

# National Coal Heritage Area, West Virginia: Trail Plan for Greenways and Blueways **EXECUTIVE SUMMARY**



www.CoalHeritage.org



### Welcome to the first National Coal Heritage Area Trail Plan for Greenways & Blueways!

We are pleased to present this trail assessment and plan for the National Coal Heritage Area, covering the thirteen West Virginia counties that are in the National Coal Heritage Area (NCHA). We undertook this project as a way to assess the current inventory of trails available within the area and to gain information from the community about sites for potential trails and linkages.

While the National Coal Heritage Area's primary focus in on preservation of historic resources and development of cultural heritage tourism, we know that cultural heritage tourists also appreciate opportunities to explore the landscape through hiking/biking activities and to get to know small towns through walking tours and in-town interpretive trails.

Through our partnership with the National Park Service's Rivers, Trails, and Conservation Assistance Program (RTCA), all of the current trails within the region - both motorized and non-motorized - were identified and mapped. A series of public meetings were held to gain information from the communities, and to identify potential trail corridors and linkages between existing trails and between trails and communities. Rich discussions and significant input from community members resulted in a map locating existing trails and proposed / potential trails to be considered for development.

These maps and this report will be used as a tool for the NCHA Authority and other public agencies and community groups in creating plans for the expansion of existing trails and the development of new ones.

It is our hope that this plan and the resource information within will create new energy around hiking and biking and encourage community groups, with technical assistance and support of the National Coal Heritage Area Authority, to include trails as a part of their efforts to expand the tourism offerings in their area and to enhance the quality of life for residents.

Special thanks go to Peggy Pings of the National Park Service RTCA Program, members of the steering committee who provided valuable guidance, and to Joshua and Candice Chastain of Cornerstone GIS for their outstanding technical work. Also thanks go to Debby Spencer of WMTH Corporation, who brought her considerable knowledge of trail development to the task of writing and designing the final document. We also appreciate the assistance of the many public land managers throughout the region and State Trails Coordinator, Bill Robinson, who provided us with information regarding existing trails.

The plan could not have been completed without the input of all of the community members who attended the meetings and filled out trail survey forms indicating potential trail corridors that could be developed. These folks all have a passion, as well as great ideas, for improving their communities and are the ones we will depend on in implementing the recommendations in this plan.

We look forward to working with our friends and partners throughout the National Coal Heritage Area to expand the offering of trails in the region as we all continue to add activities for tourists to engage in, and to make all of our communities a better place to live, work, and play.

> Christy Bailey, Executive Director National Coal Heritage Area Authority Beckley, West Virginia





### National Coal Heritage Area, West Virginia: Trail Plan for Greenways and Blueways.

### HISTORY

In 1996, Congress passed the National Coal Heritage Area Act which recognizes southern West Virginia as a unique cultural region "where coal mining has played a significant role in our nation's history." The mission of the National Coal Heritage Area is to preserve, protect, and interpret lands, structures and communities associated with the coal mining heritage of West Virginia within the counties of Boone, Cabell, Fayette, Logan, Lincoln, McDowell, Mercer, Mingo, Raleigh, Summers, Wayne, Wyoming and the Paint Creek and Cabin Creek Watersheds in Kanawha County.

In 2002, the West Virginia Legislature created the National Coal Heritage Area Authority (NCHAA) as an economic development entity to manage the National Coal Heritage Area (NCHA) and to help build the tourism industry in southern West Virginia.

The NCHA Authority "is a public corporation and a government instrumentality existing for the purposes of providing direction to and assistance with state and federal historic preservation, economic development, and tourism projects in the National Coal Heritage Area and aiding in the development and implementation of integrated cultural, historical, and land resource management policies and programs in order to retain, enhance, and interpret the significant values of the lands, waters and structures in the National Coal Heritage Area."

The National Coal Heritage Area Authority depends on a strong network of partner organizations at the local, state and federal level.



The goal of the Trail Plan is to identify opportunities for community and regional linkages via hiking, biking, equestrian, all terrain vehicles (ATV) trails, recreation areas, and scenic byways.

The Trail Plan and companion Maps of Existing and Proposed Trails are meant to be used as a tool to support and stimulate community-based efforts on trail projects. These documents can be found at www.CoalHeritage.org.

