annual meeting, and then emailed out as a follow up.

Landowner Survey
WV Land & Mineral Owners Council
May 15, 2008

The National Coal Heritage Area is in the process of developing a Regional Plan for Greenways, Blueways and Open Space for the southern 12 counties in WV (Boone, Cabell, Fayette, Kanawha (just Paint Creek & Cabin Creek Watersheds), Lincoln, Logan, McDowell, Mercer, Mingo, Raleigh, Summers, Wayne, Wyoming). We would like to work closely with private landowners to improve legal recreational opportunities for both residents and tourists.

1. What counties / states do you own land in? What is the estimated acreage in each?

2. Do you currently own land near existing parks or recreational facilities? If yes, which ones?

3. What are your issues / concerns regarding non-motorized public trail use on your property?

4. What are some ways to resolve landowner issues/concerns about public use of their property, or possible solutions?

5. What are some possible benefits of allowing public trails and river access on your private property?

6. Would you be interested in allowing non-motorized public trail use on your property, if your concerns were met? If not, why not? If so, let's start the process!

7. Anything else you want to tell us?

8. If you would like someone to contact you, please provide your contact info.

Name _____ Company _____

Address _____ City _____ State _____ Zip _____

Phone(s) _____

Email _____ Website _____

Thank you!

Please return this survey to Peggy Pings at the meeting, or mail/fax to Peggy Pings, Outdoor Recreation Planner, NPS-Rivers & Trails Program, P.O. Box 6125, Morgantown, WV 26506-6125. Fax: 304-293-2441. Contact Peggy at 304-293-2941 x2446, mpings@wvu.edu.

APPENDIX B: Online Survey Results

Question #1		
How would you rate your health? (check one)		
Answer Options	Response Percent	Response Count
Very Good	41.6%	92
Good	49.3%	109
Fair	8.1%	18
Poor	0.5%	1
Very Poor	0.5%	1
Don't Know	0.0%	0
<i>answered question</i>		221
<i>skipped question</i>		0

90% of those surveyed said their health was good or very good.

Question #2		
As a child growing up, were you physically active outdoors?		
Answer Options	Response Percent	Response Count
Yes	99.1%	213
No	0.9%	2
<i>answered question</i>		215
<i>skipped question</i>		6

99% responded that they were physically active outdoors as a child.

Question #3		
If you have children now, are they physically active outdoors?		
Answer Options	Response Percent	Response Count
Yes	83.0%	127
No	17.0%	26
<i>answered question</i>		153
<i>skipped question</i>		68

Only 83% responded that their children are physically active outdoors.

APPENDIX B: Online Survey Results

Question #4		
How much time do you spend each day participating in outside activities (leisure, recreation, exercise)?		
Answer Options	Response Percent	Response Count
Less than 10 minutes	5.5%	12
10-20 minutes	16.5%	36
20-30 minutes	26.6%	58
Greater than 30 minutes	51.4%	112
answered question		218
skipped question		3

Over 50% of the respondents said that they were physically active outdoors 30 minutes per day every day.

Question #5		
How often are you physically active outdoors for more than 30 minutes?		
Answer Options	Response Percent	Response Count
Never	0.0%	0
Rarely	11.0%	24
Somewhat often	26.5%	58
Often	30.6%	67
Very often	32.0%	70
answered question		219
skipped question		2

63% were physically active outdoors for more than 30 minutes.

APPENDIX B: Online Survey Results

Question #6		
What items below discourage or prevent you from being more physically active? Check all that apply.		
Answer Options	Response Percent	Response Count
Stress	8.5%	18
Time constraints, shift work, multiple-jobs	76.5%	163
Family responsibilities, schedules	51.6%	110
Health problems	5.2%	11
Not in the habit, not a priority	17.4%	37
No companionship, no one to go with	16.4%	35
Lack of access or walkability (steep grades, no path or sidewalk, etc)	22.1%	47
No trails or walks nearby	29.1%	62
Areas are unattractive, dirty, dilapidated	7.0%	15
Cost	3.8%	8
Crime in area	7.0%	15
No lighting or poor lighting	8.0%	17
Too crowded, too much traffic	7.0%	15
Lack of variety or choice of activities	13.1%	28
Lack of scenery, landscaping	4.2%	9
Area is uncomfortable, lacks amenities (no seating, poor or no restrooms)	10.3%	22
Easy to get lost, no wayfinding or other signs	3.3%	7
Animal control	5.6%	12
	Other (please specify)	18
	<i>answered question</i>	213
	<i>skipped question</i>	8

Question #7	
What do you value about the out-of-doors in your community?	
Answer Options	Response Count
	183
<i>answered question</i>	183
<i>skipped question</i>	38

The #1 answer was its scenic beauty. Other answers included the peace and quiet, fresh air, and easy accessibility. For all responses to this question, see: www.trailsrus.com/nchatrails or www.CoolHeritage.org.

APPENDIX B: Online Survey Results

Question #8	
What kinds of activities do you do in the outdoors?	
Answer Options	Response Count
	196
<i>answered question</i>	196
<i>skipped question</i>	25

The top 10 responses were walking (40%), biking (37%), hiking (33%), gardening and/or yard work (24%), hunting (18%), running (15%), canoeing/kayaking/rafting (13%), swimming (12%), and camping (10%).

For a complete list of all responses, visit www.trailsrus.com/nchatrails or www.CoalHeritage.org.

Question #9			
Please check all the ways you would use a trail if it was in your neighborhood, community, or region.			
Answer Options	You	Household Members	Response Count
Walking/Hiking for fun, exercise	203	139	214
Walking for transportation to school, store, church, etc	95	62	101
Bicycle for fun, exercise	157	101	172
Bicycle for transportation to school, store, church, etc	91	51	97
Running, jogging	80	50	95
Horse	19	15	21
ATV	34	32	44
Dirt Bike	12	16	21
4WD (jeep, hummer)	21	16	27
Cross-Country Skiing	45	25	48
Roller-blading	16	19	30
Pushing a baby stroller	28	28	40
Wheelchair / Walker	3	6	9
Events (walks/runs/triathlons)	88	44	93
Birdwatching/Nature study	93	50	95
Paddling a canoe/kayak	98	59	105
Fishing	81	60	97
Hunting	36	41	57
<i>answered questions</i>			219
<i>skipped questions</i>			2

Walking/hiking for fun and exercise was the Number One answer with bicycling as a close Second.

APPENDIX B: Online Survey Results

Question #10					
How often do you use trails? Place a check in the appropriate column.					
Answer Options	Daily/weekly	Monthly/seasonally	Rarely	Never	Response Count
Walking/Hiking for fun, exercise	88	65	49	7	209
Walking for transportation to school, store, church, etc	32	13	47	71	162
Bicycle for fun, exercise	59	47	42	34	182
Bicycle for transportation to school, store, church, etc	23	13	32	85	153
Running, jogging	43	21	24	72	160
Horse	2	7	15	118	142
ATV	10	16	17	105	147
Dirt Bike	4	7	9	116	136
4WD (jeep, hummer)	7	9	13	113	142
Cross-Country Skiing	1	19	25	95	140
Roller-blading	1	1	16	117	135
Pushing a baby stroller	7	5	15	112	138
Wheelchair / Walker	2	1	6	123	132
Events (walks/runs/triathlons)	7	33	45	66	151
Birdwatching/Nature study	18	50	37	50	155
Paddling a canoe/kayak	11	45	34	64	153
Fishing	13	46	37	62	157
Hunting	5	29	16	95	144
answered question					219
skipped question					2

Over one-third respondents (88 out of 209) said they walked either daily or weekly.

Question #11		
How many miles do you live from the closest trail or pathway?		
Answer Options	Response Percent	Response Count
0-10 miles	69.7%	152
10-20 miles	14.7%	32
20-30 miles	6.0%	13
>30 miles	4.1%	9
Don't know	5.5%	12
answered question		218
skipped question		3

Responses to this questions are available online at www.trailsrus.com/nchatrails or www.CoalHeritage.org.

APPENDIX B: Online Survey Results

Question #12		
Please write the name of the closest trail / pathway to your home? How long is this trail?		
Answer Options	Response Percent	Response Count
Name of Trail	99.0%	200
Length of Trail	79.7%	161
<i>answered question</i>		202
<i>skipped question</i>		19

This question showed that the majority of the respondents were aware of a trail close to their home and had an idea of the length of that particular trail. For a complete list of all responses, visit

www.trailsrus.com/nchatrails or www.CoalHeritage.org.

Question #13		
I use this trail: (check the closest estimate)		
Answer Options	Response Percent	Response Count
Once a day	15.7%	32
Once a week	27.0%	55
Once a month	25.5%	52
Once a year	16.7%	34
Never	15.2%	31
<i>answered question</i>		204
<i>skipped question</i>		17

Nearly 42% of those who responded to this question used the trail closest to their home at least once a week.

APPENDIX B: Online Survey Results

Question #14	
Please tell me more about this trail. What do you want me to know about it and/or your use of it?	
Answer Options	Response Count
	147
<i>answered question</i>	147
<i>skipped question</i>	74

Nearly 70% had detailed knowledge of the trail closest to them, providing information about trail maintenance needs, accessibility issues as well as a description. They provided both insight and suggestions. Recommend visit to www.trailsrus.com/nchatrails or www.CoalHeritage.org for detailed responses to this question.

Question #15	
Please list the trails that you are familiar with.	
name -- location -- length	
Answer Options	Response Count
	145
<i>answered question</i>	145
<i>skipped question</i>	76

Responses to this question showed very clearly the respondents to this survey were very knowledgeable of trails. Over 65% were familiar with at least one trail with many of them listing four or more trails. See website: www.trailsrus.com/nchatrails or www.CoalHeritage.org for a list of responses.

Question #16	
What parks/trails are within 15 miles?	
Answer Options	Response Count
	178
<i>answered question</i>	178
<i>skipped question</i>	43

Of the 178 respondents to this question, only fifteen responded that no trails within 15-mile radius of their home and five responded that they were not sure if there were any or not. For a complete list of trails noted, visit the websites: www.trailsrus.com/nchatrails or www.CoalHeritage.org

APPENDIX B: Online Survey Results

Question #17	
What trail maintenance, safety, or design needs do you want to tell us about?	
Answer Options	Response Count
	96
<i>answered question</i>	96
<i>skipped question</i>	125

There were 96 responses to Question #17 in regards to trail maintenance, safety or design which included:

- No plan exists to sustain trails (maintain what we have).
- Some trails are poorly designed because of lack of standards or volunteer construction with no oversight.
- More maintenance for slides and ditches. Water causes much trail damage.
- Improved signage or trail maps.
- Some trails need to be as natural as possible while others need to be more manicured for use by the elderly, children and those less fit.
- Correctly designed water-runoff barriers to prevent erosion, particularly on steep trails and frequently used trails.
- Southern West Virginia roadways need to be more bicycle-friendly. Bike lanes would be an easy addition to many existing roads.
- Horses should have their own dedicated trails
- Better access to good maps.
- Policing of the trails for both safety and to inventory maintenance needs
- Possibly add a place to post notes about conditions on a trail such as a downed tree so that the obstacle can be removed or the issue addressed.

Specific requests included:

- Lincoln County needs a trail in the northeastern part for a combination of walking, bicycling, roller-blade, skating, jogging, nature, etc.
- Better trail maintenance at Beech Fork
- Extend both the Hatfield-McCoy Trail through Anawalt and extend the Coal Heritage Trail to Jenkin Jones.

For a complete list of all 67 responses, visit our website at www.trailsrus.com/nchatrails or www.CoalHeritage.org

APPENDIX B: Online Survey Results

Question #18		
Transportation – how do you get around?		
Answer Options	Response Percent	Response Count
Car	99.1%	217
Bike	32.9%	72
Walk	43.8%	96
Catch rides	5.9%	13
Cab	0.0%	0
Bus	3.2%	7
Train	2.3%	5
ATV	6.8%	15
answered question		219
skipped question		2

The primary mode of transportation was by motor vehicle. 96 out of the 217 respondents (44%) said they walked and 72 responded that they rode bikes (33%).

Question #19	
What organizations do you belong to?	
Answer Options	Response Count
	159
answered question	159
skipped question	62

A complete list of the organizations is provided on the website www.trailsrus.com/nchatrails or www.CoalHeritage.org

Question #20	
How many hours a month do you do volunteer work?	
Answer Options	Response Count
	172
answered question	172
skipped question	49

Answers ranged anywhere from 0-5 hours a month to as much as 160 hours. Typical responses seemed to fall somewhere between 5-20 hours a month.

APPENDIX B: Online Survey Results

Question #21	
What current trail-related projects are you (or people you know) working on?	
Answer Options	Response Count
	141
<i>answered question</i>	141
<i>skipped question</i>	80

There were 141 responses to Question #21 in regard to current trail-related projects. A few of the responses included:

- Mary Ingles Trail from Pax (Fayette County) to Holly Grove/Pratt area in Kanawha County. Over 40 mile distance.
- Development of a trail at Twin Falls State Park and trail maintenance at Chief Logan
- Removing trees at Beech Fork State Park
- A new mountain bike trail around from the dam side of Lake Stephens. It is a 4 mile loop that crosses several existing trails. Should be completed this Fall.
- Continually working on trails at Little Beaver State Park mainly for maintenance and safety.
- Just finished part of a kayak portage trail in Meadowood Park in Tornado, Kanawha County.

For a complete list of all 141 responses, visit the websites:
www.trailsrus.com/nchatrails or www.CoalHeritage.org

APPENDIX B: Online Survey Results

Question #22	
What trail-related projects are being thought about?	
Answer Options	Response Count
	107
<i>answered question</i>	107
<i>skipped question</i>	114

There were 107 responses to this question. Below are just a few of the responses.

- Potential section of rail-trail along Paint Creek.
- Sandy Creek Expedition Driving Tour in McDowell County and Kanawha Valley
- 18th Century History Driving Tour in Kanawha County
- The Great Eastern Trail through West Virginia, Virginia and Kentucky.
- Interconnecting rail-trails in Raleigh and Fayette counties,
- Linking Pineville, Oceana, and Mullens to Twin Falls State Park

For a complete list of all 107 responses, visit the website:
www.trailsrus.com/nchatrails or www.CoalHeritage.org

Question #23	
Who else should we talk to about trails?	
Answer Options	Response Count
	88
<i>answered question</i>	88
<i>skipped question</i>	133

Please visit www.trailsrus.com/nchatrails or www.CoalHeritage.org for a list of others that may have an interest in trails.

APPENDIX B: Online Survey Results

Question #24	
What does West Virginia mean to you, in 20 words or less?	
Answer Options	Response Count
	162
<i>answered question</i>	162
<i>skipped question</i>	59

Want to know what West Virginia means to those who completed the survey?
Go to www.trailsrus.com/nchatrails or www.CoalHeritage.org to find out.

Question #25	
What is your county or town's brand phrase (for example -- Fayetteville: Coolest Small Town. WV: Wild & Wonderful)	
Answer Options	Response Count
	127
<i>answered question</i>	127
<i>skipped question</i>	94

There were some interesting responses to this question. To view all 127 of the responses, visit www.trailsrus.com/nchatrails or www.CoalHeritage.org

APPENDIX B: Online Survey Results

Question #26	
What else do you want to tell us about trails in your region?	
Answer Options	Response Count
	91
<i>answered question</i>	91
<i>skipped question</i>	130

There were 91 responses to this question. Here are just a few of them.

- Need longer trails
- It would be terrific to form a network of off road hiking/biking trail (no motorized vehicles) between communities in West Virginia to actually be able to get around from point to point.
- Bike trails will bring additional people to the area on short-term outdoor adventures
- We have lots but they are overused and under maintained
- Need to be better informed about the trails that are out there.
- It is amazing how few people know about the many trails that already exist...an how few are aware that volunteers commonly do trail maintenance in many other parts of the country.
- More involvement with kids to foster stewardship of nature.

Depending on where you live, one person responded that there were not very many trails while the next person responded by saying that it was wonderful to have so many trails around.

Go to www.trailsrus.com/nchatrails or www.CoalHeritage.org to view all 91 responses

APPENDIX B: Online Survey Results

Question #27	
What year were you born? (for example, if you were born in 1960, write: 1960)	
Answer Options	Response Count
	200
<i>answered question</i>	200
<i>skipped question</i>	21

Ages varied from 22 to 76 years of age.

Question #28	
What is the 5-digit ZIP Code for your neighborhood?	
Answer Options	Response Count
	202
<i>answered question</i>	202
<i>skipped question</i>	19

Over 90% of the respondents resided in West Virginia although there were a few who completed surveys and lived in Kentucky or Virginia but expressed interest in West Virginia trails. A list of all zip codes are available upon request.

Question #29		
Do you have a 2nd home / house?		
Answer Options	Response Percent	Response Count
Yes	22.5%	47
No	77.5%	162
<i>answered question</i>		209
<i>skipped question</i>		12

Question #30	
If yes, what town is your second home located in?	
Answer Options	Response Count
	49
<i>answered question</i>	49
<i>skipped question</i>	172

Responses to this question are available upon request.

APPENDIX B: Online Survey Results

Question #31		
What is your gender?		
Answer Options	Response Percent	Response Count
Male	50.5%	105
Female	49.5%	103
<i>answered question</i>		208
<i>skipped question</i>		13

Almost the same percentage of women responded to this survey as did men.

Question #32		
Please select your household income range.		
Answer Options	Response Percent	Response Count
below \$10,000	4.4%	9
\$10,000 to \$20,000	4.4%	9
\$20,000 to \$40,000	16.1%	33
\$40,000 to \$70,000	32.2%	66
higher than \$70,000	42.9%	88
<i>answered question</i>		205
<i>skipped question</i>		16

32% of those surveyed had incomes of between \$40,000 to \$70,000, while 43% had incomes of over \$70,000.

Question #33		
Please select the highest level of education completed.		
Answer Options	Response Percent	Response Count
Less than high school	0.9%	2
High School Diploma/GED	3.8%	8
Some College; other technical training	15.0%	32
College graduate	40.8%	87
Graduate degree or higher	39.4%	84
<i>answered question</i>		213
<i>skipped question</i>		8

Over 80% of those surveyed had obtained at least a college degree.

APPENDIX C

NCHA Companion Trail Map Publication

As part of the trail planning process, the National Coal Heritage Area Authority and the National Park Service Rivers & Trails Program held four Trail Plan Public Input and Mapping Workshops. Cornerstone GIS was contracted to provide the on-site GIS mapping at each workshop. Cornerstone GIS personnel and a WVU GIS student worked one-on-one with individuals at the workshops to ensure that all trail ideas were mapped, including favorite existing trails and proposed trail visions.

Cornerstone GIS designed the final map layout for the 13-county NCHA region. Reduced copies of this publication are on the following pages. The actual map size is: 24" x 36". These maps are available in hard copy in limited quantities and can be downloaded from the NCHA website: www.CoalHeritage.org.

National Coal Heritage Area, West Virginia

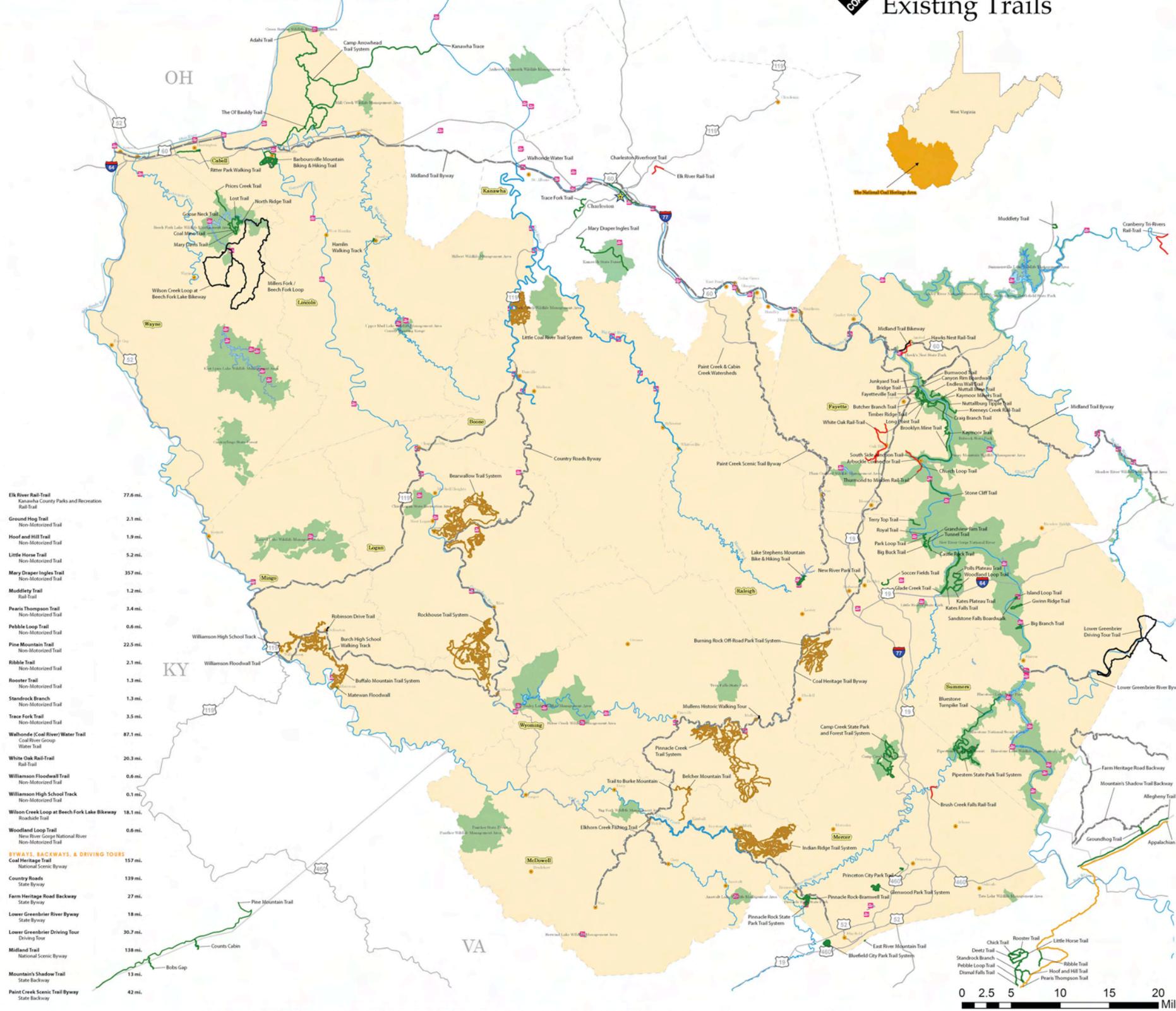


Trail Plan for Greenways and Blueways

EXISTING TRAILS

The trail name, management entity, type of use, and mileage are listed below for each existing trail on the map.