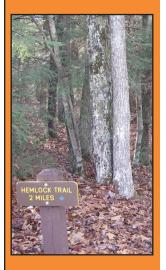




The National Coal Heritage Area in West Virginia







### **DEVELOPMENT OF THE TRAIL PLAN**

A Steering Committee and Advisory Committee were formed to help guide the process, provide input, and to expand the reach of the project. An in-depth study was conducted between 2006-2009 to identify both existing and potential trails throughout southern West Virginia, and to identify successes, challenges, and solutions.

Six public input and mapping workshops were held with over 80 people in attendance. A survey of over 200 trail users, elected officials and public land managers was conducted to determine current use of trails, types of trails used, the condition of trails, and what kinds of trails were needed. The following recommendations came forth from the workshops, meetings, surveys as well as a review of other regional plans.

### PRIORITY RECOMMENDATIONS

The Recommendations listed below are ideas, and are not aimed solely at the National Coal Heritage Area Authority and their staff for implementation. The ideas can be implemented by the entire community, which includes individuals, local, state, and federal governments, nonprofit organizations and civic groups. These and other recommendations are further explained in Chapter 6 of the document.

### **CIVIC ENGAGEMENT**

### ORGANIZATIONAL STRUCTURE

- Expand the reach of the NCHA by establishing and staffing 1-2 Field Offices scattered throughout the region. These offices would provide technical assistance related to trails, heritage / sustainable tourism & community development.
- Form an NCHA Trails Committee.
  - Staff this committee with a paid NCHA employee, to serve as NCHA Trails Coordinator.
  - Assist with the organization and coordination of local trail-focused groups within NCHA, focused on their smaller piece of the bigger vision.
  - Use VISTA volunteers to organize & work with Trail Clubs.
  - Identify the Vision, Mission, Goals of the Trails Committee.
  - Develop an Action Plan, based on the Trail Plan. What do you want to accomplish, and how will you accomplish it?

### COMMUNICATIONS

- Create a comprehensive stakeholder contacts database.
- Create a workable and sustainable communication system. Consider interactive websites, blogs, popular social networking sites, e-newsletters, phone trees, face-to-face meetings, conference calls, webinars, etc.
- Take an active role in encouraging and assisting communities to apply for trail grants.
- Coordinate with the WV State Trail Coordinator.
- Coordinate with WV Scenic Trail Association (WVSTA) and other regional trail groups.
- Host quarterly progress meetings of all trail-related groups and efforts, to share information, provide opportunities for mentoring, and cultivating working relationships.

### **COMMUNITY ASSISTANCE & CAPACITY BUILDING**

- Assign an NCHA staff member to help communities, upon request, to create trails. This may include building local interest and support for the trail, finding funding, inventorying existing trails to determine maintenance needs, improving trailheads, developing maps, providing recommendations for signage, and coordinating the building of new or extended trails.
- Participate with existing organizational structures in your community or region. These could include: EZ-EC, WV Hub, RC & D, Chambers of Commerce, CVBs, Regional Planning & Development Councils, Family Resource Networks (FRN), and watershed groups.

### **TRAIL CLUBS - USER GROUPS**

- Inventory the trail clubs and trail user groups.
- Support the development of Trail Clubs, to help keep the momentum going. Members can organize social events, use the trail together, help with maintenance, promotion, and fundraising.

#### VOLUNTEERS

- Recruit volunteers. Use Volunteerwv.org to post notices.
- Utilize National Service Programs.
- Develop / expand a Volun"tour"ism / Volunteer Vacations initiative.

### TRAINING

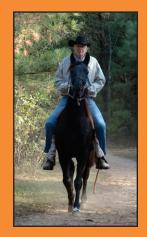
• Participate in trail building training opportunities.











#### OVERVIEW OF THE TRAILS WITHIN NCHA

There are 275 trails totaling 2,231.70 miles of trails within the NCHA 13-county study area.

 Only 59 of these trails (totaling 258.5 miles are overseen and managed by cities, counties, towns, private groups and or private organizations.)

• The remaining 219 trails totaling 1,835.9 miles are overseen, managed and, or most cases, maintained by state and federal agencies including the WV State Parks, WV Division of Forestry, WV Fish & Wildlife Resources, National Park Service, National Forest Service, U.S. Army Corps of Engineers and Hatfield-McCoy **Regional Recreation** Authority.

All 13 counties offer day hikes and multi-use trails; 6 counties offer motorized trails for allterrain vehicles and dirt bikes; and 4 counties have access to a water trail.



### PLANNING & DEVELOPMENT: Going from Ideas to Open for Business

### MAPPING

- Buy GPS units, equip, and train a group of volunteers to gather GPS tracks for the trails.
- Make all GPS and GIS data accessible to the general public and the maps themselves posted on the <u>www.coalheritage.org</u> website.

### **PRIVATE LANDS**

- Develop a plan / methodology to develop & maintain new trails on private land.
- Develop working relationships with members of the WV Land & Minteral Owners Association, WV Surface Owners Rights Organization, and any other land ownership groups. These organizations can help you understand common concerns, and allows an opportunity to develop social ties with this critical community.

### ACCESSIBILITY

- Develop 1-2 mile long handicapped-accessible trails in every community. This is a high priority need.
- Engage the disabled community in your trail planning work. The Center for Excellence in Disabilities is a good place to start.

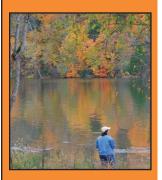
### FUNDING

- Develop a resource guide for funding trail projects.
- Create the "NCHA Trail Partners Program," a small grants program to seed community trail projects and clubs.

### TRAIL AND GREENWAY DEVELOPMENT

- Based on the Trail Survey and Workshop results, identify those individuals or communities that are interested in getting started with trails of any kind. Make contact, and start the project.
- Develop trails that link communities and natural and cultural resources.
- Locate trailheads so they are more obvious and easy to find.
- Plan for amenities at the trailheads: trash cans, bathroom facilities, parking.











### **PROMOTING AND USING THE TRAILS**

### **PUBLIC RELATIONS & MARKETING**

- Identify your marketable trail-related facilities and trailheads & make information about them accessible to the general public.
- Create and maintain an active website and social networking sites about trails and trail-related events.
- Update the NCHA website to include a map of the region, documents and publications, news stories, funding information, updates on numerous projects underway, etc.
- Apply for National Recreation Trail designation, for trails with quality design.

### ECONOMIC BENEFITS - TRAIL RELATED BUSINESS DEVELOPMENT

- Establish a Trail Towns program. <a href="http://www.trailtowns.org/">http://www.trailtowns.org/</a>
- Provide business information and maps at trailhead kiosks.

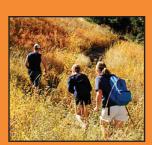
### **PROGRAMS - EVENTS - INTERPRETATION**

- Create additional events to promote local use of trails, and to tell the story of our region.
- Create a directory of local trail-related events in southern WV, and keep it updated and accessible to the public.
- Combine heritage tourism events with trail events.
- Host an event for National Trails Day, always the 1st Saturday in June.
- Encourage walking programs, in partnership with County Health Departments and other groups.
- Expand the Volksmarching program in the NCHA region, and encourage membership.
- Explore opportunities for adding interpretation that tells the coal heritage story along existing trails and in developing new trails.

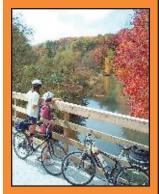
### TRAIL MANAGEMENT AND MAINTENANCE/SAFETY

- Create an Adopt-A-Trail Program
- Adopt and teach the "Leave No Trace" and "Tread Lightly" concepts.











TRAIL TYPES This section lists some actions to take for specific trail types.

### LAND TRAILS: MOTORIZED

• Support the creation of additional miles of sustainably-designed motorized public trails.

### LAND TRAILS: NON-MOTORIZED

- Create trails/paths around new developments such as a subdivision or shopping center.
- Support the establishment of long-distance hiking trails through the NCHA region. These include the Great Eastern Trail and Mary Draper Ingles Trail.

#### **RAIL-TRAILS**

- Inventory, map, and analyze the abandoned or unused rail corridors in the NCHA Region for possible conversion for trail.
- Partner with the WV Brownfields Program for rail-trail projects.

### **ROADSIDE TRAILS**

- Work with the WV Cycling Foundation to identify and map popular road routes in the NCHA.
- Participate on the "WV Bicycle Pedestrian Network" of the WV Trail Coordinator.

### WATER TRAILS

- Support community efforts to create water trails.
- Provide more public access points along the rivers, for both fishing and paddling.

### **SCENIC BYWAYS**

• Support the development of additional Byways and Backways.