Trail Name	Management Entity	Type	Mileage
WITHIN THE NCHA			
Adah! Trail	Raleigh County Recreation Department	Non-Motorized Trail	20 mi.
Arbuckle Connector Trail	New River Gorge National River	Non-Motorized Trail	0.2 mi.
Barboursville Mtn. Biking & Hiking Trails	New River Gorge National River	Non-Motorized Trail	21 mi.
Bearwallow Trail System	Hartfield-McCoy Regional Recreation Authority	MotORIZED Trail	107.7 mi.
Balchier Mountain Trail	Hartfield-McCoy Regional Recreation Authority	MotORIZED Trail	4.6 mi.
Big Branch Trail	New River Gorge National River	Non-Motorized Trail	1.9 mi.
Big Buck Trail	New River Gorge National River	Non-Motorized Trail	0.8 mi.
Bluefield City Park Trail System	City of Bluefield Parks and Recreation Dept.	Non-Motorized Trail	8 mi.
Bluestone Turnpike Trail	Bluestone National Scenic River	Non-Motorized Trail	7.2 mi.
Bridge Trail	New River Gorge National River	Non-Motorized Trail	0.7 mi.
Brooklyn Mine Trail	The Nature Conservancy of WV	Non-Motorized Trail	2.7 mi.
Brush Creek Falls Rail-Trail	The Nature Conservancy of WV	Rail Trail	1.9 mi.
Buffalo Mountain Trail System	Hartfield-McCoy Regional Recreation Authority	MotORIZED Trail	87 mi.
Burch High School Walking Track	New River Gorge National River	Non-Motorized Trail	0.2 mi.
Burning Rock Off-Road Park Trail System	Burning Rock Off-Road Park	MotORIZED Trail	100 mi.
Burnwood Trail	New River Gorge National River	Non-Motorized Trail	0.8 mi.
Butcher Branch Trail	New River Gorge National River	Non-Motorized Trail	0.7 mi.
Camp Arrowhead Trail System	Ti State Area Boy Scout Council	Non-Motorized Trail	22.4 mi.
Camp Creek State Park and Forest Trail System	Camp Creek State Park and Forest	Non-Motorized Trail	40 mi.
Canyon Rim Boardwalk	New River Gorge National River	Non-Motorized Trail	0.1 mi.
Castle Rock Trail	New River Gorge National River	Non-Motorized Trail	0.5 mi.
Church Loop Trail	City of Princeton Parks and Recreation Dept.	Non-Motorized Trail	0.2 mi.
Coal Mine Trail	New River Gorge National River	Non-Motorized Trail	0.8 mi.
Craig Branch Trail	New River Gorge National River	Non-Motorized Trail	2.3 mi.
East River Mountain Trail	City of Bluefield Parks and Recreation Dept.	Non-Motorized Trail	0.2 mi.
Ekhorn Creek Fishing Trail	New River Gorge National River	Water Trail	17.6 mi.
Endless Wall Trail	New River Gorge National River	Non-Motorized Trail	2.2 mi.
Fayetteville Trail	New River Gorge National River	Non-Motorized Trail	3.9 mi.
Glade Creek Trail	New River Gorge National River	Non-Motorized Trail	10.3 mi.
Glenwood Park Trail System	Glenwood Park	Non-Motorized Trail	9.4 mi.
Goose Neck Trail	New River Gorge National River	Non-Motorized Trail	2.0 mi.
Grandview Rim Trail	New River Gorge National River	Non-Motorized Trail	1.5 mi.
Gwynn Trail	New River Gorge National River	Non-Motorized Trail	3.0 mi.
Hambin Walking Track	Lions Club	Non-Motorized Trail	0.7 mi.
Hawks Nest Rail-Trail	Team of Artists	Rail Trail	2.1 mi.
Indian Ridge Trail System	Hartfield-McCoy Regional Recreation Authority	MotORIZED Trail	120 mi.
Island Loop Trail	New River Gorge National River	Non-Motorized Trail	0.6 mi.
Junkyard Trail	New River Gorge National River	Non-Motorized Trail	0.2 mi.
Kanawha Trace	New River Gorge National River	Non-Motorized Trail	25.4 mi.
Kates Falls Trail	New River Gorge National River	Non-Motorized Trail	0.1 mi.
Kates Plateau Trail	New River Gorge National River	Non-Motorized Trail	4.9 mi.
Kaymoor Miners Trail	New River Gorge National River	Non-Motorized Trail	0.6 mi.
Kaymoor Trail	New River Gorge National River	Non-Motorized Trail	8.3 mi.
Kenney Creek RR Trail	New River Gorge National River	Non-Motorized Trail	3.3 mi.
Lake Stephens Mountain Bike & Hiking Trail	Raleigh County Recreation Department	Non-Motorized Trail	4.6 mi.
Little Coal River Trail System	Hartfield-McCoy Regional Recreation Authority	MotORIZED Trail	19.6 mi.
Long Point Trail	New River Gorge National River	Non-Motorized Trail	1.6 mi.
Lost Trail	Bench Fork Trail System	Non-Motorized Trail	2.8 mi.
Mary Davis Trail	Bench Fork Trail System	Non-Motorized Trail	4.5 mi.
Mateman Floodwall Trail	Hartfield-McCoy Regional Recreation Authority	MotORIZED Trail	0.4 mi.
Midland Trail Bikeway	Roadside Trail	Non-Motorized Trail	1.7 mi.
Millers Fork/Bench Fork Loop	Roadside Trail	Non-Motorized Trail	23.4 mi.
Muddytail Trail	Non-Motorized Trail	Non-Motorized Trail	3.7 mi.
Mullens Historic Walking Tour	Roadside Trail	Non-Motorized Trail	0.5 mi.
New River Park Trail	Non-Motorized Trail	Non-Motorized Trail	0.6 mi.
North Ridge Trail	Bench Fork Trail System	Non-Motorized Trail	0.6 mi.
Nuttall Mine Trail	New River Gorge National River	Non-Motorized Trail	0.4 mi.
Nuttallburg Tugle Trail	New River Gorge National River	Non-Motorized Trail	0.4 mi.
Park Loop Trail	New River Gorge National River	Non-Motorized Trail	1 mi.
Pinnacle Creek Trail System	Hartfield-McCoy Regional Recreation Authority	MotORIZED Trail	145.4 mi.
Pinnacle Rock State Park Trail System	Pinnacle Rock State Park	Non-Motorized Trail	6.5 mi.
Pinnacle Rock-Bramwell Trail	Non-Motorized Trail	Non-Motorized Trail	2.4 mi.
Pipetown State Park Trail System	Pipetown State Park	Non-Motorized Trail	19.5 mi.
Polly Plateau Trail	New River Gorge National River	Non-Motorized Trail	4.5 mi.
Prices Creek Trail	Non-Motorized Trail	Non-Motorized Trail	2.6 mi.
Princeton City Park Trails	City of Princeton Parks and Recreation Dept.	Non-Motorized Trail	1 mi.
Ritter Park Walking Trail	Non-Motorized Trail	Non-Motorized Trail	3.1 mi.
Robinson Drive Trail	Roadside Trail	Non-Motorized Trail	0.5 mi.
Rockhouse Trail System	Hartfield-McCoy Regional Recreation Authority	MotORIZED Trail	148 mi.
Royal Trail	New River Gorge National River	Non-Motorized Trail	2.6 mi.
Sandstone Falls Boardwalk	New River Gorge National River	Non-Motorized Trail	0.2 mi.
Soccer Fields Trail	Non-Motorized Trail	Non-Motorized Trail	1.5 mi.
South Side Junction Trail	New River Gorge National River	Non-Motorized Trail	5.2 mi.
Stone Cliff Trail	New River Gorge National River	Non-Motorized Trail	2.8 mi.
Rooster Trail	Non-Motorized Trail	Non-Motorized Trail	1.3 mi.
Standrock Branch	Non-Motorized Trail	Non-Motorized Trail	1.3 mi.
Trace Fork Trail	Non-Motorized Trail	Non-Motorized Trail	3.5 mi.
Walton's Coal River Water Trail	New River Gorge National River	Water Trail	87.1 mi.
White Oak Rail-Trail	Rail Trail	Non-Motorized Trail	20.3 mi.
Williamson Floodwall Trail	State Byway	Non-Motorized Trail	0.6 mi.
Williamson High School Track	Non-Motorized Trail	Non-Motorized Trail	0.1 mi.
Wilson Creek Loop at Beech Fork Lake Bikeway	Roadside Trail	Non-Motorized Trail	18.1 mi.
Woodland Loop Trail	New River Gorge National River	Non-Motorized Trail	0.6 mi.
BYWAYS, BACKWAYS, & DRIVING TOURS			
Appalachian Trail	Appalachian Trail Conservancy	Nationally Designated Trail	2000 mi.
Country Roads	State Byway	Non-Motorized Trail	139 mi.
Farm Heritage Road Backway	State Byway	Non-Motorized Trail	27 mi.
Lower Greenbrier River Byway	State Byway	Non-Motorized Trail	18 mi.
Lower Greenbrier Driving Tour	Driving Tour	Non-Motorized Trail	30.7 mi.
Midland Trail	National Scenic Byway	Non-Motorized Trail	138 mi.
Mountain's Shadow Trail	State Backway	Non-Motorized Trail	13 mi.
Paint Creek Scenic Trail Byway	State Backway	Non-Motorized Trail	42 mi.



Existing Trails

TROUT FISHING

County	Trout Fishing Locations
BOONE COUNTY	Beekins Fork, Pond Fork, Spruce Laurel Fork
FAYETTE COUNTY	Glade Creek (Dabcock), Laurel Creek, Mill Creek, Paint Creek (CAR), Paint Creek
KANAWHA COUNTY	Paint Creek
MCDOWELL COUNTY	Clear Fork, Dry Fork, Panther Creek
MERCER COUNTY	Camp Creek, East River of New River, Mash Fork
MINGO COUNTY	R. D. Bailey Lake (Fallwaters)
RALEIGH COUNTY	Glade Creek of New River, Marsh Fork, Guyandotte River, Kanawha River
SUMMERS COUNTY	Indian Creek of New River, Meadow Creek
WAYNE COUNTY	Beech Fork Lake (Fallwaters), East Lynn Lake (Fallwaters), Twelvepoke Creek (Wayne Dam), West Fork of Twelvepoke Creek
WYOMING COUNTY	Clear Fork, Clear Fork (CAR), Pinnacle Creek, R. D. Bailey Lake (Fallwaters)

WATER BODIES

The water bodies listed below are those rivers or lakes with designated water access points, also known as put-ins (take-outs or boat launches). Rivers can be dangerous due to whitewater and currents, and all boaters should consult a river manager or guidebook before attempting a trip. The West Virginia Division of Natural Resources owns and manages the state's rivers. The National Park Service manages nationally-designated rivers. The U.S. Army Corps of Engineers owns and manages those sections of rivers that are backed up behind their dams, and adjacent lands in the designated floodplain.

Many rivers and lakes are accessed for fishing purposes, as well as paddling. Detailed information is found at <http://www.wvdnr.gov/Fishing/Fishing.htm>. A list of the lakes, public access sites, trout fishing areas, and float fishing trips are found at http://www.wvdnr.gov/fishing/public_access.asp

RIVERS:	LAKES:
Big Coal River	Anawalt Lake
Big Sandy River	Barboursville Lake
Bluestone River	Beech Fork Lake
Coal River	Berwind Lake
Ekhorn Creek	Bluestone Lake
Glade River	Boley Lake
Greenbrier River	Chief Logan Lake
Guyandotte River	East Lynn Lake
Kanawha River	Fitzpatrick Lake
Little Coal River	Hawks Nest Lake
Marsh Fork	Home Creek Lake
Meadow River	James P. Bailey Lake
Mid River	Kez Reservoir
New River	Lanum Lake
Ohio River	Lick Creek Lake
Tag Fork	Little Beaver Lake
Twelvepoke Creek	Logan County Airport Pond

FLOAT FISHING TRIPS

These trips in the National Coal Heritage Area are recommended by the WVDNR. http://www.wvdnr.gov/fishing/public_access.asp

Trips	Mileage
BIG COAL RIVER (Whitesville to Orgas) (Boone)	8.3 mi.
Orgas to Fosterville (Boone)	5.9 mi.
Fosterville to Racine (Boone)	7.5 mi.
Racine to Peytona (Boone)	3.5 mi.
GREENBRIER RIVER (Check water levels prior to floating, can rise and fall quickly.)	
Lowell to Takost (Summers)	2.5 mi.
Burger Springs to Willowwood (Summers)	7 mi.
GUYANDOTTE RIVER	
Milton to Pineville (Wyoming)	11 mi.
Pineville to Baileyville (Wyoming)	13 mi.
Baileyville to RD Bailey Lake campground (Wyoming)	5.5 mi.
Justice (Mango) to Wyo (Logan)	12.5 mi.
Wyo to Earling (Logan)	9.2 mi.
Earling to Three Mile Bend (Logan)	6.3 mi.
Three Mile Bend to Peach Creek (Logan)	6.5 mi.
Peach Creek to Rocky Branch (Logan)	7.6 mi.
Rocky Branch to Chapmanville (Logan)	3.3 mi.
Chapmanville to Harts Creek (Logan)	21.5 mi.
Harts Creek to Branchland (Lincoln)	21.6 mi.
Branchland to Salt Rock (Lincoln)	7 mi.
Salt Rock to Barboursville (Cabell)	21.5 mi.
Barboursville to Guyandotte (Cabell)	7.3 mi.
KANAWHA RIVER	
Kanawha Falls to Montgomery (Fayette)	10.5 mi.
LITTLE COAL RIVER	
Malden to Danville (Boone)	2.7 mi.
Danville to Lory Road (Boone)	5.5 mi.
MUD RIVER	
Milton to US60 Bridge (Cabell)	3 mi.
US60 Bridge to Howells Mill (Cabell)	5 mi.
Ons to Guyandotte River (Cabell)	8 mi.
NEW RIVER (Due to dangerous rapids, only experienced boaters should float the New River with appropriate water craft.)	
Shanklin Ferry to Cedar Branch (Summers)	6 mi.
Cedar Branch to Indian Creek (Summers)	2.5 mi.
Bellepoint Park to Brooks Falls (Summers)	6.5 mi.
Laurel Creek to Meadow Creek (Summers)	3.5 mi.
Meadow Creek (Summers) to Glade Creek (Raleigh)	5.5 mi.
Glade Creek to Grandview Sandbar (Raleigh)	5 mi.
McCroary (Raleigh) to Stonecliff (Fayette)	13 mi.
Stonecliff to Canard (Fayette)	9.5 mi.

Legend

- Existing Trails
- Motorized Trail
- Non-Motorized Trail
- Rail-Trail
- Roadside Trail
- Water Trail
- Nationally Designated Trail
- Byways and Backways
- ★ Capital - Charleston, WV
- Cities - Incorporated
- Public Water Access Sites
- Major Rivers
- Public Lakes
- Public Lands
- National Coal Heritage Area

OTHER DEFINITIONS

BLUEWAYS are also known as "Water Trails".

GREENWAYS are linking corridors of green space, sometimes used for ecological conservation, and sometimes allowing public access via trails. For this Plan, a greenway includes a public trail.

INCORPORATED CITIES are communities with a local elected government.

NATIONAL COAL HERITAGE AREA (NCHA) is a federally-designated National Heritage Area, and encompasses 13 counties in southern West Virginia: Boone, Cabell, Fayette, Logan, Lincoln, McDowell, Mercer, Mingo, Raleigh, Summers, Wayne, Wyoming and the Paint Creek and Cabin Creek Watersheds located in southern Kanawha County.

PUBLIC LANDS include state parks, state forests, wildlife management areas, U.S. Army Corps of Engineers lands, national park units, national forests and national wildlife refuges. Trails on these lands have not generally been mapped due to lack of digital data. City/county parks have not been mapped.

PUBLIC LAKES are those listed by WVDNR.

PUBLIC WATER ACCESS POINTS indicate official put-in and take-out boat launch sites, often managed by the West Virginia Department of Natural Resources. They always have a parking area and often feature a ramp.

ROADS that are mapped are the two and four lane-major highways. Their presence on the map helps orient the reader.

RIVERS that are mapped are those that have WVDNR public water access points or official access points for trails.

TRAILHEADS are official access points for trails, and often include parking, signage, water, and restrooms.



National Coal Heritage Area, West Virginia



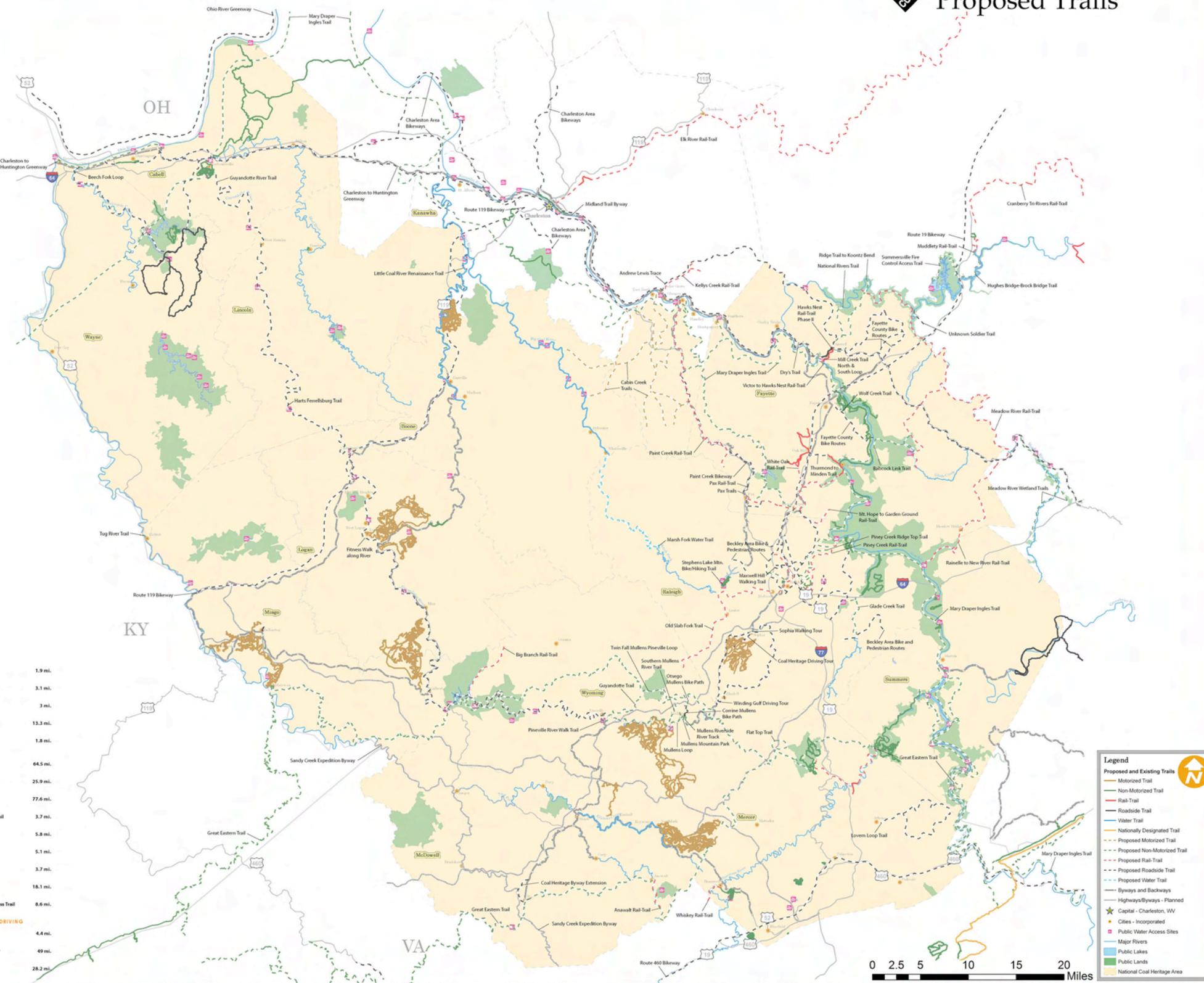
Trail Plan for Greenways and Blueways

Proposed Trails

PROPOSED TRAILS
The name, trail type, and length in miles for each proposed trail on the map is listed below.

WITHIN THE NCHA

Anawak Rail-Trail	3.4 mi.
Andrew Lewis Trace	29.5 mi.
Babcock Link Trail	8.1 mi.
Beechfork Area Bike and Pedestrian Routes	107.7 mi.
Beech Fork Loop	30.9 mi.
Big Branch Rail-Trail	6.8 mi.
Bluestone to Camp Creek Rail-Trail	12.2 mi.
Cabin Creek Trails	63.8 mi.
Charleston to Huntington Greenway	69 mi.
Coal Heritage Byway Extension	4 mi.
Corrine Mullens Bike Path	1.9 mi.
Dry's Trail	3.8 mi.
Fayette County Bike Routes	25.2 mi.
Fitness Walk along the River	1.4 mi.
Flat Top Trail	4 mi.
Glade Creek Trail	10.3 mi.
Great Eastern Trail	425 mi.
Guyandotte Trail	14.2 mi.
Guyandotte River Trail	142.2 mi.
Harts Fennelburg Trail	1.6 mi.
Hawks Nest Rail-Trail Phase II	0.9 mi.
Little Coal River Renaissance Trail	19.6 mi.
Levern Loop Trail	19.7 mi.
Marsh Fork Water Trail	20.5 mi.
Mary Draper Ingles Trail	357 mi.
Maxwell Hill Walking Trail	2.9 mi.
Meadow River Rail-Trail	39.5 mi.
Midland Trail Byway	87 mi.
Mill Creek Trail North and South Loop	0.8 mi.
Mt. Hope to Garden Ground Rail-Trail	4.8 mi.
Mullens Loop	3 mi.
Mullens Mountain Park	1 mi.
Mullens Riverside Walking Track	0.4 mi.
National Rivers Trail	4.6 mi.
Old Slab Fork Trail	78.7 mi.
Osteop Mullens Bike Path	2.5 mi.
Paint Creek Rail-Trail	43.5 mi.
Paint Creek Bikeway	20.1 mi.
Pax Rail-Trail	3.5 mi.
Pax Trails	3.5 mi.
Pineville River Walk Trail	2 mi.
Piney Creek Rail-Trail	11.5 mi.
Piney Creek Ridgeway Trail	14.4 mi.
Rainelle to New River Rail-Trail	18.1 mi.
Ridge Trail to Koonitz Bend	8 mi.
Route 119 Bikeway	64.2 mi.
Route 19 Bikeway	56.3 mi.
Route 400 Bikeway	59.3 mi.
Sophia Walking Tour	1.1 mi.
Southern Mullens River Trail	0.4 mi.
Stevens Lake MT Bike/Hiking Trail	1.6 mi.
Thurmond to Minden Trail	2.1 mi.
Tap River Trail	0.8 mi.
Twin Falls Mullens Pineville Trail	11.3 mi.
Unknown Soldier Trail	1.9 mi.
Victor to Hawks Nest Rail-Trail	3.1 mi.
Whiskey Rail-Trail	3 mi.
White Oak Rail-Trail	13.3 mi.
Wolf Creek Trail	1.8 mi.
NEAR THE NCHA	
Charleston Area Bikeways	64.5 mi.
Canberry Tri Rivers Rail-Trail	25.9 mi.
Elk River Rail-Trail	77.6 mi.
Hughes Bridge-Brook Brook Trail	3.7 mi.
Kelley's Creek Rail-Trail	5.8 mi.
Meadow River Wetland Trails	5.1 mi.
Mudberry Rail-Trail	3.7 mi.
Ohio River Greenway	18.1 mi.
Southern Mullens River Trail	8.6 mi.
Stevens Lake MT Bike/Hiking Trail	1.6 mi.
Thurmond to Minden Trail	2.1 mi.
Tap River Trail	0.8 mi.
Twin Falls Mullens Pineville Trail	11.3 mi.
Winding Golf Driving Tour	28.2 mi.
Sandy Creek Expedition Byway	49 mi.
Winding Golf Driving Tour	28.2 mi.



HOW TO USE THE MAP
This map is a free-standing companion to the "NCHA Trail Plan for Greenways and Blueways" document. It is part of an ongoing initiative to collect detailed trail data throughout the National Coal Heritage Area (NCHA) of southern West Virginia. The map is to be used for visioning and planning of community-based trails of all kinds. For more information on this initiative, or to provide additional input, please visit <http://www.coalheritage.org>.

The NCHA encompasses 13 counties in southern West Virginia: Boone, Cabell, Fayette, Logan, Lincoln, McDowell, Mercer, Mingo, Raleigh, Summers, Wayne, Wyoming and the Paint Creek and Cabin Creek Watersheds located in southern Kanawha County.

Why a Trails Plan for the NCHA? Trails are one way we can experience our natural and cultural heritage. Trails provide an outdoor venue for people to recreate and exercise with family and friends, resulting in improved health and wellness. Trails can also connect people and places, providing a safe alternative mode of transportation. Trails make the community a more desirable place to live, help to attract and retain businesses, and improve the quality of life.

Trails offer a host of tourism opportunities - nature-based tourism, sustainable tourism, adventure tourism, ecotourism, and heritage tourism. The National Trust for Historic Preservation lists the following as benefits of heritage and cultural tourism for the local communities involved:

- It builds closer, stronger communities;
- It protects historic, cultural and natural resources in communities, towns and cities;
- It educates residents and visitors about local/regional history and traditions; and
- It promotes economic and civic vitality of a community or region.

This map illustrates existing and proposed trails that are within, or link to, the National Coal Heritage Area of southern West Virginia. To plan trips using existing trails, please contact the trail manager for the latest information on trail status, condition and maps. This map is solely intended for informational purposes. It is not to be used for navigational purposes.

THE MAP:

- Provides a snapshot of existing and proposed trails.
- Details the trail's type of use.
- Provides a visual illustration of possible linkages between trails, communities, public lands and adjacent states.
- Provides trail planners with a powerful tool for fundraising and project development.
- Provides contacts for people interested in volunteering and assisting with projects.

EXISTING TRAILS are corridors that have been acquired for public use. Some sections may be officially open to the public, while other sections may be under construction.

PROPOSED TRAILS are projects in various stages of planning, from visionary to under construction. They have varying degrees of support. During early phases of visioning and concept planning, the current landowner may not yet have been approached about the potential use of his or her land. It is often a long process to establish a trail and get community and financial support to sustain it. The vision is the starting point.

MAPPING PROCESS
The trail mapping effort started with the use of the 2002 WV Trail Plan as a base map, in which 12 public input and mapping workshops were held in 1998. For this NCHA map, a series of six additional public input/GIS mapping workshops were held throughout southern West Virginia between 2006-2008, sponsored by the National Coal Heritage Area Authority. Federal, state, and local organizations also provided digital data. Numerous trail planners, users and managers reviewed the digitized trails to ensure map-grade accuracy. However, trail status is constantly changing as sections of trail are acquired and built, and other projects are initiated, so information shown may not be completely up-to-date.

National Coal Heritage Area - Resources and Contact Information

State and Federal Trail-Related Agencies

National Coal Heritage Area
Christy Bailey, Executive Director
Beckley, WV
304-256-6941
info@coalheritage.org
www.coalheritage.org

National Park Service - Rivers, Trails & Conservation Assistance Program (RTCA)
Peggy Pings, Outdoor Recreation Planner
Morgantown WV
304-291-7528
Peggy_Pings@nps.gov
www.nps.gov/rta

Jamie Fields, Outdoor Recreation Planner
Glen Jean WV
304-465-6527
Jamie.Fields@nps.gov
www.nps.gov/rta

National Park Service
New River Gorge National River, www.nps.gov/neri
Gauley River National Recreation Area, www.nps.gov/gari
Bluestone National Scenic River, www.nps.gov/blue
Don Striker, Superintendent
Glen Jean WV
304-465-0508
Don_Striker@nps.gov

US Army Corps of Engineers
Huntington District
304-399-5211 or 866-502-2570
Public Affairs (I&O), usace.army.mil
www.1rh.usace.army.mil

WV Division of Natural Resources
State Parks & Forests, Wildlife Management Areas, Streams
1-800-CALL-WVA
www.wvdnr.gov

WV Division of Tourism
1-800-CALL-WVA
www.wvtourism.com

WV State Trail Program
Bill Robinson, State Trail Coordinator
304-558-9615
Bill.C.Robinson@wv.gov
http://www.wvdot.com/5_ROADWAYS/r3d5_trails.htm

Statewide Trail-Related Organizations

ATV
Burning Rock Off-Road Park
877-683-9240
atvathrock@gmail.com
www.burningrockwv.com

Hatfield-McCoy Regional Recreation Authority
800-592-2217
info@trailsheaven.com
www.trailsheaven.com

Bicycling
WV Cycling Foundation
dave@pnyworks.com
www.wvcf.org

WV Mountain Bike Association
304-612-0301
jrpetsko@hotmail.com
www.wvmba.com

Equestrian
WV Horse Council
wvhorsecouncil@yahoo.com
<http://my.site.verizon.net/reswv34d/westvirginiahorsecouncil>

Hiking
WV Scenic Trails Association
wvscenictrailsassn@yahoo.com
www.wvscenictrails.org

Land Protection
WV Land Trust
304-346-7788
wvlandtrst@te-associates.com
www.wvlandtrust.org

Paddling
WV Wildwater Association
info@wvwa.net
www.wvwa.net

Rail-Trails
WV Rails-to-Trails Council
304-592-0177
bikenhike@gilhouse.com

CREDITS:

Much appreciation goes to the Steering and Advisory Committees, made up of trail user representatives and regional reps, who provided input to the planning process, assistance with the workshops, participation in the process, and editing to the final copy. Additionally, local trail managers, users, and state and federal organizations provided input to the process. Special thanks to the National Park Service's Rivers, Trails and Conservation Assistance Program (NPS-RTCA) for facilitation and coordination. The National Coal Heritage Area Authority, NPS-RTCA, VISTA volunteer GIS technician Dan Castellucci, and Cornerstone GIS collaborated to produce the Trail Maps.

The National Coal Heritage Area Authority, National Park Service's Rivers and Trails Program, and Cornerstone GIS collaborated to produce the Trail Maps as well as the digital and hard copy layouts.



APPENDIX D

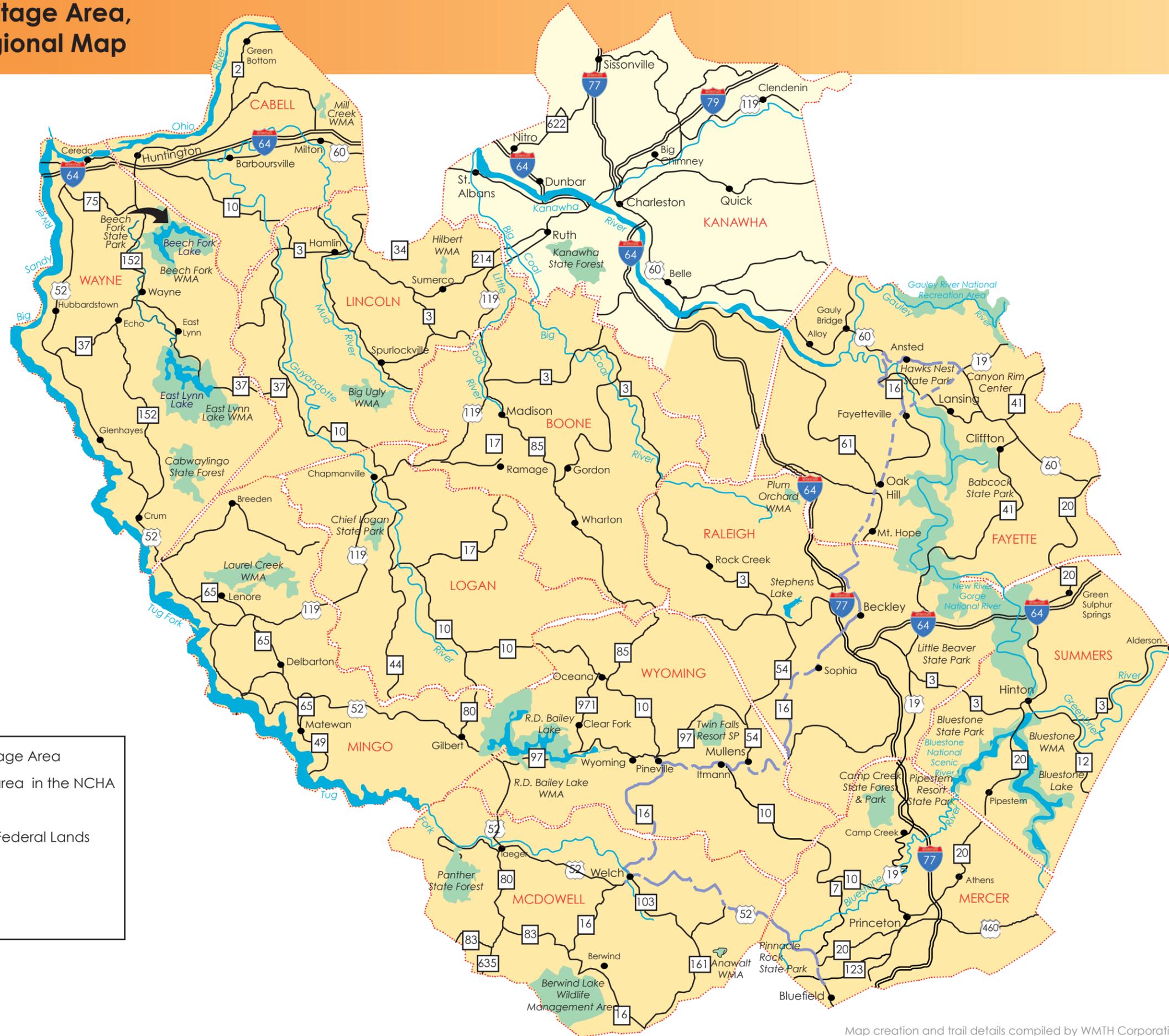
Overview Maps of the NCHA Region

On the following pages are two created by WMTH Corporation. This mapping was based on four different state and regional maps, and a variety of trail sources, including Cornerstone GIS mapping and trail information, state highway maps and website searches.

One map features the National Coal Heritage Area, its major roads, lakes and rivers, and public lands.

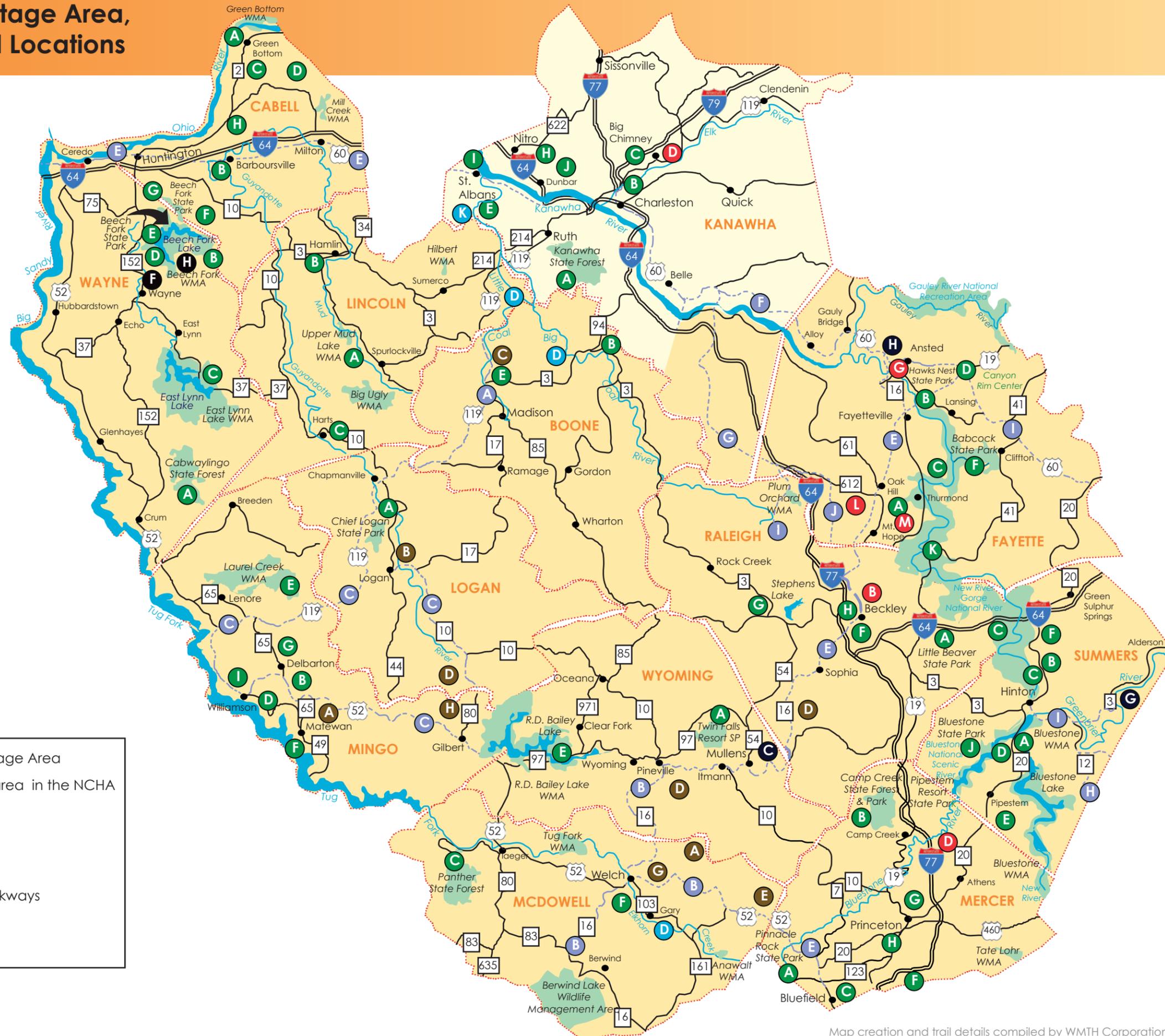
The next map features the general location and types of trail systems within the region.

National Coal Heritage Area, West Virginia: Regional Map



	National Coal Heritage Area
	County with some area in the NCHA
	Lakes & Riverways
	WMAs/State Parks/Federal Lands
	Counties
	Cities
	Coal Heritage Trail

National Coal Heritage Area, West Virginia: Trail Locations



	National Coal Heritage Area
	County with some area in the NCHA
	Non-Motorized Trail
	Motorized Trail
	Water Trail
	Scenic Byways/Backways
	Rail to Trail
	Roadside Trail

APPENDIX E

Inventory of Trails

(in alphabetical order by trail name)

As noted in Chapter 4, there are 275 trails totaling 2,231.7 trail miles within the 13-county NCHA region.

- All thirteen counties offer day hikes and multi-use trails; six offer motorized trails for all-terrain vehicles and dirtbikes; and four of the counties have access to a water trail.
- Fifty-nine of these trails are overseen and/or managed by cities, counties, towns, private groups and/or private organizations for a total of 258.5 miles.
- Two hundred and nineteen trails totaling 1,835.9 miles are overseen, managed and, in most cases, maintained by state and federal agencies including the West Virginia Division of Natural Resources State Parks, West Virginia Division of Forestry, West Virginia Division of Natural Resources Wildlife Resources, National Park Service, U.S. Army Corps of Engineers and Hatfield-McCoy Regional Recreation Authority.

On the following pages is a list of all the trails in alphabetical order.

TYPE	NAME OF TRAIL	LAND MANAGER	LENGTH	COUNTY	USERS	DESCRIPTION	WEBSITE	MAPS
Non-Motorized	#1 Store	Kanawha State Forest	0.3 mi.	Kanawha	Day hike and mountain biking	A short trail starting near the first bathhouse in the campground and ending on Pine Ridge Trail. Non-campers can park at the campground entrance and hike to this trail. Moderate.	http://www.kanawhastateforest.com/hiking.html	http://www.kanawhastateforest.com/kanawhastate.pdf
Non-Motorized	Acorn Ridge Trail	Pinnacle Rock State Park	2 mi.	Mercer	Day hike and mountain biking		http://www.pinnaclerockstatepark.com/	http://www.pinnaclerockstatepark.com/pinnaclerock.pdf
Non-Motorized	Adahi Trail	Tri-State Area Boy Scout Council Non-Motorized Trail	17 mi.	Cabell/Mason	Day hike and backpacking	17 mile multi user trail crossing over private land.		
Non-Motorized	Alligator Rock Trail	Kanawha State Forest	0.5 mi.	Kanawha	Day hike and mountain biking	A steep trail beginning on Shrewsbury Hollow Road above the pool and ending on Middle Ridge Road. Moderate to difficult.	http://www.kanawhastateforest.com/hiking.html	http://www.kanawhastateforest.com/kanawhastate.pdf
Non-Motorized	Arbuckle Connector Trail	New River Gorge National River	0.2 mi.	Fayette	Day hike	Located 1.2 miles from the Thurmond Trailhead, this popular Thurmond area hiking trail has some steep and rocky terrain making it a hike of some difficulty. As the trail winds down the Gorge it passes alone abandon coke ovens and other stonework from an abandoned turn-of-the-century coal mining operation.	http://www.nps.gov/neri/planyourvisit/hiking.htm	http://www.nps.gov/neri/planyourvisit/upload/Trail-newsletter-2009c.pdf
Non-Motorized	Ash Branch Trail	Cabwaylingo State Forest	1 mi.	Wayne	Day hike	Along these paths, hikers can capture the scenic beauty of the forest and enjoy the many varieties of wildflowers and trees growing in the area. Overhanging rock cliffs can be found along several of these rustic trails.	http://www.cablingo.com	
Non-Motorized	Backbone	Chief Logan State Park	3.0 mi.	Logan	Day hike, mountain biking and equestrian	Distance: 3 miles. Walking time: 2 hours. Rating: Moderate. The starting point is near the park office.	http://www.chiefloganstatepark.com/activities.html	
Non-Motorized	Ballard	Kanawha State Forest	1.5 mi.	Kanawha	Day hike and mountain biking		http://www.kanawhastateforest.com/hiking.html	http://www.kanawhastateforest.com/kanawhastate.pdf
Non-Motorized	Barboursville Mtn. Biking & Hiking Trails		21 mi.	Cabell	Day hike and mountain biking			
Non-Motorized	Barton Ridge Trail	Bluestone WMA	1.3 mi.	Summers	Day hike		http://www.bluestonewma.com/recreation.html	
Non-Motorized	Bearwallow Road & Trail	Camp Creek State Park	5 mi.	Mercer	Day hike, mountain biking and equestrian		http://www.campcreekstatepark.com/recreation.html	http://www.campcreekstatepark.com/Camp%20Creek%20State%20Forest%20Trails.pdf
Motorized Trail	Bearwallow Trail System	Hatfield McCoy Regional Recreation Authority Trail	67 mi.	Logan	ATV and dirt bikes	Bearwallow is known for its difficult single track and most difficult level trails. This trail system has direct access to gas, food, and lodging in the Town of Logan.	http://www.trailsheaven.com/planyourtrip/chooseatrail/bearwallow/default.aspx	http://www.trailsheaven.com/planyourtrip/chooseatrail/bearwallow/map.aspx

TYPE	NAME OF TRAIL	LAND MANAGER	LENGTH	COUNTY	USERS	DESCRIPTION	WEBSITE	MAPS
Non-Motorized	Beaver Creek Trail	Little Beaver State Park	.05 mi.	Raleigh	Day hikes, mountain bikes and equestrian	Many seasonal wildflowers and a stand of virgin pine and oak are features of this half-mile trail that encircles a portion of Beaver Creek. The trail runs above the lake.	http://www.littlebeaverstatepark.com/recreation.html	
Non-Motorized	Beaver Pond Trail	USACE - Beech Fork Lake	1.3 mi.	Wayne	Day hike			
Non-Motorized	Beckley Rail	Beckley	4 mi.	Raleigh	Day hikes, mountain bikes ADA	Beckley Rail Trail is located in the City of Beckley. It is also known as the Lewis McManus Trail.		
Non-Motorized	Beech Glen Trail	Kanawha State Forest	1.5 mi.	Kanawha	Day hike and mountain biking	This trail starts in Polly Hollow and ascends to Wildcat Ridge Trail. Moderate.	http://www.kanawhastateforest.com/hiking.html	http://www.kanawhastateforest.com/kanawhastate.pdf
Non-Motorized	Beech Ridge	Cabwaylingo State Forest	2 mi.	Wayne	Day hike	Along these paths, hikers can capture the scenic beauty of the forest and enjoy the many varieties of wildflowers and trees growing in the area. Overhanging rock cliffs can be found along several of these rustic trails.	http://www.cablingo.com	
Motorized Trail	Belcher Mountain Trail		4.6 mi.	McDowell				
Non-Motorized	Below Dam Trail	USACE - East Lynn Lake	0.5 mi.	Wayne	Day hike		http://corpslakes.usace.army.mil/visitors/projects.cfm?Id=H105190#Activity	
Non-Motorized	Bertha Trail	Bluestone WMA	1.3 mi.	Summers	Day hike		http://www.bluestonewma.com/recreation.html	
Non-Motorized	Big Branch Loop Trail	NPS - New River Gorge National River - Sandstone Falls Area	2 mi.	Summers	Day hike			
Non-Motorized	Big Branch Trail	New River Gorge National River Trail System	1.9 mi.	Summers	Day hike		http://www.nps.gov/neri/playourvisit/hiking.htm	http://www.nps.gov/neri/playourvisit/upload/Trail-newsletter-2009c.pdf
Non-Motorized	Big Buck Trail	New River Gorge National River	0.8 mi.	Raleigh	Day hikes		http://www.nps.gov/neri/playourvisit/hiking.htm	http://www.nps.gov/neri/playourvisit/upload/Trail-newsletter-2009c.pdf
Non-Motorized	Big Pine	Bluestone State Park	1.7 mi.	Mercer	Day hikes		http://www.bluestonesp.com/	Excellent Site map but no trails featured at http://www.bluestonewma.com/bluestonewildlifemanagementarea.p

TYPE	NAME OF TRAIL	LAND MANAGER	LENGTH	COUNTY	USERS	DESCRIPTION	WEBSITE	MAPS
Non-Motorized	Billy's Goat Gruff	Little Beaver State Park	0.6 mi.	Raleigh	Day hikes, mountain biking, equestrian	This is a challenging bike trail full of rocks and steep inclines. It is an extreme .6 mile challenge.	http://www.littlebeaverstatepark.com/recreation.html	
Non-Motorized	Black Bear Mountain Bike Trail	Kanawha State Forest	1 mi.	Kanawha	Day hike and mountain biking		http://www.kanawhastateforest.com/hiking.html	http://www.kanawhastateforest.com/kanawhastate.pdf
Non-Motorized	Blue Jay Ridge Road & Trail	Camp Creek State Park	1.8 mi.	Mercer	Day hikes		http://www.campcreekstatepark.com/recreation.html	http://www.campcreekstatepark.com/Camp%20Creek%20State%20Forest%20Trails.pdf
Non-Motorized	Blue Jay Spur Trail	Camp Creek State Park	0.7 mi.	Mercer	Day hikes		http://www.campcreekstatepark.com/recreation.html	http://www.campcreekstatepark.com/Camp%20Creek%20State%20Forest%20Trails.pdf
Non-Motorized	Bluefield City Park Hiking and Biking	City of Bluefield Parks and Recreation Dept. Trail System	5.5 mi.	Mercer	Day hikes and mountain biking		http://cityofbluefield.com/index.php?option=com_content&task=view&id=64&Itemid=72	
Non-Motorized	Bluestone Turnpike Trail	NPS - Bluestone National Scenic River	7.2 mi.	Summers	Day hikes, backpacking and mountain biking			
Non-Motorized	Boat Launch Trail	Upper Mud WMA	0.5 mi.	Lincoln	Day hike	Lake: 306 acres - boat motors limited to 10 hp. Two boat ramps Game Fish: largemouth bass, bluegill, channel catfish, crappie, muskellunge.	http://www.wvdnr.gov/Hunting/D5WMAareas.shtm#67d5	
Non-Motorized	Boundary Trail	Bluestone State Park	2 mi.	Mercer	Day hike		http://www.bluestonesp.com/	Excellent Site map but no trails featured at http://www.bluestonewma.com/bluestonewildlifemanagementarea.p
Non-Motorized	Bridge Trail	NPS - New River Gorge National River	0.7 mi.	Fayette	Day hike			http://www.nps.gov/neri/planyourvisit/upload/Trail-newsletter-2009c.pdf
Non-Motorized	Brooklyn Mine Trail	NPS - New River Gorge National River	2.7 mi.	Fayette	Day hike and mountain biking			http://www.nps.gov/neri/planyourvisit/upload/Trail-newsletter-2009c.pdf
Rail-Trail	Brush Creek Falls Rail-Trail	The Nature Conservancy of WV Rail-Trail	1.9 mi.	Mercer	Day hike			
Non-Motorized	Buck Run	Twin Falls State Park	0.8 mi.	Wyoming	Day hike		http://www.twinfallsresort.com/recreation.html	http://www.twinfallsresort.com/TwinFallsStateParkTraileGuide.pdf

TYPE	NAME OF TRAIL	LAND MANAGER	LENGTH	COUNTY	USERS	DESCRIPTION	WEBSITE	MAPS
Non-Motorized	Buffalo Creek Trail	Bluestone WMA	2.8 mi.	Summers	Day hike		http://www.bluestonewma.com/recreation.html	
Motorized	Buffalo Mountain Trail	Hatfield McCoy Regional Recreation Authority Trail System	86.3 mi.	Mingo	ATV and dirt bikes	The Buffalo Mountain Trail System has two trailheads, the first is located just south of Williamson on Route 52, and the second is located in historic Matewan and it also connects with Town of Delbarton. The Trail commonly known as the most historic trail of all the Hatfield-McCoy systems and also has the most single track mileage with over 20	http://www.trailsheaven.com/planyourtrip/choosetrail/buffalomountain/default.aspx	http://www.trailsheaven.com/planyourtrip/choosetrail/buffalomountain/map.aspx
Non-Motorized	Buffalo Trail	Chief Logan State Park	2.2 mi.	Logan	Day hike, mountain biking and equestrian	Distance: 2.2 miles. Walking time: 1 hour. Rating: Moderate. The starting point is across from shelter 1. The trail has a short but very steep climb	http://www.chiefloganstatepark.com/activities.html	
Non-Motorized	Burch High School Walking Track	Burch High School	0.2 mi	Mingo	Walking Track			
Motorized Trail	Burning Rock Off-Road Park Trail System	Burning Rock Off-Road Park Trail System	100 mi.	Raleigh	ATV and dirt bikes	For your convenience, the trails are open 365 days a year. Only a short drive from the McKinney Mountain Exit of the Coalfield Expressway, the trailhead amenities include: on-site parking, permit & souvenir sales, and restrooms.	http://www.burningrockwv.com/	
Non-Motorized	Burnwood Nature Trail	NPS - New River Gorge National River	1.2 mi.	Fayette	Day hike			http://www.nps.gov/neri/planyourvisit/upload/Trail-newsletter-2009c.pdf
Non-Motorized	Butcher Branch Trail	New River Gorge National River Trail System	0.7 mi.	Fayette			http://www.nps.gov/neri/planyourvisit/hiking.htm	http://www.nps.gov/neri/planyourvisit/upload/Trail-newsletter-2009c.pdf
Non-Motorized	Cabin Trail	Bluestone State Park	0.4 mi.	Mercer	Day hike		http://www.bluestonesp.com/	Excellent Site map but no trails featured at http://www.bluestonewma.com/bluestonewildlifemanagementarea.p
Non-Motorized	Camp Arrowhead Trail	Tri-State Area Boy Scout Council Trail System	22.4 mi.	Cabell				
Non-Motorized	Camp Creek State Park and Forest Trail	Camp Creek State Park and Forest	40 mi.	Mercer			http://www.campcreekstatepark.com/Camp%20Creek%20State%20Forest%20Trails.pdf	
Non-Motorized	Canyon Rim Boardwalk	New River Gorge National River Trail System	0.1 mi.	Fayette		A short hiking trail descends into the gorge on a wooden boardwalk. The boardwalk has two observation decks which offer unobstructed views of the longest steel arch span in the western hemisphere and the mile wide gorge it spans. A fully accessible ramp provides access to the upper observation deck.	http://www.nps.gov/neri/planyourvisit/hiking.htm	http://www.nps.gov/neri/planyourvisit/upload/Trail-newsletter-2009c.pdf