# ACKNOWLEDGEMENTS

### **PROJECT LEADER & SPONSOR**

Christy Bailey, Executive Director, National Coal Heritage Area Authority

### STEERING COMMITTEE

Brittany Bauer, Americorps/VISTA program coordinator, Coal Heritage Highway Authority Teresa Buckland, Project Coordinator, Southern WV Brownfields Assistance Center George Carico, Program Coordinator, Southern WV Brownfields Assistance Center Steve Clark, Extension Agent, WV State University Extension Service Trish Clay, Tire On the Mountain; Southern WV Community & Technical College Justin Gaull, Marketing Specialist, WV Division of Tourism Tom Hatcher, Mayor of War, McDowell County Candi Keasler, VISTA volunteer for McDowell County Connie Lupardus, WV Horse Council, Central Appalachia Enterprise Community Jeff Lusk, Director, Hatfield-McCoy Regional Recreation Authority Mike McGraw, Mountain Bike Association Gary Morefield, Raleigh County Cycling Club; Ride N Slide Sports Lewis Payne, WV Land & Mineral Owners Association Jim Reed, Special Assistant to the Director, WV Division of Natural Resources Bill Richardson, Extension Agent, WVU Extension Service Kasey Russell, Owner, Russell Resource Solutions Dwight Siemiaczko, Lower Paint Creek Watershed Association **Doug Wood**, Secretary, WV Scenic Trails Association

### ADVISORY COMMITTEE

Bill Currey, President, Coal River Group
Debbie Darden, Deputy Superintendent, New River Gorge National River
Jamie Fields, Outdoor Recreation Planner, NPS-Rivers & Trails Program
Jim Hudson, Grants Manager, WV Division of Highways
John McGarrity, Community Development Specialist, WV Development Office
Kelly Pack, Manager of Trail Development, Rails-to-Trails Conservancy
Jason Roberts, GIS Director, Region One Planning & Development Council
Bill Robinson, WV State Trails Coordinator, Bike/Ped Coordinator,
WV Division of Highways

Lorrie Sprague, Community Planner, New River Gorge National River Andy Steel, GIS Analyst, New River Gorge National River Don Striker, Superintendent, New River Gorge National River

### PUBLIC PARTICIPANTS

Much appreciation and congratulations goes out to all the Workshop attendees and Survey participants, for making the Plan your own! Thank you!

Acknowledgements

### ACKNOWLEDGEMENTS

### **TECHNICAL ASSISTANCE**

Candice & Joshua Chastain, Owners, Cornerstone GIS Dan Castellucci, Undergrad Student, WVU Division of Forestry, Forest Resources Management, summer VISTA volunteer Andrea Irland, Outdoor Recreation Planner, National Park Service – Rivers, Trails & Conservation Assistance Program (RTCA) David Lange, Program Leader, National Park Service – Rivers, Trails & Conservation Assistance Program (RTCA) Candice Riley, Graduate Student, WVU Division of Forestry, Recreation Parks & Tourism Resources Program (RPTR) Rory Robinson, Outdoor Recreation Planner, National Park Service – Rivers, Trails & Conservation Assistance Program (RTCA) Peagy Pings, Outdoor Recreation Planner, National Park Service – Rivers, Trails & Conservation Assistance Program (RTCA) Debby Spencer and Judy Ross, Principals We Make Things Happen Corporation (WMTH)

#### NATIONAL COAL HERITAGE AREA AUTHORITY BOARD OF DIRECTORS

Mr. Claude Banner, McDowell County Mr. John David Brammer, Logan County Senator Richard Browning, Wyoming County Commissioner Betty Carver, WV Div. of Tourism Ms. Sharon Cruikshank, Fayette County Ms. Karen Disibbio, Chair, Mercer County Mr. Scott Durham, Twin Falls State Park Dr. Mack Gillenwater, Cabell County Delegate Steve Kominar, Mingo County Mr. Earnest Kuhn, Boone County Ms. Cleo Mathews, Summers County Ms. Renda Morris, Raleigh County Senator Robert Plymale, Wayne County Commissioner Randall Reid-Smith, WV Div. of Culture and History Mr. Brett Sansom, WV Dept. of Education and the Arts

Photo credits: NPS Rivers & Trails Program and numerous public websites.

The complete Plan can be found online at <u>www.trailsrus.com/nchatrails</u> or <u>www.CoalHeritage.org</u>











Cornerstone GIS, LLC











National Coal Heritage Area

Rivers & Trails Program Division of Forestry & Natural Resources We Make Things Happen Corporation

Acknowledgements

Page 8