TYPE	NAME OF TRAIL	LAND MANAGER	LENGTH	COUNTY	USERS	DESCRIPTION	WEBSITE	MAPS
Non-Motorized	Canyon Rim Trail	Pipestem Resort State Park	0.7 mi.	Summers	Day hike			
Non-Motorized	Castle Rock Trail	New River Gorge National River Trail System - Grandview Visitor	0.5 mi.	Raleigh	Day hike		http://www.nps.gov/neri/planyourvisit/hiking.htm	http://www.nps.gov/neri/planyourvisit/upload/Trail-newsletter-2009c.pdf
Non-Motorized	CCC Snipe Trail	Kanawha State Forest	0.8 mi.	Kanawha	Day hike and mountain biking	This interpretive trail starts at the group camp area behind the pool and ends at Shrewsbury Hollow Road and Mossy Rock Trail. Easy.	http://www.kanawhastateforest.com/hiking.html	http://www.kanawhastateforest.com/kanawhastate.pdf
Non-Motorized	Cedar Branch Trail	Bluestone WMA	1.5 mi.	Summers	Day hike		http://www.bluestonewma.com/recreation.html	Map shows WMA campgrounds etc. but not specific trails. http://www.bluestonewma.com/bluestonewildlifemanagementarea.p
Non-Motorized	Charleston Riverfront Trail	Charleston Parks and Recreation	5 mi.	Kanawha	Day hike and mountain biking		http://www.cityofcharleston.org/government/city-departments/parks-recreation	
Non-Motorized	Church Loop Trail	NPS - New River Gorge National River - Thurmond, Minden, Cunnard	0.2 mi.	Fayette	Day hike and mountain biking		http://www.nps.gov/neri/planyourvisit/hiking.htm	http://www.nps.gov/neri/planyourvisit/upload/Trail-newsletter-2009c.pdf
Non-Motorized	Cliff Side Trail	Twin Falls State Park	3 mi.	Wyoming	Day hike		http://www.twinfallsresort.com/recreation.html	http://www.twinfallsresort.com/TwinFallsStateParkTraileGuide.pdf
Non-Motorized	Cliffside Trail	Chief Logan State Park	1.1 mi.	Logan	Day hike, mountain biking and equestrian	Distance: 1.1 miles. Walking time: 45 minutes. Rating: Easy. The starting point is near the park office. The trail begins with a short climb and levels off.	http://www.chiefloganstatepark.com/activities.html	
Non-Motorized	Cliffside Trail	Hawks Nest State Park	2 mi.	Fayette	Day hike	The Cliffside Trail starts at the lodge and follows the canyon side cliffs to the Hawks Nest Overlook. The trail offers excellent opportunity for examination of the geology and New River forest ecosystem. The trail is average difficulty with some steep slopes and sturdy shoes are recommended. Distance 2 mile.		
Scenic Byway	Coal Heritage Trail National Scenic Byway	Multiple Counties	157 mi.	Fayette, McDowell, Wyoming, Mercer, Raleigh,	Driving Tour	Wind through mountains and valleys showcasing America's remarkable industrial heritage. The region commemorates the history and culture of the coal industry and the impact it has had on the physical and social environment. Numerous resources line the corridor, including coal company towns, tipples, railroad structures and reclaimed mining lands.	http://www.byways.org/explore/byways/10346/	

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Non-Motorized	Coal Mine Trail	Chief Logan State Park	0.8 mi.	Logan	Day hike, mountain biking and equestrian	Distance: 1 miles. Walking time: 45 minutes. Rating: Moderate. This trail starts in the campground behind campsite 2. The trail follows a mine tram road passing old mine openings and a tippie site. Because of steep drops children should not take this trail unsupervised.	http://www.chiefloganstatepark.com/activities.html	
Non-Motorized	Coonskin Fitness Trail	Kanawha County Parks and Recreation	1 mi.	Kanawha	Day hike and Fitness	Located in Coonskin Park	http://www.kcprc.com/	Maps available at Park
Non-Motorized	Coonskin Nature Trail	Kanawha County Parks and Recreation	1.5 mi.	Kanawha	Day hike and interpretive center	Located in Coonskin Park	http://www.kcprc.com/	Maps available at Park
Non-Motorized	Copely Trail	Cabwaylingo State Forest	3 mi.	Wayne	Day hike	Along these paths, hikers can capture the scenic beauty of the forest and enjoy the many varieties of wildflowers and trees growing in the area. Overhanging rock cliffs can be found along several of these rustic trails.	http://www.cablingo.com	
Non-Motorized	Cottage Trail	Pipestem Resort State Park	0.2 mi.	Summers	Day hike and cross country skiing			
Non-Motorized	Cougar	Kanawha County Parks and Recreation	1.4 mi.	Kanawha	Day hike	Located in Coonskin Park with portions crossing onto private land. Current plans are to reroute trail so that it stays within the Park boundaries.	http://www.kcprc.com/	Maps available at Park
State Byway	Country Roads State Byway		139 mi.	Boone, Logan, Mingo,	Driving Tour			
Non-Motorized	County Line Trail	Pipestem Resort State Park	1.9 mi.	Summers	Day hike, mountain biking and equestrian			
Non-Motorized	Craig Branch Trail	New River Gorge National River Trail System	2.3 mi.	Fayette			http://www.nps.gov/neri/planyourvisit/hiking.htm	http://www.nps.gov/neri/planyourvisit/upload/Trail-newsletter-2009c.pdf
Non-Motorized	Crane Branch	Panther Wildlife Management Area	0.5 mi.	McDowell	Day hike	Looped trail featuring Buzzard Roost Overlook	http://www.pantherstateforest.com/recreation.html	http://www.pantherstateforest.com/Panther_map.pdf
Non-Motorized	Creek Bed	Little Beaver State Park	0.4 mi.	Raleigh	Day hike, mountain biking, and equestrian	A moderate .4 mile of wooded trail for bikers and hikers.	http://www.littlebeaverstatepark.com/recreation.html	

TYPE	NAME OF TRAIL	LAND MANAGER	LENGTH	COUNTY	USERS	DESCRIPTION	WEBSITE	MAPS
Non-Motorized	Crumps Bottom Road Trail	Bluestone WMA	5 mi.	Summers	Day hike		http://www.bluestonewma.com/recreation.html	Map shows WMA campgrounds etc. but not specific trails. http://www.bluestonewma.com/bluestonewildlifemanagementarea.p
Non-Motorized	Cub Trail	Kanawha County Parks and Recreation	0.4 mi.	Kanawha	Day hike	Located in Coonskin Park	http://www.kcprc.com/	Maps available at Park
Non-Motorized	Damsite Trail	USACE - East Lynn Lake	.5 mi.	Wayne	Day hike	1 mile round-trip. Trailheads below Dam and Damsite. Difficulty - moderate. Terrain - Steep climb from below dam to damsite.	http://www.lrh.usace.army.mil/projects/lakes/elt/	http://www.lrh.usace.army.mil/_kd/Items/actions.cfm?action=Show&item_id=7420&destination=ShowItem
Non-Motorized	Davis Creek	Kanawha State Forest	2.5 mi.	Kanawha	Day hike and mountain biking		http://www.kanawhastateforest.com/hiking.html	http://www.kanawhastateforest.com/kanawhastate.pdf
Non-Motorized	Deer Crossing	Camp Creek State Park	1.2 mi.	Mercer	Day hike, mountain biking and equestrian		http://www.campcreekstatepark.com/recreation.html	http://www.campcreekstatepark.com/Camp%20Creek%20State%20Forest%20Trails.pdf
Non-Motorized	Deer Loop	Little Beaver State Park	0.4 mi.	Raleigh	Day hike, mountain biking, and equestrian	An open trail with .8 miles of changing terrain. The trail changes from an open field to a steep wooded incline.	http://www.littlebeaverstatepark.com/recreation.html	
Non-Motorized	Deer Trail	Little Beaver State Park	0.8 mi.	Raleigh	Day hike, mountain biking, and equestrian	An open trail with .8 miles of changing terrain. The trail changes from an open field to a steep wooded incline.	http://www.littlebeaverstatepark.com/recreation.html	
Non-Motorized	Den Tree Trail	Pipestem Resort State Park	0.6 mi.	Summers	Day hike		http://www.pipestemresort.com	
Non-Motorized	Dog Pool Ridge Trail	Upper Mud WMA	1.2 mi.	Lincoln	Day hike		http://www.wvdnr.gov/Hunting/D5WMAareas.shtm	
Non-Motorized	Dogwood Trail	Pipestem Resort State Park	0.6 mi.	Summers	Day hike		http://www.pipestemresort.com	
Non-Motorized	Drift Branch	Panther State Forest	1.5 mi.	McDowell	Day hike	Leading from Panther Creek's picnic area to a fire tower at the forest's highest point , 2,100 feet, this trail follows Drift Branch of Panther Creek through oak forest. Though all uphill with steep grades, the trail rewards hikers with panoramic views of Virginia, Kentucky, and West Virginia. 3 miles round trip, difficult. Trailhead at Cowshed picnic area.	http://www.pantherstateforest.com/recreation.html	

TYPE	NAME OF TRAIL	LAND MANAGER	LENGTH	COUNTY	USERS	DESCRIPTION	WEBSITE	MAPS
Non-Motorized	East Fork Trail	USACE - East Lynn Lake	2 mi.	Wayne	Day hike	Trailhead - East Fork Campground, Area 1 (campers only). Length 1.2 mile. Difficulty - Moderate. Terrain - creek crossings, rocky terrain, mowed portions.	http://www.lrh.usace.army.mil/projects/lakes/elt/	http://www.lrh.usace.army.mil/_kd/Items/actions.cfm?action=Show&item_id=7420&destination=ShowItem
Non-Motorized	East River Mountain Trail		0.2 mi.	Mercer	Day hike			
Rail-Trail	Elk River Rail-Trail	Kanawha County Parks and Recreation	1 mi.	Kanawha	Day hike and mountain biking	The Trail follows the river . Elk River Rail Trail: A 1-mile (1.6 km) rail trail that currently extends in Coonskin Park in Kanawha County just north of Charleston. The remainder of the disused line towards Morgantown may be converted into a rail trail. Also, the extension of the runways at Yeager Airport has damaged the trail to make it nearly impassible at several places.	http://www.wvrtc.org/trails/index.html	Maps available at Park - 304-341-8000
Water Trail	Elkhorn Creek Fishing Trail	New River Gorge National River Trail System	17.6 mi.	McDowell	Water Trail	Most prolific rainbow trout streams in West Virginia.	http://sites.google.com/site/mcdowellcountywvtourism/Home/hunting-and-fishing-in-mcdowell-county/fishing-information-for-mcdowell-county	http://www.nps.gov/neri/planyourvisit/upload/Trail-newsletter-2009c.pdf
Non-Motorized	Endless Wall Trail .	New River Gorge National River Trail System	2.2 mi.	Fayette	Day hike	Among the wonders of the national river, The Endless Wall hiking trail is an unbroken cliff line that follows the rim of the New River Gorge for two miles. Incredible panoramas accompany hikers as the trail leads across the top of the cliffs through gnarled pine, mossy boulders, and dark thickets of rhododendron. 1.0 miles moderate hiking	http://www.newriverwv.com/Recreation_Hiking_Trails_Endless_Wall_Trail.php	http://www.nps.gov/neri/planyourvisit/upload/Trail-newsletter-2009c.pdf
Non-Motorized	Falls Trail	Twin Falls State Park		Wyoming	Day hike		http://www.twinfallsresort.com/recreation.html	http://www.twinfallsresort.com/TwinFallsStateParkTraileGuide.pdf
Non-Motorized	Farley Branch	Camp Creek State Park	1.4 mi.	Mercer	Day hike	More detailed map http://www.campcreekstatepark.com/Camp%20Creek%20State%20Park.pdf	http://www.campcreekstatepark.com/recreation.html	http://www.campcreekstatepark.com/Camp%20Creek%20State%20Forest%20Trails.pdf
Non-Motorized	Farley Loop	Pipestem Resort State Park	3 mi.	Summers	Day hike		http://www.pipestemresort.com	
Non-Motorized	Farley Ridge	Camp Creek State Park	2.3 mi.	Mercer	Day hike, mountain biking and equestrian		http://www.campcreekstatepark.com/recreation.html	http://www.campcreekstatepark.com/Camp%20Creek%20State%20Forest%20Trails.pdf
State Byway	Farm Heritage Road Backway		27 mi.	Summers and other counties	Driving Tour			

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Non-Motorized	Fayette County Park Trails	Fayette County Park	10 mi.	Fayette	Day hike and mountain biking		http://www.wvexp.com/index.php/Fayette_County_Park	
Non-Motorized	Fayetteville Trails	New River Gorge National River Trail System Photos: http://www.nps.gov/neri/planyourvisit/fayetteville_trails.htm	3.9 mi.	Fayette	Day hike	Many of the trails in the Fayetteville area were designed and built by volunteers. Some of the trails existed before the park acquired the property, but needed maintenance or trail re-routing. The park was assisted in some of the preliminary trail design and construction by a Trail Care Crew from the International Mountain Bike Association (IMBA). The trails in the Fayetteville area can be accessed from a number of different trailheads, and allow connections to trails in the Kaymoor area (and beyond). The most popular trailhead is probably located at the Fayetteville Town Park, where visitors also have access to the town playground, a .5 mile paved walking trail, and might be able to take in a baseball or softball game.	http://www.nps.gov/neri/planyourvisit/fayetteville_trails.htm	http://www.nps.gov/neri/planyourvisit/upload/Trail-newsletter-2009c.pdf
Non-Motorized	Fern Trail	Kanawha County Parks and Recreation	0.2 mi.	Kanawha	Day hike	Located in Coonskin Park	http://www.kcprc.com/	Maps available at Park
Non-Motorized	Fire Tower Trail	Panther Wildlife Management Area	0.3 mi.	McDowell	Day hike	Featuring a Fire Tower located at 2100 elevation	http://www.pantherstateforest.com/recreation.html	http://www.pantherstateforest.com/Panther_map.pdf
Non-Motorized	Fire Trail	Kanawha County Parks and Recreation	0.7 mi.	Kanawha	Day hike	Located in Coonskin Park	http://www.kcprc.com/	Maps available at Park
Non-Motorized	Fisherman's Trail	Hawks Nest State Park	1 mi.	Fayette	Day hike	Fisherman's Trail - is a short trail following the rivers' edge starting at the public boaters access areas. The trail provides access for fishing and vantage point to see the Hawks Nest Dam. Public access to the dam and industrial site is prohibited.		
Non-Motorized	Fisherman's Trail	Babcock State Park	2 mi.	Fayette	Day hike	This is a short trail following the river's edge stating at the public access area. The trail provides access for fishing and for view of Hawks Nest Dam. Public access to the dam and industrial site is prohibited.	http://www.babcocksp.com/recreation.html	http://www.babcocksp.com/babcock.pdf
	Fishing Trail	USACE - R.D. Bailey Dam	0.5 mi.	Wyoming	Day hike	Foot trails (Hiking) are located at the Salt River, Ridge Top, and Justice Trails.	http://www.lrh.usace.army.mil/projects/lakes/rdb/	
Non-Motorized	Fitness Trail	Chief Logan State Park	1 mi.	Logan	Day hike, mountain biking and equestrian	Distance: 1 mile. Walking time: 45 minutes. Rating: Easy. The starting point for this trail is across from the multipurpose building and has a series of exercise stations along it.	http://www.chiefloganstatepark.com/activities.html	
Non-Motorized	Fitness Trail	Lincoln Primary Care Center	0.25 mi.	Lincoln	Walking and fitness trail			

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Non-Motorized	Flood Wall Path	Williamson	1.3 mi.	Mingo	Day hike and mountain biking			
Non-Motorized	Garden Trail of the Five Senses	Charleston Parks and Recreation	.05 mi.	Kanawha	Day hike		http://www.cityofcharleston.org/government/city-departments/parks-recreation	
Non-Motorized	George's Fork Trail	Panther State Forest	0.5 mi.	McDowell	Day hike	Length: 0.25 miles one-way Starting point behind George's Fork Picnic Shelter. Trail leads to Buzzard's Roost Overlook. Located in Panther State Forest.	http://www.mountaintravelguide.com/Hiking%20Trails/WestVirginia/mcdowell/GeorgesForkTrail.htm	
Non-Motorized	Giles, Fayette, Kanawha Turnpike	Bluestone State Park	1 mi.	Mercer	Day hike		http://www.bluestonesp.com/	Excellent Site map but no trails featured at http://www.bluestonewma.com/bluestonewildlifemanagementarea.p
Non-Motorized	Glade Creek Trail	New River Gorge National River Trail System	10.3 mi.	Fayette	Day hike	This popular New River Gorge hiking trail winds through hemlock forest and thickets of rhododendron, offering views of several waterfalls along the course of Glade Creek, one of the more popular trout fishing streams in the New River Gorge area. The Glade Creek Trail provides a connection to Kates Fall Trail. The 7-mile Glade Creek Road was closed during most of 2003 due to flooding and has yet to be reopened. Please check back for updates on access via this road! Also, drive slowly and carefully on Batoff Mountain Road. This is a rather narrow, very winding, typical two-lane West Virginia "backroad" with a very steep grade (use extra caution (and low gearing) if you are towing a boat or camping trailer, etc.).	http://www.nps.gov/neri/planyourvisit/hiking.htm and http://www.nps.gov/neri/planyourvisit/hiking.htm	http://www.nps.gov/neri/planyourvisit/upload/Trail-newsletter-2009c.pdf
Non-Motorized	Glenwood Park Trail System	Glenwood Recreational Park	9.4 mi.	Mercer	Day hike, fitness, mountain biking, ADA		http://glenwoodparkwv.com/	
Non-Motorized	Goose Neck Trail	Beech Fork Trail System	2.0 mi.	Wayne	Day hike			
Non-Motorized	Grandview Rim Trail	New River Gorge National River Trail System	1.5 mi.	Raleigh	Day hike		http://www.nps.gov/neri/planyourvisit/hiking.htm	http://www.nps.gov/neri/planyourvisit/upload/Trail-newsletter-2009c.pdf
Non-Motorized	Guyandotte Beauty Trail	Chief Logan State Park	1.1 mi.	Logan	Day hike, mountain biking and equestrian	Distance: 1.1 miles. Walking time: 1 hour. Rating: Difficult. The starting point is at the head of Mud Lick Hollow. On this trail you may see the endangered wildflower species the Guyandotte beauty blooming in May. Abandoned coal mines also may be seen.	http://www.chiefloganstatepark.com/activities.html	
Non-Motorized	Gwinn Ridge Trail	New River Gorge National River Trail System	3.0 mi.	Summers	Day hike	Loop trail descending through a rocky forest. Includes some scenic views of the gorge.	http://www.nps.gov/neri/planyourvisit/hiking.htm	http://www.nps.gov/neri/planyourvisit/upload/Trail-newsletter-2009c.pdf

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Non-Motorized	GYSP Trail	Hawks Nest State Park	1.5 mi.	Fayette	Day hike	The trail is named for the summer maintenance crew that dug this trail into the hillside down to the river area. The trail provides an excellent hike to the river and features a series of switch backs and steps through a beautiful mature forest. The trail comes out at the river boater parking lot, hikers can purchase a one-way ticket on our tramway (in season) to hitch-hike back up mountainside. A great place to view wildlife. Sturdy close-toe shoes are recommended	http://www.hawksnestsp.com/recreation.htm	
Non-Motorized	Hamlin Walking Track and Fitness Trail	Lions Club	0.25 mi	Lincoln	Walking and fitness track		http://www.lincolnprimarycare.com/	
Non-Motorized	Harts Fitness Trail	Harts	0.25 mi.	Lincoln	Walking and fitness track			
Rail-Trail	Hawks Nest Rail-Trail Photo at http://www.hawksnestsp.com/recreation.htm	Town of Ansted Rail-Trail System	1.8 mi.	Fayette	Day hike	The 1.8 mile (one way) trail is an easy walking, gravel trail featuring two trestles and many waterfall vantage points. The trail is a great place for a short stroll or connection to the river via a bike. The trail can be a circle trail using the River Road (vehicle traffic) or by connecting a lift on the tramway. The trail is maintained by the town of Ansted and trail volunteers. No trail fee, tramway requires ticket purchase.	http://www.hawksnestsp.com/recreation.htm	
Non-Motorized	Hemlock Falls Trail	Kanawha State Forest	0.8 mi.	Kanawha	Day hike and mountain biking	This trail follows an old gas well road out of Polly Hollow and turns west to the Boundary Ridge Road. Moderate.	http://www.kanawhastateforest.com/hiking.html	http://www.kanawhastateforest.com/kanawhastate.pdf
Non-Motorized	Hemlock Trail	Kanawha County Parks and Recreation	0.5 mi.	Kanawha	Day hike	Located in Coonskin Park.	http://www.kcprc.com/	Maps available at Park
Non-Motorized	Hemlock Trail	Twin Falls State Park	2 mi.	Wyoming	Day hike		http://www.twinfallsresort.com/recreation.html	http://www.twinfallsresort.com/TwinFallsStateParkTraileGuide.pdf
Non-Motorized	Homestead Trail	Pinnacle Rock State Park	4 mi.	Mercer	Day hike and mountain biking		http://www.pinnaclerockstatepark.com/	http://www.pinnaclerockstatepark.com/pinnaclerock.pdf
Non-Motorized	Horse By-Pass	Camp Creek State Park	1 mi.	Mercer	Equestrian	More detailed trail with amenities http://www.campcreekstatepark.com/Camp%20Creek%20State%20Park.pdf	http://www.campcreekstatepark.com/recreation.html	http://www.campcreekstatepark.com/Camp%20Creek%20State%20Forest%20Trails.pdf
Non-Motorized	Horsepen Knob Trail	Twin Falls State Park	2.5 mi.	Wyoming	Day hike		http://www.twinfallsresort.com/recreation.html	http://www.twinfallsresort.com/TwinFallsStateParkTraileGuide.pdf

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Non-Motorized	Huckleberry Trail	Twin Falls State Park	1.3 mi.	Wyoming	Day hike		http://www.twinfallsresort.com/recreation.html	http://www.twinfallsresort.com/TwinFallsStateParkTraileGuide.pdf
Non-Motorized	Hurricane Branch Trail	Panther State Forest	1.3 mi.	McDowell	Day hike		http://www.pantherstateforest.com/recreation.html	
Motorized Trail	Indian Ridge Trail System	Hatfield McCoy Regional Recreation Authority Trail	63 mi.	McDowell	ATV and dirt bikes	The Indian Ridge Trail System has one trailhead with a two-acre parking area and restrooms. This trail offers a nice variety of trails for all difficulty levels. This trail system offers community access to the Town of Northfork and the Town of Keystone.	http://www.trailsheaven.com/planyourtrip/chooseatrail/indianridge/default.aspx	http://www.trailsheaven.com/planyourtrip/chooseatrail/indianridge/map.aspx
Non-Motorized	Indian Trail	Cabwaylingo State Forest	3.0 mi.	Wayne	Day hike	Along these paths, hikers can capture the scenic beauty of the forest and enjoy the many varieties of wildflowers and trees growing in the area. Overhanging rock cliffs can be found along several of these rustic trails.	http://www.cablingo.com	
Non-Motorized	Island Loop Trail	New River Gorge National River Trail System	0.6 mi.	Raleigh	Day hike		http://www.nps.gov/neri/planyourvisit/hiking.htm	http://www.nps.gov/neri/planyourvisit/upload/Trail-newsletter-2009c.pdf
Non-Motorized	John Slack Park Walking Trail	Boone County Commission		Boone	Day hike	Pool, mini-golf, concession stand. Located at John Slack Park, John Slack Circle, Racine, WV Shelters for rent by the day Public access for small watercraft, playground equipment, softball field, restroom facilities, tennis courts,		
Non-Motorized	Johnson Hollow Trail	Kanawha State Forest	0.8 mi.	Kanawha	Day hike and mountain biking	This trail starts behind Shelter #7 and ends at Middle Ridge Road. Easy to moderate.	http://www.kanawhastateforest.com/hiking.html	http://www.kanawhastateforest.com/kanawhastate.pdf
Non-Motorized	Junkyard Trail	New River Gorge National River Trail System	0.2 mi.	Fayette			http://www.nps.gov/neri/planyourvisit/hiking.htm	http://www.nps.gov/neri/planyourvisit/upload/Trail-newsletter-2009c.pdf
Non-Motorized	Justice Trail	USACE - R.D. Bailey Dam	0.8 mi.	Wyoming	Day hike	Foot trails (Hiking) are located at the Salt River, Ridge Top, and Justice Trails.	http://www.lrh.usace.army.mil/projects/lakes/rdb/	
Non-Motorized	Kanawha Trace		31.68 mi.	Cabell		The Kanawha Trace is a 31.68-mile foot trail running from Barboursville, WV, at the confluence of Mud and Guyandotte Rivers, to Frazier's Bottom, WV on the Kanawha River. With the exception of public roads, the trail is located in its entirety on private property. Hiking Trail with loop trail options: <i>2-Mile Loop (Ol' Baldy Trail) - This loop starts and stays in Camp Arrowhead. This loop is also known as the Ol' Baldy Loop trail and is used for the annual Fall Hike in October.</i> <i>5-Mile Loop -This loop also starts in Camp Arrowhead. When starting this loop you can either start on the Kanawha Trace or the Adahi Trail.</i> <i>10-Mile Loop - This loop also starts in the parking lot of Camp Arrowhead. This loop has the same option as the 5-mile loop as to what trail to start on.</i>	http://webpages.marshall.edu/~kyle4/index.html	

TYPE	NAME OF TRAIL	LAND MANAGER	LENGTH	COUNTY	USERS	DESCRIPTION	WEBSITE	MAPS
Non-Motorized	Kates Falls Trail	New River Gorge National River Trail System	1.6 mi.	Fayette	Day hike	1.6 miles one-way - difficult hiking 4.5 miles of Glade Creek Trail must be hiked to reach this trail. Enjoy the spray of scenic Kates Falls as you hike this trail. The steep, rocky portion of the trail past the falls is a connector trail to the Kates Plateau Trail. Go left at the end of this section to hike Kates Plateau Trail.	http://www.nps.gov/neri/planyourvisit/hiking.htm	http://www.nps.gov/neri/planyourvisit/upload/Trail-newsletter-2009c.pdf
Non-Motorized	Kates Plateau Trail	New River Gorge National River Trail System	4.9 mi.	Fayette	Day hike	4.0 miles loop - moderate hiking & 4.5 miles of Glade Creek Trail and part of Kates Falls Trail must be hiked to reach this trail. Prepare for a beautiful experience as you follow this old logging road through the woods. Explore a wetland found just off the trail. In early July look for the state flower, Great Rhododendron, in bloom.	http://www.nps.gov/neri/planyourvisit/hiking.htm	http://www.nps.gov/neri/planyourvisit/upload/Trail-newsletter-2009c.pdf
Non-Motorized	Kaymoor Miners Trail	New River Gorge National River Trail System	0.6 mi.	Fayette	Day hike	A 1/2 mile trail sounds easy, right? This difficult trail is one of the harshest as it literally descends 1,000 feet down the face of the gorge through switchbacks, staircases and slippery trails. The top affords views of the gorge while the bottom features old mining ruins and coke ovens.	http://www.nps.gov/neri/planyourvisit/hiking.htm	http://www.nps.gov/neri/planyourvisit/upload/Trail-newsletter-2009c.pdf
Non-Motorized	Kaymoor Trail	New River Gorge National River Trail System	8.3 mi.	Fayette	Day hike and mountain biking	This trail follows an old roadbed to the Kaymoor mine site. A series of steps leads down to the coke ovens. Along the path you can catch a glimpse of the town's mining past, including derelict buildings, old mine entrances and ruins.	http://www.nps.gov/neri/planyourvisit/hiking.htm	http://www.nps.gov/neri/planyourvisit/upload/Trail-newsletter-2009c.pdf
Non-Motorized	Keeneys Creek RR Trail	New River Gorge National River Trail System	3.3 mi.	Fayette		Picture at http://www.flickr.com/photos/timberwolf1212/4027529617/	http://www.nps.gov/neri/planyourvisit/hiking.htm	http://www.nps.gov/neri/planyourvisit/upload/Trail-newsletter-2009c.pdf
Non-Motorized	Lake Shore Trail	Chief Logan State Park	1.1 mi.	Logan	Day hike, mountain biking and equestrian	Distance: 1.1 miles. Walking time: 45 minutes. Rating: Easy. The starting point is at the lower end of the lake. Many spring wild flowers may be seen along the trail.	http://www.chiefloganstatepark.com/activities.html	
Non-Motorized	Lake Shore Trail	Pipestem Resort State Park	2.2 mi.	Summers	Day hike, mountain biking, equestrian and cross country skiing		http://www.pipestemresort.com	
Non-Motorized	Lake Stephens Mountain Bike & Hiking Trail	Raleigh County Recreation Authority	4.6 mi.	Raleigh	Day hike & mountain biking	- Gary Morefield - Earth, Wind, & Tire Cycling (304)673-5002 can provide additional information on this trail system	http://www.earthwindandtire.us/	
Non-Motorized	Lakeside Trail	Laurel Lake WMA	1.5 mi.	Mingo	Day hike		http://www.laurellakewma.com/recreation.html	
Non-Motorized	Lakeside Trail	USACE - East Lynn Lake	1.8 mi.	Wayne	Day hike	Trailhead at Lakeside Picnic Area. Length - 1.2 mile loop. Difficulty - moderate. Terrain - moderate climb at trailhead to ridgeline.	http://www.lrh.usace.army.mil/projects/lakes/elt/	http://www.lrh.usace.army.mil/_kd/Items/actions.cfm?action=Show&item_id=7420&destination=ShowItem
Non-Motorized	Lakeview Trail	Babcock State Park	1 mi.	Fayette	Day hike		http://www.babcocksp.com/recreation.html	http://www.babcocksp.com/babcock.pdf

TYPE	NAME OF TRAIL	LAND MANAGER	LENGTH	COUNTY	USERS	DESCRIPTION	WEBSITE	MAPS
Non-Motorized	Lakeview Trail	Pipestem Resort State Park	0.4 mi.	Summers	Day hike, mountain biking, equestrian and cross country		http://www.pipestemresort.com	http://www.pipestemresort.com/forums/Pipestem_Park_Map.pdf
Non-Motorized	Laurel Creek Crossing	Little Beaver State Park	2.6 mi.	Raleigh	Day Hike, Mountain Biking, Equestrian	This trail is 2.6 miles and is the second longest trail in the park. It follows the park boundary along Country Club Road and is an easy to moderate walk with changing scenery.	http://www.littlebeaverstatepark.com/recreation.html	
Non-Motorized	Law Hollow Trail	Pipestem Resort State Park	0.5 mi.	Summers	Day hike and mountain biking		http://www.pipestemresort.com	http://www.pipestemresort.com/forums/Pipestem_Park_Map.pdf
Non-Motorized	Lick Hollow Trail	Pipestem Resort State Park	1.6 mi.	Summers	Day hike and cross country skiing		http://www.pipestemresort.com	http://www.pipestemresort.com/forums/Pipestem_Park_Map.pdf
Non-Motorized	Lindy Trail	Kanawha State Forest	0.5 mi.	Kanawha	Day hike and cross country skiing	This steep trail ascends from the shooting range road up to Middle Ridge Road near the top of Alligator Rock Trail. Moderate to difficult.	http://www.kanawhastateforest.com/hiking.html	http://www.kanawhastateforest.com/kanawhastate.pdf
Motorized Trail	Little Coal River Trail System	Hatfield McCoy Regional Recreation Authority Trail	54.5 mi.	Boone	ATV and dirt bikes	Little Coal is most commonly known for its high percentage of green or easiest level trails. This trail system has direct access to lodging and is located very near family, summer season activities.	http://www.trailsheaven.com/playyourtrip/chooseatrail/littlecoal/default.aspx	http://www.trailsheaven.com/playyourtrip/chooseatrail/littlecoal/map.aspx
Non-Motorized	Logtown Hollow Trail	Kanawha State Forest	0.8 mi.	Kanawha	Day hiking	Begins behind Shelter #3 and ends on Middle Ridge Road. Easy to moderate	http://www.kanawhastateforest.com/hiking.html	http://www.kanawhastateforest.com/kanawhastate.pdf
Non-Motorized	Long Branch Trail	Pipestem Resort State Park	0.3 mi.	Summers	Day hike and mountain biking		http://www.pipestemresort.com	http://www.pipestemresort.com/forums/Pipestem_Park_Map.pdf
Non-Motorized	Long Point Trail	New River Gorge National River Trail System	1.6 mi.	Fayette	Day hike	This hiking is not recommended for those who are afraid of heights! This trail leads to a large rock outcrop known as Long Point that offers one of the best views of the gorge. Be careful along the cliff's edge!	http://www.nps.gov/neri/playyourvisit/hiking.htm	http://www.nps.gov/neri/playyourvisit/upload/Trail-newsletter-2009c.pdf
Non-Motorized	Loop Trail	Panther State Forest	1.5 mi.	McDowell	Day hike		http://www.pantherstateforest.com/recreation.html	
Non-Motorized	Lost Trail	Beech Fork Trail System	2.8 mi.	Wayne	Day hike			
Non-Motorized	Lost Trail	Beechfork State Park	1 mi.	Wayne	Day hike and mountain biking			

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Non-Motorized	Lotito City Park Trail	Bluefield	0.8 mi.	Mercer	Day hike and mountain biking			
Non-Motorized	Lover's Leap Trail	Hawks Nest State Park Photos at http://www.hawksnestsp.com/recreation.htm	0.3 mi.	Fayette	Day Hike	This trail starts at the tram way upper station and travels down a steep grade of wood steps and series of steep grade changes with over 100 steps down to a rock outcropping. The trail is rigorous exercise traveling along uneven wood and rock surfaces. Recommend sturdy closed-toe shoes. Those desiring to enjoy the view with less strenuous activity should consider the main Hawks Nest Overlook that also offers similar views.	http://www.hawksnestsp.com/recreation.htm	
Roadside Trail	Lower Greenbrier Driving Tour		30.7 mi.	Summers	Bicycling			
State Byway	Lower Greenbrier River Byway		18 mi.	Summers				
Non-Motorized	Manns Creek Gorge	Babcock State Park	2 mi.	Fayette	Day hike		http://www.babcocksp.com/recreation.html	http://www.babcocksp.com/babcock.pdf
Non-Motorized	Martin Ridge Trail	Cabwaylingo State Forest	1.5 mi.	Wayne	Day hike	Along these paths, hikers can capture the scenic beauty of the forest and enjoy the many varieties of wildflowers and trees growing in the area. Overhanging rock cliffs can be found along several of these rustic trails.	http://www.cablingo.com	
Non-Motorized	Mary Davis Trail	Wayne County Commission	4.5 mi.	Wayne	Day hike, backpacking and mountain biking			
Non-Motorized	Mary Draper Ingles Trail	Mary Ingles Trail Blazers/WV Scenic Trails Association	8 miles completed	Kanawha	Majority is under development	Proposed 357 mi. trail. Eight miles completed thus far. This trail will eventually go through Cabell, Fayette, Mercer, Raleigh, Putman as well as Kanawha.	http://maryinglestrailblazers.homestead.com/index.html	http://www.kanawhastateforest.com/kanawhastate.pdf
Non-Motorized Trail	Matewan Floodwall Trail	The Town of Matewan	0.4 mi.	Mingo	Walking Path	The "Great Wall" of Matewan and its adjacent walking path on the river side of the wall is open year round to visitors to the Matewan Historic District. Offering beautiful views of the Tug River, the walking path allows visitors to study the historic graphics embedded in the floodwall. A brochure available at the Matewan Visitors Center interprets the graphics for visitors. For more information contact the Matewan Visitors Center at 304-426-4239 or visit us on the web at www.matewan.com .	http://www.mcra-wv.org/?q=node/6	
Non-motorized	McDowell County Trail	Gary	1 mi.	McDowell	Day hike and mountain biking			

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Non-Motorized	Mid Lake Ridge Trail System	Upper Mud WMA	7 mi.	Lincoln	Day hike and backpacking		http://www.wvdot.gov/Hunting/D5WMAareas.shtm	
Non-Motorized	Middle Ridge Trail	Kanawha State Forest	3 mi.	Kanawha	Day hike and mountain biking		http://www.kanawhastateforest.com/hiking.html	http://www.kanawhastateforest.com/kanawhastate.pdf
Roadside Trail	Midland Trail Bikeway	Roadside Trail	1.7 mi.	Fayette	Road Bikes			
National Scenic Byway	Midland Trail National Scenic Byway	Multiple counties	138 mi.	Cabell, Fayette, Kanawha, and other			http://www.midlandtrail.com/	
Roadside Trail	Millers Fork/Beech Fork Loop	Roadside Trail	23.4 mi.	Wayne	Hike and Bike			
Non-Motorized	Moonshiner's Trail	Twin Falls State Park	3.3 mi.	Wyoming	Day hike and mountain biking		http://www.twinfallsresort.com/recreation.html	http://www.twinfallsresort.com/TwinFallsStateParkTraileGuide.pdf
Non-Motorized	Mossy Ridge Trail	Kanawha State Forest	0.8 mi.	Kanawha	Day hike and mountain biking		http://www.kanawhastateforest.com/hiking.html	http://www.kanawhastateforest.com/kanawhastate.pdf
Non-Motorized	Mossy Rock Trail	Kanawha State Forest	0.8 mi.	Kanawha	Day hike and mountain biking		http://www.kanawhastateforest.com/hiking.html	http://www.kanawhastateforest.com/kanawhastate.pdf
Non-Motorized	Mountain Health Trail	Babcock State Park	0.3 mi.	Fayette	Day hike		gis.wvdot.com/gti/Trails/trail_usg_pdfs/Fayette.pdf	
Roadside Trail	Mullens Historic Walking Tour	Downtown Mullens	0.5 mi.	Wyoming	Day hike			
Non-Motorized	Narrow Gauge Rail	Babcock State Park	3.5 mi.	Fayette	Day hike and mountain biking		http://www.babcocksp.com/recreation.html	http://www.babcocksp.com/babcock.pdf
Non-Motorized	Nature Ridge Trail	Little Beaver State Park	0.8 mi.	Raleigh	Day hike, mountain biking, equestrian	This trail has an incline, sometimes steep, that follows the ridge above the lake. It is noted as a 2.2 mile trail in some publications.	http://www.littlebeaverstatepark.com/recreation.html	

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Non-Motorized	Nature Trail	Beechfork State Park	0.8 mi.	Wayne	Day hike and mountain biking		http://www.beechforksp.com/	http://www.beechforksp.com/beeckfork.pdf
Non-Motorized	Nature Trail	Twin Falls State Park	1.3 mi.	Wyoming	Day hike		http://www.twinfallsresort.com/recreation.html	http://www.twinfallsresort.com/TwinFallsStateParkTraileGuide.pdf
Non-Motorized	Neely Knob Road & Trail	Camp Creek State Park	2 mi.	Mercer	Day hike		http://www.campcreekstatepark.com/recreation.html	http://www.campcreekstatepark.com/Camp%20Creek%20State%20Forest%20Trails.pdf
Non-Motorized	New River Bridge	NPS - New River Gorge National River - Kaymoor Area	1.6 mi.	Fayette	Day hike			
Non-Motorized	New River Park Trail		0.6 mi.	Raleigh				
Non-Motorized	North Ridge Trail	Beech Fork Trail System	0.6 mi.	Wayne				
Non-Motorized	North Side Trail	Pipestem Resort State Park	0.5 mi.	Summers	Day hike and cross country skiing		http://www.pipestemresort.com	http://www.pipestemresort.com/forms/Pipestem_Park_Map.pdf
Non-Motorized	Northgate Business Park	Charleston Parks and Recreation	0.8 mi.	Kanawha	Day hike and mountain biking			
Non-Motorized	Nuttall Mine Trail	New River Gorge National River Trail System	0.4 mi.	Fayette		Pictures and info at http://www.coalcampusa.com/sowv/river/nuttalburg/nuttalburg.htm	http://www.nps.gov/neri/planyourvisit/hiking.htm	http://www.nps.gov/neri/planyourvisit/upload/Trail-newsletter-2009c.pdf
Non-Motorized	Nuttallburg Tipple Trail	New River Gorge River Trail System	0.4 mi.	Fayette		Pictures and info at http://www.coalcampusa.com/sowv/river/nuttalburg/nuttalburg.htm	http://www.nps.gov/neri/planyourvisit/hiking.htm	http://www.nps.gov/neri/planyourvisit/upload/Trail-newsletter-2009c.pdf
Non-Motorized	Oak Rock Trail	Kanawha State Forest	1.5 mi.	Kanawha	Day hike and mountain biking		http://www.kanawhastateforest.com/hiking.html	http://www.kanawhastateforest.com/kanawhastate.pdf
Non-Motorized	Oak Trail	Kanawha County Parks and Recreation	0.3 mi.	Kanawha	Day hike	Located in Coonskin Park	http://www.kcprc.com/	Maps available at Park

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Non-Motorized	Overlook Rock Trail	Kanawha State Forest	1.5 mi.	Kanawha	Day hike	A steep trail that starts just South of the pool and ends in #2 Store Hollow. Be careful to follow the blazes. The trail follows an access road and then turns South. Moderate to difficult.	http://www.kanawhastateforest.com/hiking.html	http://www.kanawhastateforest.com/kanawhastate.pdf
Non-Motorized	Overlook Trail	Beechfork State Park	1 mi.	Wayne	Day hike and mountain biking		http://www.beechforksp.com/	http://www.beechforksp.com/beechnfork.pdf
Non-Motorized	Overlook Trail	Bluestone State Park	0.5 mi.	Mercer	Day hike		http://www.bluestonesp.com/	Excellent Site map but no trails featured at http://www.bluestonewma.com/bluestonewildlifemanagementarea.p
Non-Motorized	Overlook Trail	USACE - East Lynn Lake	2 mi.	Wayne	Day hike	Trailheads - Overlook area and lakeside. Length - 4 miles round trip. Difficulty - Moderate. Terrain - open field, steep climb to near ridge line and levels off.	http://www.lrh.usace.army.mil/projects/lakes/elt/	http://www.lrh.usace.army.mil/_kd/items/actions.cfm?action=Show&item_id=7420&destination=ShowItem
State Backway	Paint Creek Scenic Trail Byway State	Multiple counties	42. mi.	Kanawa, Raleigh, Fayette,	Driving Tour			
Non-Motorized	Park Loop Trail	New River Gorge River Trail System	1 mi.	Raleigh	Day hike		http://www.nps.gov/neri/planyourvisit/hiking.htm	http://www.nps.gov/neri/planyourvisit/upload/Trail-newsletter-2009c.pdf
Non-Motorized	Pathfinder Trail	Twin Falls State Park	2.5 mi.	Wyoming	Day hike		http://www.twinfallsresort.com/recreation.html	http://www.twinfallsresort.com/TwinFallsStateParkTraileGuide.pdf
Non-Motorized	Physical Fitness Trail	Beechfork State Park	0.8 mi.	Cabell	Day hike, fitness, mountain biking, ADA	Located in the Franklin D. Wooten Recreation Area, this trail offers a challenging series of exercise stations for those who wish to test their fitness. The fitness trail also makes a pleasurable walking path for those who enjoy a leisurely after dinner or early morning walk. Directions: Located in the south western section of West Virginia, Beech Fork is	http://www.mountaintravelguide.com/Hiking%20Trails/WestVirginia/cabell/PhysicalFitnessTrail.htm	
Non-Motorized	Picnic Area Trail	Upper Mud WMA	0.7 mi.	Lincoln	Day hike		http://www.wvdnr.gov/Hunting/D5WMAareas.shtm	
Non-Motorized	Pigeon Roost Trail	Kanawha State Forest	0.8 mi.	Kanawha	Day hike and mountain biking			
Non-Motorized	Pine Ridge Trail to Dunlap Hollow	Kanawha State Forest	1.5 mi.	Kanawha	Day hike and mountain biking		http://www.kanawhastateforest.com/hiking.html	http://www.kanawhastateforest.com/kanawhastate.pdf

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Non-Motorized	Piney Ridge Trail	Camp Creek State Park	1.5 mi.	Mercer	Day hike		http://www.campcreekstatepark.com/recreation.html	http://www.campcreekstatepark.com/Camp%20Creek%20State%20Forest%20Trails.pdf
Motorized	Pinnacle Creek Trail System	Hatfield McCoy Regional Recreation Authority Trail	71.6 mi.	Wyoming	ATV and dirt bikes	This trail system is known for its breathtaking scenic views and is located less than one hour from world class whitewater rafting and a snow skiing resort. This trail system has direct access to food, fuel, and lodging in the city of Pineville, West Virginia.	http://www.trailsheaven.com/planyourtrip/chooseatrail/pinnaclecreek/default.aspx	http://www.trailsheaven.com/planyourtrip/chooseatrail/pinnaclecreek/map.aspx
Non-Motorized	Pinnacle Rock State Park Trail	Pinnacle Rock State Park	6.5 mi.	Mercer			http://www.pinnaclerockstatepark.com/	http://www.pinnaclerockstatepark.com/pinnaclerock.pdf
Non-Motorized	Pinnacle Rock-Bramwell Trail	Pinnacle Rock State Park Trail System	2.4 mi.	Mercer	Day hike		http://www.pinnaclerockstatepark.com/	http://www.pinnaclerockstatepark.com/pinnaclerock.pdf
Non-Motorized	Pipestem Knob	Pipestem State Park	19.5 mi.	Summers	Day hike		http://www.pipestemresort.com	http://www.pipestemresort.com/forms/Pipestem_Park_Map.pdf
Non-Motorized	Poke Hollow Trail	Twin Falls State Park	3.5 mi.	Wyoming	Day hike		http://www.twinfallsresort.com/recreation.html	http://www.twinfallsresort.com/TwinFallsStateParkTraileGuide.pdf
Non-Motorized	Polecat Trail	Kanawha State Forest	1.5 mi.	Kanawha	Day hike and mountain biking		http://www.kanawhastateforest.com/hiking.html	http://www.kanawhastateforest.com/kanawhastate.pdf
Non-Motorized	Polls Plateau Trail	New River Gorge National River	4.1 mi.	Fayette	Day hike	A 4.1 miles loop trail - moderate hiking, this trail is accessed from its junction with Kates Plateau Trail. Cross several creeks on this loop trail which passes through an upland forest and past an old farm. It is wide and well-maintained at this point, but there are places where the trail becomes ambiguous further along the loop. Topographic maps are recommended.	http://www.nps.gov/neri/planyourvisit/hiking.htm	http://www.nps.gov/neri/planyourvisit/upload/Trail-newsletter-2009c.pdf
Non-Motorized	Polly Trail	Kanawha State Forest	1.5 mi.	Kanawha	Day hike and mountain biking	Starts in Dunlop Hollow Picnic Area. Moderate with steep sections.	http://www.kanawhastateforest.com/hiking.html	http://www.kanawhastateforest.com/kanawhastate.pdf
Non-Motorized	Prices Creek Trail		2.6 mi.	Cabell, Wayne				
Non-Motorized	Princeton City Park Trails	City of Princeton Parks and Recreation Dept.	1 mi.	Mercer	Day hike and mountain biking		http://www.cityofprinceton.org/Recreation%20Department.2007-2008.htm	

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Non-Motorized	Railroad Grade	Little Beaver State Park	1.95 mi.	Raleigh	Day hike, mountain biking, equestrian	This trail is 1.95 miles long. The scenery ranges from deep woods to open meadows. Gentle loop trail that follows Laurel Run Creek.	http://www.littlebeaverstatepark.com/recreation.html	
Non-Motorized	Rattlesnake Trail	Kanawha State Forest	1 mi.	Kanawha	Day hike and mountain biking	Starts near main road at mouth of Rattlesnake Hollow. Moderate to difficult	http://www.kanawhastateforest.com/hiking.html	http://www.kanawhastateforest.com/kanawhastate.pdf
Non-Motorized	Red Sulphur Turnpike	Bluestone WMA	2 mi.	Summers	Day hike and mountain biking		http://www.bluestonewma.com/recreation.html	Map shows WMA campgrounds etc. but not specific trails. http://www.bluestonewma.com/bluestonewildlifemanagementarea.p
Non-Motorized	Rhododendron Run Trail	Little Beaver State Park	2.1 mi.	Raleigh	Day hike, mountain biking and equestrian	This trail is 2.5 miles long, which makes it the longest in the park. It follows the park boundary with extreme terrain challenges to bikers and hikers.	http://www.littlebeaverstatepark.com/recreation.html	
Non-Motorized	Rhododendron Trail	Bluestone State Park	0.8 mi.	Mercer	Day hike		http://www.bluestonesp.com/	Excellent Site map but no trails featured at http://www.bluestonewma.com/bluestonewildlifemanagementarea.p
Non-Motorized	Ridenour Lake	Ridenour Park in Nitro	1 mi.	Kanawha	Day hike	Along with the walking trail, there is a playground and picnic area.	Nitro Redenour Park (304)755-0705	
Non-Motorized	Ritter Walking Trail	Greater Huntington Park & Recreation District	6 mi.	Cabell	Day hike and mountain biking	public park maintained by the Greater Huntington Park and Recreation District. It consists of numerous lengthy walking trails along Four Pole Creek, restroom facilities, picnic tables, shelter with grills and electrical outlets, a children's playground.	http://www.ghprd.org/parks.html#1	
Non-Motorized	River Trail	Pipestem Resort State Park	5.3 mi.	Summers	Day hike, mountain biking and equestrian		http://www.pipestemresort.com	http://www.pipestemresort.com/forms/Pipestem_Park_Map.pdf
Non-Motorized	Riverview Trail	Bluestone State Park	1.6 mi.	Mercer	Day hike		http://www.bluestonesp.com/	Excellent Site map but no trails featured at http://www.bluestonewma.com/bluestonewildlifemanagementarea.p
Non-Motorized	Robinson Drive Trail	Roadside Trail	0.5 mi.	Mingo	Walking and bicycling			
Non-Motorized	Rock Hollow Trail	USACE - Beech Fork Lake	0.5 mi.	Wayne	Day hike	Several trails are maintained by the Corps of Engineers at Beech Fork Lake. They are located in the vicinity of Beech Fork Dam, and the Stowers Branch Beach.	http://www.lrh.usace.army.mil/projects/lakes/BBF/	
Motorized	Rockhouse Trail System	Hatfield McCoy Regional Recreation Authority Trail System	89.3 mi.	Logan, Mingo	ATV and dirt bikes	The Rockhouse Trail System is located between the towns of Man and Gilbert, consists of 89.3 miles of trail. Rockhouse has one trailhead located just outside the town of Man, WV. Rockhouse has the largest total mileage of any of the six Hatfield-McCoy Trail Systems and offers a wide variety of trails for all difficulty levels.	http://www.trailsheaven.com/planyourtrip/chooseatrail/rockhouse/default.aspx	http://www.trailsheaven.com/planyourtrip/chooseatrail/rockhouse/map.aspx

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Non-Motorized	Rocky Ridge Trail	Kanawha State Forest	2 mi.	Kanawha	Day hike and mountain biking	Starts across from Shelter #5. A portion of the trail follows a ridgetop gas well road. Moderate with steep sections.	http://www.kanawhastateforest.com/hiking.html	http://www.kanawhastateforest.com/kanawhastate.pdf
Non-Motorized	Rocky Road Trail	Twin Falls State Park	3 mi.	Wyoming	Day hike and mountain biking		http://www.twinfallsresort.com/recreation.html	http://www.twinfallsresort.com/TwinFallsStateParkTraileGuide.pdf
Non-Motorized	Rocky Trail	Babcock State Park	0.5 mi.	Fayette	Day hike		http://www.babcocksp.com/recreation.html	http://www.babcocksp.com/babcock.pdf
Non-Motorized	Rotary Park	Greater Huntington Park & Recreation District	0.5 mi.	Cabell	Day hike and mountain biking		http://www.ghprd.org/parks.html#1	
Non-Motorized	Royal Trail	New River Gorge National River Trail System	2.6 mi.	Raleigh	Day hike		http://www.nps.gov/neri/planyourvisit/hiking.htm	http://www.nps.gov/neri/planyourvisit/upload/Trail-newsletter-2009c.pdf
	Salt River Trail	USACE - R.D. Bailey Dam	1 mi.	Wyoming	Day hike	Foot trails (Hiking) are located at the Salt River, Ridge Top, and Justice Trails.	http://www.lrh.usace.army.mil/projects/lakes/rdb/	
Non-Motorized	Sandstone Falls Boardwalk	New River Gorge National River Trail System - Sandstone Falls Area	0.2 mi.	Summers	Day hike ADA	PHOTOS: http://www.nps.gov/neri/planyourvisit/sandstone-falls-photo-gallery.htm PHOTOS: http://www.nps.gov/neri/photosmultimedia/sandstone-visitor-center-gallery.htm	http://www.nps.gov/neri/planyourvisit/hiking.htm	http://www.nps.gov/neri/planyourvisit/upload/Trail-newsletter-2009c.pdf
Non-Motorized	Shawnee Trail	Chief Logan State Park	0.5 mi.	Logan	Day hike, mountain biking and equestrian	Distance: .5 miles. Walking time: 30 minutes. Rating: Easy. The starting point for this trail is at the amphitheater. It is a great location for viewing spring wildflowers.	http://www.chiefloganstatepark.com/activities.html	
Non-Motorized	Skyline Trail	Babcock State Park	2 mi.	Fayette	Day hike		http://www.babcocksp.com/recreation.html	http://www.babcocksp.com/babcock.pdf
Non-Motorized	Sleepy Hollow Trail	Cabwaylingo State Forest	2 mi.	Wayne	Day hike	Along these paths, hikers can capture the scenic beauty of the forest and enjoy the many varieties of wildflowers and trees growing in the area. Overhanging rock cliffs can be found along several of these rustic trails.	http://www.cablingo.com	
Non-Motorized	Soccer Fields Trail		1.5 mi.	Raleigh	Day hike			

TYPE	NAME OF TRAIL	LAND MANAGER	LENGTH	COUNTY	USERS	DESCRIPTION	WEBSITE	MAPS
Non-Motorized	South Side Junction Trail	New River Gorge National River Trail System	5.2 mi.	Fayette	Day hike and mountain biking	The Brooklyn to Southside Junction Trail is probably the most popular mountain bike trail within the park, and also a favorite with hikers and fishermen. Never more than 100 yards from the river, this six mile trail follows an abandoned railroad line along the left bank of the New River below the town of Thurmond. The overall gradient of the trail is very mild; but the rocks, roots, and railroad ties require that the beginning biker pay close attention!	http://www.nps.gov/neri/planyourvisit/hiking.htm	http://www.nps.gov/neri/planyourvisit/upload/Trail-newsletter-2009c.pdf
Non-Motorized	South Side Trail	Pipestem Resort State Park	0.6 mi.	Summers	Day hike and cross country skiing		http://www.pipestemresort.com	http://www.pipestemresort.com/forms/Pipestem_Park_Map.pdf
Non-Motorized	Spicebush Trail	Huntington Museum of Art photo of trail http://www.hmoa.org	0.3 mi.	Cabell	Day hike	Behind museum	http://www.hmoa.org/pages/aa-nature.html	
Non-Motorized	Spillway Trail	USACE - Beech Fork Lake	1.4 mi.	Wayne	Day hike	Several trails are maintained by the Corps of Engineers at Beech Fork Lake. They are located in the vicinity of Beech Fork Dam, and the Stowers Branch Beach.	http://www.lrh.usace.army.mil/projects/lakes/BBF/	
Non-Motorized	Spotted Salamander	Kanawha State Forest	0.3 mi.	Kanawha	Day hike, interpretive ADA	A wheelchair accessible trail across the road from the riding stables	http://www.kanawhastateforest.com/hiking.html	http://www.kanawhastateforest.com/kanawhastate.pdf
Non-Motorized	Spruce Creek Trail	Cabwaylingo State Forest	1 mi.	Wayne	Day hike	Along these paths, hikers can capture the scenic beauty of the forest and enjoy the many varieties of wildflowers and trees growing in the area. Overhanging rock cliffs can be found along several of these rustic trails.	http://www.cablingo.com	
Non-Motorized	St. Albans Bike Trail	St. Albans City Park	0.5 mi.	Kanawha	Walking/Bicycle Trail		http://www.stalbanswv.com/parks.shtml	
Non-Motorized	St. Albans Nature Trail	St. Albans City Park	0.5 mi.	Kanawha	Day hike		http://www.stalbanswv.com/parks.shtml	
Non-Motorized	Still Run Ridge	Twin Falls State Park	2.5 mi.	Wyoming	Day hike		http://www.twinfallsresort.com/recreation.html	http://www.twinfallsresort.com/TwinFallsStateParkTraileGuide.pdf
Non-Motorized	Stone Cliff Trail	New River Gorge National River Trail System	2.8 mi.	Fayette	Day hike and mountain biking	This fairly rugged trail offers bountiful hiking and biking opportunities as it straddles the banks of the New River. It is an old roadbed, however, it is not without its challenges!	http://www.nps.gov/neri/planyourvisit/hiking.htm	http://www.nps.gov/neri/planyourvisit/upload/Trail-newsletter-2009c.pdf
Non-Motorized	Teaberry Trail	Kanawha State Forest	1.5 mi.	Kanawha	Day hike and mountain biking		http://www.kanawhastateforest.com/hiking.html	http://www.kanawhastateforest.com/kanawhastate.pdf

TYPE	NAME OF TRAIL	LAND MANAGER	LENGTH	COUNTY	USERS	DESCRIPTION	WEBSITE	MAPS
Non-Motorized	Terry Top Trail	New River Gorge National River Trail System	1.6 mi.	Raleigh	Day hike		http://www.nps.gov/neri/planyourvisit/hiking.htm	http://www.nps.gov/neri/planyourvisit/upload/Trail-newsletter-2009c.pdf
Non-Motorized	The Ol' Bauldy Trail		0.5 mi.					
Rail-Trail	Thurmond-Minden Rail-Trail	New River Gorge National River Trail System	3.4 mi.	Fayette	Day hike and mountain biking	An easy grade and wide, smooth trail make the Thurmond-Minden Trail one of the most popular trails in the park. It is great for hikers of all ages and levels of fitness, and a great start for beginning mountain bikers. Hiking the entire trail involves a 6.4 mile round-trip journey, though many will choose a shorter 2.5 mile round-trip to the main overlook and back. Along the way, there are good views of Dunloup Creek, the New River, and the historic community of Thurmond.	http://www.nps.gov/neri/planyourvisit/hiking.htm	http://www.nps.gov/neri/planyourvisit/upload/Trail-newsletter-2009c.pdf
Non-Motorized	Timber Ridge Trail	New River Gorge National River Trail System	1.2 mi.	Fayette		1.2 miles → moderate → hiking/biking This old roadbed provides access to upper Wolf Creek, and a connection with the Fayetteville Trail. Directions: Use the directions given below for the Long Point Trail.	http://www.nps.gov/neri/planyourvisit/hiking.htm	http://www.nps.gov/neri/planyourvisit/upload/Trail-newsletter-2009c.pdf
Non-Motorized	Topper's Ridge	Little Beaver State Park	0.6 mi.	Raleigh	Day hike, mountain biking and equestrian	This rocky trail is .7 miles long. It is considered to be a moderate to extreme trail for bikers.	http://www.littlebeaverstatepark.com/recreation.html	
Non-Motorized	Trace Fork Canyon	South Charleston Little Creek Park	9 mi.	Kanawha	Day hike			
Motorized	Trail to Burke Mountain		4.6 mi.	McDowell	ATV and dirt bikes	Connector Trail		
Non-Motorized	Tulip Tree	Huntington Museum of Art	1 mi.	Cabell	Day hike	Behind museum	http://www.hmoa.org/pages/aa-nature.html	
Non-Motorized	Tunnel Trail	New River Gorge National River Trail System	0.3 mi.	Raleigh	Day hike		http://www.nps.gov/neri/planyourvisit/hiking.htm	http://www.nps.gov/neri/planyourvisit/upload/Trail-newsletter-2009c.pdf
Non-Motorized	Turkey Loop Trail	Camp Creek State Park	10 mi.	Mercer	Day hike, mountain biking and equestrian		http://www.campcreekstatepark.com/recreation.html	http://www.campcreekstatepark.com/Camp%20Creek%20State%20Forest%20Trails.pdf
Non-Motorized	Turkey Rock Trail	Pinnacle Rock State Park	2 mi.	Mercer	Day hike and mountain biking		http://www.pinnaclerockstatepark.com/	http://www.pinnaclerockstatepark.com/pinnaclerock.pdf

TYPE	NAME OF TRAIL	LAND MANAGER	LENGTH	COUNTY	USERS	DESCRIPTION	WEBSITE	MAPS
Non-Motorized	Turkey Spur Trail	Pipestem Resort State Park	0.4 mi.	Summers	Day hike and cross country skiing		http://www.pipestemresort.com	http://www.pipestemresort.com/forms/Pipestem_Park_Map.pdf
Non-Motorized	Twin Coves Trail	USACE - Beech Fork Lake	3 mi.	Wayne	Day hike	Several trails are maintained by the Corps of Engineers at Beech Fork Lake. They are located in the vicinity of Beech Fork Dam, and the Stowers Branch Beach.	http://www.lrh.usace.army.mil/projects/lakes/BBF/	
Non-Motorized	Twin Oaks	Twin Falls State Park	0.3 mi.	Wyoming	Day hike ADA		http://www.twinfallsresort.com/recreation.html	http://www.twinfallsresort.com/TwinFallsStateParkTraileGuide.pdf
Non-Motorized	Twin Rocks	Panther State Forest	1 mi.	McDowell	Day hike		http://www.pantherstateforest.com/recreation.html	
Non-Motorized	Upper Shanklin's Ferry Trail	Bluestone WMA	1.5 mi.	Summers	Day hike and mountain biking		http://www.bluestonewma.com/recreation.html	Map shows WMA campgrounds etc. but not specific trails. http://www.bluestonewma.com/bluestonewildlifemanagementarea.p
Water Trail	Walhonda Water Trail	Coal River Group	88 mi.	Boone, Lincoln, Kanawha	Water Trail	The Coal River Watershed Group has created an 88 mile water trail (The Walhonde Water Trail) on the Big, Little and Coal Rivers. The region offers rugged terrain coupled with beautiful paddling conditions for most of the year. The new trail, or trails system (we have broken the watershed down into 9 eight mile long trail segments) is acknowledged by the WV Department of Natural Resources, WV DEP and the WV DOH. Public put-in locations are being marked with signs showing the Walhonde Water Trail access sites. Trail Heads in Whitesville, Madison, and St. Albans, WV.	http://www.paddling.net/places/showReport.html?1664	
Non-Motorized	Waterfall Trail	Chief Logan State Park	0.75 mi.	Logan	Day hike, mountain biking and equestrian	Distance: .75 miles. Walking time: 45 minutes. Rating: Moderate. This trail begins at the first bridge on the left above the park office and makes a loop. In the rainy season, it is possible to see a small natural waterfall.	http://www.chiefloganstatepark.com/activities.html	
Non-Motorized	White Hollow Trail	Kanawha State Forest	2 mi.	Kanawha	Day hike and mountain biking	Starts on the southern end of Davis Creek Trail and ends across from Dunlop Hollow. A portion of this trail follows an access road. Moderate.	http://www.kanawhastateforest.com/hiking.html	http://www.kanawhastateforest.com/kanawhastate.pdf
Rail-Trail	White Oak Rail-Trail		7 mi.	Fayette				
Non-Motorized	White Oak Trail	Camp Creek State Park	1.3 mi.	Mercer	Day hike, mountain biking and equestrian		http://www.campcreekstatepark.com/recreation.html	http://www.campcreekstatepark.com/Camp%20Creek%20State%20Forest%20Trails.pdf

TYPE	NAME OF TRAIL	LAND MANAGER	LENGTH	COUNTY	USERS	DESCRIPTION	WEBSITE	MAPS
Non-Motorized	White Oak Trail	Panther State Park	1 mi.	McDowell	Day hike		http://www.pantherstateforest.com/recreation.html	
Non-Motorized	Wild Turkey	Chief Logan State Park	1.3 mi.	Logan	Day hike, mountain biking and equestrian	Distance: 1.3 miles. walking time: 40 minutes (one direction). Rating: Moderate. This trail follows an old timber road and intersects with the Wilderness Trail. The trail begins between campsites 16 and 17 and ends at the water tank near the conference center. Funding to construct this trail was donated by the National Wild Turkey Federation.	http://www.chiefloganstatepark.com/activities.html	
Non-Motorized	Wildcat Ridge Trail	Kanawha State Forest	2 mi.	Kanawha	Day hike and mountain biking		http://www.kanawhastateforest.com/hiking.html	http://www.kanawhastateforest.com/kanawhastate.pdf
Non-Motorized	Wilderness Trail	Babcock State Park	2.5 mi.	Fayette	Day hike		http://www.babcocksp.com/recreation.html	http://www.babcocksp.com/babcock.pdf
Non-Motorized	Wilderness Trail	Chief Logan State Park	6 mi.	Logan	Day hike, mountain biking and equestrian	Distance: 6 miles. Walking time: 3 hours. Rating: Moderate. The Wilderness Trail begins at the campground. It is mostly easy walking, but due to the length of this trail it is considered moderate.		
Non-Motorized	Williamson High School Track	Williamson High School	1 mi.	Mingo				
Roadside Trail	Wilson Creek Loop at Beech Fork Lake Bikeway	USACE - Beech Fork Lake		Wayne	Bicycling	Bicycles are permitted on main roads only. Under West Virginia law, all riders under the age of 12 years MUST wear a protective helmet.	http://www.lrh.usace.army.mil/projects/lakes/BBF/	
Non-Motorized	Wine Cellar Nature Trail	Dunbar Parks and Recreation	0.6 mi.	Kanawha	Day hike, interpretive, mountain biking ADA	Trail is located in Wine Cellar Park	http://www.cityofdunbarwv.com/node/11	
Non-Motorized	Woodland Loop	New River Gorge National River Trail System	0.6 mi.	Raleigh	Day hike		http://www.nps.gov/neri/planyourvisit/hiking.htm	http://www.nps.gov/neri/planyourvisit/upload/Trail-newsletter-2009c.pdf
Non-Motorized	Woodpecker	Chief Logan State Park	2.3 mi.	Logan	Day hike, mountain biking and equestrian	Distance: 2.3 miles. Walking time: 1.5 hours. Rating: Easy. The starting point is at the first parking area on the right after passing the park office. This is a trail where many spring wildflowers may be seen.	http://www.chiefloganstatepark.com/activities.html	
Non-Motorized	YMCA - Kennedy Outdoor Recreation Trail	Huntington YMCA	1 mi.	Cabell	Day hike and mountain biking	A 1 mile walking/running trail surrounds portions of the property to allow individuals an opportunity to exercise while at the pool or during activities in which their child may be participating. Members may use the Kennedy Center facilities if you join the Kennedy Center Pool for the summer or are a YMCA May Building Member.	http://www.huntingtonymca.org/kennedy_facilities.php	

APPENDIX F: Trail Maps Available on the Internet

There are over 25 trail maps highlighting more than 150 trails within the NCHA region featured on the internet. A list of these websites are provided below:

PRINTABLE TRAIL MAPS AVAILABLE ON THE INTERNET FOR THE FOLLOWING TRAILS
BABCOCK STATE PARK
Fisherman's Trail (not on map)
Island in the Sky Trail
Lakeview Trail
Manns Creek Gorge
Mountain Health Trail
Narrow Gauge Rail
Riding Trail
Rocky Trail
Skyline Trail
Triple Creek Trail
Wildness Trail
http://babcocksp.com/babcock.pdf
BEECH FORK STATE PARK
Goose Neck Trail (not on map)
Lost Trail
Nature Trail
North Ridge Trail (not on map)
Overlook Trail
http://beechforksp.com/beechfork.pdf
CABWAYLINGO STATE FOREST
Ash Branch Trail
Beech Ridge Trail
Copley Trail
Indian Trail
Martin Ridge Trail
Sleepy Hollow Trail
Spruce Creek Trail
http://wvforestry.com/cabwaylingotrailmap.pdf

APPENDIX F: Trail Maps Available on the Internet

CAMP CREEK STATE FOREST & STATE PARK

Bear Wallow Road & Trail

Blue Jay Ridge Road & Trail

Blue Jay Spur Trail

Deer Crossing Road & Trail

Farley Branch Trail

Farley Ridge Road & Trail

Horse Bypass Trail

Neely Knob Road & Trail

Piney Ridge Trail

Turkey Loop Road & Trail

White Oak Road & Trail

<http://campcreekstatepark.com/Camp%20Creek%20State%20Forest%20Trails.pdf>

CHIEF LOGAN STATE PARK MAP

Backbone

Buffalo

Cliffside

Coal Mine

Fitness

Guyandotte Beauty

Lake Shore

Shawnee

Waterfall

Wilderness

Wild Turkey

Woodpecker

http://chiefloganstatepark.com/CHIE_maptrail.pdf

EAST LYNN LAKE - U.S. ARMY CORPS OF ENGINEERS

Damsite Trail

Lakeside Trail

Overlook Trail

http://www.lrh.usace.army.mil/_kd/Items/actions.cfm?action=Show&item_id=7420&destination=ShowItem

FAYETTEVILLE TRAILS

Butcher Branch

Fayetteville

Kaymoor

Long Point

Timber Ridge

Town Park Loop

http://nps.gov/neri/planyourvisit/upload/NERI_fayettevilletrails.pdf

APPENDIX F: Trail Maps Available on the Internet

HATFIELD-MCCOY TRAIL SYSTEM
Bear Wallow (<i>Bearwallow%20November%202009.pdf</i>)
Buffalo (<i>Buffalo%20MTN%20July%2013%20%202009.pdf</i>)
Indian Ridge (<i>IndianRidge%20July132009.pdf</i>)
Little Coal (<i>LC%20September%20Final%202009.pdf</i>)
Pinnacle (<i>Pinnacle%20November%202009.pdf</i>)
Rockhouse (<i>Rockhouse%20User%20November%202009.pdf</i>)
http://trailsheaven.com/shared/content/Page_objects

KANAWHA STATE FOREST
#1 Store Hollow
Alligator Rock Trail
Ballard Trail
Beech Glen Trail
Black Bear Mountain Bike Trail
CCC Snipe Trail (not on map)
Davis Creek
Dunlap Trail
Hemlock Falls Trail
Johnson Hollow Trail
Lindy Trail
Logtown Hollow Trail
Mary Ingles Trail
Middle Ridge Trail
Mossy Ridge Trail (not on map)
Mossy Rock Trail
Oak Rock Trail (not on map)
Overlook Rock Trail
Pigeon Roost Trail
Pine Ridge Trail to Dunlap Hollow
Polecat Trail
Polly Trail
Rattlesnake Trail
Rocky Ridge Trail
Spotted Salamander
Teaberry Trail
White Hollow Trail
Wildcat Ridge Trail
http://kanawhastateforest.com/kanawhastate.pdf

APPENDIX F: Trail Maps Available on the Internet

MERCER COUNTY TRAILS

Glenwood Park

Pinnacle Rock State Park

Pipestem State Park

Bluefield City Park

East River Mountain Overlook & Trails

Princeton City Park

Camp Creek State Park

<http://www.visitmercercounty.com/map>

NEW RIVER GORGE NATIONAL RIVER - CANYON RIM TRAILS

Butcher Branch Trail

Cunard-Kaymoor Trail

Endless Wall Trail

Fayetteville Trail

Kaymoor Trail

Kaymoor Miners Trail

Laing Loop

Long Point Trail

New River Bridge Trail

Timber Ridge Trail

Town Park Loop

http://nps.gov/neri/planyourvisit/upload/crtrails_2004.pdf

NEW RIVER GORGE NATIONAL RIVER - GLADE CREEK TRAIL

Glade Creek

Kates Plateau

Polls Plateau

http://nps.gov/neri/planyourvisit/upload/NERI_gladetrails.pdf

PANTHER WILDLIFE MANAGEMENT AREA

Crane Branch

Fire Tower Trail

http://pantherstateforest.com/Panther_map.pdf

APPENDIX F: Trail Maps Available on the Internet

PINNACLE ROCK STATE PARK
Acorn Ridge Trail
Homestead Trail
Pinnacle Rock - Bramwell Trail
Pinnacle Rock State Park Trail
Turkey Rock Trail
http://pinnaclerockstatepark.com/pinnaclerock.pdf

PIPESTEM RESORT STATE PARK
Canyon Rim Trail
Cedar Branch Trail
Cottage Trail
County Line Trail
Crumps Bottom Road Trail
Den Tree Trail
Dogwood Trail
Farley Loop
Lake Shore Trail
Lakeview Trail
Law Hollow Trail
Lick Hollow Trail
Long Branch Trail
North Side Trail
Pipestem Knob
North Side Trail
River Trail
South Side Trail
Turkey Spur Trail
http://pipestemresort.com/forms/pipestem_park_map.pdf

APPENDIX F: Trail Maps Available on the Internet

TRAIL GUIDE OF BLUESTONE NATIONAL SCENIC RIVER, GAULEY RIVER NATIONAL RECREATIONAL AREA & NEW RIVER GORGE NATIONAL RIVER
Arbuckle Connector Trail
Big Branch Loop Trail
Big Branch Trail
Big Buck Trail
Bridge Trail
Brooklyn Mine Trail
Burnwood Nature Trail
Butcher Branch Trail
Canyon Rim Boardwalk
Castle Rock Trail
Church Loop Trail
Craig Branch Trail
Elkhorn Creek Frishing Trail
Endless Wall Trail
Fayetteville Trails
Glade Creek Trail
Grandview Rim Trail
Gwinn Ridge Trail
Island Loop Trail
Junkyard Trail
Kates Fall Trail
Kates Plateau Trail
Kaymoor Miners Trail
Kaymoor Trail
Keeney's Creek RR Trail
Long Point Trail
New River Bridge
Nuttall Mine Trail
Nuttallburg Tipple Trail
Park Loop Trail
Polls Plateau Trail
Royal Trail
Sandstone Falls Boardwalk
South Side Junction Trail
Stone Cliff Trail
Terry Top Trail
Thurmond-Minden Rail-Trail
Timber Ridge Trail
Tunnel Trail
Woodland Loop

<http://nps.gov/neri/planyourvisit/upload/Trail-newsletter-2009c.pdf>

APPENDIX F: Trail Maps Available on the Internet

TWIN FALLS STATE PARK
Buck Run
Cliff Side Trail
Falls Trail
Hemlock Trail
Horsepen Knob Trail
Huckleberry Trail
Moonshiners Trail
Nature Trail
Pathfinder Trail
Poke Hollow Trail
Rocky Road Trail
Still Run Ridge
Twin Oaks
http://twinfallsresort.com/TwinFallsStateParkTraileGuide.pdf

WALHONDE WATER TRAIL
Includes both the Big Coal, Little Coal and Coal Rivers
http://coalrivergroup.com

MAPS OF PARKS AND REGIONS BUT NOT SPECIFIC TRAILS
NPS - NEW RIVER GORGE NATIONAL RIVER REGION
Includes Canyon Rim, Sandstone, Thurmond Historic District, Babcock State Park, Little Beaver State Park, Plum Orchard Wildlife Management Area
http://www.nps.gov/PWR/customcf/apps/maps/showmap.cfm?alphacode=neri&parkname=New%20River%20Gorge%20National%20River
MAP OF BLUESTONE WILDLIFE MANAGEMENT AREA AND STATE PARK
Includes both the Wildlife Management Area & State Park
http://bluestonewma.com/bluestonewildlifemanagementarea.pdf

APPENDIX F: Trail Maps Available on the Internet

ADDITIONAL ONLINE MAPS

TRAIL LINK

The most robust source of FREE trail information on the Web. Find detailed information on more than 30,000 miles of bike trails, walking trails, equestrian trails, and hiking and running trails including interactive trail maps, trail descriptions, photos and more. Powered by Rails-to-Trails Conservancy.

<http://www.trailink.com>

MAP MY FITNESS

For running, walking, cycling, hiking and triathlons., MapMyFitness aims to create an interactive social network that allows people to enjoy and share their workouts. Users can capture, visualize, share, and create a traceable history of fitness activity information. Map your routes online and print them.

http://www.mapmyfitness.com/about_us

GPS APPLICATION FOR IPHONE

<http://www.imapmy.com>

APPENDIX G: Resources

Listed here are some of the typical partners, as well as some nontraditional trail partners. Communities and individuals can effect change by networking with these groups. Check out their websites to understand their program/focus areas, think about how your project might be able to fit into their goals, then call them on the phone, be respectful, tell them about your project, and ask their advice & participation. Cultivate a working relationship with them. Even if they wear suits or uniforms, they are regular people just like you.

CONTENTS

- **Trail-Related Clubs & Organizations**
- **Trail-Related Businesses**
- **Forums**
- **State/Regional Non-profits**
- **National Non-profits**
- **State Agencies**
- **Federal Agencies & Programs**
- **Local Government**
- **State Legislators**
- **Federal Legislators**
- **Research/Studies**

APPENDIX G: Resources

TRAIL RELATED CLUBS & ORGANIZATIONS

American Volkssport Association

Riverfront Ramblers, St. Albans, WV
(304) 727-2699

Walk with the clubs and walkers of the AVA for fun, fitness, and friendship. There is one AVA Club in WV and could be expanded. <http://www.ava.org>. Email: chramblinrose@aol.com

Bicycle WV <http://www.bicyclewv.com/>

Bike WV <http://bikewv.blogspot.com/>

Burning Rock ATV Club

Helps with promotion, ATV safety, trail maintenance, host fund raiser events for various charity's, support trail group rides and aid in the trails special events. www.burningrockatvclub.com.

Great Eastern Trail Association

Working to create the Great Eastern Trail (GET), a parallel, long-distance hiking trail from Alabama to New York with some sections through WV. <http://greateasterntrail.net>

Hatfield-McCoy Regional Recreation Authority (HMRA)

Develops, maintains, and markets the Hatfield-McCoy Trail System. Has extensive knowledge of both trail development and addressing safety issues and concerns. <http://trailsheaven.com/>

Logan Mountain Bike Association

Focus on Chief Logan State Park, trail building/maintenance, events/rides/race. <http://www.loganmountainbike.com/>

Mary Ingles Trailblazers

Since 1989, this chapter of WVSTA has been working to develop and maintain the MDIT Trail and other trails in southern WV. Group also works to promote an interest in hiking and an appreciation for the out-of-doors. <http://maryinglestrailblazers.homestead.com/>

Raleigh County Cycle Club (Earth, Wind & Tire)

Mabscott, WV 53 members, January 2010
<http://www.eathwindandtire.us>

WV Cycling Foundation (WVCF)

Goal to support the creation, implementation and maintenance of biking facilities in the state, including on and off road cycling routes. Is beginning a project to map road riding routes. Craig Slaughter - Email: craigs@wvimb.org and Dave Pray - Email: dave@prayworks.com
<http://www.wvcf.org/>

WV Horse Council (WVHC)

The purpose of the WVHC is to foster growth and development of the equine industry in WV as a means to enhance industrial development, recreation, tourism, and educational opportunities. President & Trail Committee - Amanda Stewart - amandabstewart@gmail.com
(304) 282-2177 <http://mysite.verizon.net/resww34d/westvirginiahorsecouncil/index.html>

WV Mountain Bike Association (WVMB)

<http://www.wvmba.com/> Or info@wvmba.com

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President & Trail Committee: Amanda Stewart amandabstewart@gmail.com

(304) 282-2177

<http://mysite.verizon.net/resww34d/westvirginiahorsecouncil/index.html>

WV Mountain Bike Association (WVMBBA)

<http://www.wvmba.com/>

info@wvmba.com

WV Rails-to-Trails Council (WVRTC)

<http://www.wvrtc.org>

WV Rivers Coalition (WVRC)

<http://www.wvrivers.org/> Email: wvrivers@wvrivers.org

WV Scenic Trails Association (WVSTA)

Formed in the early 1970s, staffed by volunteers. WVSTA built and maintains the Allegheny Trail although its long-range goal is to promote and help construct a statewide system of trails that would help prevent overcrowding and degradation of existing trails. Can host committees and Chapters for new trail initiatives. Holds trail work days, events, hikes.

<https://wvscenictrails.org>

WV Wildwater Association

Founded in 1965 with the purpose of paddling and enjoying the wild and scenic rivers of WV. This is the site for paddling in WV. <http://www.wvwa.net>.

TRAIL RELATED BUSINESSES

RECOMMENDATION: This list is incomplete. The recommendation is to create an inventory of all trail-related businesses in the NCHA.

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FORUMS

Alliance for Biking & Walking

Find out what the 145 members of the Alliance are up to.

<http://www.peoplepoweredmovement.org/site/index.php/site/blog/>

Burning Rock Forum

<http://www.burningrockwv.com/Forum/tabid/154/Default.aspx>

Create WV

<http://createwestvirginia.ning.com/groups>

Blog <http://www.createwv.com/>

Fayette Community Cycling

<http://groups.google.com/group/fayette-community-cycling-?hl=en&pli=1>

Email: fayette-community-cycling@googlegroups.com

A forum to bring riders together from around the Fayette County Region, which will be used to strengthen the cycling community through advocacy, awareness, and cycling gatherings. Formed, Dec 2009. 10 members, Jan 2010

Hatfield-McCoy Trails Community

<http://riders.trailsheaven.com/>

Trails and Greenways Listserv

(hosted by Rails-to-Trails Conservancy)

<http://groups.yahoo.com/group/trailsandgreenways/>

1103 members, Jan 2010

WV Mountain Bike Association

<http://wvmba.freeforums.org>

21 years old.

WV Watershed Association listserv

<http://groups.yahoo.com/group/WV-WSA/>

118 members, Formed in 2001.

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STATEWIDE/REGIONAL NON-PROFITS

Center for Excellence in Disabilities

Provides services and resources for the disabled community. Assists with accessibility needs, including information on accessible recreation.

West Virginia University

959 Hartman Run Road, Morgantown, WV 26505

Phone: 304.293.4692 TOLL FREE (877) 724.8244 or TTY (800) 518.1448

Email: contact@cedwvu.org. Guide to Accessible Recreation in WV

<http://www.cedwvu.org/programs/wvats/recreation/>

Citizens Conservation Corps of WV (CCCWV)

Beckley WV

Works to conserve, develop and enhance the state's natural resources. www.wvccc.com

Create WV

A grass roots organization that empowers West Virginians to compete amongst the most innovative, creative communities in the world. www.createwv.com

CONVENTION & VISITORS BUREAUS

www.wvacvb.org

Cabell-Huntington CVB

739 3rd Ave., Huntington WV 25708 Phone: 800.635.6329 www.wvvisit.org

Fayetteville CVB

P.O. Box 35, Fayetteville, WV 25840 Phone: 304.574.1500 www.visitfayetteville.wv.com

Hatfield/McCoy CVB

P.O. Box 218, Logan, WV 25601

304.752.6020 email: hatfieldmccoycvb@verizon.net

Mercer County CVB

704 Bland Street, P.O. Box 4088, Bluefield, WV 24701 Phone: 800.221.3206

www.visitmercercounty.com

New River CVB

310 Oyler Ave., Oak Hill WV 25901 Phone: 800.927.0263 www.newrivercvb.com

Southern WV CVB

PO Box 1799, Beckley WV 25802 Phone: 800 VISIT WV www.visitwv.org

Development District Association of Appalachia (DDAA)

Training, Coordination. DDAA is a membership organization of the 73 Local Development Districts (LDD's) serving the 420 counties in the 13 state Appalachia Region. The DDAA works to strengthen LDDs and their member governments and to provide leadership to support the Appalachian Regional Commission (ARC) federal-state-local partnership. On 12/09, voted to support the Livable Communities Initiative. Sharon Gardner, DDAA President (662) 728.6248 sgardner@nempdd.com <http://www.ddaa-ldd.org>

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ECONOMIC DEVELOPMENT CORPORATIONS

EDC's work to attract and retain businesses in their region. They can assist trail-related business development. Trails provide an important quality of life aspect, and should be part of the economic development program of the business community.

4-C Economic Development Authority

Fayette, Nicholas, Raleigh, Summers Counties <http://www.4ceda.org>

Beckley-Raleigh County Chamber of Commerce

www.brccc.com

Greater Bluefield Chamber of Commerce

<http://www.bluefieldchamber.com>

Boone County Community & Economic Development Corporation

www.boonecountywv.org

Corridor G Regional Development Authority

www.corridorgrda.org

Huntington Area Development Council

www.hadco.org

Lincoln County EDA

www.lincolneda.com

Logan County Development Authority

www.logancountywv.org

McDowell County EDA

www.mcdowelleda.com

Mercer County Economic Development Authority

www.mercercoeda.com

Mingo County Redevelopment Authority

www.mcrda.org

Princeton Mercer County Chamber of Commerce

www.pmccc.com

Upper Kanawha Valley Economic Development Corporation

email: wkvedc@wvdsi.net

Wayne County EDA

www.wceda.org

Wyoming County EDA

www.wyomingcounty.com/business.php

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EMPOWERMENT ZONES AND ENTERPRISE COMMUNITIES (EZEC)

Central Appalachia Enterprise Community

Includes Fayette County

<http://rurdev.usda.gov/rbs/ezec/ezec/wv/central.html>

McDowell County Enterprise Community

<http://rurdev.usda.gov/rbs/ezec/ezec/wv/mcdowell.html>

Upper Kanawha Valley Enterprise Community

Includes southeastern Kanawha County and part of Fayette County. Strategic Plan includes trails. Initiatives include providing refurbished computers to nonprofits, land enhancement, water, leveraging funds for projects.

<http://www.ukvec.org> Email: bnewhouse@ukvec.org

LOCAL DEVELOPMENT DISTRICTS

Conceived as a coordinating structure by the Appalachian Regional Commission, and established by WV legislation, these planning districts have strong funding and political support. "The LDDs' most important role is to identify priority needs of local communities. Based on these needs, the LDDs work with their board members and other local citizens to develop plans for their communities' economic development, to target and meet the most pressing needs, and to build community unity and leadership." <http://www.arc.gov/index.do?nodeId=20>

LOCAL DEVELOPMENT DISTRICTS IN APPALACHIA (NCHA ONLY)

<http://www.arc.gov/index.do?nodeId=1003>

13A/Region 1 - Planning & Development Council

1439 E. Main Street, Suite 5

Princeton, WV 24740

304.431.7225

email: regionone@regiononepdc.org <http://www.regiononepdc.org>

Counties: McDowell, Mercer, Monroe, Raleigh, Summers, Wyoming

13B/Region 2 - Planning & Development Council

P.O. Box 939

Huntington, WV 25712

304.529.3357

email: mcraig@ntelos.net <http://www.region2pdc.org>

Counties: Cabell, Lincoln, Logan, Mason, Mingo, Wayne

13C/Region 3-8-C-K-P Regional Intergovernmental Council

315 D Street

South Charleston, West Virginia 25303

304.744.4258. Email: markfelton@wvregion3.org <http://www.wvregion3.org>

Counties: Boone, Clay, Kanawha, Putnam

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13D/ Region 4–Planning and Development Council

425 Main Street, Suite A
Summersville, West Virginia 26651
304.872.4970 email: r4wds@verizon.net
Counties: Fayette, Greenbrier, Nicholas, Pocahontas, Webster

Rahall Appalachian Transportation Institute (RTI)

From its inception in 1999, Nick J. Rahall III Appalachian Transportation Institute (RTI) has been a leader in intermodal transportation and economic development in West Virginia and the surrounding Appalachian region. RTI is a national University Transportation Center (UTC) recognized by the U.S. Department of Transportation for transportation excellence focused on applied technology, research, education, outreach and training. <http://www.njrati.org>

The Nature Conservancy - WV Field Office

Elkins, WV 304.637.0160 Charleston, WV 304.345.4350
www.nature.org/wherewework/northamerica/states/westvirginia/preserves

WV ASSOCIATION OF CONSERVATION DISTRICTS

Southern District reps:

Carl Mullins

P.O. Box 122, Jolo, WV 24850
304.967.5765

Ray Lafferty, 1st Vice President

P. O. Box 339, Bud, WV 24716
304.294.7412

Guyan District reps:

Clinton Lucas

P.O. Box 677, West Hamlin, WV 25571
304.778.7234

Boyd Meadows

P.O. Box 549, Milton, WV 25541
304.743.9558

WV CHAPTER OF THE AMERICAN SOCIETY OF LANDSCAPE ARCHITECTS (ASLA)

ASLA can help link your project up with professional planners and designers.
<http://www.wvasla.org>

WV CONSERVATION DISTRICTS

Conservation Districts can provide technical assistance regarding landscape issues, including erosion and water quality, and help leverage funding for projects. <http://www.wvca.us>

Capitol (CCD)

Kanawha
418 Goff Mountain Rd. Suite 102, Cross Lanes, WV 25313
304.759.0736 <http://www.wvca.us/districts/?page=ccd> Email: ccd@wvca.us

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Guyan (GCD)

Boone, Cabell, Lincoln, Logan, Mingo, Wayne
2631 5th Street Road, Huntington, WV 25701
304.528.5718

<http://www.wvca.us/districts/?page=gcd> Email: gcd@wvca.us

Southern (SCD)

Fayette, McDowell, Mercer, Raleigh, Summers, Wyoming
463 Ragland Road, Beckley, WV 25801
304.253.0261

<http://www.wvca.us/districts/?page=scd> Email: scd@wvca.us

WV Economic Development Council

WVEDC is the only professional organization in the State with the sole function of promoting economic development.

Charleston, WV 304.342.2123

www.wvedc.org

WV Family Resource Network (FRN)

FRN's provide assistance to families and communities with a primary focus on social services. However, the quality of life, health & wellness are important aspects, and FRN's should be included in community-based trail planning and can lead the organization of walking events. There are representatives for nearly all the counties in the NCHA study area.

<http://www.wvdoc.com/wvdoc/Portals/0/documents/WV-Family-Resource-Networks.pdf>

WV Hub

The Mission of the West Virginia Community Development Hub is to connect communities to a network of resources and opportunities so that each can accomplish its vision for the future. <http://statejournal.com/story.cfm?func=viewstory&storyid=52512>

<http://www.wvhub.org/> (1/10)

Kent Spellman, Executive Director. Email: k.spellman@wvhub.org

304.566.7332

WV Land Trust

Since 1995, WVLT has protected over 17,000 acres of wild and scenic landscapes through voluntary conservation easements. email: wvlandtrust@te-associates.org

304.346.7788. <http://www.wvlandtrust.org>

WV Local Technical Assistance Program

Enhancing Transportation in Your Community. Walkability audits.

Ron Eck, PdD, PE, Senior Advisor,

304.293.9931 email: Ronald.Eck@mail.wvu.edu

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WV On The Move

Grants, Technical Assistance. WVOM is a nonprofit organization with a paid Executive Director, and has been at the forefront of initiating, supporting and collaborating with individuals, communities and government to promote a physically active lifestyle in West Virginia since 2004. Current initiatives include: Schools On The Move, Logan On The Move, Physical Activity Forum in June 2010. Shannon Holland, Executive Director: 304.345.1235, Email: sholland@wvonthemove.net Web: www.wvonthemove.net

WV RESOURCE CONSERVATION & DEVELOPMENT COUNCILS

<http://www.wv.nrcs.usda.gov/partnerships/rcd/stateDirectory.pdf>

Contact your representative for your county/town, and show them your project. Attend the board meetings of the RC&D. Volunteer to serve on the Board, and help make local decisions.

Great Kanawha RC&D

Serves: Boone, Cabell, Clay, Kanawha, Lincoln, Logan, Mason, Mingo, Putnam & Wayne
Address: 418 Goff Mtn. Rd. Suite 102 Cross Lanes, WV 25313
304.776.5256

Mountain RC&D

Serves: Braxton, Fayette, Greenbrier, McDowell, Mercer, Monroe, Nicolas, Pocahontas, Raleigh, Summers, Webster & Wyoming
Address: 226 Maple Avenue Oak Hill, WV 25901
304.469.9738

WV Land & Mineral Owners Association

With 3 functional committees of Coal, Forestry, and Gas. WVLMOA is committed to promoting positive land management practices, lobbying public issues, and providing educational and networking opportunities for members.

<http://www.wvalmoa.com>

WV Recreation & Park Association (WVRPA)

Actively concerned with recreation, parks, therapeutic recreation, conservation and environmental education, programs and issues. A blend of professional volunteers, lay citizens, educators and students who are aware of the mental, physical, social and economic values of parks and recreation. A nonprofit, educational leisure service organization. Online newsletters, annual conference. <http://www.wvpa.org>

WV Surface Owners Rights Organization (WVSORO)

Formed in 2007, WVSORO is a growing grassroots membership organization focused on educating landowners about their rights and fighting to expand and strengthen drilling laws and regulations to protect landowners from abuses. www.wvsoro.org

WV Therapeutic Recreation Association (WVTRA)

Charleston, WV

Since 1984, WVTRA has served as a catalyst for bringing together recreation therapists, activity professionals, therapeutic recreation students, and educators from psychiatric hospitals, nursing homes, correction facilities, VA Hospitals, colleges, state hospitals, rehabilitation hospitals, substance abuse programs, and community agencies in the state of West Virginia. There is a Therapeutic Gardening Program.

(304) 766-4821. Brent Sturm, President [sturms65 at yahoo.com](mailto:sturms65@yahoo.com)

<http://www.wvtra.org/>

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WV WATERSHED ASSOCIATIONS IN THE NCHA REGION, 2009

Appalachian Coal County Watershed Team (ACCWT) - Beckley, WV. Counties: All
April Trent, Program Coordinator, 304.252.4848, coordinator@accwt.org, www.accwt.org

Arbuckle Creek Watershed Association - Oak Hill, WV Counties: Fayette
Ben Prior, 724.244.4257, ben@passagestoadventure.com

Big Coal River Watershed Association - Whitesville, WV Counties: Boone, Raleigh
Nova Jo Cooper, 304.854.1939

Big Ugly Watershed Group - Harts, WV Counties: Lincoln
Kathy Smith, 304.885.5402, ksmith@wvdreamers.org,
<http://www.wvdreamers.org/blogs/?p=329>

Bluestone Conservatory - Pipestem, WV Counties: Mercer
Roschelle Osborne, 304.466.0626, bluestoneriver@yahoo.com,
<http://bluestoneconservatory.com>

Cabin Creek Watershed Association - Dawes, WV Counties: Kanawha
Lindol Hossler, 304.595.1945, cmhossler@aol.com

Coal River Group - St. Albans, WV Counties: Boone, Lincoln, Kanawha
Bill Currey, President, 304.727.3112, crgpaddler@yahoo.com, www.coalrivergroup.com

Coal River Mountain Watch - Whitesville, WV Counties: Boone, Raleigh
Randy Sprouse, 304.854.2182, www.crmw.net

Downstream Alliance - Morgantown, WV Counties: All
Evan Hansen, Principal, 304.292.2450, info@downstreamstrategies.com,
www.downstreamstrategies.com/

Dunloup Creek Watershed Association - Glen Jean, WV Counties: Fayette
Mike Shumate, 757.373.6324, gail.shumate@cox.net, <http://dcwa.blogspot.com/>

Eastern Coal Regional Roundtable (ECRR)
Dvon Duncan, Executive Director, 304.294.1005, director@easterncoal.org,
www.easterncoal.org

Elkhorn Creek Watershed Association - Gary, WV Counties: McDowell
Dorothy Horne, 304.448.3548, dhorne@wvccc.com

Greenbrier River Watershed Association - Lewisburg, WV. Counties: Summers
Leslee McCarty, 304.647.GRWA, greenbrieriver@verizon.net, www.greenbrier.org

Groundwork Wyoming County (GWWC) - Mullens, WV. Counties: Wyoming
Brittany Bauer, Secretary, 304.294.6188, Groundworkwc@gmail.com,
www.groundworkwyomingcounty.org/

Indian Ridge Watershed Association - Welch, WV Counties: McDowell
Hilda Mitros, 304.732.7875

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Loup Creek Watershed - Page, WV Counties: Fayette
Priscilla Dean Asbury, 304.469.4888

Lower Paint Creek Association - Hansford, WV Counties: Kanawha
Paul Perry, 740.777.1827, info@lowerpaintcreek.com, <http://www.lowerpaintcreek.com/>

Meadow River Watershed Association - Rupert, WV Counties: Fayette, Greenbrier
Matt Ford, 304.392.2095, info@meadowriver.org, <http://meadowriver.org/>

Pigeon Creek Watershed Association - Delbarton, WV Counties: Mingo
Dave Farley, 304.475.4605, jdfarley@newwave.net

Piney Creek Watershed Association - Beckley, WV Counties: Raleigh
Jeremiah Johnson, 304.228.1680, vista@pineycreekwatershed.com,
www.accwt.org/wv/Piney_Creek/index.html

Plateau Action Network - Fayetteville, WV Counties: Fayette
Eric Autenreith, Chair, 304.574.4726, pan_wv@earthlink.net,
www.plateauactionnetwork.org/

Pond Fork Watershed Association - Wharton, WV Counties: Boone
Deana Blair

Rural Appalachian Improvement League - Mullens, WV Counties: Wyoming
Dewey Houck, President, 304.294.6188, mullensproject@aol.com, www.railwv.org/

Twelvepole Watershed Association - Dunlow, WV Counties: Wayne
Randy Maggard, 304.385.4951

Upper Glade Creek/Flat Top Lake Area Conservation Club - Ghent, WV Counties: Raleigh
Jeri Hartsock, 304.575.5250, jhartsock@aol.com

Upper Guyandotte Watershed Association - Mullens, WV Counties: Wyoming
Val Page, Executive Director, 304.250.7053, vpage@ugwawv.org, <http://ugwawv.org/>

Upper Paint Creek Association - Pax, WV Counties: Kanawha
Howard Hughes, President, 304.877.2610, upcwa@charter.net,
<http://paxflood.com/UPCWA.html>

Wastewater Treatment Coalition of McDowell County - Welch, WV
Peni Adams, Executive Director, 304.436.6556, mcdowellwtc@frontiernet.net

West Virginia Rivers Coalition - Elkins, WV Counties: All
Shanda Minney, Executive Director, 304.637.7201, sminney@wvrivers.org,
www.wvrivers.org

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NATIONAL NON-PROFITS

Active Living Resource Center

Provides online resources to help you make your neighborhood a more physically active place by making it more bicycle and pedestrian friendly.

<http://www.activelivingresources.org>

Alliance for Biking & Walking (formerly Thunderhead Alliance)

E-newsletters and blogs. <http://www.peoplepoweredmovement.org>

American Association of State Highway and Transportation Officials (AASHTO)

"The Voice of Transportation"

The bookstore has a free publication called "AASHTO Publications Catalog, 2010"

Included in it are the "AASHTO Guide for the Planning, Design & Operation of Pedestrian Facilities", and "AASHTO Guide for Development of Bicycle Facilities, 3rd Edition".

E-News <http://www.transportation1.org/eNews/>

To contribute information about your transportation campaigns, events or other activities, contact Sherry Conway Appel, AASHTO's national transportation campaign marketing manager at sappel@ashto.org. <http://www.transportation.org/>

American Canoe Association (ACA)

<http://www.americancanoe.org>

American Hiking Society (AHS)

Volunteer Vacations, Hike The Hill Trail Advocacy Week (February)

<http://www.americanhiking.org/>

American Rivers

<http://www.americanrivers.org/>

American Society of Landscape Architects

Washington, D.C.

ASLA mission is to lead, to educate, and to participate in the careful stewardship, wise planning, and artful design of our cultural and natural environments. Provides sustainable design assistance to projects, and advocacy for livable communities, and more. Each state has a Chapter. (202) 898-2444 <http://www.asla.org/>

American Trails

<http://www.americantrails.org/support.html> Email: trailhead@americantrails.org

"The World's Largest Online Trails Resource"- 20 years old.

Bikes Belong

Bikes Belong works to put more people on bicycles more often. Focus is in 4 areas: Federal policy and funding, national partnerships, community grants, promoting bicycling.

<http://bikesbelong.org/>

Blue Trails

<http://www.americanrivers.org/our-work/protecting-rivers/blue-trails/>

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Center for Neighborhood Technology (CNT) - Green Values Toolbox

Since 1978, CNT has promoted sustainable communities and attainable results.

Chicago, IL 772.278.4800, email: info@cnt.org

<http://greenvolues.cnt.org/green-infrastructure>

Center for Rural Affairs

<http://www.cfra.org/>

Green Infrastructure Center (GIC)

Since 2006, GIC was formed to conduct research into new methods for environmental assessment and to provide technical assistance and green infrastructure land planning to localities. Charlottesville, VA 434.975.6700 x 222. info@gicinc.org. www.gicinc.org

IMBA (International Mountain Biking Association)

IMBA creates, enhances and preserves trail opportunities for mountain bikers worldwide.

<http://www.imba.com>

IMBA Trail Care Crew

The Subaru-IMBA Trail Care Crew program sends two teams of trail experts throughout North America, leading trailwork sessions, meeting with land managers, working with IMBA-affiliated clubs and members to improve mountain biking opportunities and leading a series of popular two-day trail building schools. <http://www.iimba.com/tcc>

IMBA Trail Solutions

The professional fee-based trail consulting program, offering trail services that range from trail planning, design, and construction to trail management, education, and volunteer teamwork. Harrisonburg, VA is the closest operation center, staffed by Rick Edwards.

<http://www.imba.com/trailsolutions>.

League of American Bicyclists (LAB)

<http://www.bikeleague.org/>

National Center for Safe Routes to School (SR2S)

Established in May 2006, the National Center for Safe Routes to School assists communities in enabling and encouraging children to safely walk and bike to school.

Chapel Hill, NC (866) 610.SRTS news@saferoutesinfo.org

Safe Routes Tip Sheets:

http://www.saferoutesinfo.org/resources/program-development_tip-sheets.cfm

E-news "Safe Routes Matter" www.saferoutesinfo.org

National Recreation Trails (NRT)

<http://www.americantrails.org/nationalrecreationtrails/>

Application for designation is due Nov 1 each year

National Scenic Byways Program

<http://www.byways.org>

Rails to Trails Conservancy

<http://www.railstotrails.org/>

Action Alerts: <http://www.railstotrails.org/getInvolved/takeaction>

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Retired Seniors Volunteer Program (RSVP)

Now part of the Senior Corps, RSVP is America's largest volunteer network (over 500,000 members) for people age 55 and over. <http://www.seniorcorps.gov/about/programs/rsvp.asp>

River Network

<http://www.rivernetwork.org/>

SCORE

As "Counselors to America's Small Business," SCORE is a national non-profit group of over 12,000 volunteers that offers free online and face-to-face business counseling, mentoring, and training since 1964. <http://www.score.org>

Trails Training Calendar

<http://www.americantrails.org/Calendar.html>

STATE AGENCIES

Coal Heritage Highway Authority (CHHA)

Beckley, WV

The Coal Heritage Highway Authority manages development of the Coal Heritage Trail, a national scenic byway stretching from Bluefield to Ansted and passing through the counties of Fayette, Raleigh, Wyoming, McDowell, and Mercer. The Coal Heritage Trail was designated as a national scenic byway in 1998 and is part of a network of scenic byways and All American Roads that tell the story of America.

<http://coalheritage.org/page.aspx?id=70>

email: info@coalheritage.org

304.256.6941

National Coal Heritage Area Authority (NCHAA)

Beckley, WV

The National Coal Heritage Area (NCHA) is federally designated as an area of national historical significance. It represents a part of the growing effort by the National Park Service to develop resource protection initiatives for areas of national importance that rely on partnerships and private ownership rather than the traditional methods of federally owned parklands. The mission of the National Coal Heritage Area is to preserve, protect, and interpret lands, structures, and communities associated with the coal mining heritage of southern West Virginia. The NCHA includes 13 counties in southern West Virginia: Boone, Cabell, Fayette, Logan, McDowell, Mercer, Mingo, Raleigh, Summers, Wayne, Lincoln, Wyoming, and Cabin Creek and Paint Creek in Kanawha County. <http://coalheritage.org/page.aspx?id=69>

304.256.6941 email: info@coalheritage.org

Volunteer West Virginia

VolunteerWV.org is an online database that matches people who want to volunteer with organizations that need volunteers. 304.558.0011

http://www.volunteerwv.org/nd/index_volunteerwv.cfm

WV Commission for National & Community Service (WV-CNCS)

Charleston WV

Programs include: AmeriCorps State & National, AmeriCorps NCCC, AmeriCorps VISTA. CHHA is the umbrella organization for the NCHA, placing and managing over 30 people in communities that had successful project applications.

Brittany Bauer, CHHA, 304.256.6941, brittbauer@gmail.com

Kim Barber Tieman – Executive Director, WV-CNCS (304) 558-0111 www.volunteerwv.org

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WV Conservation Agency

Coordinates statewide conservation efforts.

<http://www.wvca.us>

WV Department of Commerce

The West Virginia Department of Commerce is an interagency system that is dedicated to preserving and promoting our state as a world-class tourism, business and relocation destination.

<http://www.wvcommerce.org/info>

WV Department of Transportation (WV-DOT) State Trail Program

Grants, Technical Assistance. Recreational Trails Program, Transportation Enhancement Program, and more.

http://www.transportation.wv.gov/highways/programplanning/grant_administration/Pages/default.aspx

Harold.R.Simmons@wv.gov, Unit Leader 304.558.3165

WV Development Office (WVDO), Community Resources

800.982.3386 or 304.558.2234

<http://www.wvcommerce.org/people/communityresources/default.aspx>

WV Division of Energy – Office of Coalfield Community Development

OCCD was created during the 1999 legislative session to assist communities affected by surface mining activity throughout the state, specifically to assist with Land Use Planning for post-mining land uses – trails/recreation is one allowable use.

Land Use Plan Assistance Program - Jeff Wood

304.558.2234 or 800.982.3386 Jeff.A.Wood@wv.gov

<http://www.energywv.org/community/coalfield.html>

WV Division of Forestry

Manages the WV State Forests <http://wvforestry.com>

WV Division of Natural Resources (WVDNR)

Includes State Parks & Forests and Wildlife Resources (Wildlife Management Areas)

<http://wvdnr.gov>

WV Division of Tourism

Online searchable database of events and facilities. <http://wvcommerce.org/travel>

WV Stream Partners Program

Stream Partners is a cooperative effort of the West Virginia Conservation Agency, West Virginia's Division of Environmental Protection, Division of Forestry, and the Division of Natural Resources. Formed in 1995, through state legislation. Has an annual budget of \$100,000 for Stream Partners Grants, applications due April 15 each year. 800.654.5227

<http://www.wvca.us/stream.cfm>

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FEDERAL AGENCIES & PROGRAMS

Appalachian Regional Commission (ARC)

Washington, D.C.

The ARC is a federal-state partnership that works for sustainable community and economic development in 420 counties of Appalachia. To ensure that funds are used effectively and efficiently, and to strengthen local participation, ARC works with the states to support a network of multicounty planning and development organizations, or local development districts (LDDs).

<http://www.arc.gov>

Context Sensitive Solutions

Planning. This Clearinghouse has been funded by the Federal Highway Administration's Office of Planning, Environment and Realty's Surface Transportation Environment and Planning Cooperative Research Program (STEP). www.contextsensitivesolutions.org
info@contextsensitivesolutions.org

Corporation for National & Community Service

Created in 1993, the Corporation for National Service is a public-private partnership that engages Americans of all ages in service. <http://www.nationalservice.gov>

Federal Highways Administration (FHWA) Context Sensitive Solutions

<http://www.fhwa.dot.gov/context/>

Federal Highways Administration (FHWA) Human Environment

Grants, case studies, Bike/Ped Program, Recreational Trails Pgm Traffic Calming, TCSP Pilot Program, Transportation Enhancements, and more!

<http://www.fhwa.dot.gov/environment/human.htm>

Federal Highways Administration (FHWA) Safe Routes to School

Grants for on-the-ground implementation and education, case studies.

<http://safety.fhwa.dot.gov/saferoutes/>

Learn & Serve America

Throughout our nation, any schools are discovering the value of service-learning through projects that link education and service. <http://www.learnandserve.gov>

National Park Service - Volunteer Services

Volunteer opportunities and part-time work. <http://www.nps.gov/getinvolved/volunteer.htm>

National Park Service, National Trails System

Washington DC

...the network of scenic, historic, and recreation trails created by the National Trails System Act of 1968. Many resources online, including Trails For All Americans publication, and the NTS Act that provided authority for rail-banking of abandoned rail lines.

<http://www.nps.gov/nts/publications.html> <http://www.nps.gov/nts/>

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National Park Service - Rivers, Trails, & Conservation Assistance Program

WV Field Office, Morgantown, WV
304.293.7528 email: Peggy_Pings@nps.gov
<http://www.nps.gov/rtca>

Partnership for the National Trails System

Madison WV
Includes newsletters for download. <http://www.nationaltrailspartnership.org/>

Surface Transportation Board (STB)

Click on E-Library > Decisions & Notices (or Filings) to find abandoned railroads, and possible conversions to rail-trails. <http://www.stb.dot.gov/>

STB Public Information > Rail-Trails

http://www.stb.dot.gov/stb/public/resources_railtrails.html

US Access Board

Committed to accessible design. Has prepared a draft Guidelines for Outdoor Sites (including trails). <http://www.access-board.gov/news/outdoor-draft.htm>
<http://www.access-board.gov/>

Bill Botten botten@access-board.gov 202.272.0014 (v), or 202.272.0082 (TTY)

USDA Rural Development - Community Development Programs

Each program and initiative promotes self-sustaining, long-term economic and community development in rural areas. <http://www.rurdev.usda.gov/rbs/cdp.html>

List of Programs:

- Technical Assistance and Resources
- Rural Community Empowerment Program
- Champion Program
- National Rural Development Partnership
- REAP Zones

US Department of Housing & Urban Development: Empowerment Zone and Renewal Community (EZ/RC) programs

<http://www.hud.gov/offices/cpd/economicdevelopment/programs/rc/>

US Department of Interior, Office of Surface Mining

Washington, DC
Allan Comp, OSM/VISTA Teams Coordinator
202.208.2836, email: osmre.gov
www.osmre.gov

APPENDIX G: Resources

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<http://www.wvsos.com/service/rosterscountycommissions.htm>

Boone County Courthouse

Atholl W. Halstead, 206 Court Street, Madison, WV 25130 (304) 369-7301

Cabell County Courthouse

Bolo Bailey, 750 4th Ave., Suite 300, Huntington, WV 25701 (304) 526-8635

Fayette County Courthouse

Kenneth Eskew, 100 Court St. P.O. Box 307, Fayetteville, WV 25840 (304) 574-4290

Kanawha County Courthouse

W. Kent Carper, 407 Virginia St. East, Charleston, WV 25301 (304) 3557-0101

Lincoln County Courthouse

Charles McCann, P.O. B0x 497, Hamlin, WV 25523 (304) 824-7990, Ext. 221

Logan County Courthouse

Arthur E. Kirkendoll, 300 Stratton Street, Logan, WV 25601 (304) 792-8626

McDowell County Courthouse

Gordon Lambert, 90 Wyoming St., Suite 111, Welch, WV 24801 (304) 436-8548

Mercer County Courthouse

Joe Coburn, 1501 Main Street, Princeton, WV 24740 (304) 487-8309

Mingo County Courthouse

John Mark Hubbard, 75 East 2nd Ave., Room 308, Williamson, WV 25661
(304) 235-0378

Raleigh County Courthouse

John D. Humphrey, 215 Main Street, P.O. Box 2518, Beckley, WV 24802 (304) 255-9146

Summers County Courthouse

Lonnie R. Mullins, 120 Ballengee St., P.O. Box 97, Hinton, WV 25951 (304) 466-7100

Wayne County Courthouse

Rick Wellman, P.O. Box 248, Wayne, WV 25570 (304) 272-6350

Wyoming County Courthouse

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APPENDIX G: Resources

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City of Madison
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APPENDIX G: Resources

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APPENDIX G: Resources

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APPENDIX G: Resources

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Town of West Logan
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Town of Whitesville
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Village of Barboursville
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APPENDIX G: Resources

STATE LEGISLATORS

Senate Members

<http://www.legis.state.wv.us/Senate1/members/senmemview.cfm>

House of Delegates

<http://www.legis.state.wv.us/House/members/delmemview1.chm>

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Beckley Office
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Charleston Office
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Charleston, WV 25304
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3rd District

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Bluefield Office
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Logan Office
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Logan, WV 25601
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APPENDIX G: Resources

RESEARCH/STUDIES

Active Outdoor Recreation Economy, Outdoor Industry Foundation, 2006.

America Walks

Website cites a few studies presented at the recent Walk21 conference in NY.
<http://www.americawalks.org/2009/10/sidewalks-paved-with-gold/>

Back Country Horsemen of America, Vol. 17, Fall 2006.

Built Environment and Psychosocial Factors Associated With Trail Proximity and Use,

Am J Health Behav. 2007;31(4):374-383, Christiaan G. Abildso, EdM; Sam Zizzi, EdD; Laurie C. Abildso, MS, Jenessa C. Steele, PhD; Paul M. Gordon, PhD, MPH, FACSM
Research conducted on the Monongahela River Rail-Trail in Morgantown WV.
<http://www.atypon-link.com/PNG/doi/pdf/10.5555/qjhb.2007.31.4.374?cookieSet=1>

Coal Heritage Trail: Corridor Management Plan. 1998.

Parsons Brinckerhoff Quade & Douglas, Inc.

Addendum to the Coal Heritage Trail Management Plan: Raleigh & Fayette County Extension Areas, Draft. 2008. Parsons Brinckerhoff

<http://www.coalheritage.org/DocumentsCenter/01%20Cover%20and%20Table%20of%20Contents.pdf>

Economic benefits of the Hatfield-McCoy trail system: An interview with Bill Reed of the Hatfield-McCoy Regional Recreation Authority. Hosted by American Trails.

<http://www.americantrails.org/resources/economics/HatfieldEcon08.html>

Economic Impact of the Hatfield~McCoy Trail System in West Virginia: Final Report, 2006. Center for Business and Economic Research, Marshall University.

http://trailsheaven.com/about/hatfield_mccoy_trail_economic_impact_report.aspx

IMBA

<http://imba.com>

IMPLAN Economic modeling based on data collected by the Outdoor Industry Foundation & Allegheny Great Passage Economic Impact Study, 2006.

Maximizing Economic Benefits from a Rails-to-Trails Project in Southern West Virginia: A Case Study of the Greenbrier River Trail, Raymond L. Busbee, PhD, Park Resources and Leisure Services, Marshall University. Funded by the Rahall Appalachian Transportation Institute. 2001.

<http://www.americantrails.org/resources/economics/GreenbrierWV.html>
<http://atfiles.org/files/pdf/greenbrierecon.pdf>

National Coal Heritage Area: Management Action Plan. 2002.

Parsons Brinckerhoff Quade & Douglas, Inc.

Off-Highway Vehicle Recreation in the United States, Regions and States: A National Report from the National Survey on Recreation and the Environment (NSRE), June 2005.

http://www.fs.fed.us/recreation/programs/ohv/OHV_final_report

Outdoor Freedom as Natural as Riding a Bike, The economics & benefits of mountain biking, Shimano American Corporation, 2008.

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Outfitter interviews with owners of Canoe Kentucky on the Elkhorn Creek in Kentucky and Old Cove Canoe Rental on the Meramac River, Missouri, July 2009.

Paved With Gold, 2007.

England's Commission for Architecture and the Built Environment (CABE) study about increased walkability and its association with 5% increased property values and retail rents from the UK: <http://www.cabe.org.uk/files/paved-with-gold-summary.pdf>

Phone interview with Damascus Town Manager, June 2009.

Phone interview with Jason Wells, Trail Specialist with IMBA, July 2009.

Siderelis, C.D., & Moore, R. (1995). Outdoor Recreation Net Benefits of Rail-Trails. Journal of Lesiure.

Southwest Regional Recreation Authority of Virginia, Fall 2009 Trails Study, conducted by WMT Corporation. <http://trailsrus.com/swvirginia>

Trail & Recreation related publications. Pennsylvania Department of Conservation & Natural Resources.

Free downloads! Trail Towns Manual, River Sojourn Organizer's Guide, Trail Use & Economic Impact Studies, SCORP, Creating Sustainable Community Parks, Public Finance for Open Space, Growing With Green Infrastructure, Trail User Survey Workbook, ATV Trail Design, etc.

<http://www.dcnr.state.pa.us/brc/publications/>

Trails for All Americans: The Report of the National Trails Agenda Project.

Submitted by American Trails to the National Park Service, 1990. Proposed a trail within 15 minutes of every American (pg.1).

<http://nps.gov/ncrc/programs/rtca/helpfultools/trailsforall.pdf>

Virginia Creeper, 2005

<http://www.vacreepertrail.com> or <http://atfiles.org/files/pdf/VACstudy04.pdf>

VA Equestrian Trails Tourism Survey. 2008. Virginia Horse Council, NC Central University.

<http://www.virginiahorsecouncil.org/trails.html>

“Walking the Walk: How Walkability Raises Housing Values in U.S. Cities,” 1999.

By Joseph Cortright, Further, CEO's for Cities. The report shows that houses in areas with an above average walk score (walkscore.com) are associated with up to a \$30,000 price premium:

<http://www.ceosforcities.org/work/walkingthewalk>

WV Equine Economic Impact Study: An Evaluation. 2002. WVU Extension Service.

Research Report Submitted to the Joint Committee on Economic Development, WV Legislature.

<http://www.wvu.edu/~agexten/youth/Equine.pdf>

WV Statewide Comprehensive Outdoor Recreation Plan (SCORP), 2009-2013

<http://www.wvcommerce.org/people/communityresources/applicationsanddownloads/scorp.aspx>

APPENDIX G: Resources

TRAIL & HERITAGE RELATED LAWS

Coal Heritage Highway Authority, 2007. WV Code, Chapter 29 “Miscellaneous Boards and Officers,” Article 28. CHHA created in 2007.

<http://www.legis.state.wv.us/WVCODE/ChapterEntire.cfm?chap=29&art=28>

Hatfield-McCoy Regional Recreation Authority, 2008. WV Code, Chapter 20, Article 14.

<http://www.legis.state.wv.us/WVCODE/ChapterEntire.cfm?chap=20&art=14>

National Coal Heritage Area Authority, 2008. WV Code, Chapter 29 “Miscellaneous Boards and Officers,” Article 27. NCHAA created in 2008.

<http://www.legis.state.wv.us/WVCODE/Code.cfm?chap=29&art=27#27>

“National Coal Heritage Area Act of 1996”, Public Law 104–333

NCHA federal authorizing legislation in 1996, 11 counties, sunset date is 9/30/2012. Authorizes a maximum of \$1M/year, at 50/50 non-federal match.

<http://ftp.resource.org/gpo.gov/laws/104/publ333.104.pdf>

“National Heritage Areas Act of 2006”, Public Law 109–338

NCHA federal authorizing legislation in 2006, to amend the area to include Lincoln County, and Cabin Creek / Paint Creek in Kanawha County.

http://frwebgate.access.gpo.gov/cgi-bin/getdoc.cgi?dbname=109_cong_public_laws&docid=f:publ338.109.pdf

National Trails System Act of 1968. Public Law 90-543, as amended through P.L. 111-11, March 30, 2009. (also found in United States Code, Volume 16, Sections 1241-1251). Section 8d is the Railbanking clause for establishing rail-trails. <http://www.nps.gov/nts/legislation.html>

WV Compensatory Mitigation Guidance under Section 401 of the Federal Clean Water Act for Coal Mining Activities. WV Code, Chapter 22, Article 11, Section 7a.

<http://www.dep.wv.gov/dmr/handbooks/Documents/Mitigation%20Guidance%20Policy%20Document%20Final.pdf>

WV Recreational Use Statute, 2008. Limiting Liability of Landowners. WV Code, Chapter 19, Article 25. “Limiting Liability of Landowners”.

<http://www.legis.state.wv.us/WVCODE/ChapterEntire.cfm?chap=19&art=25>

APPENDIX H: Contacts

On the following pages is a list and contact information on all who were involved in the development of this plan.

KEY

	Executive Director - Black
	Steering Committee - Red
	Advisory Committee - Green
	Technical Assistance - Purple
	NCHA Authority - Blue
	Town Meeting Attendees - Brown

CONTACT LISTING

■ Executive Director
 ■ Steering Committee
 ■ Advisory Committee
 ■ Technical Assistance
■ NCHA Authority
 ■ Town Meeting Attendees

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Bill Robinson, Advisory Committee
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APPENDIX H: Contacts

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 █ Steering Committee
 █ Advisory Committee
 █ Technical Assistance
█ NCHA Authority
 █ Town Meeting Attendees

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APPENDIX H: Contacts

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 █ Advisory Committee
 █ Technical Assistance
█ NCHA Authority
 █ Town Meeting Attendees

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APPENDIX H: Contacts

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The complete Trail Plan, Maps, and Executive Summary can be found online
and freely downloaded at:

www.trailsrus.com/nchatrails or www.CoalHeritage.org



National Coal Heritage Area



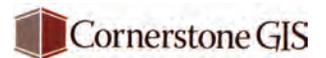
Rivers & Trails
Program



Division of Forestry &
Natural Resources



We Make Things
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Cornerstone GIS, LLC